

# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię                | Miejscowość          | Klub                                    | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M  | K |
|------|---------|------------------------------|----------------------|---|-----------|------------|--------------|------------|----------|----------|------------|-----------------|----|---|
| 1    | 912     | ROP ABEL KIBET               | ELDORET              | BENEDEK-TEAM                            | M20       | 1          | 3:10         | 19,0       | 00:31:11 | 00:47:46 | 01:06:40   | <b>01:06:42</b> | 1  |   |
| 2    | 911     | KEMBOI HENRY                 | ELDORET              | BENEDEK-TEAM                            | M30       | 1          | 3:10         | 18,9       | 00:31:11 | 00:47:46 | 01:06:49   | <b>01:06:51</b> | 2  |   |
| 3    | 959     | IVERUK MYKHAYLO              | RIVNE                | SK KOVEL                                | M40       | 1          | 3:20         | 18,0       | 00:32:25 | 00:49:34 | 01:10:12   | <b>01:10:12</b> | 3  |   |
| 4    | 502     | GRAJCAR ŁUKASZ               | KONOPISKA            | CKS BUDOWLANI CZĘSTOCHOWA               | M20       | 2          | 3:20         | 18,0       | 00:32:41 | 00:50:08 | 01:10:28   | <b>01:10:28</b> | 4  |   |
| 5    | 313     | MAGIERA PIOTR                | MYSZKÓW              |   | M30       | 2          | 3:24         | 17,6       | 00:33:03 | 00:50:59 | 01:11:48   | <b>01:11:49</b> | 5  |   |
| 6    | 750     | NOWAK ANDRZEJ                | SOSNOWIEC            | TRIATHLON X-TEAM                        | M30       | 3          | 3:31         | 17,1       | 00:34:36 | 00:52:42 | 01:14:02   | <b>01:14:02</b> | 6  |   |
| 7    | 284     | FORMICKI RAFAŁ               | ZAWIERCIE            | VICTORIA ZAWIERCIE                      | M20       | 3          | 3:33         | 16,9       | 00:34:08 | 00:52:49 | 01:14:51   | <b>01:14:53</b> | 7  |   |
| 8    | 939     | STARZYŃSKI DARIUSZ           | SĘDZISZÓW            | W POGONI ZA WILKIEM                     | M40       | 2          | 3:34         | 16,8       | 00:34:58 | 00:53:44 | 01:15:22   | <b>01:15:25</b> | 8  |   |
| 9    | 990     | KASZYCA PAWEŁ                | JANKOWICE            | W POGONI ZA WILKIEM                     | M30       | 4          | 3:35         | 16,8       | 00:35:25 | 00:53:58 | 01:15:28   | <b>01:15:30</b> | 9  |   |
| 10   | 833     | DYCZEK MARIUSZ               | ZDZIESZOWICE         | AMP S.A.                                | M30       | 5          | 3:36         | 16,7       | 00:35:41 | 00:54:17 | 01:15:47   | <b>01:15:47</b> | 10 |   |
| 11   | 788     | CZAPLA KAMIL                 | KRZESZÓW NAD SANEM   | CHEMIKA RYBNIK                          | M20       | 4          | 3:37         | 16,6       | 00:34:41 | 00:53:03 | 01:16:16   | <b>01:16:18</b> | 11 |   |
| 12   | 885     | NEUMAN MARCIN                | SOSNOWIEC            | TRIATHLON X-TEAM                        | M20       | 5          | 3:40         | 16,4       | 00:35:40 | 00:54:46 | 01:17:17   | <b>01:17:17</b> | 12 |   |
| 13   | 886     | SZYMURA GRZEGORZ             | LESZCZYNY            | LESZCZYNY                               | M40       | 3          | 3:41         | 16,3       | 00:36:30 | 00:55:28 | 01:17:32   | <b>01:17:35</b> | 13 |   |
| 14   | 961     | SZYMAŃSKI PAWEŁ              | KATOWICE             | NIEWYMIĘKACZE                           | M20       | 6          | 3:42         | 16,2       | 00:35:53 | 00:55:14 | 01:18:01   | <b>01:18:02</b> | 14 |   |
| 15   | 407     | BEDNARZ JAKUB                | DĄBROWA GÓRNICZA     | POGORIA BIEGA                           | M30       | 6          | 3:42         | 16,2       | 00:37:16 | 00:56:26 | 01:18:08   | <b>01:18:09</b> | 15 |   |
| 16   | 786     | JARCZYK MARCIN               | MIKOŁÓW              |   | M30       | 7          | 3:42         | 16,2       | 00:36:13 | 00:55:26 | 01:18:12   | <b>01:18:12</b> | 16 |   |
| 17   | 238     | NAWROT PAWEŁ                 | ŚWIĘTOCHŁOWICE       | BIEG Z CHRYSUSEM!                       | M20       | 7          | 3:43         | 16,2       | 00:35:57 | 00:55:44 | 01:18:17   | <b>01:18:17</b> | 17 |   |
| 18   | 910     | BARSOSIO STELLAH JEPENGETICH | ELDORET              | BENEDEK-TEAM                            | K20       | 1          | 3:43         | 16,2       | 00:36:01 | 00:55:23 | 01:18:21   | <b>01:18:22</b> |    | 1 |
| 19   | 760     | KUNER KAMIL                  | RYBNIK               | TL ROW RYBNIK                           | M30       | 8          | 3:43         | 16,1       | 00:36:31 | 00:55:56 | 01:18:27   | <b>01:18:28</b> | 18 |   |
| 20   | 373     | SEREMET PIOTR                | DĄBROWA GÓRNICZA     | SRS AKTYWNA DĄBROWA                     | M30       | 9          | 3:43         | 16,1       | 00:37:15 | 00:56:26 | 01:18:30   | <b>01:18:30</b> | 19 |   |
| 21   | 815     | BASA PRZEMYSŁAW              | RUDA ŚLĄSKA          | KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA         | M40       | 4          | 3:43         | 16,1       | 00:36:49 | 00:56:19 | 01:18:33   | <b>01:18:35</b> | 20 |   |
| 22   | 896     | KUCIŃSKI BENJAMIN            | KATOWICE             | NIGHT RUNNERS ŚLONSK / NEW BALANCE TEAM | M30       | 10         | 3:44         | 16,1       | 00:36:41 | 00:56:08 | 01:18:51   | <b>01:18:51</b> | 21 |   |
| 23   | 801     | JADCZYK TOMASZ               | TARNOWSKIE GÓRY      |   | M30       | 11         | 3:47         | 15,9       | 00:37:18 | 00:56:58 | 01:19:41   | <b>01:19:43</b> | 22 |   |
| 24   | 297     | WINKLER TOMASZ               | MARKOWICE            |   | M30       | 12         | 3:47         | 15,8       | 00:36:13 | 00:55:47 | 01:19:54   | <b>01:19:54</b> | 23 |   |
| 25   | 994     | JAGIEŁA ADAM                 | SIEMIANOWICE ŚLĄSKIE | KRS TKKF JASTRZĄB RUDA ŚLĄSKA           | M40       | 5          | 3:48         | 15,8       | 00:36:56 | 00:56:46 | 01:19:59   | <b>01:20:01</b> | 24 |   |
| 26   | 837     | RZEPKA BERNARD               | ZDZIESZOWICE         | AMP S.A.                                | M40       | 6          | 3:48         | 15,8       | 00:37:36 | 00:57:18 | 01:20:06   | <b>01:20:13</b> | 25 |   |
| 27   | 127     | BUCZYŃSKI MARIUSZ            | BOLESŁAW             |   | M30       | 13         | 3:49         | 15,7       | 00:37:53 | 00:57:22 | 01:20:22   | <b>01:20:26</b> | 26 |   |
| 28   | 956     | SZYMAŃSKI BARTOSZ            | KATOWICE             | NIEWYMIĘKACZE                           | M30       | 14         | 3:49         | 15,7       | 00:37:51 | 00:57:30 | 01:20:30   | <b>01:20:32</b> | 27 |   |
| 29   | 477     | BŁASZCZYK ARTUR              | DĄBROWA GÓRNICZA     | K.B. LEGIONOWO                          | M30       | 15         | 3:49         | 15,7       | 00:37:16 | 00:56:51 | 01:20:31   | <b>01:20:37</b> | 28 |   |
| 30   | 723     | BASTA GRZEGORZ               | CHEŁMEK              | ZADYSZKA OŚWIĘCIM                       | M40       | 7          | 3:51         | 15,6       | 00:37:41 | 00:57:30 | 01:21:02   | <b>01:21:06</b> | 29 |   |
| 31   | 143     | HOLONA WOJCIECH              | RYBNIK               | AKMB PĘDZIWIATR GLIWICE                 | M40       | 8          | 3:51         | 15,6       | 00:37:59 | 00:58:02 | 01:21:08   | <b>01:21:13</b> | 30 |   |
| 32   | 740     | KWIECIŃSKI MICHAŁ            | SIEMIANOWICE ŚLĄSKIE | W POGONI ZA WILKIEM                     | M20       | 8          | 3:51         | 15,6       | 00:37:15 | 00:56:46 | 01:21:18   | <b>01:21:20</b> | 31 |   |
| 33   | 94      | PAJĄK MICHAŁ                 | DĄBROWA GÓRNICZA     |   | M30       | 16         | 3:52         | 15,5       | 00:37:38 | 00:57:37 | 01:21:26   | <b>01:21:28</b> | 32 |   |
| 34   | 87      | NAGŁO PIOTR                  | SOSNOWIEC            | SOLVERE TEAM                            | M30       | 17         | 3:53         | 15,5       | 00:38:29 | 00:58:43 | 01:21:47   | <b>01:21:50</b> | 33 |   |
| 35   | 424     | BOGOMIAGKOVA KHRYSTYNA       | ODESSA               | RUDNIK                                  | K20       | 2          | 3:53         | 15,4       | 00:38:56 | 00:58:53 | 01:21:59   | <b>01:22:01</b> |    | 2 |
| 36   | 955     | KOŹDOŃ JAREK                 | ŻORY                 | NIEWYMIĘKACZE                           | M30       | 18         | 3:53         | 15,4       | 00:38:12 | 00:58:45 | 01:22:04   | <b>01:22:04</b> | 34 |   |
| 37   | 332     | LUBNAU MAREK                 | SOSNOWIEC            | HARPAGAN SOSNOWIEC                      | M50       | 1          | 3:53         | 15,4       | 00:38:44 | 00:58:49 | 01:22:05   | <b>01:22:05</b> | 35 |   |
| 38   | 25      | SZNAPKA MARCIN               | ŚWIĘTOCHŁOWICE       | MARCINFIT ŚWIĘTOCHŁOWICE                | M30       | 19         | 3:54         | 15,4       | 00:38:57 | 00:58:54 | 01:22:04   | <b>01:22:13</b> | 36 |   |
| 39   | 333     | SUDARA ROBERT                | DĄBROWA GÓRNICZA     |   | M20       | 9          | 3:54         | 15,4       | 00:38:22 | 00:58:40 | 01:22:13   | <b>01:22:16</b> | 37 |   |
| 40   | 731     | POLANIN MICHAŁ               | KATOWICE             |   | M20       | 10         | 3:54         | 15,4       | 00:37:55 | 00:58:06 | 01:22:10   | <b>01:22:20</b> | 38 |   |
| 41   | 230     | CHYBA SZYMON                 | GLIWICE              | KS KROTOSZ KROTOSZYN                    | M30       | 20         | 3:55         | 15,3       | 00:37:42 | 00:57:34 | 01:22:25   | <b>01:22:29</b> | 39 |   |
| 42   | 414     | GAĞOL PRZEMYSŁAW             | DĄBROWA GÓRNICZA     | KRS TKKF TRIATHLON DĄBROWA GÓRNICZA     | M20       | 11         | 3:55         | 15,3       | 00:38:18 | 00:58:44 | 01:22:35   | <b>01:22:36</b> | 40 |   |

Opracował: Maciej Grzybowski  
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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejsowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię       | Miejscowość          | Klub                            | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto | M  | K |
|------|---------|---------------------|----------------------|---------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-------------|----|---|
| 43   | 298     | CICHOŃ ROMAN        | MIERZĘCICE           |                                 | M30       | 21         | 3:55         | 15,3       | 00:38:26 | 00:58:43 | 01:22:41   | 01:22:41    | 41 |   |
| 44   | 779     | CZARNOTA PIOTR      | JAWORZNO             | MCKIS JAWORZNO                  | M30       | 22         | 3:55         | 15,3       |          |          | 01:22:44   | 01:22:47    | 42 |   |
| 45   | 825     | POŁEĆ MIROSLAW      | RUDA ŚLĄSKA          | KRS TKKF JASTRZĄB RUDA ŚLĄSKA   | M40       | 9          | 3:56         | 15,3       | 00:37:58 | 00:59:17 | 01:22:49   | 01:22:50    | 43 |   |
| 46   | 95      | HYLA DARIUSZ        | DĄBROWA GÓRNICZA     | W POGONI ZA WILKIEM             | M40       | 10         | 3:56         | 15,3       | 00:38:33 | 00:58:58 | 01:22:51   | 01:22:54    | 44 |   |
| 47   | 35      | MARTINI DAWID       | LĘDZINY              | LONGER_7 - AMATOR RUNNER        | M20       | 12         | 3:56         | 15,2       | 00:39:47 | 00:59:58 | 01:23:01   | 01:23:08    | 45 |   |
| 48   | 831     | ZUGAJ ROBERT        | RUDA ŚLĄSKA          | KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA | M30       | 23         | 3:57         | 15,2       | 00:38:39 | 00:58:57 | 01:22:59   | 01:23:11    | 46 |   |
| 49   | 114     | KONRAD ARTUR        | ZAWIERCIE            | BRACIA TEAM ZAWIERCIE           | M30       | 24         | 3:58         | 15,1       | 00:37:53 | 00:58:33 | 01:23:40   | 01:23:42    | 47 |   |
| 50   | 442     | JUREK PIOTR         | BYTOM                | GARAZE.COM                      | M40       | 11         | 3:59         | 15,1       | 00:39:47 | 01:00:00 | 01:23:49   | 01:23:55    | 48 |   |
| 51   | 771     | LAZAR DAMIAN        | SIEMIANOWICE ŚLĄSKIE |                                 | M30       | 25         | 3:59         | 15,1       | 00:38:49 | 00:59:18 | 01:24:02   | 01:24:04    | 49 |   |
| 52   | 606     | BOBLA WALENTY       | BIERUN               | WALENTY PROJEKT RUN             | M20       | 13         | 4:00         | 15,0       | 00:38:36 | 00:59:16 | 01:24:14   | 01:24:21    | 50 |   |
| 53   | 638     | GREGORCZYK MARIUSZ  | OSIEKA               | ZADYSZKA OŚWIECIM               | M40       | 12         | 4:00         | 15,0       | 00:38:06 | 00:59:12 | 01:24:21   | 01:24:27    | 51 |   |
| 54   | 160     | PACUŁA ANDRZEJ      | GLIWICE              | AKMB PĘDZIWIATR GLIWICE         | M50       | 2          | 4:00         | 15,0       | 00:39:50 | 01:00:21 | 01:24:29   | 01:24:31    | 52 |   |
| 55   | 561     | GRELOWSKI DARIUSZ   | JAWORZNO             |                                 | M30       | 26         | 4:01         | 15,0       | 00:38:49 | 00:59:49 | 01:24:36   | 01:24:36    | 53 |   |
| 56   | 574     | PIETRASIAK DANIEL   | SOSNOWIEC            | SPORT POZIOM 450                | M20       | 14         | 4:01         | 14,9       | 00:39:21 | 00:59:47 | 01:24:40   | 01:24:43    | 54 |   |
| 57   | 92      | MŁYŃCZAK PIOTR      | GLIWICE              |                                 | M40       | 13         | 4:01         | 14,9       | 00:39:50 | 01:00:29 | 01:24:46   | 01:24:55    | 55 |   |
| 58   | 255     | JAWORSKI RAFAŁ      | PIASECZNO            |                                 | M30       | 27         | 4:02         | 14,9       | 00:40:12 | 01:00:50 | 01:24:53   | 01:24:56    | 56 |   |
| 59   | 374     | ZIACH MARIUSZ       | DĄBROWA GÓRNICZA     | SRS AKTYWNA DĄBROWA             | M40       | 14         | 4:02         | 14,9       | 00:39:33 | 01:00:28 | 01:24:57   | 01:25:00    | 57 |   |
| 60   | 628     | KUBAT MATEUSZ       | DĄBROWA GÓRNICZA     | TRIATHLON X-TEAM                | M20       | 15         | 4:03         | 14,8       | 00:39:31 | 01:00:24 | 01:25:14   | 01:25:17    | 58 |   |
| 61   | 296     | PASIEKA PRZEMYSŁAW  | KATOWICE             | PO ROBOCIE                      | M30       | 28         | 4:03         | 14,8       | 00:40:06 | 01:01:13 | 01:25:12   | 01:25:25    | 59 |   |
| 62   | 31      | WITKOWSKI DARIUSZ   | DĄBROWA GÓRNICZA     | AMEC FOSTER WHEELER             | M50       | 3          | 4:03         | 14,8       | 00:39:18 | 01:00:15 | 01:25:29   | 01:25:32    | 60 |   |
| 63   | 941     | MATLOK MAREK        | ZABRZE               | BIEGAJ Z PILECKIM               | M30       | 29         | 4:04         | 14,7       | 00:39:51 | 01:00:47 | 01:25:44   | 01:25:52    | 61 |   |
| 64   | 105     | KOŚMIDER DAMIAN     | CHRZANÓW             |                                 | M30       | 30         | 4:05         | 14,7       | 00:40:38 | 01:01:33 | 01:25:45   | 01:26:02    | 62 |   |
| 65   | 671     | PAPUGA DARIUSZ      | JAWISZOWICE          | ZADYSZKA OŚWIECIM               | M50       | 4          | 4:05         | 14,7       | 00:38:55 | 01:00:08 | 01:26:06   | 01:26:11    | 63 |   |
| 66   | 157     | SMACZYŃSKI DARIUSZ  | DĄBROWA GÓRNICZA     | AKTYWNA DĄBROWA                 | M50       | 5          | 4:05         | 14,7       | 00:39:47 | 01:01:13 | 01:26:16   | 01:26:16    | 64 |   |
| 67   | 223     | MOTYL ARTUR         | OLKUSZ               | RUN BUTTERFLY OLKUSZ            | M30       | 31         | 4:05         | 14,7       | 00:40:11 | 01:01:06 | 01:26:13   | 01:26:16    | 65 |   |
| 68   | 970     | CIS ADAM            | SOSNOWIEC            | AŚ SOSNOWIEC                    | M30       | 32         | 4:06         | 14,7       | 00:41:05 | 01:02:14 | 01:26:18   | 01:26:20    | 66 |   |
| 69   | 500     | KWIECIAK JAROSŁAW   | DĄBROWA GÓRNICZA     | STOWARZYSZENIE POGORIA BIEGA    | M60       | 1          | 4:06         | 14,7       | 00:40:06 | 01:01:15 | 01:26:18   | 01:26:24    | 67 |   |
| 70   | 59      | MARYAŃSKI KRZYSZTOF | RYBNIK               |                                 | M30       | 33         | 4:08         | 14,5       | 00:39:19 | 01:01:42 | 01:26:56   | 01:27:06    | 68 |   |
| 71   | 746     | STYCZEŃ GREGORZ     | BYTOM                | POGORIA BIEGA                   | M40       | 15         | 4:08         | 14,5       | 00:40:41 | 01:02:14 | 01:27:03   | 01:27:07    | 69 |   |
| 72   | 822     | KRZON IRENEUSZ      | RUDA ŚLĄSKA          | KRS TKKF JASTRZĄB RUDA ŚLĄSKA   | M40       | 16         | 4:08         | 14,5       | 00:41:59 | 01:02:58 | 01:27:04   | 01:27:15    | 70 |   |
| 73   | 824     | POŁEĆ SEBASTIAN     | RUDA ŚLĄSKA          | KRS TKKF JASTRZĄB RUDA ŚLĄSKA   | M20       | 16         | 4:10         | 14,4       | 00:40:38 | 01:02:01 | 01:27:43   | 01:27:46    | 71 |   |
| 74   | 823     | PĘCHERZ ŁUKASZ      | RUDA ŚLĄSKA          | KRS TKKF JASTRZĄB RUDA ŚLĄSKA   | M30       | 34         | 4:10         | 14,4       | 00:41:40 | 01:02:58 | 01:27:36   | 01:27:48    | 72 |   |
| 75   | 387     | JĘDRZEJKO TOMASZ    | JANOWICE             | SIDOR TEAM                      | M30       | 35         | 4:10         | 14,4       | 00:41:23 | 01:02:49 | 01:27:55   | 01:27:59    | 73 |   |
| 76   | 698     | SOSNOWSKI MICHAŁ    | CHORZÓW              | PGB SPORTOWA PACZKA             | M40       | 17         | 4:11         | 14,4       | 00:40:40 | 01:02:23 | 01:27:57   | 01:28:06    | 74 |   |
| 77   | 601     | TOWAREK IREK        | GLIWICE              |                                 | M40       | 18         | 4:11         | 14,4       | 00:41:09 | 01:02:41 | 01:28:09   | 01:28:09    | 75 |   |
| 78   | 790     | PSZCZOŁA MARCIN     | BĘDZIN               |                                 | M30       | 36         | 4:11         | 14,3       | 00:40:06 | 01:01:22 | 01:28:12   | 01:28:14    | 76 |   |
| 79   | 948     | WULCZYŃSKI RAFAŁ    | CZELADŹ              |                                 | M30       | 37         | 4:11         | 14,3       | 00:39:54 | 01:01:21 | 01:28:06   | 01:28:15    | 77 |   |
| 80   | 899     | POGONOWSKI MARCIN   | ORZESZE              | PIVPOG                          | M30       | 38         | 4:11         | 14,3       | 00:41:52 | 01:03:23 | 01:28:18   | 01:28:22    | 78 |   |
| 81   | 331     | SZERSZEŃ ARTUR      | TYCHY                |                                 | M20       | 17         | 4:11         | 14,3       | 00:40:07 | 01:01:54 | 01:28:18   | 01:28:23    | 79 |   |
| 82   | 312     | PODSIADŁO ŁUKASZ    | DĄBROWA GÓRNICZA     | 3FLOW TRIATHLON TEAM            | M30       | 39         | 4:12         | 14,3       | 00:41:29 | 01:03:12 | 01:28:24   | 01:28:32    | 80 |   |
| 83   | 845     | DWORNICZAK ŁUKASZ   | KATOWICE             |                                 | M30       | 40         | 4:12         | 14,3       | 00:42:11 | 01:03:48 | 01:28:19   | 01:28:33    | 81 |   |
| 84   | 218     | GLAJC DANIEL        | CIESZYN              | LABOSPORT TEAM                  | M40       | 19         | 4:12         | 14,3       | 00:41:11 | 01:02:36 | 01:28:28   | 01:28:40    | 82 |   |

Opracował: Maciej Grzybowski  
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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejsowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość          | Klub                          | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto | M   | K |
|------|---------|----------------------|----------------------|-------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-------------|-----|---|
| 85   | 528     | BOROWY SŁAWOMIR      | DĄBROWA GÓRNICZA     | ASANTE                        | M30       | 41         | 4:13         | 14,2       | 00:40:41 | 01:02:12 | 01:28:44   | 01:28:55    | 83  |   |
| 86   | 13      | TUREK RAFAŁ          | BĘDZIN               |                               | M30       | 42         | 4:13         | 14,2       | 00:40:45 | 01:02:40 | 01:28:54   | 01:29:03    | 84  |   |
| 87   | 80      | ZYCH TOMASZ          | DĄBROWA GÓRNICZA     | NIEZRZESZONY                  | M20       | 18         | 4:13         | 14,2       | 00:41:40 | 01:03:15 | 01:29:00   | 01:29:04    | 85  |   |
| 88   | 599     | MACIEJEWSKI MAREK    | MYSŁOWICE            | TRUCHTACZ MYSŁOWICE           | M50       | 6          | 4:14         | 14,2       | 00:40:31 | 01:02:39 | 01:29:10   | 01:29:14    | 86  |   |
| 89   | 498     | KRZANOWSKI ANDRZEJ   | KRAKÓW               |                               | M30       | 43         | 4:14         | 14,2       | 00:42:10 | 01:03:57 | 01:29:10   | 01:29:14    | 87  |   |
| 90   | 535     | SZECÓWKA ANETA       | BISKUPICE            |                               | K30       | 1          | 4:14         | 14,2       | 00:41:53 | 01:03:29 | 01:29:00   | 01:29:15    |     | 3 |
| 91   | 258     | PITAS ANDRZEJ        | ROGOŹNIK             | ZAPIERDALACZE                 | M30       | 44         | 4:14         | 14,2       | 00:41:41 | 01:03:40 | 01:29:15   | 01:29:19    | 88  |   |
| 92   | 826     | RÓŻAŃSKI MAREK       | RUDA ŚLĄSKA          | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | M40       | 20         | 4:14         | 14,2       | 00:42:39 | 01:04:27 | 01:29:11   | 01:29:23    | 89  |   |
| 93   | 222     | KARLIK MATEUSZ       | DĄBROWA GÓRNICZA     |                               | M20       | 19         | 4:14         | 14,2       | 00:40:27 | 01:02:50 | 01:29:22   | 01:29:25    | 90  |   |
| 94   | 170     | SZYMAŃSKI KRZYSZTOF  | SOSNOWIEC            | HARPAGAN SOSNOWIEC            | M30       | 45         | 4:15         | 14,1       | 00:42:17 | 01:04:04 | 01:29:21   | 01:29:31    | 91  |   |
| 95   | 814     | ADAMCZYK MARIUSZ     | RUDA ŚLĄSKA          | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | M30       | 46         | 4:15         | 14,1       | 00:42:39 | 01:04:28 | 01:29:21   | 01:29:33    | 92  |   |
| 96   | 526     | MALISZEWSKI MIESZKO  | SIEMIANOWICE ŚLĄSKIE | 9 KUKULEK                     | M30       | 47         | 4:15         | 14,1       | 00:42:40 | 01:04:28 | 01:29:37   | 01:29:40    | 93  |   |
| 97   | 113     | KONRAD MARCIN        | ZAWIERCIE            | BRACIA TEAM ZAWIERCIE         | M30       | 48         | 4:15         | 14,1       | 00:40:56 | 01:03:14 | 01:29:38   | 01:29:42    | 94  |   |
| 98   | 38      | KĘDZIA SZYMON        | DĄBROWA GÓRNICZA     |                               | M20       | 20         | 4:15         | 14,1       | 00:42:28 | 01:04:28 | 01:29:35   | 01:29:47    | 95  |   |
| 99   | 358     | SANDER KORNEL        | TARNOWSKIE GÓRY      |                               | M40       | 21         | 4:15         | 14,1       | 00:41:41 | 01:03:12 | 01:29:31   | 01:29:50    | 96  |   |
| 100  | 654     | ULFIK JERZY          | ZABRZE               | DŁUGOBIEGACZE                 | M50       | 7          | 4:17         | 14,0       | 00:41:44 | 01:04:02 | 01:30:11   | 01:30:18    | 97  |   |
| 101  | 247     | GÓRAK HENRYK         | TYCHY                | 40-LATEK TYCHY                | M60       | 2          | 4:17         | 14,0       | 00:42:39 | 01:04:27 | 01:30:10   | 01:30:27    | 98  |   |
| 102  | 550     | BUCHHOLTZ TOMASZ     | SKOCZOW              | JET SP Z O.O.                 | M30       | 49         | 4:17         | 14,0       | 00:42:40 | 01:04:27 | 01:30:23   | 01:30:29    | 99  |   |
| 103  | 778     | PYKA MAREK           | SIEMIANOWICE ŚLĄSKIE | REHABILITACJA MAGVIT          | M30       | 50         | 4:17         | 14,0       |          | 01:04:28 | 01:30:30   | 01:30:32    | 100 |   |
| 104  | 270     | ZIUZIAŃSKI ROMAN     | DĄBROWA GÓRNICZA     |                               | M30       | 51         | 4:18         | 14,0       | 00:42:42 | 01:04:54 | 01:30:34   | 01:30:40    | 101 |   |
| 105  | 226     | JASNOCH MARCIN       | BYTOM                | OLUSIA TEAM                   | M30       | 52         | 4:18         | 13,9       | 00:41:51 | 01:03:50 | 01:30:39   | 01:30:49    | 102 |   |
| 106  | 65      | WENCEL KRZYSZTOF     | DĄBROWA GÓRNICZA     | AHP RUNNING TEAM              | M40       | 22         | 4:19         | 13,9       | 00:41:41 | 01:04:27 | 01:30:58   | 01:30:59    | 103 |   |
| 107  | 274     | STEC JERZY           | ZABRZE               | IPA RUDA ŚLĄSKA               | M50       | 8          | 4:19         | 13,9       | 00:42:48 | 01:05:22 | 01:30:58   | 01:31:03    | 104 |   |
| 108  | 171     | BORKOWSKI PRZEMYSŁAW | SOSNOWIEC            |                               | M40       | 23         | 4:19         | 13,9       | 00:42:07 | 01:04:25 | 01:30:59   | 01:31:05    | 105 |   |
| 109  | 461     | WYMYSŁO ANDRZEJ      | PIEKARY ŚLĄSKIE      | PRZEGLĄD PIEKARSKI            | M50       | 9          | 4:19         | 13,9       | 00:42:29 | 01:04:41 | 01:31:06   | 01:31:10    | 106 |   |
| 110  | 315     | SKALSKA ANNA         | BYTOM                | ZADYSZKA OŚWIĘCIM             | K30       | 2          | 4:19         | 13,9       | 00:42:07 | 01:04:41 | 01:31:08   | 01:31:10    |     | 4 |
| 111  | 365     | TARCZEWSKI TOMASZ    | ZAWIERCIE            | TARCZA TRIATHLON TEAM         | M30       | 53         | 4:19         | 13,9       | 00:43:09 | 01:05:15 | 01:31:05   | 01:31:11    | 107 |   |
| 112  | 566     | OBERTYN ROMAN        | JAWORZNO             |                               | M40       | 24         | 4:20         | 13,9       | 00:41:16 | 01:04:07 | 01:31:18   | 01:31:23    | 108 |   |
| 113  | 908     | SZCZERBA ŁUKASZ      | DĄBROWA GÓRNICZA     | W POGONI ZA DUCHEM            | M30       | 54         | 4:20         | 13,9       | 00:44:08 | 01:05:42 | 01:30:32   | 01:31:24    | 109 |   |
| 114  | 866     | RADCZUK DARIA        | KATOWICE             |                               | K20       | 3          | 4:20         | 13,8       | 00:43:01 | 01:05:18 | 01:31:25   | 01:31:29    |     | 5 |
| 115  | 622     | SOBOŃ GRZEGORZ       | RYCZÓWEK             | ARCELORMITTAL                 | M40       | 25         | 4:20         | 13,8       | 00:43:02 | 01:05:22 | 01:31:26   | 01:31:34    | 110 |   |
| 116  | 125     | DELEWSKA KAJA        | DĄBROWA GÓRNICZA     | TRIATHLON X- TEAM             | K20       | 4          | 4:21         | 13,8       | 00:43:52 | 01:06:25 | 01:31:37   | 01:31:37    |     | 6 |
| 117  | 507     | PIOTROWSKI MAREK     | OLEŚNICA             | KB SZERSZEŃ OLEŚNICA          | M40       | 26         | 4:21         | 13,8       | 00:42:23 | 01:04:29 | 01:31:39   | 01:31:49    | 111 |   |
| 118  | 79      | TUDRUJ ANDRZEJ       | JAWORZNO             |                               | M40       | 27         | 4:22         | 13,8       | 00:43:17 | 01:05:06 | 01:31:06   | 01:31:57    | 112 |   |
| 119  | 929     | PŁONKA PAWEŁ         | JAWORZNO             | KB MCKIS JAWORZNO             | M20       | 21         | 4:22         | 13,8       | 00:43:30 | 01:06:00 | 01:31:45   | 01:32:01    | 113 |   |
| 120  | 265     | SZCZEPAŃCZYK MICHAŁ  | BĘDZIN               | W POGONI ZA WILKIEM           | M30       | 55         | 4:22         | 13,7       | 00:43:08 | 01:05:56 | 01:32:08   | 01:32:11    | 114 |   |
| 121  | 462     | WILK EDYTA           | DĄBROWA GÓRNICZA     | W POGONI ZA WILKIEM           | K20       | 5          | 4:22         | 13,7       | 00:43:08 | 01:05:56 | 01:32:08   | 01:32:11    |     | 7 |
| 122  | 828     | STEFAŃSKI MARIAN     | RUDA ŚLĄSKA          | KRS TKKF JASTRZĄB             | M50       | 10         | 4:22         | 13,7       | 00:44:17 | 01:06:32 | 01:32:00   | 01:32:14    | 115 |   |
| 123  | 17      | KAJDAK DAWID         | DĄBROWA GÓRNICZA     |                               | M30       | 56         | 4:23         | 13,7       | 00:43:24 | 01:06:02 | 01:31:58   | 01:32:26    | 116 |   |
| 124  | 96      | WIECZOREK LUCJAN     | CHORZÓW              | ZABIEGANY JOGIN               | M30       | 57         | 4:23         | 13,7       | 00:43:47 | 01:06:23 | 01:32:16   | 01:32:28    | 117 |   |
| 125  | 53      | PILARCZYK ŁUKASZ     | KATOWICE             | KB "JÓZEFINKA" KATOWICE       | M30       | 58         | 4:23         | 13,7       | 00:42:22 | 01:05:08 | 01:31:57   | 01:32:36    | 118 |   |
| 126  | 874     | MOTYL PIOTR          | KATOWICE             | KATOWICE                      | M50       | 11         | 4:23         | 13,7       | 00:41:22 | 01:04:18 | 01:32:35   | 01:32:39    | 119 |   |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość          | Klub                                   | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K |
|------|---------|----------------------|----------------------|--|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|---|
| 127  | 421     | JANOCHA PIOTR        | ŻARKI LETNISKO       | LIBERO MYSZKÓW                         | M30       | 59         | 4:24         | 13,6       | 00:43:23 | 01:06:04 | 01:32:39   | <b>01:32:46</b> | 120 |   |
| 128  | 821     | WALICZEK DARIUSZ     | RUDA ŚLĄSKA          | KRS TKKF JASTRZĄB RUDA ŚLĄSKA          | M30       | 60         | 4:24         | 13,6       | 00:42:39 | 01:05:00 | 01:32:36   | <b>01:32:48</b> | 121 |   |
| 129  | 701     | ŚWITAŁA PIOTR        | KATOWICE             |  | M20       | 22         | 4:24         | 13,6       | 00:42:01 | 01:04:47 | 01:32:49   | <b>01:32:58</b> | 122 |   |
| 130  | 785     | BARTECKI ALEKSANDER  | ŻORY                 | HRMAX ŻORY                             | M40       | 28         | 4:24         | 13,6       | 00:42:36 | 01:05:38 | 01:32:48   | <b>01:32:59</b> | 123 |   |
| 131  | 657     | ZACZYK MARCIN        | CHORZÓW              |  | M40       | 29         | 4:25         | 13,6       | 00:41:38 | 01:04:23 | 01:32:58   | <b>01:33:01</b> | 124 |   |
| 132  | 709     | KRAUSE DARIUSZ       | RADLIN               | FORMA WODZISŁAW ŚLĄSKI/RADLIN          | M40       | 30         | 4:25         | 13,6       | 00:42:36 | 01:05:13 | 01:32:56   | <b>01:33:03</b> | 125 |   |
| 133  | 39      | PETRUS ŁUKASZ        | DĄBROWA GÓRNICZA     |  | M30       | 61         | 4:25         | 13,6       | 00:43:59 | 01:06:26 | 01:33:02   | <b>01:33:18</b> | 126 |   |
| 134  | 794     | RUDAWSKI PAWEŁ       | OLKUSZ               | SPELEOKLUB DĄBROWA GÓRNICZA            | M20       | 23         | 4:25         | 13,6       | 00:43:12 | 01:05:56 | 01:33:08   | <b>01:33:19</b> | 127 |   |
| 135  | 154     | KONTOWICZ RAFAŁ      | MYSŁOWICE            | MYSŁOWICKI KLUB BIEGACZA NO.I          | M40       | 31         | 4:26         | 13,5       | 00:43:44 | 01:06:42 | 01:33:24   | <b>01:33:28</b> | 128 |   |
| 136  | 819     | GŁUSZEK ANDRZEJ      | RUDA ŚLĄSKA          | TKKF "JASTRZĄB" RUDA ŚLĄSKA            | M40       | 32         | 4:26         | 13,5       | 00:42:39 | 01:05:34 | 01:33:20   | <b>01:33:32</b> | 129 |   |
| 137  | 189     | LUFT MICHAŁ          | KATOWICE             | TEAM KACPER                            | M30       | 62         | 4:26         | 13,5       | 00:43:56 | 01:06:32 | 01:33:20   | <b>01:33:34</b> | 130 |   |
| 138  | 546     | BRZÓZKA NORBERT      | DĄBROWA GÓRNICZA     | POGORIA BIEGA                          | M40       | 33         | 4:26         | 13,5       | 00:43:34 | 01:06:26 | 01:33:32   | <b>01:33:36</b> | 131 |   |
| 139  | 472     | BODORA JACEK         | TARNOWSKIE GÓRY      |  | M30       | 63         | 4:27         | 13,5       | 00:42:02 | 01:04:37 | 01:33:24   | <b>01:33:43</b> | 132 |   |
| 140  | 839     | SOBCZAK MIROSŁAW     | SOSNOWIEC            |  | M50       | 12         | 4:27         | 13,5       | 00:43:45 | 01:06:42 | 01:33:40   | <b>01:33:50</b> | 133 |   |
| 141  | 847     | ABRAHAMOWICZ JAKUB   | RYBNIK               | RYBNICKA GRUPA BIEGOWA "PĘDZIMY RAZEM" | M20       | 24         | 4:27         | 13,5       | 00:43:37 | 01:06:37 | 01:33:28   | <b>01:33:58</b> | 134 |   |
| 142  | 982     | ŚWIERCZYŃSKI ŁUKASZ  | DĄBROWA GÓRNICZA     |  | M20       | 25         | 4:28         | 13,4       | 00:45:02 | 01:08:21 | 01:33:37   | <b>01:34:15</b> | 135 |   |
| 143  | 974     | ZBOŻNIAK ŁUKASZ      | DĄBROWA GÓRNICZA     | RUNNING MANTRA                         | M30       | 64         | 4:28         | 13,4       | 00:44:12 | 01:07:14 | 01:34:12   | <b>01:34:23</b> | 136 |   |
| 144  | 169     | CIEŚLIK PIOTR        | SOSNOWIEC            |  | M30       | 65         | 4:29         | 13,4       | 00:44:55 | 01:07:17 | 01:34:04   | <b>01:34:27</b> | 137 |   |
| 145  | 261     | KOZIŃSKI MAREK       | DĄBROWA GÓRNICZA     |  | M40       | 34         | 4:29         | 13,4       | 00:42:54 | 01:06:26 | 01:34:16   | <b>01:34:29</b> | 138 |   |
| 146  | 727     | PAJDAK BARTOSZ       | SOSNOWIEC            | ZAGŁĘBIOWSKI KLUB OYAMA KARATE         | M20       | 26         | 4:29         | 13,4       | 00:42:30 | 01:05:40 | 01:34:27   | <b>01:34:36</b> | 139 |   |
| 147  | 279     | JANUS MICHAŁ         | DĄBROWA GÓRNICZA     |  | M30       | 66         | 4:29         | 13,4       | 00:44:24 | 01:07:16 | 01:34:25   | <b>01:34:37</b> | 140 |   |
| 148  | 677     | ŻOGAŁA JAN           | KATOWICE             |  | M30       | 67         | 4:29         | 13,4       | 00:43:58 | 01:06:54 | 01:34:22   | <b>01:34:43</b> | 141 |   |
| 149  | 538     | GZEL DARIUSZ         | PIEKARY ŚLĄSKIE      | OLIMPIA                                | M40       | 35         | 4:29         | 13,4       |          | 01:07:02 | 01:34:29   | <b>01:34:43</b> | 142 |   |
| 150  | 211     | KIJAK ARTUR          | DĄBROWA GÓRNICZA     | TRIATHLON X-TEAM                       | M30       | 68         | 4:30         | 13,3       | 00:43:51 | 01:06:27 | 01:34:55   | <b>01:34:58</b> | 143 |   |
| 151  | 685     | JAWORSKI PAWEŁ       | BĘDZIN               |  | M30       | 69         | 4:30         | 13,3       | 00:45:11 | 01:08:24 | 01:34:48   | <b>01:35:04</b> | 144 |   |
| 152  | 834     | HARMANSA PIOTR       | GOGOLIN              | AMP S.A.                               | M40       | 36         | 4:30         | 13,3       | 00:45:13 | 01:08:24 | 01:34:50   | <b>01:35:06</b> | 145 |   |
| 153  | 162     | BIEŃ MARIUSZ         | DĄBROWA GÓRNICZA     |  | M40       | 37         | 4:31         | 13,3       | 00:43:07 | 01:06:26 | 01:34:54   | <b>01:35:08</b> | 146 |   |
| 154  | 245     | JUREWICZ KRZYSZTOF   | SOSNOWIEC            | SPELEOKLUB DĄBROWA GÓRNICZA            | M30       | 70         | 4:31         | 13,3       | 00:44:02 | 01:07:25 | 01:35:07   | <b>01:35:20</b> | 147 |   |
| 155  | 194     | UHORCZAK EDWARD      | SOSNOWIEC            |  | M60       | 3          | 4:31         | 13,3       | 00:43:40 | 01:07:16 | 01:35:19   | <b>01:35:23</b> | 148 |   |
| 156  | 10      | PYTA KRZYSZTOF       | CHORZÓW              |  | M30       | 71         | 4:31         | 13,3       | 00:44:16 | 01:07:32 | 01:35:11   | <b>01:35:27</b> | 149 |   |
| 157  | 430     | KAPELA MARIUSZ       | BYTOM                | CHOP ZE ŻELAZA TRI TEAM                | M30       | 72         | 4:31         | 13,3       | 00:44:18 | 01:07:56 | 01:35:14   | <b>01:35:27</b> | 150 |   |
| 158  | 890     | HOŁDA MAREK          | SIEMIANOWICE ŚLĄSKIE |  | M20       | 27         | 4:32         | 13,3       | 00:45:21 | 01:09:13 | 01:34:41   | <b>01:35:30</b> | 151 |   |
| 159  | 652     | GODLEWSKI BOGDAN     | DĄBROWA GÓRNICZA     |  | M50       | 13         | 4:32         | 13,2       | 00:44:52 | 01:08:35 | 01:35:40   | <b>01:35:40</b> | 152 |   |
| 160  | 304     | FEDORKO WITOLD       | BĘDZIN               | QUIETA MOVERE                          | M30       | 73         | 4:32         | 13,2       | 00:44:03 | 01:07:17 | 01:35:26   | <b>01:35:41</b> | 153 |   |
| 161  | 509     | SOKULSKI DANIEL      | DĄBROWA GÓRNICZA     |  | M30       | 74         | 4:32         | 13,2       | 00:42:51 | 01:05:14 | 01:35:20   | <b>01:35:42</b> | 154 |   |
| 162  | 259     | KRZESIAK MARCIN      | SOSNOWIEC            |  | M30       | 75         | 4:32         | 13,2       | 00:45:13 | 01:08:27 | 01:35:16   | <b>01:35:43</b> | 155 |   |
| 163  | 629     | PRZYBYŁA KAMIL       | DĄBROWA GÓRNICZA     | NAJPRZÓD BUGAJ                         | M30       | 76         | 4:32         | 13,2       | 00:44:27 | 01:08:16 | 01:35:39   | <b>01:35:44</b> | 156 |   |
| 164  | 363     | CIASOŃ ŁUKASZ        | DĄBROWA GÓRNICZA     | CFO RUNNING TEAM                       | M30       | 77         | 4:33         | 13,2       | 00:42:39 | 01:05:29 | 01:35:35   | <b>01:35:51</b> | 157 |   |
| 165  | 905     | BATORYNA ALEKSANDER  | BĘDZIN               |  | M30       | 78         | 4:33         | 13,2       | 00:45:36 | 01:09:10 | 01:35:55   | <b>01:35:58</b> | 158 |   |
| 166  | 817     | FIJAŁKOWSKI ZBIGNIEW | ŚWIĘTOCHŁOWICE       | KRS TKKF JASTRZĄB RUDA ŚLĄSKA          | M50       | 14         | 4:33         | 13,2       | 00:43:16 | 01:06:49 | 01:35:54   | <b>01:35:59</b> | 159 |   |
| 167  | 513     | TRZEWICARZ MARIUSZ   | KATOWICE             | TKKF TIMKEN                            | M30       | 79         | 4:33         | 13,2       | 00:45:01 | 01:08:36 | 01:35:54   | <b>01:36:08</b> | 160 |   |
| 168  | 454     | JAMROŻY MARCIN       | SOSNOWIEC            | SPELEOKLUB DĄBROWA GÓRNICZA            | M30       | 80         | 4:34         | 13,2       | 00:44:09 | 01:07:40 | 01:35:57   | <b>01:36:10</b> | 161 |   |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość      | Klub                            | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K |
|------|---------|----------------------|------------------|---------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|---|
| 169  | 849     | GRZĄDZIEL ARTUR      | BYTOM            |                                 | M20       | 28         | 4:34         | 13,2       | 00:42:35 | 01:06:31 | 01:36:09   | <b>01:36:12</b> | 162 |   |
| 170  | 596     | CZYŻ GRZEGORZ        | KRAPKOWICE       | CROSS KRAPKOWICE                | M40       | 38         | 4:34         | 13,1       | 00:43:56 | 01:07:08 | 01:36:06   | <b>01:36:19</b> | 163 |   |
| 171  | 612     | BILNIK KONRAD        | MYSZKÓW          |                                 | M50       | 15         | 4:34         | 13,1       | 00:45:04 | 01:08:35 | 01:36:05   | <b>01:36:24</b> | 164 |   |
| 172  | 30      | MAŁOLEPSZY ŁUKASZ    | MYSŁOWICE        |                                 | M30       | 81         | 4:35         | 13,1       | 00:44:26 | 01:08:29 | 01:36:12   | <b>01:36:37</b> | 165 |   |
| 173  | 962     | MAŁYSZ KAROL         | STARA WIEŚ       | TRIATHLON - X TEAM              | M20       | 29         | 4:35         | 13,1       | 00:47:05 | 01:09:53 | 01:35:36   | <b>01:36:40</b> | 166 |   |
| 174  | 667     | TATARA WITOLD        | DĄBROWA GÓRNICZA | SSJ2                            | M20       | 30         | 4:36         | 13,0       | 00:44:11 | 01:07:48 | 01:36:43   | <b>01:37:02</b> | 167 |   |
| 175  | 443     | KORNES JANUSZ        | SOSNOWIEC        | TKKF TRIATHLON DĄBROWA GÓRNICZA | M40       | 39         | 4:36         | 13,0       | 00:45:12 | 01:09:15 | 01:36:51   | <b>01:37:03</b> | 168 |   |
| 176  | 873     | GERMUGA SEBASTIAN    | GLIWICE          | OPEL ACTIVE TEAM                | M40       | 40         | 4:36         | 13,0       | 00:44:41 | 01:08:15 | 01:36:43   | <b>01:37:05</b> | 169 |   |
| 177  | 772     | LICHOŃ TOMASZ        | DOB CZYCE        | DOB CZYCKI KLUB BIEGACZA        | M40       | 41         | 4:36         | 13,0       | 00:44:24 | 01:08:03 | 01:36:41   | <b>01:37:10</b> | 170 |   |
| 178  | 422     | SAŁAT ADRIAN         | SŁAWKÓW          |                                 | M20       | 31         | 4:36         | 13,0       | 00:43:57 | 01:07:07 | 01:36:49   | <b>01:37:11</b> | 171 |   |
| 179  | 268     | WOWER BARTŁOMIEJ     | CHORZÓW          | CSC ADVENTURE ACADEMY           | M30       | 82         | 4:36         | 13,0       | 00:47:23 | 01:11:04 | 01:36:06   | <b>01:37:12</b> | 172 |   |
| 180  | 950     | PASUTO GRZEGORZ      | MIKOŁÓW          | JW 3940                         | M30       | 83         | 4:37         | 13,0       | 00:47:04 | 01:10:23 | 01:36:31   | <b>01:37:16</b> | 173 |   |
| 181  | 262     | OKRÓJ ZBIGNIEW       | GLIWICE          |                                 | M40       | 42         | 4:37         | 13,0       | 00:45:25 | 01:08:57 | 01:37:07   | <b>01:37:22</b> | 174 |   |
| 182  | 197     | KRUCZEK GRZEGORZ     | DĄBROWA GÓRNICZA |                                 | M30       | 84         | 4:37         | 13,0       | 00:45:57 | 01:09:28 | 01:36:49   | <b>01:37:27</b> | 175 |   |
| 183  | 470     | LEKS TOMASZ          | ZAWIERCIE        | GRUPA JURA.PL                   | M40       | 43         | 4:37         | 13,0       | 00:44:10 | 01:08:29 | 01:37:21   | <b>01:37:27</b> | 176 |   |
| 184  | 481     | KRAWCZYK BARTOSZ     | DĄBROWA GÓRNICZA | NAJPRZÓD BUGAJ                  | M30       | 85         | 4:37         | 13,0       | 00:45:43 | 01:09:18 | 01:37:10   | <b>01:37:30</b> | 177 |   |
| 185  | 474     | PĘDZIK ROBERT        | RYCZÓW           | ALLPC                           | M40       | 44         | 4:38         | 13,0       | 00:44:30 | 01:08:56 | 01:37:25   | <b>01:37:35</b> | 178 |   |
| 186  | 576     | PAPLA EWA            | BIELSKO-BIAŁA    | TRIATHLON X-TEAM                | K20       | 6          | 4:38         | 13,0       | 00:45:23 | 01:09:26 | 01:37:33   | <b>01:37:36</b> |     | 8 |
| 187  | 42      | WOJCIECHOWSKI MARCIN | DĄBROWA GÓRNICZA |                                 | M50       | 16         | 4:38         | 13,0       | 00:45:12 | 01:09:10 | 01:37:20   | <b>01:37:37</b> | 179 |   |
| 188  | 206     | OWCZARSKI KRZYSZTOF  | CZELADŹ          | CZELADŹ PIASKI                  | M50       | 17         | 4:38         | 13,0       | 00:44:27 | 01:08:14 | 01:37:36   | <b>01:37:38</b> | 180 |   |
| 189  | 344     | RADECKI MACIEJ       | WROCLAW          | TRIBITION TEAM                  | M30       | 86         | 4:38         | 12,9       | 00:45:44 | 01:09:20 | 01:37:36   | <b>01:37:53</b> | 181 |   |
| 190  | 126     | RAUCHFLEISCH DAWID   | BYTOM            |                                 | M30       | 87         | 4:38         | 12,9       | 00:45:10 | 01:09:18 | 01:37:45   | <b>01:37:54</b> | 182 |   |
| 191  | 733     | TRZĘSIMIECH ADAN     | SOSNOWIEC        |                                 | M50       | 18         | 4:39         | 12,9       | 00:44:09 | 01:08:09 | 01:37:55   | <b>01:38:00</b> | 183 |   |
| 192  | 263     | DYRAGA MARCIN        | GLIWICE          | SAINT-GOBAIN SQUAD              | M40       | 45         | 4:39         | 12,9       | 00:45:36 | 01:09:31 | 01:37:50   | <b>01:38:00</b> | 184 |   |
| 193  | 492     | STUDZIŃSKI GRZEGORZ  | OGRODZIENIEC     | EERY LAB                        | M30       | 88         | 4:39         | 12,9       | 00:47:11 | 01:10:50 | 01:37:38   | <b>01:38:01</b> | 185 |   |
| 194  | 763     | MŁODZIK DANIEL       | SOSNOWIEC        |                                 | M30       | 89         | 4:39         | 12,9       | 00:46:26 | 01:10:08 | 01:37:31   | <b>01:38:05</b> | 186 |   |
| 195  | 976     | SOWA ROBERT          | BĘDZIN           | NIEZRZESZONY                    | M20       | 32         | 4:39         | 12,9       | 00:46:26 | 01:10:12 | 01:37:51   | <b>01:38:05</b> | 187 |   |
| 196  | 865     | BUKOWSKI EDWARD      | KLUCZBORK        | AMATOR                          | M40       | 46         | 4:39         | 12,9       | 00:43:43 | 01:08:08 | 01:37:55   | <b>01:38:11</b> | 188 |   |
| 197  | 762     | JAWORSKI KRZYSZTOF   | KATOWICE         |                                 | M40       | 47         | 4:40         | 12,9       | 00:43:26 | 01:06:38 | 01:38:13   | <b>01:38:19</b> | 189 |   |
| 198  | 193     | KOŚCIELNY EMIL       | PRECZÓW          |                                 | M20       | 33         | 4:40         | 12,9       | 00:41:36 | 01:06:28 | 01:38:19   | <b>01:38:22</b> | 190 |   |
| 199  | 172     | PACHURKA EWA         | NOSKÓW           |                                 | K20       | 7          | 4:40         | 12,9       | 00:45:43 | 01:09:30 | 01:38:10   | <b>01:38:28</b> |     | 9 |
| 200  | 336     | KACZMARSKI KRYSZTIAN | SIEMIANOWICE     |                                 | M30       | 90         | 4:41         | 12,8       | 00:48:46 | 01:11:41 | 01:38:01   | <b>01:38:45</b> | 191 |   |
| 201  | 252     | PETRYK ADAM          | LUBECKO          |                                 | M40       | 48         | 4:41         | 12,8       | 00:45:57 | 01:09:28 | 01:38:18   | <b>01:38:46</b> | 192 |   |
| 202  | 641     | BIECHOŃSKI ADAM      | ZAWIERCIE        |                                 | M30       | 91         | 4:42         | 12,8       | 00:44:53 | 01:09:25 | 01:38:53   | <b>01:39:01</b> | 193 |   |
| 203  | 610     | GRZESIOK WOJCIECH    | BYTOM            | KLUB WYSOKOGÓRSKI GLIWICE       | M30       | 92         | 4:42         | 12,8       | 00:46:08 | 01:10:46 | 01:38:42   | <b>01:39:02</b> | 194 |   |
| 204  | 185     | BACIA PATRYK         | PIEKARY ŚLĄSKIE  |                                 | M30       | 93         | 4:42         | 12,8       | 00:47:50 | 01:11:49 | 01:38:41   | <b>01:39:02</b> | 195 |   |
| 205  | 26      | DWORSKI MAREK        | GLIWICE          | AKMB PĘDZIWIATR GLIWICE         | M60       | 4          | 4:42         | 12,8       | 00:45:01 | 01:09:11 | 01:38:59   | <b>01:39:06</b> | 196 |   |
| 206  | 736     | BAGIŃSKI ZBYSZEK     | MIŃSK MAZOWIECKI | JW 1230                         | M30       | 94         | 4:42         | 12,8       | 00:46:36 | 01:10:44 | 01:38:56   | <b>01:39:08</b> | 197 |   |
| 207  | 816     | CEBULA BOGDAN        | RUDA ŚLĄSKA      | KRS TKKF JATRZĄ RUDA ŚLĄSKA     | M50       | 19         | 4:42         | 12,8       | 00:47:51 | 01:11:54 | 01:38:58   | <b>01:39:10</b> | 198 |   |
| 208  | 456     | JASIŃSKI DAMIAN      | TARNOWSKIE GÓRY  | TANIEBLACHY.PL                  | M30       | 95         | 4:42         | 12,8       | 00:46:17 | 01:10:31 | 01:38:50   | <b>01:39:13</b> | 199 |   |
| 209  | 267     | PTAK KRZYSZTOF       | ŻORY             | HR MAX ŻORY                     | M30       | 96         | 4:42         | 12,8       | 00:47:22 | 01:11:06 | 01:38:48   | <b>01:39:14</b> | 200 |   |
| 210  | 722     | BIENKOWSKI ŁUKASZ    | KRAKÓW           | KKB DYSTANS KRAKÓW              | M40       | 49         | 4:42         | 12,7       | 00:45:12 | 01:09:30 | 01:39:03   | <b>01:39:17</b> | 201 |   |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość          | Klub                           | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|----------------------|----------------------|--------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 211  | 871     | DUFFEK TOMASZ        | DĄBROWA GÓRNICZA     | CFO RUNNING TEAM               | M30       | 97         | 4:42         | 12,7       | 00:45:13 | 01:09:19 | 01:39:02   | <b>01:39:19</b> | 202 |    |
| 212  | 318     | MAJEK KRZYSZTOF      | KATOWICE             |                                | M40       | 50         | 4:43         | 12,7       | 00:44:23 | 01:08:54 | 01:39:10   | <b>01:39:23</b> | 203 |    |
| 213  | 370     | GLIK DARIUSZ         | SZYMISZÓW            | GMINA STRZELCE OPOLSKIE        | M30       | 98         | 4:43         | 12,7       | 00:47:52 | 01:11:23 | 01:39:21   | <b>01:39:30</b> | 204 |    |
| 214  | 100     | BOROWIAK PIOTR       | BYTOM                |                                | M30       | 99         | 4:43         | 12,7       | 00:48:31 | 01:12:54 | 01:38:57   | <b>01:39:32</b> | 205 |    |
| 215  | 341     | BIERNAT WOJCIECH     | ZABRZE               |                                | M30       | 100        | 4:43         | 12,7       | 00:45:48 | 01:10:02 | 01:39:15   | <b>01:39:34</b> | 206 |    |
| 216  | 565     | KWAPIEŃ RAFAŁ        | SOSNOWIEC            |                                | M40       | 51         | 4:43         | 12,7       | 00:46:08 | 01:09:55 | 01:39:11   | <b>01:39:34</b> | 207 |    |
| 217  | 269     | RYBAK ADAM           | ZAWIERCIE            | WKU W BĘDZINIE                 | M40       | 52         | 4:44         | 12,7       | 00:46:15 | 01:10:36 | 01:39:26   | <b>01:39:42</b> | 208 |    |
| 218  | 648     | CEBULA JERZY         | ŻARKI LETNISKO       | LEŚNE LUDKI ŻARKI LETNISKO     | M50       | 20         | 4:44         | 12,7       | 00:47:52 | 01:11:49 | 01:39:36   | <b>01:39:42</b> | 209 |    |
| 219  | 559     | SYDORYK ARTUR        | JAWORZNO             | KB MCKIS JAWORZNO              | M30       | 101        | 4:44         | 12,7       | 00:47:24 | 01:11:47 | 01:39:25   | <b>01:39:45</b> | 210 |    |
| 220  | 306     | STROBA MICHAŁ        | PIEKARY ŚLĄSKIE      |                                | M30       | 102        | 4:44         | 12,7       | 00:45:52 | 01:10:18 | 01:39:42   | <b>01:39:51</b> | 211 |    |
| 221  | 720     | PAJDA DARIUSZ        | DĄBROWA GÓRNICZA     | POGORIA BIEGA                  | M40       | 53         | 4:44         | 12,7       | 00:46:16 | 01:10:54 | 01:39:50   | <b>01:39:53</b> | 212 |    |
| 222  | 947     | SEMENIUK PAWEŁ       | SOSNOWIEC            |                                | M20       | 34         | 4:44         | 12,7       | 00:47:32 | 01:12:18 | 01:39:36   | <b>01:39:56</b> | 213 |    |
| 223  | 907     | GLIŃSKI TOMASZ       | SOSNOWIEC            |                                | M30       | 103        | 4:44         | 12,7       | 00:42:49 | 01:08:04 | 01:39:46   | <b>01:40:00</b> | 214 |    |
| 224  | 639     | SZULC ANNA           | PIEKARY ŚLĄSKIE      |                                | K20       | 8          | 4:45         | 12,6       | 00:46:34 | 01:10:55 | 01:39:15   | <b>01:40:05</b> |     | 10 |
| 225  | 556     | KANIA PAWEŁ          | DĄBROWA GÓRNICZA     | SAINT-GOBAIN SQUAD             | M40       | 54         | 4:45         | 12,6       | 00:46:17 | 01:10:35 | 01:39:41   | <b>01:40:06</b> | 215 |    |
| 226  | 579     | SKOCZYŁAS DARIUSZ    | DĄBROWA GÓRNICZA     | SAINT GOBAIN SQUAD             | M40       | 55         | 4:45         | 12,6       | 00:46:58 | 01:11:01 | 01:39:36   | <b>01:40:07</b> | 216 |    |
| 227  | 863     | ZASĘPA MICHAŁ        | KRAKÓW               |                                | M30       | 104        | 4:45         | 12,6       | 00:47:18 | 01:11:49 | 01:40:08   | <b>01:40:12</b> | 217 |    |
| 228  | 433     | KONARSKI RAFAŁ       | SIEMIANOWICE ŚL      | RUNNER SI                      | M30       | 105        | 4:45         | 12,6       | 00:46:42 | 01:10:49 | 01:39:34   | <b>01:40:15</b> | 218 |    |
| 229  | 253     | RAJKOWSKI PRZEMYSŁAW | PIOTRKOW TRYBUNALSKI | EKIPA MARCINA                  | M40       | 56         | 4:45         | 12,6       | 00:47:54 | 01:12:12 | 01:39:49   | <b>01:40:15</b> | 219 |    |
| 230  | 922     | BARAŃCZUK WOJCIECH   | DĄBROWA GÓRNICZA     |                                | M30       | 106        | 4:45         | 12,6       | 00:48:03 | 01:11:39 | 01:39:26   | <b>01:40:18</b> | 220 |    |
| 231  | 353     | KORDIAKA MARIUSZ     | KATOWICE             |                                | M30       | 107        | 4:45         | 12,6       | 00:47:32 | 01:11:44 | 01:39:59   | <b>01:40:20</b> | 221 |    |
| 232  | 807     | STARCZEWSKI JAROSŁAW | ZĄBKI                | URSA POLSKA                    | M40       | 57         | 4:46         | 12,6       | 00:46:47 | 01:11:00 | 01:39:36   | <b>01:40:23</b> | 222 |    |
| 233  | 704     | DUDWAŁ MATEUSZ       | SOSNOWIEC            | KOCOŃ TEAM                     | M30       | 108        | 4:46         | 12,6       | 00:47:32 | 01:12:18 | 01:40:06   | <b>01:40:25</b> | 223 |    |
| 234  | 536     | BRZEZIŃSKA EWA       | DĄBROWA GÓRNICZA     | DĄBROWA GÓRNICZA               | K20       | 9          | 4:46         | 12,6       | 00:44:57 | 01:09:53 | 01:40:29   | <b>01:40:32</b> |     | 11 |
| 235  | 591     | BUCZKOWSKI MARIUSZ   | KATOWICE             |                                | M40       | 58         | 4:46         | 12,6       | 00:46:41 | 01:11:15 | 01:40:25   | <b>01:40:35</b> | 224 |    |
| 236  | 571     | DĄBROWSKI MAREK      | PIERŚCIEC            |                                | M30       | 109        | 4:46         | 12,6       | 00:46:38 | 01:11:24 | 01:40:29   | <b>01:40:35</b> | 225 |    |
| 237  | 626     | STRAŻ MICHAŁ         | DĄBROWA GÓRNICZA     | ARCELORMITTAL                  | M60       | 5          | 4:46         | 12,6       | 00:46:38 | 01:10:55 | 01:40:25   | <b>01:40:40</b> | 226 |    |
| 238  | 133     | KAMIŃSKI PIOTR       | SOSNOWIEC            |                                | M30       | 110        | 4:47         | 12,6       | 00:47:37 | 01:11:55 | 01:40:28   | <b>01:40:46</b> | 227 |    |
| 239  | 49      | GŁODKOWSKI ŁUKASZ    | DĄBROWA GÓRNICZA     | POGORIA BIEGA                  | M20       | 35         | 4:47         | 12,6       | 00:47:14 | 01:11:33 | 01:40:44   | <b>01:40:49</b> | 228 |    |
| 240  | 851     | MARCZAK KRZYSZTOF    | ŚWIĘTOCHŁOWICE       | PKO BP RUNNING CLUB            | M40       | 59         | 4:47         | 12,6       | 00:46:56 | 01:11:56 | 01:40:26   | <b>01:40:49</b> | 229 |    |
| 241  | 923     | JÓSKOWSKI RAFAŁ      | RUDA ŚLĄSKA          | 4INVEST COMMERCIAL REAL ESTATE | M30       | 111        | 4:47         | 12,6       | 00:45:14 | 01:10:14 | 01:40:34   | <b>01:40:51</b> | 230 |    |
| 242  | 749     | GAJOS ROBERT         | DĄBROWA GÓRNICZA     |                                | M30       | 112        | 4:47         | 12,6       | 00:44:01 | 01:07:16 | 01:40:41   | <b>01:40:52</b> | 231 |    |
| 243  | 972     | JANDA BEATA          | KATOWICE             | NIEWYMIĘKACZE                  | K20       | 10         | 4:47         | 12,5       | 00:45:39 | 01:10:40 | 01:40:51   | <b>01:40:52</b> |     | 12 |
| 244  | 716     | WRÓBEL ANDRZEJ       | SIEMIANOWICE ŚL.     | PO ROBOCIE                     | M30       | 113        | 4:47         | 12,5       | 00:45:47 | 01:11:13 | 01:40:46   | <b>01:40:59</b> | 232 |    |
| 245  | 305     | BEŚKA SŁAWOMIR       | RYBNIK OCHOJEC       | OCHAJO RUN                     | M40       | 60         | 4:47         | 12,5       | 00:47:05 | 01:11:59 | 01:40:46   | <b>01:41:00</b> | 233 |    |
| 246  | 501     | GOŁYGA TOMASZ        | KATOWICE             | SILESIA SKATING                | M20       | 36         | 4:47         | 12,5       | 00:43:41 | 01:07:52 | 01:40:44   | <b>01:41:03</b> | 234 |    |
| 247  | 491     | SZYDA MAREK          | TARNOWSKIE GÓRY      |                                | M30       | 114        | 4:47         | 12,5       | 00:48:08 | 01:12:40 | 01:40:33   | <b>01:41:03</b> | 235 |    |
| 248  | 765     | NOGA ŁUKASZ          | SOSNOWIEC            | DARE2RUN.PL                    | M30       | 115        | 4:47         | 12,5       | 00:47:34 | 01:12:56 | 01:40:57   | <b>01:41:04</b> | 236 |    |
| 249  | 796     | CABAJ PRZEMYSŁAW     | JAWORZNO             |                                | M30       | 116        | 4:48         | 12,5       | 00:49:03 | 01:13:16 | 01:40:21   | <b>01:41:08</b> | 237 |    |
| 250  | 20      | KARWETA MAREK        | KATOWICE             | SKPB KATOWICE                  | M20       | 37         | 4:48         | 12,5       | 00:48:02 | 01:12:41 | 01:40:45   | <b>01:41:10</b> | 238 |    |
| 251  | 362     | JĘDRAS PAWEŁ         | SOSNOWIEC            |                                | M40       | 61         | 4:48         | 12,5       | 00:48:37 | 01:13:15 | 01:41:04   | <b>01:41:14</b> | 239 |    |
| 252  | 827     | SADŁOWSKI DANIEL     | RUDA ŚLĄSKA          | KRS TKKF JASTRZĄB RUDA ŚLĄSKA  | M30       | 117        | 4:48         | 12,5       | 00:45:50 | 01:11:00 | 01:41:02   | <b>01:41:15</b> | 240 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość          | Klub                                 | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|----------------------|----------------------|--------------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 253  | 9       | MICHALAK MARCIN      | SIEMIANOWICE ŚLĄSKIE | NIEZRZESZONY                         | M40       | 62         | 4:48         | 12,5       | 00:46:35 | 01:10:49 | 01:40:37   | <b>01:41:18</b> | 241 |    |
| 254  | 495     | KWAPIEŃ ARTUR        | SOSNOWIEC            |                                      | M40       | 63         | 4:48         | 12,5       | 00:48:20 | 01:12:45 | 01:40:56   | <b>01:41:18</b> | 242 |    |
| 255  | 530     | POLKO ADAM           | DĄBROWA GÓRNICZA     | POGORIA BIEGA                        | M40       | 64         | 4:48         | 12,5       | 00:47:53 | 01:12:47 | 01:41:08   | <b>01:41:25</b> | 243 |    |
| 256  | 843     | MACYSZYN WOJCIECH    | WRĘCZYCA WIELKA      | NGB KŁOBUK                           | M30       | 118        | 4:49         | 12,5       | 00:46:58 | 01:10:39 | 01:40:58   | <b>01:41:29</b> | 244 |    |
| 257  | 548     | GAŁUSZKA JAKUB       | ŻYWIEC               | TRIATHLON X-TEAM                     | M20       | 38         | 4:49         | 12,5       | 00:47:05 | 01:11:53 | 01:40:27   | <b>01:41:31</b> | 245 |    |
| 258  | 887     | MUCHA RAFAŁ          | DĄBROWA GÓRNICZA     |                                      | M30       | 119        | 4:49         | 12,5       | 00:47:23 | 01:12:03 | 01:41:22   | <b>01:41:32</b> | 246 |    |
| 259  | 111     | STYPUŁA GRZEGORZ     | ŚWIĘTOCHŁOWICE       |                                      | M40       | 65         | 4:49         | 12,5       | 00:45:37 | 01:10:14 | 01:41:24   | <b>01:41:32</b> | 247 |    |
| 260  | 624     | SUFRAHOWICZ JERZY    | DĄBROWA GÓRNICZA     | ARCELORMITTAL                        | M60       | 6          | 4:49         | 12,5       | 00:46:14 | 01:11:18 | 01:41:23   | <b>01:41:33</b> | 248 |    |
| 261  | 888     | PODGÓRSKI RAFAŁ      | DĄBROWA GÓRNICZA     |                                      | M30       | 120        | 4:49         | 12,5       | 00:47:19 | 01:11:48 | 01:41:19   | <b>01:41:36</b> | 249 |    |
| 262  | 186     | KRAWCZYK MICHAŁ      | DĄBROWA GÓRNICZA     | NIEZRZESZONY                         | M30       | 121        | 4:49         | 12,4       | 00:48:37 | 01:13:09 | 01:41:20   | <b>01:41:43</b> | 250 |    |
| 263  | 88      | MILKOWSKI RAFAŁ      | RYBNIK               | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | M30       | 122        | 4:49         | 12,4       | 00:45:00 | 01:10:15 | 01:41:17   | <b>01:41:45</b> | 251 |    |
| 264  | 464     | ORZAŻEWSKI MAREK     | BYTOM                | MIECHOWICKA GRUPA BIEGOWA            | M30       | 123        | 4:50         | 12,4       | 00:47:13 | 01:11:47 | 01:41:13   | <b>01:41:48</b> | 252 |    |
| 265  | 131     | HOŁYŃSKI TOMASZ      | KNURÓW               |                                      | M40       | 66         | 4:50         | 12,4       | 00:49:09 | 01:12:37 | 01:41:06   | <b>01:41:55</b> | 253 |    |
| 266  | 482     | KOZŁOWSKI ARTUR      | DĄBROWA GÓRNICZA     |                                      | M40       | 67         | 4:50         | 12,4       | 00:48:19 | 01:12:53 | 01:41:28   | <b>01:41:56</b> | 254 |    |
| 267  | 580     | BOJCZUK PAWEŁ        | CZELADŹ              |                                      | M40       | 68         | 4:50         | 12,4       | 00:46:30 | 01:11:34 | 01:41:48   | <b>01:41:56</b> | 255 |    |
| 268  | 404     | LENARTOWICZ KAJETAN  | DĄBROWA GÓRNICZA     |                                      | M20       | 39         | 4:50         | 12,4       | 00:46:11 | 01:10:54 | 01:41:38   | <b>01:41:59</b> | 256 |    |
| 269  | 46      | SKIBICKI KRZYSZTOF   | OŚWIĘCIM             | DAMYRADE                             | M40       | 69         | 4:50         | 12,4       | 00:50:17 | 01:14:32 | 01:41:07   | <b>01:42:02</b> | 257 |    |
| 270  | 738     | MIELNIK ANDRZEJ      | MYSZKOW              | LESNE LUDKI ZARKI LETNISKO           | M50       | 21         | 4:50         | 12,4       | 00:47:51 | 01:12:36 | 01:41:57   | <b>01:42:03</b> | 258 |    |
| 271  | 944     | LEMIRSKI MAREK       | WROCŁAW              |                                      | M30       | 124        | 4:50         | 12,4       | 00:50:10 | 01:14:26 | 01:41:18   | <b>01:42:06</b> | 259 |    |
| 272  | 614     | CENCEK MARCIN        | DĄBROWA GÓRNICZA     | ARCELORMITTAL                        | M40       | 70         | 4:51         | 12,4       | 00:47:52 | 01:12:41 | 01:41:37   | <b>01:42:12</b> | 260 |    |
| 273  | 570     | SKOWRONEK MIROSŁAW   | SULEJÓWEK            | K.B.LEGIONOWO                        | M30       | 125        | 4:51         | 12,4       | 00:44:28 | 01:10:06 | 01:42:07   | <b>01:42:13</b> | 261 |    |
| 274  | 497     | SOBALA WITOLD        | CHORZÓW              | BRYGADA BIEGOWA BEZDECH              | M30       | 126        | 4:51         | 12,4       | 00:49:11 | 01:14:23 | 01:42:06   | <b>01:42:15</b> | 262 |    |
| 275  | 303     | CIEŚLIK PAWEŁ        | SOSNOWIEC            |                                      | M40       | 71         | 4:51         | 12,4       | 00:46:38 | 01:11:34 | 01:42:09   | <b>01:42:19</b> | 263 |    |
| 276  | 927     | ADAMCZYK-NOWAK BEATA | BYTOM                | MIECHOWICKA GRUPA BIEGOWA            | K40       | 1          | 4:51         | 12,4       | 00:46:15 | 01:11:37 | 01:42:07   | <b>01:42:22</b> |     | 13 |
| 277  | 952     | PASZEK JOANNA        | TYCHY                | WF SPORTRUN TEAM                     | K20       | 11         | 4:51         | 12,4       | 00:48:21 | 01:12:54 | 01:42:05   | <b>01:42:27</b> |     | 14 |
| 278  | 439     | RYSZTOWSKI MICHAŁ    | DĄBROWA GÓRNICZA     |                                      | M30       | 127        | 4:51         | 12,4       | 00:44:57 | 01:10:22 | 01:42:21   | <b>01:42:29</b> | 264 |    |
| 279  | 830     | WĘGLER JAROSŁAW      | RUDA ŚL              | KRS TKKF JASTRZĄB RUDA ŚL            | M40       | 72         | 4:52         | 12,3       | 00:47:11 | 01:12:06 | 01:42:07   | <b>01:42:33</b> | 265 |    |
| 280  | 706     | LANGNER MAURZYCY     | DĄBROWA GÓRNICZA     |                                      | M40       | 73         | 4:52         | 12,3       | 00:47:15 | 01:12:10 | 01:42:02   | <b>01:42:33</b> | 266 |    |
| 281  | 349     | MĘYNARSKI MICHAŁ     | DĄBROWA GÓRNICZA     | PSY NOCNYCH BURZ                     | M20       | 40         | 4:52         | 12,3       | 00:48:14 | 01:13:13 | 01:42:23   | <b>01:42:37</b> | 267 |    |
| 282  | 285     | KOSEWSKI MAREK       | SOSNOWIEC            |                                      | M50       | 22         | 4:52         | 12,3       | 00:48:28 | 01:13:21 | 01:42:05   | <b>01:42:40</b> | 268 |    |
| 283  | 514     | SOLIPIWKO PRZEMYSŁAW | DĄBROWA GÓRNICZA     |                                      | M20       | 41         | 4:52         | 12,3       | 00:50:20 | 01:15:01 | 01:42:16   | <b>01:42:42</b> | 269 |    |
| 284  | 81      | JAKUBIEC MACIEJ      | CZELADŹ              |                                      | M40       | 74         | 4:52         | 12,3       | 00:48:08 | 01:13:09 | 01:42:34   | <b>01:42:43</b> | 270 |    |
| 285  | 40      | STRAŚ ANDRZEJ        | SOSNOWIEC            |                                      | M50       | 23         | 4:52         | 12,3       | 00:47:53 | 01:13:05 | 01:42:18   | <b>01:42:44</b> | 271 |    |
| 286  | 642     | ŁAZINKA MARCIN       | DĄBROWA GÓRNICZA     |                                      | M20       | 42         | 4:53         | 12,3       | 00:46:54 | 01:11:58 | 01:42:37   | <b>01:42:51</b> | 272 |    |
| 287  | 159     | KURCZYNA PRZEMYSŁAW  | DĄBROWA GÓRNICZA     |                                      | M30       | 128        | 4:53         | 12,3       | 00:47:47 | 01:12:50 | 01:42:56   | <b>01:43:00</b> | 273 |    |
| 288  | 768     | KOCH PIOTR           | CZELADŹ              | ZAGŁĘBIOWSKI KLUB OYAMA KARATE       | M20       | 43         | 4:53         | 12,3       | 00:49:49 | 01:15:33 | 01:42:49   | <b>01:43:00</b> | 274 |    |
| 289  | 455     | SOKOŁOWSKI MARCIN    | DĄBROWA GÓRNICZA     | SPELEOKLUB DĄBROWA GÓRNICZA          | M30       | 129        | 4:53         | 12,3       | 00:47:48 | 01:13:03 | 01:42:49   | <b>01:43:03</b> | 275 |    |
| 290  | 511     | POLACZEK TOMASZ      | BOJSZOWY             | AMATOR                               | M20       | 44         | 4:53         | 12,3       | 00:47:38 | 01:12:45 | 01:42:52   | <b>01:43:07</b> | 276 |    |
| 291  | 6       | ZIMOLĄG JACEK        | DĄBROWA GÓRNICZA     | NAJPRZÓD BUGAJ                       | M40       | 75         | 4:53         | 12,3       | 00:48:15 | 01:13:19 | 01:42:15   | <b>01:43:08</b> | 277 |    |
| 292  | 523     | NOWAK WOJCIECH       | SOSNOWIEC            |                                      | M30       | 130        | 4:54         | 12,3       | 00:47:48 | 01:13:02 | 01:42:47   | <b>01:43:13</b> | 278 |    |
| 293  | 167     | POLAK KRZYSZTOF      | RUDA ŚLĄSKA          | OPEL ACTIVE TEAM                     | M40       | 76         | 4:54         | 12,3       | 00:48:24 | 01:13:39 | 01:42:47   | <b>01:43:18</b> | 279 |    |
| 294  | 393     | ZAJĄC ADAM           | DĄBROWA GÓRNICZA     | SPELEOKLUB DĄBROWA GÓRNICZA          | M30       | 131        | 4:54         | 12,2       | 00:47:22 | 01:12:40 | 01:43:06   | <b>01:43:20</b> | 280 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość          | Klub                                 | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|-----------------------|----------------------|--------------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 295  | 322     | SZYMANIAK ADAM        | CZĘSTOCHOWA          | JW 3940                              | M30       | 132        | 4:54         | 12,2       | 00:46:29 | 01:12:10 | 01:43:18   | <b>01:43:27</b> | 281 |    |
| 296  | 803     | ZAGÓRSKI CEZARY       | MIŃSK MAZOWIECKI     | URSA POLSKA                          | M40       | 77         | 4:55         | 12,2       | 00:50:14 | 01:15:05 | 01:42:34   | <b>01:43:35</b> | 282 |    |
| 297  | 820     | GÓRSKI MARIAN         | RUDA ŚLĄSKA          | KRS TKKF JASTRZĄB RUDS ŚLĄSKA        | M50       | 24         | 4:55         | 12,2       | 00:49:11 | 01:14:23 | 01:43:32   | <b>01:43:38</b> | 283 |    |
| 298  | 670     | ZORAN HENRYK          | RUDA ŚLASKA          |                                      | M40       | 78         | 4:55         | 12,2       | 00:49:11 | 01:14:23 | 01:43:33   | <b>01:43:42</b> | 284 |    |
| 299  | 101     | OSTROWSKI RAFAŁ       | OPOLE                |                                      | M30       | 133        | 4:55         | 12,2       | 00:49:44 | 01:14:41 | 01:43:45   | <b>01:43:45</b> | 285 |    |
| 300  | 855     | KRZEMIŃSKI ANDRZEJ    | SIEMIANOWICE ŚLĄSKIE | PKO BANK POLSKI 1                    | M40       | 79         | 4:55         | 12,2       | 00:48:46 | 01:14:04 | 01:43:24   | <b>01:43:48</b> | 286 |    |
| 301  | 390     | LISIEWICZ MARCIN      | SOSNOWIEC            |                                      | M30       | 134        | 4:55         | 12,2       | 00:49:20 | 01:14:12 | 01:43:07   | <b>01:43:48</b> | 287 |    |
| 302  | 891     | MAGIER MATEUSZ        | DĄBROWA GÓRNICZA     |                                      | M30       | 135        | 4:55         | 12,2       | 00:46:03 | 01:11:55 | 01:43:30   | <b>01:43:48</b> | 288 |    |
| 303  | 27      | KWAŚNIAK RADOSŁAW     | DĄBROWA GÓRNICZA     |                                      | M40       | 80         | 4:55         | 12,2       | 00:49:34 | 01:14:58 | 01:43:37   | <b>01:43:53</b> | 289 |    |
| 304  | 971     | GRZYB KAROLINA        | DĄBROWA GÓRNICZA     |                                      | K20       | 12         | 4:55         | 12,2       | 00:47:57 | 01:12:41 | 01:43:49   | <b>01:43:53</b> |     | 15 |
| 305  | 710     | STENCEL ZBIGNIEW      | MARKŁOWICE           | FORMA WODZISŁAW ŚLĄSKI               | M50       | 25         | 4:56         | 12,2       | 00:49:18 | 01:14:29 | 01:43:32   | <b>01:43:54</b> | 290 |    |
| 306  | 889     | BROŻBAR TOMASZ        | KRAKÓW               |                                      | M30       | 136        | 4:56         | 12,2       | 00:48:06 | 01:13:19 | 01:43:42   | <b>01:43:55</b> | 291 |    |
| 307  | 928     | SZUMAKOWICZ ANDRZEJ   | KATOWICE             | LIFEAGE RUNNING TEAM                 | M30       | 137        | 4:56         | 12,2       | 00:47:18 | 01:12:50 | 01:43:56   | <b>01:43:56</b> | 292 |    |
| 308  | 841     | MIELCZAREK WOJTEK     | TYCHY                | WF SPORTRUN TEAM                     | M30       | 138        | 4:56         | 12,2       | 00:47:18 | 01:12:51 | 01:43:36   | <b>01:43:56</b> | 293 |    |
| 309  | 47      | SOKÓŁ GRZEGORZ        | DĄBROWA GÓRNICZA     |                                      | M30       | 139        | 4:56         | 12,2       | 00:45:58 | 01:12:08 | 01:43:28   | <b>01:44:00</b> | 294 |    |
| 310  | 56      | BARANEK MAREK         | BYTOM                | OPEL ACTIVE TEAM                     | M40       | 81         | 4:57         | 12,1       | 00:48:15 | 01:13:39 | 01:43:50   | <b>01:44:22</b> | 295 |    |
| 311  | 852     | PAŁASZEWSKI DANIEL    | DĄBROWA GÓRNICZA     | PKO BANK POLSKI                      | M40       | 82         | 4:57         | 12,1       | 00:48:13 | 01:13:31 | 01:44:02   | <b>01:44:26</b> | 296 |    |
| 312  | 838     | WROBEL MACIEJ         | ZDZIESZOWICE         | AMP S.A.                             | M40       | 83         | 4:57         | 12,1       | 00:50:33 | 01:15:32 | 01:44:02   | <b>01:44:29</b> | 297 |    |
| 313  | 979     | MACIEJOŃCZYK MARIUSZ  | RYBNIK               | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | M40       | 84         | 4:57         | 12,1       | 00:48:22 | 01:13:23 | 01:43:43   | <b>01:44:30</b> | 298 |    |
| 314  | 202     | TOMAN ANDRZEJ         | STANOWICE            | LUXTORPEDA CZERWIONKA                | M50       | 26         | 4:57         | 12,1       | 00:48:47 | 01:14:16 | 01:43:54   | <b>01:44:31</b> | 299 |    |
| 315  | 453     | PLUTA PAWEŁ           | DĄBROWA GÓRNICZA     | BRAK                                 | M20       | 45         | 4:57         | 12,1       | 00:47:58 | 01:13:11 | 01:44:18   | <b>01:44:32</b> | 300 |    |
| 316  | 392     | MYSŁEK GRZEGORZ       | DĄBROWA GÓRNICZA     |                                      | M20       | 46         | 4:57         | 12,1       | 00:48:40 | 01:13:37 | 01:44:17   | <b>01:44:33</b> | 301 |    |
| 317  | 745     | WIECZOREK KRYSZTIAN   | PIEKARY ŚLĄSKIE      | SP KATOWICE                          | M30       | 140        | 4:57         | 12,1       | 00:44:59 | 01:10:20 | 01:43:47   | <b>01:44:34</b> | 302 |    |
| 318  | 787     | WABIK KRZYSZTOF       | WOJKOWICE KOŚCIELNE  | KLUB WESOŁEGO SZAMPANA :-)           | M30       | 141        | 4:58         | 12,1       | 00:47:27 | 01:13:05 | 01:44:19   | <b>01:44:37</b> | 303 |    |
| 319  | 734     | HADRYAN ANDRZEJ       | IMIELIN              | W POGONI ZA WILKIEM                  | M40       | 85         | 4:58         | 12,1       | 00:48:40 | 01:14:13 | 01:44:09   | <b>01:44:40</b> | 304 |    |
| 320  | 945     | WÓJCICKI DAREK        | KATOWICE             | CSC ADVENTURE ACADEMY                | M40       | 86         | 4:58         | 12,1       | 00:50:30 | 01:15:36 | 01:43:34   | <b>01:44:42</b> | 305 |    |
| 321  | 137     | WAWRZYCZEK GRZEGORZ   | ZABRZE               | RUNNING TEAM ZABRZE                  | M40       | 87         | 4:58         | 12,1       | 00:50:13 | 01:15:31 | 01:44:23   | <b>01:44:46</b> | 306 |    |
| 322  | 862     | BOŃCZYK ZDZISŁAW      | RYBNIK               |                                      | M50       | 27         | 4:58         | 12,1       | 00:49:17 | 01:14:29 | 01:44:29   | <b>01:44:49</b> | 307 |    |
| 323  | 347     | KRAWCZYK ŁUKASZ       | BĘDZIN               |                                      | M30       | 142        | 4:58         | 12,1       | 00:49:29 | 01:14:51 | 01:44:27   | <b>01:44:50</b> | 308 |    |
| 324  | 892     | KUBIAK ARTUR          | MYSŁOWICE            |                                      | M40       | 88         | 4:58         | 12,1       | 00:49:15 | 01:14:38 | 01:44:20   | <b>01:44:53</b> | 309 |    |
| 325  | 429     | DRUKAŁA SŁAWOMIR      | BĘDZIN               | NAPRZÓD BETLEJEM :-)                 | M30       | 143        | 4:58         | 12,1       | 00:47:59 | 01:13:06 | 01:44:13   | <b>01:44:55</b> | 310 |    |
| 326  | 394     | MICKIEWICZ BARTŁOMIEJ | DĄBROWA GÓRNICZA     | CFO RUNNING TEAM                     | M30       | 144        | 4:58         | 12,1       | 00:47:15 | 01:13:06 | 01:44:41   | <b>01:44:56</b> | 311 |    |
| 327  | 853     | STAROSTKA JACEK       | KĘDZIERZYN-KOŹLE     | PKO BANK POLSKI 1                    | M40       | 89         | 4:59         | 12,1       | 00:53:00 | 01:17:25 | 01:44:20   | <b>01:45:00</b> | 312 |    |
| 328  | 867     | MIGURSKI JAKUB        | GLIWICE              | FUCHS OIL TEAM                       | M20       | 47         | 4:59         | 12,1       | 00:50:24 | 01:15:47 | 01:44:22   | <b>01:45:01</b> | 313 |    |
| 329  | 712     | BUCHALIK ARKADIUSZ    | CZELADŹ              |                                      | M40       | 90         | 4:59         | 12,0       | 00:50:28 | 01:15:53 | 01:44:17   | <b>01:45:04</b> | 314 |    |
| 330  | 721     | KOSTYRA DAWID         | BIERUŃ               | LOTEJ...!!!                          | M20       | 48         | 4:59         | 12,0       | 00:50:13 | 01:15:46 | 01:44:20   | <b>01:45:04</b> | 315 |    |
| 331  | 448     | WRÓBLEWSKI ROBERT     | BYTOM                | MIECHOWICKA GRUPA BIEGOWA            | M40       | 91         | 4:59         | 12,0       | 00:47:39 | 01:13:04 | 01:44:41   | <b>01:45:14</b> | 316 |    |
| 332  | 980     | SOCHACKI JAROSŁAW     | ZAWIERCIE            | GRUPA JURA'PL ZAWIERCIE              | M40       | 92         | 4:59         | 12,0       | 00:47:38 | 01:13:31 | 01:45:12   | <b>01:45:17</b> | 317 |    |
| 333  | 435     | KURYŁO ZENON          | RYBNIK               | GEO-BUD-T.B.M. ŻORY                  | M40       | 93         | 5:00         | 12,0       | 00:47:12 | 01:12:55 | 01:45:18   | <b>01:45:25</b> | 318 |    |
| 334  | 562     | LIS MARIUSZ JAKUB     | SOSNOWIEC            |                                      | M40       | 94         | 5:00         | 12,0       | 00:47:59 | 01:13:49 | 01:45:18   | <b>01:45:26</b> | 319 |    |
| 335  | 276     | KOLANKIEWICZ RAFAŁ    | KATOWICE - DĄB       |                                      | M30       | 145        | 5:00         | 12,0       | 00:49:31 | 01:14:49 | 01:44:55   | <b>01:45:33</b> | 320 |    |
| 336  | 260     | GÓRKA MARCIN          | KRAKÓW               |                                      | M30       | 146        | 5:00         | 12,0       | 00:50:06 | 01:15:05 | 01:44:42   | <b>01:45:36</b> | 321 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość      | Klub                                    | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|----------------------|------------------|---|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 337  | 978     | OGRODOWSKI PAWEŁ     | KĘDZIERZYN-KOŹLE | RAJSPORT SIERADZ ACTIVE TEAM ANTON TEAM | M30       | 147        | 5:00         | 12,0       | 00:47:52 | 01:12:28 | 01:45:25   | <b>01:45:39</b> | 322 |    |
| 338  | 743     | TRYBOWSKI ŁUKASZ     | MYSŁOWICE        | RUNTOTHEHILLS!                          | M30       | 148        | 5:00         | 12,0       | 00:49:54 | 01:15:36 | 01:44:49   | <b>01:45:39</b> | 323 |    |
| 339  | 359     | GRABOWSKI SŁAWOMIR   | BYTOM            |   | M20       | 49         | 5:01         | 12,0       | 00:49:07 | 01:14:57 | 01:45:28   | <b>01:45:41</b> | 324 |    |
| 340  | 780     | MAJEWSKI DAWID       | ŁAZY             | BIEGAJ Z BANANEM                        | M20       | 50         | 5:01         | 12,0       | 00:51:06 | 01:16:27 | 01:44:50   | <b>01:45:42</b> | 325 |    |
| 341  | 144     | BRYCHCY WIOLETA      | GLIWICE          | AKMB PĘDZIWIATR GLIWICE                 | K40       | 2          | 5:01         | 12,0       | 00:48:22 | 01:14:20 | 01:45:38   | <b>01:45:44</b> |     | 16 |
| 342  | 918     | ŚWIDER MARIUSZ       | SOSNOWIEC        |   | M30       | 149        | 5:01         | 12,0       | 00:51:01 | 01:16:57 | 01:44:53   | <b>01:45:45</b> | 326 |    |
| 343  | 243     | GRONOWSKI WALDEMAR   | BYTOM            | ZAPIERDALACZE.PL                        | M50       | 28         | 5:01         | 12,0       | 00:49:41 | 01:16:04 | 01:45:43   | <b>01:45:47</b> | 327 |    |
| 344  | 520     | KRÓL DARIUSZ         | DĄBROWA GÓRNICZA | SPELEOKLUB DĄBROWA GÓRNICZA             | M30       | 150        | 5:01         | 12,0       | 00:47:50 | 01:13:12 | 01:45:34   | <b>01:45:50</b> | 328 |    |
| 345  | 577     | PIĘTA MARCIN         | SŁAWKÓW          |   | M30       | 151        | 5:01         | 12,0       | 00:50:10 | 01:15:32 | 01:45:29   | <b>01:45:50</b> | 329 |    |
| 346  | 278     | BEZAK KRZYSZTOF      | BĘDZIN           |   | M40       | 95         | 5:01         | 12,0       | 00:50:19 | 01:15:59 | 01:44:54   | <b>01:45:52</b> | 330 |    |
| 347  | 34      | SZAŁAŚNY PIOTR       | KOBIÓR           | TESTYOUTDOOROWE.PL                      | M20       | 51         | 5:02         | 11,9       | 00:50:13 | 01:15:45 | 01:45:21   | <b>01:46:01</b> | 331 |    |
| 348  | 842     | BRODA MARCIN         | BĘDZIN           |   | M40       | 96         | 5:02         | 11,9       | 00:52:12 | 01:17:58 | 01:45:38   | <b>01:46:03</b> | 332 |    |
| 349  | 782     | RATAJCZAK ALEKSANDER | PIEKARY ŚLĄSKIE  | NIEZRZESZONY                            | M40       | 97         | 5:02         | 11,9       | 00:48:01 | 01:13:22 | 01:45:13   | <b>01:46:04</b> | 333 |    |
| 350  | 257     | SAWCZYN TOMASZ       | BĘDZIN           | 3XZ                                     | M30       | 152        | 5:02         | 11,9       | 00:47:56 | 01:13:28 | 01:45:40   | <b>01:46:09</b> | 334 |    |
| 351  | 136     | MARCINIAK MICHAŁ     | KATOWICE         |   | M30       | 153        | 5:02         | 11,9       | 00:50:18 | 01:15:48 | 01:45:29   | <b>01:46:11</b> | 335 |    |
| 352  | 323     | OPENCHOWSKI RAFAŁ    | BORUSZOWICE      |   | M30       | 154        | 5:02         | 11,9       | 00:46:35 | 01:12:32 | 01:45:54   | <b>01:46:12</b> | 336 |    |
| 353  | 380     | GDOWSKI SŁAWOMIR     | TARNÓW           | SPASIONE MIŚKI                          | M30       | 155        | 5:02         | 11,9       | 00:50:14 | 01:15:37 | 01:45:33   | <b>01:46:13</b> | 337 |    |
| 354  | 316     | PIĘKO MARCIN         | DĄBROWA GÓRNICZA | SPARTA TEAM                             | M30       | 156        | 5:02         | 11,9       | 00:48:13 | 01:13:42 | 01:46:02   | <b>01:46:17</b> | 338 |    |
| 355  | 5       | KUKUŁA ADAM          | ZABRZE           |   | M20       | 52         | 5:02         | 11,9       | 00:52:58 | 01:18:53 | 01:45:24   | <b>01:46:18</b> | 339 |    |
| 356  | 799     | WIECZOREK ARKADIUSZ  | KATOWICE         | NAJPRZÓD BUGAJ                          | M40       | 98         | 5:02         | 11,9       | 00:48:32 | 01:13:59 | 01:45:22   | <b>01:46:19</b> | 340 |    |
| 357  | 314     | ARMATYS GRZEGORZ     | DĄBROWA GÓRNICZA | NAJPRZÓD BUGAJ                          | M40       | 99         | 5:02         | 11,9       | 00:48:30 | 01:13:59 | 01:45:23   | <b>01:46:20</b> | 341 |    |
| 358  | 484     | BROL KRZYSZTOF       | LISOWICE         | KS UNIA LISOWICE                        | M50       | 29         | 5:02         | 11,9       | 00:49:04 | 01:14:27 | 01:45:53   | <b>01:46:20</b> | 342 |    |
| 359  | 696     | MAJEWSKI JAN         | DĄBROWA GÓRNICZA | P.K.M. SOSNOWIEC                        | M50       | 30         | 5:03         | 11,9       | 00:48:47 | 01:14:47 | 01:46:06   | <b>01:46:25</b> | 343 |    |
| 360  | 309     | PIRÓG KONRAD         | DĄBROWA GÓRNICZA |   | M30       | 157        | 5:03         | 11,9       | 00:49:53 | 01:15:16 | 01:46:01   | <b>01:46:30</b> | 344 |    |
| 361  | 613     | BRZEZIŃSKI BŁAŻEJ    | SOSNOWIEC        |   | M40       | 100        | 5:03         | 11,9       | 00:48:02 | 01:14:09 | 01:46:20   | <b>01:46:32</b> | 345 |    |
| 362  | 428     | SZUŚCİK PIOTR        | GLIWICE          | OPEL ACTIVE TEAM                        | M40       | 101        | 5:03         | 11,9       | 00:50:19 | 01:15:39 | 01:46:04   | <b>01:46:34</b> | 346 |    |
| 363  | 396     | STĄPOR SŁAWOMIR      | DĄBROWA GÓRNICZA | W POGONI ZA WILKIEM                     | M40       | 102        | 5:03         | 11,9       | 00:49:19 | 01:15:32 | 01:46:17   | <b>01:46:34</b> | 347 |    |
| 364  | 835     | LECHOWICZ ANTONI     | DĄBRÓWKA         | AMP S.A.                                | M50       | 31         | 5:03         | 11,9       | 00:48:04 | 01:14:14 | 01:46:21   | <b>01:46:37</b> | 348 |    |
| 365  | 473     | SOWA ŁUKASZ          | KATOWICE         |   | M30       | 158        | 5:03         | 11,9       | 00:48:18 | 01:14:26 | 01:46:20   | <b>01:46:38</b> | 349 |    |
| 366  | 655     | WIERZCHOWSKI MAREK   | BĘDZIN           |   | M30       | 159        | 5:03         | 11,9       | 00:49:41 | 01:14:43 | 01:46:15   | <b>01:46:40</b> | 350 |    |
| 367  | 84      | KOCEL ANDRZEJ        | DĄBROWA GÓRNICZA |   | M30       | 160        | 5:04         | 11,9       | 00:45:47 | 01:12:39 | 01:46:33   | <b>01:46:45</b> | 351 |    |
| 368  | 764     | SKOŁOŻYŃSKI ANDRZEJ  | KATOWICE         |   | M40       | 103        | 5:04         | 11,9       | 00:48:26 | 01:13:41 | 01:46:44   | <b>01:46:47</b> | 352 |    |
| 369  | 981     | ŻUK WOJCIECH         | KRAKÓW           |   | M20       | 53         | 5:04         | 11,9       | 00:50:45 | 01:16:34 | 01:45:47   | <b>01:46:48</b> | 353 |    |
| 370  | 797     | ŚLUSARCZYK WOJCIECH  | CHORZÓW          |   | M30       | 161        | 5:04         | 11,9       | 00:49:15 | 01:15:39 | 01:46:31   | <b>01:46:49</b> | 354 |    |
| 371  | 872     | JANKOWSKI MARCIN     | DĄBROWA GÓRNICZA |   | M30       | 162        | 5:04         | 11,9       | 00:51:10 | 01:16:37 | 01:45:50   | <b>01:46:49</b> | 355 |    |
| 372  | 840     | DAWID MICHAŁ         | TYCHY            |   | M30       | 163        | 5:04         | 11,8       | 00:50:27 | 01:16:00 | 01:45:55   | <b>01:46:54</b> | 356 |    |
| 373  | 2       | URBAŃCZYK MARCIN     | DĄBROWA GÓRNICZA | DMK DYSPLAZJA TEAM                      | M30       | 164        | 5:04         | 11,8       | 00:50:46 | 01:16:49 | 01:46:40   | <b>01:46:56</b> | 357 |    |
| 374  | 875     | CZAJKA PAWEŁ         | BĘDZIN           |   | M30       | 165        | 5:04         | 11,8       | 00:49:08 | 01:15:03 | 01:46:33   | <b>01:46:59</b> | 358 |    |
| 375  | 792     | STEFANIAK ANDRZEJ    | DĄBROWA GÓRNICZA | POGORIA BIEGA                           | M30       | 166        | 5:04         | 11,8       | 00:51:41 | 01:17:41 | 01:46:14   | <b>01:47:03</b> | 359 |    |
| 376  | 700     | PRZEKWAS MICHAŁ      | DĄBROWA GÓRNICZA |   | M30       | 167        | 5:05         | 11,8       | 00:51:07 | 01:17:12 | 01:46:42   | <b>01:47:08</b> | 360 |    |
| 377  | 219     | BEMBENEK WITOLD      | WŁODOWICE        |   | M30       | 168        | 5:05         | 11,8       | 00:51:11 | 01:16:39 | 01:46:41   | <b>01:47:10</b> | 361 |    |
| 378  | 425     | NOWAK GRZEGORZ       | SOSNOWIEC        |   | M30       | 169        | 5:05         | 11,8       | 00:50:19 | 01:16:00 | 01:46:29   | <b>01:47:13</b> | 362 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość          | Klub                            | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|------------------------|----------------------|---------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 379  | 235     | FILOSEK TOMASZ         | WOJKOWICE            |                                 | M30       | 170        | 5:05         | 11,8       | 00:48:19 | 01:15:02 | 01:47:03   | <b>01:47:15</b> | 363 |    |
| 380  | 544     | SZAFRAŃSKI MICHAŁ      | KATOWICE             |                                 | M30       | 171        | 5:05         | 11,8       | 00:47:52 | 01:14:15 | 01:47:13   | <b>01:47:18</b> | 364 |    |
| 381  | 761     | SMALCERZ ALBERT        | GLIWICE              |                                 | M40       | 104        | 5:05         | 11,8       | 00:48:12 | 01:14:32 | 01:47:17   | <b>01:47:23</b> | 365 |    |
| 382  | 844     | JANIGA PAWEŁ           | SOSNOWIEC            |                                 | M30       | 172        | 5:05         | 11,8       | 00:50:45 | 01:15:03 | 01:46:23   | <b>01:47:25</b> | 366 |    |
| 383  | 82      | STROIŃSKI ŁUKASZ       | SOSNOWIEC            |                                 | M20       | 54         | 5:06         | 11,8       | 00:52:03 | 01:17:39 | 01:46:25   | <b>01:47:25</b> | 367 |    |
| 384  | 895     | STROCZYŃSKI PAWEŁ      | TYCHY                |                                 | M30       | 173        | 5:06         | 11,8       | 00:50:24 | 01:16:39 | 01:47:08   | <b>01:47:26</b> | 368 |    |
| 385  | 397     | KOZIOŁEK LUDWIK        | KATOWICE             |                                 | M50       | 32         | 5:06         | 11,8       | 00:49:14 | 01:15:45 | 01:47:17   | <b>01:47:28</b> | 369 |    |
| 386  | 809     | JASKUŁA PAWEŁ          | WARSZAWA             | URSA POLSKA                     | M30       | 174        | 5:06         | 11,8       | 00:48:12 | 01:13:49 | 01:46:41   | <b>01:47:29</b> | 370 |    |
| 387  | 419     | GAWENDA DARIUSZ        | KOBIÓR               |                                 | M40       | 105        | 5:06         | 11,8       | 00:50:17 | 01:16:22 | 01:46:42   | <b>01:47:29</b> | 371 |    |
| 388  | 437     | NAWROT MARIUSZ         | DĄBROWA GÓRNICZA     | BIEGNIJ I DOBIEGNIJ             | M30       | 175        | 5:06         | 11,8       | 00:50:20 | 01:16:01 | 01:46:55   | <b>01:47:30</b> | 372 |    |
| 389  | 469     | PAJĄK DANIEL           | SIEMIANOWICE SLASKIE |                                 | M50       | 33         | 5:06         | 11,8       | 00:50:57 | 01:17:23 | 01:46:58   | <b>01:47:30</b> | 373 |    |
| 390  | 277     | KOŁODZIEJ JANUSZ       | OLKUSZ               | AMATOR                          | M50       | 34         | 5:06         | 11,8       | 00:51:25 | 01:17:16 | 01:47:07   | <b>01:47:32</b> | 374 |    |
| 391  | 650     | GAWLE RENATA           | SOSNOWIEC            |                                 | K30       | 3          | 5:06         | 11,8       | 00:49:14 | 01:15:44 | 01:47:30   | <b>01:47:37</b> |     | 17 |
| 392  | 480     | BAZYL ADAM             | DĄBROWA GÓRNICZA     | SPORTOWA DĄBROWA                | M30       | 176        | 5:06         | 11,8       | 00:50:00 | 01:16:15 | 01:47:22   | <b>01:47:37</b> | 375 |    |
| 393  | 617     | LESZCZAK GRZEGORZ      | DĄBROWA GÓRNICZA     | ARCELORMITTAL                   | M40       | 106        | 5:06         | 11,8       | 00:51:06 | 01:17:54 | 01:47:13   | <b>01:47:39</b> | 376 |    |
| 394  | 415     | MAZUR MARCIN           | PSARY                | TKKF TRIATHLON DĄBROWA GÓRNICZA | M30       | 177        | 5:06         | 11,8       | 00:50:13 | 01:16:10 | 01:47:11   | <b>01:47:40</b> | 377 |    |
| 395  | 475     | GRABIAS-MAZUR KRYSZYNA | PSARY                | TKKF TRIATHLON DĄBROWA GÓRNICZA | K30       | 4          | 5:06         | 11,8       | 00:50:12 | 01:16:10 | 01:47:12   | <b>01:47:41</b> |     | 18 |
| 396  | 37      | WYSOCKI DAMIAN         | BĘDZIN               | CSIR AGATSU                     | M30       | 178        | 5:07         | 11,7       | 00:50:07 | 01:16:32 | 01:47:40   | <b>01:47:47</b> | 378 |    |
| 397  | 70      | SKOTNICZNA KAROLINA    | DĄBROWA GÓRNICZA     |                                 | K20       | 13         | 5:07         | 11,7       | 00:49:35 | 01:15:50 | 01:47:22   | <b>01:47:47</b> |     | 19 |
| 398  | 708     | KRAUSE SYLWIA          | RADLIN               | RADLIN MIASTO Z SERCEM          | K40       | 3          | 5:07         | 11,7       | 00:51:04 | 01:17:03 | 01:47:07   | <b>01:47:50</b> |     | 20 |
| 399  | 490     | SZYDA KRZYSZTOF        | TARNOWSKIE GÓRY      |                                 | M30       | 179        | 5:07         | 11,7       | 00:49:27 | 01:15:35 | 01:47:24   | <b>01:47:54</b> | 379 |    |
| 400  | 86      | GUT KRZYSZTOF          | DĄBROWA GÓRNICZA     |                                 | M30       | 180        | 5:07         | 11,7       | 00:49:16 | 01:15:20 | 01:47:47   | <b>01:47:56</b> | 380 |    |
| 401  | 997     | GWIAZDA RAFAŁ          | DĄBROWA GÓRNICZA     |                                 | M30       | 181        | 5:07         | 11,7       | 00:52:17 | 01:18:27 | 01:47:29   | <b>01:48:01</b> | 381 |    |
| 402  | 401     | RAWŁUSZEWICZ WALDEMAR  | ZABRZE               | ASTERINA                        | M40       | 107        | 5:07         | 11,7       | 00:48:20 | 01:14:10 | 01:47:18   | <b>01:48:04</b> | 382 |    |
| 403  | 993     | LESZKO PELLE           | DĄBROWA GÓRNICZA     |                                 | M40       | 108        | 5:07         | 11,7       | 00:49:23 | 01:15:35 | 01:47:49   | <b>01:48:06</b> | 383 |    |
| 404  | 903     | ŻAK MARCIN             | DĄBROWA GÓRNICZA     | POGORIA BIEGA                   | M40       | 109        | 5:08         | 11,7       | 00:50:06 | 01:16:28 | 01:47:37   | <b>01:48:11</b> | 384 |    |
| 405  | 236     | KUŁAKOWSKI GRZEGORZ    | DĄBROWA GÓRNICZA     | PKO BANK POLSKI 1               | M30       | 182        | 5:08         | 11,7       | 00:51:15 | 01:17:27 | 01:47:55   | <b>01:48:14</b> | 385 |    |
| 406  | 327     | SMACZYŃSKI ARTUR       | DĄBROWA GÓRNICZA     | NIEZRZESZONY                    | M40       | 110        | 5:08         | 11,7       | 00:49:29 | 01:15:35 | 01:47:42   | <b>01:48:15</b> | 386 |    |
| 407  | 381     | KORDUŁA KAROL          | RYBNIK               |                                 | M20       | 55         | 5:08         | 11,7       | 00:46:53 | 01:12:01 | 01:48:03   | <b>01:48:16</b> | 387 |    |
| 408  | 777     | BYSTRZYCKI PIOTR       | KRAKÓW               | 16 BPD KRAKÓW                   | M30       | 183        | 5:08         | 11,7       | 00:48:23 | 01:16:14 | 01:48:00   | <b>01:48:17</b> | 388 |    |
| 409  | 755     | DRAPALA PIOTR          | CZAJOWICE            | DRAPCIO                         | M40       | 111        | 5:08         | 11,7       | 00:51:14 | 01:17:14 | 01:47:46   | <b>01:48:17</b> | 389 |    |
| 410  | 368     | WITKOWSKI TADEUSZ      | TARNÓW OPOLSKI       | NIEZRZESZONY                    | M50       | 35         | 5:08         | 11,7       | 00:48:09 | 01:14:45 | 01:48:09   | <b>01:48:19</b> | 390 |    |
| 411  | 661     | SOWIŃSKI JAKUB         | OLKUSZ               | IKS OLKUSZ                      | M30       | 184        | 5:08         | 11,7       | 00:50:00 | 01:16:11 | 01:48:07   | <b>01:48:25</b> | 391 |    |
| 412  | 930     | MALINOWSKI ŁUKASZ      | BĘDZIN               |                                 | M30       | 185        | 5:09         | 11,7       | 00:46:13 | 01:12:27 | 01:48:11   | <b>01:48:29</b> | 392 |    |
| 413  | 925     | KIRYK KRZYSZTOF        | CZARNOWĄSY           | FENIKS PRZY ELEKTROWNII OPOLE   | M40       | 112        | 5:09         | 11,7       | 00:52:31 | 01:18:40 | 01:47:49   | <b>01:48:33</b> | 393 |    |
| 414  | 55      | WÓJCİK ARTUR           | DĄBROWA GÓRNICZA     | FITNESS KLUB SALSA              | M30       | 186        | 5:09         | 11,7       | 00:49:31 | 01:16:22 | 01:48:06   | <b>01:48:33</b> | 394 |    |
| 415  | 7       | HELLWIG ADAM           | MYSŁOWICE            |                                 | M30       | 187        | 5:09         | 11,7       | 00:49:12 | 01:14:46 | 01:47:59   | <b>01:48:34</b> | 395 |    |
| 416  | 63      | TADEUSZ MATEUSZ        | GRODZISK WLKP        | DRUŻYNA SZPIKU                  | M30       | 188        | 5:09         | 11,7       | 00:51:45 | 01:17:54 | 01:47:33   | <b>01:48:36</b> | 396 |    |
| 417  | 124     | JARZĄBEK GRZEGORZ      | DĄBROWA GÓRNICZA     |                                 | M30       | 189        | 5:09         | 11,7       | 00:52:17 | 01:18:27 | 01:48:05   | <b>01:48:38</b> | 397 |    |
| 418  | 36      | ROJEK PAWEŁ            | DĄBROWA GÓRNICZA     |                                 | M30       | 190        | 5:09         | 11,7       | 00:51:44 | 01:17:45 | 01:48:13   | <b>01:48:39</b> | 398 |    |
| 419  | 200     | SZESZKO SŁAWOMIR       | GLIWICE              |                                 | M50       | 36         | 5:09         | 11,6       | 00:52:57 | 01:18:50 | 01:47:35   | <b>01:48:40</b> | 399 |    |
| 420  | 603     | RUBINIEC ADAM          | SIEMIANOWICE ŚL.     |                                 | M40       | 113        | 5:09         | 11,6       | 00:55:38 | 01:20:08 | 01:48:13   | <b>01:48:42</b> | 400 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość          | Klub                              | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|-----------------------|----------------------|-----------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 421  | 534     | MAJEK ZBIGNIEW        | CHORZÓW              |                                   | M40       | 114        | 5:09         | 11,6       | 00:48:44 | 01:16:06 | 01:48:29   | <b>01:48:42</b> | 401 |    |
| 422  | 244     | MACIĄZEK EDWARD       | DĄBROWA GÓRNICZA     |                                   | M50       | 37         | 5:09         | 11,6       | 00:50:12 | 01:16:51 | 01:48:25   | <b>01:48:47</b> | 402 |    |
| 423  | 416     | KACZMAREK ROBERT      | ZABRZE               | NIGHT RUNNERS ZABRZE              | M20       | 56         | 5:09         | 11,6       | 00:48:01 | 01:13:42 | 01:48:17   | <b>01:48:48</b> | 403 |    |
| 424  | 141     | MEJDER ARKADIUSZ      | KATOWICE             | BRAK                              | M30       | 191        | 5:10         | 11,6       | 00:50:59 | 01:17:28 | 01:48:28   | <b>01:48:51</b> | 404 |    |
| 425  | 640     | BARCHANOWSKI WOJCIECH | SOSNOWIEC            | GRYF SOSNOWIEC                    | M40       | 115        | 5:10         | 11,6       | 00:48:37 | 01:15:25 | 01:48:22   | <b>01:48:52</b> | 405 |    |
| 426  | 893     | JAWORSKI ARTUR        | MYSŁOWICE            |                                   | M30       | 192        | 5:10         | 11,6       | 00:52:39 | 01:18:50 | 01:48:07   | <b>01:48:54</b> | 406 |    |
| 427  | 597     | WOŁCZYŃSKI RAFAŁ      | JELENIA GÓRA         | 8 BAZA LOTNICTWA TRANSPORTOWEGO   | M40       | 116        | 5:10         | 11,6       | 00:50:32 | 01:16:59 | 01:48:22   | <b>01:48:54</b> | 407 |    |
| 428  | 3       | STASIŃSKI ARTUR       | PRECZÓW              | FITNESS KLUB SALSA                | M40       | 117        | 5:10         | 11,6       | 00:46:23 | 01:12:01 | 01:48:44   | <b>01:48:56</b> | 408 |    |
| 429  | 266     | CZOPEK MIROSŁAW       | SKAŁKA               |                                   | M50       | 38         | 5:10         | 11,6       | 00:49:03 | 01:16:07 | 01:48:52   | <b>01:49:00</b> | 409 |    |
| 430  | 487     | MAŁKIŃSKI JÓZEF       | BYDGOSZCZ            | RWT W BYDGOSZCZY                  | M50       | 39         | 5:10         | 11,6       | 00:50:49 | 01:17:28 | 01:48:26   | <b>01:49:02</b> | 410 |    |
| 431  | 940     | KŁECZEK ALEKSANDRA    | BĘDZIN               |                                   | K20       | 14         | 5:10         | 11,6       | 00:53:17 | 01:18:41 | 01:48:23   | <b>01:49:02</b> |     | 21 |
| 432  | 575     | WYKA PIOTR            | DĄBROWA GÓRNICZA     |                                   | M30       | 193        | 5:10         | 11,6       | 00:50:05 | 01:16:27 | 01:48:54   | <b>01:49:04</b> | 411 |    |
| 433  | 590     | SZABLA MARCIN         | GRABOWA              | SAINT-GOBAIN SQUAD                | M30       | 194        | 5:10         | 11,6       | 00:52:18 | 01:18:43 | 01:48:35   | <b>01:49:08</b> | 412 |    |
| 434  | 683     | JURCZYK KRZYSZTOF     | DĄBROWA GÓRNICZA     | FITNESS KLUB SALSA                | M30       | 195        | 5:11         | 11,6       | 00:50:29 | 01:16:54 | 01:48:41   | <b>01:49:11</b> | 413 |    |
| 435  | 140     | KAŃTOCH ŁUKASZ        | DĄBROWA GÓRNICZA     |                                   | M30       | 196        | 5:11         | 11,6       | 00:49:22 | 01:15:11 | 01:49:03   | <b>01:49:12</b> | 414 |    |
| 436  | 123     | WĄSIK KRZYSZTOF       | DĄBROWA GÓRNICZA     |                                   | M30       | 197        | 5:11         | 11,6       | 00:43:51 | 01:11:16 | 01:49:02   | <b>01:49:13</b> | 415 |    |
| 437  | 645     | BRYL ANDRZEJ          | SIEMIANOWICE ŚLĄSKIE |                                   | M50       | 40         | 5:11         | 11,6       | 00:51:41 | 01:18:14 | 01:48:55   | <b>01:49:18</b> | 416 |    |
| 438  | 195     | RUSZCZYK JACEK        | DĄBROWA GÓRNICZA     |                                   | M50       | 41         | 5:11         | 11,6       | 00:48:33 | 01:15:42 | 01:49:07   | <b>01:49:22</b> | 417 |    |
| 439  | 554     | BRĄSZEWSKA IWONA      | KATOWICE             |                                   | K30       | 5          | 5:11         | 11,6       | 00:50:37 | 01:16:16 | 01:48:17   | <b>01:49:22</b> |     | 22 |
| 440  | 418     | CESARZ SZYMON         | BĘDZIN               | RUN 4 FUN                         | M30       | 198        | 5:11         | 11,6       | 00:51:08 | 01:17:46 | 01:48:51   | <b>01:49:26</b> | 418 |    |
| 441  | 403     | MAJEWSKI GRZEGORZ     | KNURÓW               |                                   | M30       | 199        | 5:12         | 11,6       | 00:51:12 | 01:17:29 | 01:48:51   | <b>01:49:34</b> | 419 |    |
| 442  | 521     | GORGOŃ BARTOSZ        | ZAWIERCIE            | GRUPA JURA' PL                    | M30       | 200        | 5:12         | 11,5       |          | 01:16:03 | 01:49:29   | <b>01:49:37</b> | 420 |    |
| 443  | 914     | CZERNIEWSKI GRZEGORZ  | SOSNOWIEC            |                                   | M40       | 118        | 5:12         | 11,5       | 00:52:12 | 01:18:48 | 01:48:42   | <b>01:49:38</b> | 421 |    |
| 444  | 678     | MOŻEJKO ARTUR         | PORAJ                |                                   | M40       | 119        | 5:12         | 11,5       | 00:50:19 | 01:17:36 | 01:49:02   | <b>01:49:48</b> | 422 |    |
| 445  | 488     | JĄCZYK MAGDALENA      | PARKOSZOWICE         | SPARTA TEAM                       | K30       | 6          | 5:12         | 11,5       | 00:50:18 | 01:17:36 | 01:49:02   | <b>01:49:48</b> |     | 23 |
| 446  | 751     | KRUPA MARCIN          | SOSNOWIEC            | AUTOBUSCZERWONY.PL                | M30       | 201        | 5:13         | 11,5       | 00:52:53 | 01:19:18 | 01:49:08   | <b>01:49:56</b> | 423 |    |
| 447  | 203     | KUCIŃSKI ANDRZEJ      | BĘDZIN               |                                   | M50       | 42         | 5:13         | 11,5       | 00:52:20 | 01:19:00 | 01:49:15   | <b>01:49:57</b> | 424 |    |
| 448  | 164     | TRUSZ JERZY           | DĄBROWA GÓRNICZA     |                                   | M60       | 7          | 5:13         | 11,5       | 00:49:19 | 01:15:21 | 01:49:48   | <b>01:50:04</b> | 425 |    |
| 449  | 573     | REMPUSZEWSKI MATEUSZ  | CHUDÓW               |                                   | M20       | 57         | 5:13         | 11,5       | 00:52:18 | 01:18:52 | 01:49:16   | <b>01:50:05</b> | 426 |    |
| 450  | 212     | HANO JAN              | GLIWICE              | PĘDZIWIATR GLIWICE                | M60       | 8          | 5:13         | 11,5       | 00:52:13 | 01:18:44 | 01:49:25   | <b>01:50:08</b> | 427 |    |
| 451  | 121     | HABER MICHAŁ          | MYSŁOWICE            |                                   | M20       | 58         | 5:13         | 11,5       | 00:50:22 | 01:16:23 | 01:49:22   | <b>01:50:11</b> | 428 |    |
| 452  | 714     | DROŹDZIEL WOJTEK      | NAKŁO ŚLĄSKIE        |                                   | M30       | 202        | 5:14         | 11,5       | 00:45:57 | 01:10:44 | 01:50:12   | <b>01:50:21</b> | 429 |    |
| 453  | 71      | SKOTNICZNY RYSZARD    | DĄBROWA GÓRNICZA     |                                   | M50       | 43         | 5:14         | 11,5       | 00:49:55 | 01:16:45 | 01:49:57   | <b>01:50:22</b> | 430 |    |
| 454  | 346     | CHRZANOWSKI CZESŁAW   | SOSNOWIEC            | HDK-PCK PRZY KWK MYSŁOWICE WESOŁA | M50       | 44         | 5:14         | 11,5       | 00:50:43 | 01:17:52 | 01:50:04   | <b>01:50:31</b> | 431 |    |
| 455  | 660     | ZDRADA ŁUKASZ         | ZAWIERCIE            |                                   | M30       | 203        | 5:14         | 11,4       | 00:50:37 | 01:17:37 | 01:50:14   | <b>01:50:34</b> | 432 |    |
| 456  | 909     | BUCZYŃSKI RADOŚLAW    | GLIWICE              | NIGHT RUNNERS GLIWICE-ENERGY TEAM | M20       | 59         | 5:14         | 11,4       | 00:51:00 | 01:17:29 | 01:49:49   | <b>01:50:34</b> | 433 |    |
| 457  | 963     | JANAS DARIUSZ         | DĄBROWA GÓRNICZA     |                                   | M40       | 120        | 5:14         | 11,4       | 00:50:12 | 01:16:51 | 01:50:14   | <b>01:50:35</b> | 434 |    |
| 458  | 177     | GRABKA STANISŁAW      | KRAKÓW               |                                   | M70       | 1          | 5:15         | 11,4       | 00:52:02 | 01:18:44 | 01:50:14   | <b>01:50:36</b> | 435 |    |
| 459  | 1160    | LORENC JULIUSZ        | BIERUŃ               |                                   | M20       | 60         | 5:15         | 11,4       | 00:48:48 | 01:16:34 | 01:50:27   | <b>01:50:38</b> | 436 |    |
| 460  | 483     | DĄBROWIAK KRZYSZTOF   | SOSNOWIEC            |                                   | M30       | 204        | 5:15         | 11,4       |          | 01:19:04 | 01:50:01   | <b>01:50:39</b> | 437 |    |
| 461  | 913     | WILCZYŃSKI MARIUSZ    | DĄBROWA GÓRNICZA     | CFO RUNNING TEAM                  | M30       | 205        | 5:15         | 11,4       | 00:52:11 | 01:18:13 | 01:50:04   | <b>01:50:45</b> | 438 |    |
| 462  | 977     | SZYMONEK PIOTR        | ROKITNO SZLACHECKIE  |                                   | M30       | 206        | 5:15         | 11,4       | 00:53:37 | 01:19:49 | 01:49:57   | <b>01:50:45</b> | 439 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza



Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość          | Klub                        | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|-----------------------|----------------------|-----------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 463  | 703     | CEBRAT EWA            | SOSNOWIEC            | SILESIA RUNNERS CLUB        | K30       | 7          | 5:15         | 11,4       | 00:50:12 | 01:17:38 | 01:50:21   | <b>01:50:46</b> |     | 24 |
| 464  | 630     | SZULC MARIA           | PIEKARY ŚLĄSKIE      |                             | K20       | 15         | 5:15         | 11,4       | 00:55:16 | 01:21:36 | 01:49:55   | <b>01:50:47</b> |     | 25 |
| 465  | 74      | ŁAPA KRYSZTIAN        | DĄBROWA GÓRNICZA     |                             | M20       | 61         | 5:15         | 11,4       | 00:52:02 | 01:18:46 | 01:50:16   | <b>01:50:48</b> | 440 |    |
| 466  | 441     | DRAPACZ SŁAWOMIR      | DĄBROWA GÓRNICZA     |                             | M50       | 45         | 5:15         | 11,4       | 00:52:11 | 01:19:04 | 01:50:16   | <b>01:50:53</b> | 441 |    |
| 467  | 242     | MILER IRENEUSZ        | ŚWIĘTOSZOWICE        |                             | M30       | 207        | 5:15         | 11,4       |          | 01:19:46 | 01:50:08   | <b>01:50:53</b> | 442 |    |
| 468  | 957     | SZĘDZIELORZ KRYSZTIAN | SIEMIANOWICE ŚLĄSKIE | SILESIA RUNNERS CLUB        | M30       | 208        | 5:16         | 11,4       | 00:51:59 | 01:18:42 | 01:50:31   | <b>01:50:58</b> | 443 |    |
| 469  | 636     | WIECZOREK KRZYSZTOF   | KATOWICE             | TRUCHTACZ MYSŁOWICE         | M40       | 121        | 5:16         | 11,4       | 00:52:17 | 01:19:08 | 01:50:15   | <b>01:50:59</b> | 444 |    |
| 470  | 718     | BAGIŃSKI DOMINIK      | SOSNOWIEC            | ORZEŁ WYLĄDOWAŁ             | M20       | 62         | 5:16         | 11,4       | 00:53:15 | 01:20:04 | 01:50:09   | <b>01:51:02</b> | 445 |    |
| 471  | 181     | MIKOŁAJCZYK PIOTR     | BĘDZIN               | TKKF CZELADZ                | M70       | 2          | 5:16         | 11,4       | 00:52:03 | 01:18:44 | 01:50:41   | <b>01:51:04</b> | 446 |    |
| 472  | 653     | DULJAN BARBARA        | ZAKOPANE             |                             | K20       | 16         | 5:16         | 11,4       | 00:51:58 | 01:18:41 | 01:50:32   | <b>01:51:06</b> |     | 26 |
| 473  | 364     | WITEK JACEK           | GLIWICE              | OPEL ACTIVE TEAM            | M30       | 209        | 5:16         | 11,4       | 00:50:49 | 01:17:25 | 01:50:38   | <b>01:51:06</b> | 447 |    |
| 474  | 694     | FRYDRYCH MATEUSZ      | SŁAWKÓW              |                             | M30       | 210        | 5:16         | 11,4       | 00:52:02 | 01:18:52 | 01:50:12   | <b>01:51:07</b> | 448 |    |
| 475  | 57      | ŚLIWKA ŁUKASZ         | SOSNOWIEC            |                             | M30       | 211        | 5:16         | 11,4       | 00:50:57 | 01:18:04 | 01:50:57   | <b>01:51:08</b> | 449 |    |
| 476  | 958     | KUREK BEATA           | SIEMIANOWICE ŚLĄSKIE | SILESIA RUNNERS CLUB        | K30       | 8          | 5:16         | 11,4       | 00:51:59 | 01:18:42 | 01:50:42   | <b>01:51:08</b> |     | 27 |
| 477  | 883     | KORDASZEWSKA SYLWIA   | OLKUSZ               | WSB                         | K20       | 17         | 5:16         | 11,4       | 00:50:20 | 01:17:37 | 01:50:50   | <b>01:51:10</b> |     | 28 |
| 478  | 148     | SĘPIOŁ ADAM           | TYCHY                | WF SPORTRUN TEAM            | M30       | 212        | 5:16         | 11,4       | 00:51:17 | 01:18:08 | 01:50:14   | <b>01:51:10</b> | 450 |    |
| 479  | 951     | MACIOSEK TOMASZ       | ZABRZE               | HATOMI                      | M40       | 122        | 5:16         | 11,4       | 00:51:10 | 01:17:45 | 01:50:28   | <b>01:51:15</b> | 451 |    |
| 480  | 431     | WÓJCIK DAWID          | DĄBROWA GÓRNICZA     | K.S DZIŃDZIÓŁ               | M30       | 213        | 5:17         | 11,4       | 00:50:18 | 01:17:37 | 01:50:59   | <b>01:51:18</b> | 452 |    |
| 481  | 942     | BORKOWSKI JERZY       | DĄBROWA GÓRNICZA     | SEJM RP                     | M50       | 46         | 5:17         | 11,4       | 00:49:26 | 01:16:43 | 01:51:15   | <b>01:51:24</b> | 453 |    |
| 482  | 384     | BŁASZCZYŹYŃ ŁUKASZ    | SOSNOWIEC            |                             | M20       | 63         | 5:17         | 11,3       | 00:50:06 | 01:17:42 | 01:51:21   | <b>01:51:32</b> | 454 |    |
| 483  | 458     | FLOREK NORBERT        | SOSNOWIEC            |                             | M20       | 64         | 5:17         | 11,3       | 00:54:18 | 01:21:11 | 01:50:32   | <b>01:51:36</b> | 455 |    |
| 484  | 781     | MOŃKA MARTA           | KATOWICE             |                             | K30       | 9          | 5:17         | 11,3       | 00:53:18 | 01:20:40 | 01:50:57   | <b>01:51:38</b> |     | 29 |
| 485  | 715     | STYPA-DROŹDZIEL ANNA  | RADZIONKÓW           |                             | K30       | 10         | 5:18         | 11,3       | 00:51:40 | 01:18:56 | 01:51:31   | <b>01:51:39</b> |     | 30 |
| 486  | 525     | LACH MICHAŁ           | DĄBROWA GÓRNICZA     | SPARTA TEAM                 | M30       | 214        | 5:18         | 11,3       | 00:50:01 | 01:17:43 | 01:51:31   | <b>01:51:40</b> | 456 |    |
| 487  | 438     | BUJAK MIŁOSZ          | SOSNOWIEC            |                             | M20       | 65         | 5:18         | 11,3       | 00:53:34 | 01:21:06 | 01:51:24   | <b>01:51:58</b> | 457 |    |
| 488  | 367     | SZCZEPAŃSKI MICHAŁ    | KATOWICE             |                             | M40       | 123        | 5:18         | 11,3       | 00:54:23 | 01:21:13 | 01:51:14   | <b>01:51:59</b> | 458 |    |
| 489  | 689     | PIEPZYCA MAREK        | ZABRZE               |                             | M40       | 124        | 5:19         | 11,3       | 00:53:30 | 01:20:17 | 01:51:30   | <b>01:52:01</b> | 459 |    |
| 490  | 151     | CHRAPEK MONIKA        | CIESZYN              |                             | K20       | 18         | 5:19         | 11,3       | 00:51:22 | 01:18:29 | 01:51:42   | <b>01:52:02</b> |     | 31 |
| 491  | 904     | KLACZA ŁUKASZ         | DĄBROWA GÓRNICZA     | SPARTA DĄBROWA GÓRNICZA     | M20       | 66         | 5:19         | 11,3       | 00:51:20 | 01:18:26 | 01:51:49   | <b>01:52:04</b> | 460 |    |
| 492  | 584     | KLUSKA MICHAŁ         | DĄBROWA GÓRNICZA     | SPARTA TEAM                 | M30       | 215        | 5:19         | 11,3       | 00:51:20 | 01:18:26 | 01:51:50   | <b>01:52:05</b> | 461 |    |
| 493  | 248     | KOCZWARA PAWEŁ        | DĄBROWA GÓRNICZA     |                             | M40       | 125        | 5:19         | 11,3       | 00:52:13 | 01:19:21 | 01:51:26   | <b>01:52:08</b> | 462 |    |
| 494  | 246     | ZYGMUNT MICHAŁ        | DĄBROWA GÓRNICZA     | POGORIA BIEGA               | M30       | 216        | 5:19         | 11,3       | 00:53:14 | 01:19:30 | 01:51:07   | <b>01:52:09</b> | 463 |    |
| 495  | 690     | ŻELICHOWSKI MAREK     | SOSNOWIEC            |                             | M50       | 47         | 5:19         | 11,3       | 00:51:20 | 01:18:46 | 01:51:49   | <b>01:52:10</b> | 464 |    |
| 496  | 609     | WIERZBIKA PAULINA     | DĄBROWA GÓRNICZA     | SPELEOKLUB DĄBROWA GÓRNICZA | K30       | 11         | 5:19         | 11,3       | 00:52:33 | 01:19:58 | 01:51:50   | <b>01:52:15</b> |     | 32 |
| 497  | 595     | SEWERYN-CZYŻ BOŻENA   | KRAPKOWICE           | CROSS KRAPKOWICE            | K40       | 4          | 5:19         | 11,3       | 00:52:56 | 01:20:09 | 01:51:21   | <b>01:52:15</b> |     | 33 |
| 498  | 675     | MORCHAT PAWEŁ         | BĘDZIN               |                             | M30       | 217        | 5:20         | 11,3       | 00:52:25 | 01:19:29 | 01:51:51   | <b>01:52:21</b> | 465 |    |
| 499  | 225     | WYWIAŁ ŁUKASZ         | WOJKOWICE            |                             | M30       | 218        | 5:20         | 11,3       | 00:52:44 | 01:19:26 | 01:51:45   | <b>01:52:22</b> | 466 |    |
| 500  | 388     | GUT ANDRZEJ           | BĘDZIN               |                             | M50       | 48         | 5:20         | 11,3       | 00:54:27 | 01:21:37 | 01:51:11   | <b>01:52:22</b> | 467 |    |
| 501  | 965     | ZAWARTKA RAFAŁ        | SOSNOWIEC            | HARPAGAN SOSNOWIEC          | M40       | 126        | 5:20         | 11,3       | 00:54:27 | 01:21:35 | 01:51:15   | <b>01:52:22</b> | 468 |    |
| 502  | 917     | ŚWIERKOSZ MICHAŁ      | KATOWICE             |                             | M30       | 219        | 5:20         | 11,3       | 00:54:07 | 01:20:46 | 01:51:53   | <b>01:52:23</b> | 469 |    |
| 503  | 499     | GÓRA HENRYK           | JAWORZNO             | SAINT-GOBAIN SQUAD          | M40       | 127        | 5:20         | 11,3       | 00:53:43 | 01:20:44 | 01:51:54   | <b>01:52:25</b> | 470 |    |
| 504  | 985     | WÓJTOWICZ RADOSŁAW    | SOSNOWIEC            |                             | M30       | 220        | 5:20         | 11,3       | 00:54:28 | 01:21:34 | 01:51:17   | <b>01:52:27</b> | 471 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię               | Miejscowość      | Klub                                    | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|-----------------------------|------------------|---|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 505  | 806     | ŁABĘDZKI MICHAŁ             | WARSZAWA         | URSA POLSKA                             | M40       | 128        | 5:20         | 11,3       | 00:50:21 | 01:16:45 | 01:51:27   | <b>01:52:28</b> | 472 |    |
| 506  | 15      | WIECZOREK ŁUKASZ            | SOSNOWIEC        |   | M30       | 221        | 5:20         | 11,2       | 00:48:26 | 01:16:22 | 01:52:12   | <b>01:52:31</b> | 473 |    |
| 507  | 459     | KALAGA KATARZYNA            | ZAWIERCIE        |   | K20       | 19         | 5:20         | 11,2       | 00:51:17 | 01:19:05 | 01:51:59   | <b>01:52:35</b> |     | 34 |
| 508  | 110     | STANASZEK WOJCIECH          | KATOWICE         |   | M20       | 67         | 5:20         | 11,2       | 00:52:28 | 01:19:39 | 01:51:54   | <b>01:52:36</b> | 474 |    |
| 509  | 335     | GRUSZKA PAWEŁ               | KATOWICE         |   | M40       | 129        | 5:20         | 11,2       | 00:54:23 | 01:21:13 | 01:51:57   | <b>01:52:40</b> | 475 |    |
| 510  | 773     | PASTUCHA ANNA               | KRAPKOWICE       | CROSS KRAPKOWICE                        | K50       | 1          | 5:21         | 11,2       | 00:52:08 | 01:19:39 | 01:52:15   | <b>01:52:47</b> |     | 35 |
| 511  | 864     | OCZKOWICZ PRZEMYSŁAW        | DĄBROWA GÓRNICZA |   | M20       | 68         | 5:21         | 11,2       | 00:50:08 | 01:17:01 | 01:52:42   | <b>01:52:50</b> | 476 |    |
| 512  | 583     | BLESZYŃSKI ŁUKASZ           | DĄBROWA GÓRNICZA |   | M30       | 222        | 5:21         | 11,2       | 00:52:51 | 01:19:58 | 01:52:26   | <b>01:52:53</b> | 477 |    |
| 513  | 29      | CZAPKIEWICZ GOSIA           | ROGOŹNIK         |   | K40       | 5          | 5:21         | 11,2       | 00:51:39 | 01:19:27 | 01:52:50   | <b>01:52:53</b> |     | 36 |
| 514  | 616     | JURCZAK SZCZEPAN            | DĄBROWA GÓRNICZA | ARCELORMITTAL                           | M60       | 9          | 5:21         | 11,2       | 00:49:39 | 01:17:36 | 01:52:52   | <b>01:52:57</b> | 478 |    |
| 515  | 878     | KONDERAK DAWID              | CHORZÓW          | DRUŻYNA SZPIKU                          | M30       | 223        | 5:21         | 11,2       | 00:48:05 | 01:16:45 | 01:52:46   | <b>01:52:58</b> | 479 |    |
| 516  | 651     | KWIATKOWSKI MARIUSZ         | ŁÓDŹ             |   | M50       | 49         | 5:21         | 11,2       | 00:51:40 | 01:19:30 | 01:52:31   | <b>01:52:58</b> | 480 |    |
| 517  | 494     | CZUBALA MICHAŁ              | DĄBROWA GÓRNICZA |   | M30       | 224        | 5:21         | 11,2       | 00:55:42 | 01:22:51 | 01:51:51   | <b>01:52:59</b> | 481 |    |
| 518  | 493     | NIEPSUJ TOMASZ              | BYTOM            |   | M40       | 130        | 5:21         | 11,2       | 00:54:31 | 01:21:36 | 01:52:01   | <b>01:53:00</b> | 482 |    |
| 519  | 975     | SOWA JAROSŁAW               | BĘDZIN           | NIEZRZESZONY                            | M50       | 50         | 5:22         | 11,2       | 00:52:18 | 01:19:28 | 01:52:24   | <b>01:53:03</b> | 483 |    |
| 520  | 317     | JADCZYK JAROSŁAW            | BYTOM            | NORDIC MYSZKING                         | M20       | 69         | 5:22         | 11,2       | 00:53:29 | 01:20:06 | 01:52:32   | <b>01:53:07</b> | 484 |    |
| 521  | 659     | PROKSA MATEUSZ              | SIEWIERZ         |   | M20       | 70         | 5:22         | 11,2       | 00:54:09 | 01:21:57 | 01:52:54   | <b>01:53:08</b> | 485 |    |
| 522  | 676     | GĘBCZAK KRZYSZTOF           | CHORZÓW          | OJCIEC LIDUNÓW                          | M30       | 225        | 5:22         | 11,2       | 00:55:09 | 01:22:29 | 01:52:21   | <b>01:53:11</b> | 486 |    |
| 523  | 249     | PROCHOWSKI DARIUSZ          | DĄBROWA GÓRNICZA |   | M50       | 51         | 5:22         | 11,2       | 00:51:40 | 01:18:45 | 01:52:44   | <b>01:53:17</b> | 487 |    |
| 524  | 112     | SOCHA PIOTR                 | DĄBROWA GÓRNICZA |   | M30       | 226        | 5:22         | 11,2       | 00:49:55 | 01:18:30 | 01:53:13   | <b>01:53:18</b> | 488 |    |
| 525  | 357     | PUCHAŁA DARIUSZ             | CHORZÓW          | W POGONI ZA DUCHEM                      | M30       | 227        | 5:22         | 11,2       | 00:50:26 | 01:18:07 | 01:53:05   | <b>01:53:24</b> | 489 |    |
| 526  | 605     | SKIBICKI ŁUKASZ             | BEDZIN           |   | M30       | 228        | 5:23         | 11,2       | 00:54:11 | 01:20:48 | 01:52:27   | <b>01:53:25</b> | 490 |    |
| 527  | 549     | RADWAN SYLWIA               | SOSNOWIEC        |   | K30       | 12         | 5:23         | 11,2       | 00:54:22 | 01:21:04 | 01:52:34   | <b>01:53:26</b> |     | 37 |
| 528  | 960     | SOSNA GRZEGORZ              | SOSNOWIEC        | HARPAGAN SOSNOWIEC                      | M30       | 229        | 5:23         | 11,2       | 00:51:39 | 01:18:44 | 01:53:10   | <b>01:53:29</b> | 491 |    |
| 529  | 389     | JANUS KRZYSZTOF             | DĄBROWA GÓRNICZA | NIEZRZESZONY                            | M60       | 10         | 5:23         | 11,2       | 00:50:26 | 01:18:39 | 01:53:28   | <b>01:53:31</b> | 492 |    |
| 530  | 432     | GRAMATYKA MARIUSZ           | DĄBROWA GÓRNICZA |   | M20       | 71         | 5:23         | 11,1       | 00:54:36 | 01:21:40 | 01:52:50   | <b>01:53:33</b> | 493 |    |
| 531  | 632     | ROGOWICZ PIOTR              | DĄBROWA GÓRNICZA | TRUCHTACZ MYSŁOWICE                     | M50       | 52         | 5:23         | 11,1       | 00:48:24 | 01:17:11 | 01:53:29   | <b>01:53:36</b> | 494 |    |
| 532  | 90      | STYŚ MAREK                  | GLIWICE          |   | M40       | 131        | 5:23         | 11,1       | 00:53:00 | 01:19:44 | 01:52:40   | <b>01:53:37</b> | 495 |    |
| 533  | 233     | LITWIN SŁAWOMIR             | SOSNOWIEC        | POGORIA BIEGA                           | M30       | 230        | 5:23         | 11,1       | 00:51:45 | 01:19:04 | 01:53:18   | <b>01:53:41</b> | 496 |    |
| 534  | 41      | SZYMOSEK WOJCIECH           | PRZYSZOWICE      |   | M30       | 231        | 5:23         | 11,1       | 00:53:34 | 01:20:46 | 01:52:49   | <b>01:53:43</b> | 497 |    |
| 535  | 445     | MAJCHERCZYK PIOTR           | DĄBROWA GÓRNICZA | CFO RUNNING TEAM                        | M30       | 232        | 5:24         | 11,1       | 00:49:48 | 01:19:48 | 01:52:40   | <b>01:53:45</b> | 498 |    |
| 536  | 869     | PLATOS SŁAWOMIR             | BĘDZIN           | -                                       | M30       | 233        | 5:24         | 11,1       | 00:52:31 | 01:19:50 | 01:52:49   | <b>01:53:46</b> | 499 |    |
| 537  | 818     | GIBASZEWSKA JUSTYNA         | CHORZÓW          | KRS TKKF JASTRZĄB RUDA ŚLĄSKA           | K30       | 13         | 5:24         | 11,1       | 00:52:12 | 01:20:25 | 01:53:26   | <b>01:53:47</b> |     | 38 |
| 538  | 24      | FLORECKI ANDRZEJ            | GLIWICE          | AKMB PĘDZIWIATR GLIWICE                 | M60       | 11         | 5:24         | 11,1       | 00:51:21 | 01:19:20 | 01:53:44   | <b>01:53:52</b> | 500 |    |
| 539  | 946     | BROCKI RAFAŁ                | OPOLE            |   | M40       | 132        | 5:24         | 11,1       | 00:54:58 | 01:21:48 | 01:53:14   | <b>01:53:58</b> | 501 |    |
| 540  | 569     | MURAS ARKADIUSZ             | ŻORY             | BRAK                                    | M40       | 133        | 5:24         | 11,1       | 00:51:37 | 01:18:37 | 01:53:42   | <b>01:53:59</b> | 502 |    |
| 541  | 102     | KALIŃSKI WŁODZIMIERZ        | DĄBROWA GÓRNICZA |   | M40       | 134        | 5:24         | 11,1       | 00:51:25 | 01:19:32 | 01:53:54   | <b>01:54:02</b> | 503 |    |
| 542  | 66      | ŚLUSARSKI DAREK             | DĄBROWA GÓRNICZA | DĄBROWSKA GRUPA ROWEROWA                | M30       | 234        | 5:24         | 11,1       | 00:50:22 | 01:18:24 | 01:53:49   | <b>01:54:04</b> | 504 |    |
| 543  | 372     | NATOŃSKA-SEREMET ALEKSANDRA | DĄBROWA GÓRNICZA | SRS AKTYWNA DĄBROWA                     | K30       | 14         | 5:25         | 11,1       | 00:53:35 | 01:20:55 | 01:54:01   | <b>01:54:16</b> |     | 39 |
| 544  | 379     | DUDA RADOSŁAW               | OŻAROWICE        | GB GWAREK TG                            | M20       | 72         | 5:25         | 11,1       | 00:51:57 | 01:20:26 | 01:53:58   | <b>01:54:16</b> | 505 |    |
| 545  | 165     | KASPRZAK PAWEŁ              | ZABRZE           | NIGHT RUNNERS ZABRZE/KS PODOKRĘG ZABRZE | M20       | 73         | 5:25         | 11,1       | 00:53:18 | 01:20:23 | 01:53:23   | <b>01:54:19</b> | 506 |    |
| 546  | 23      | ROSA RAFAŁ                  | SOSNOWIEC        | FITNESS KLUB SALSA                      | M30       | 235        | 5:25         | 11,1       | 00:51:09 | 01:18:54 | 01:54:13   | <b>01:54:21</b> | 507 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość          | Klub                             | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|----------------------|----------------------|----------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 547  | 987     | MIZERA ŁUKASZ        | CZĘSTOCHOWA          |                                  | M30       | 236        | 5:25         | 11,1       | 00:52:46 | 01:20:31 | 01:53:50   | <b>01:54:23</b> | 508 |    |
| 548  | 307     | STACHOWICZ KAROLA    | TARNOWSKIE GÓRY      | BIEGAMY NA STADIONIE ŚLĄSKIM     | K20       | 20         | 5:25         | 11,1       | 00:55:23 | 01:23:21 | 01:53:42   | <b>01:54:24</b> |     | 40 |
| 549  | 533     | DZIEWIĘCKI JACEK     | DĄBROWA GÓRNICZA     |                                  | M40       | 135        | 5:25         | 11,1       | 00:53:10 | 01:19:47 | 01:53:40   | <b>01:54:26</b> | 509 |    |
| 550  | 531     | UCIESZYŃSKI MARIUSZ  | BĘDZIN               | BI RUN                           | M30       | 237        | 5:26         | 11,1       | 00:50:33 | 01:18:37 | 01:54:19   | <b>01:54:32</b> | 510 |    |
| 551  | 450     | DZIUBEK MARCIN       | CZELADŹ              | SEKCJA PIASKI                    | M30       | 238        | 5:26         | 11,1       | 00:55:11 | 01:22:41 | 01:53:31   | <b>01:54:33</b> | 511 |    |
| 552  | 543     | BOCHENEK DAWID       | WOJKOWICE KOŚCIELNE  |                                  | M20       | 74         | 5:26         | 11,1       | 00:50:34 | 01:19:25 | 01:54:25   | <b>01:54:33</b> | 512 |    |
| 553  | 882     | PANOCHA DANIEL       | TARNÓW               |                                  | M30       | 239        | 5:26         | 11,0       | 00:52:37 | 01:20:27 | 01:54:12   | <b>01:54:36</b> | 513 |    |
| 554  | 594     | RADWAN RADOŚLAW      | DĄBROWA GÓRNICZA     | SPARTA TEAM                      | M40       | 136        | 5:26         | 11,0       | 00:51:15 | 01:16:41 | 01:54:32   | <b>01:54:42</b> | 514 |    |
| 555  | 848     | ZIĘBIŃSKI ADAM       | BUKOWNO              |                                  | M40       | 137        | 5:26         | 11,0       | 00:53:57 | 01:21:33 | 01:54:27   | <b>01:54:42</b> | 515 |    |
| 556  | 724     | FRONCZEK ALEKSANDER  | DĄBROWA GÓRNICZA     | FITGEEK.PL                       | M30       | 240        | 5:26         | 11,0       | 00:54:07 | 01:22:07 | 01:54:17   | <b>01:54:45</b> | 516 |    |
| 557  | 68      | SKRZYPEK GRZEGORZ    | DĄBROWA GÓRNICZA     | ZWIĄZEK NAUCZYCIELSTWA POLSKIEGO | M40       | 138        | 5:27         | 11,0       | 00:51:05 | 01:18:42 | 01:54:50   | <b>01:54:50</b> | 517 |    |
| 558  | 232     | NOWAK AGNIESZKA      | SOSNOWIEC            | POGORIA BIEGA                    | K30       | 15         | 5:27         | 11,0       | 00:51:43 | 01:19:01 | 01:54:29   | <b>01:54:50</b> |     | 41 |
| 559  | 108     | RAKOWSKI WOJCIECH    | DĄBROWA GÓRNICZA     |                                  | M40       | 139        | 5:27         | 11,0       | 00:49:16 | 01:18:17 | 01:54:49   | <b>01:54:50</b> | 518 |    |
| 560  | 410     | STRUK AGNIESZKA      | BĘDZIN               |                                  | K30       | 16         | 5:27         | 11,0       | 00:54:37 | 01:21:52 | 01:54:20   | <b>01:54:55</b> |     | 42 |
| 561  | 936     | SKIERSKI GRZEGORZ    | KATOWICE             | AUTONEUM MARATHON CLUB           | M40       | 140        | 5:27         | 11,0       | 00:53:14 | 01:21:39 | 01:54:37   | <b>01:54:57</b> | 519 |    |
| 562  | 383     | KUBICZEK JOANNA      | SŁAWKÓW              |                                  | K20       | 21         | 5:27         | 11,0       | 00:53:18 | 01:20:23 | 01:54:05   | <b>01:54:59</b> |     | 43 |
| 563  | 516     | MAKOS ADAM           | SIEMIANOWICE         |                                  | M40       | 141        | 5:27         | 11,0       | 00:52:10 | 01:20:22 | 01:54:38   | <b>01:55:07</b> | 520 |    |
| 564  | 868     | FEODORÓW MAŁGORZATA  | ZABRZE               |                                  | K40       | 6          | 5:28         | 11,0       | 00:53:11 | 01:21:23 | 01:54:46   | <b>01:55:16</b> |     | 44 |
| 565  | 440     | FIGURSKI DAMIAN      | OLKUSZ               | OLKUSZBIEGA.PL                   | M40       | 142        | 5:28         | 11,0       | 00:54:06 | 01:22:07 | 01:54:51   | <b>01:55:19</b> | 521 |    |
| 566  | 146     | KLAWENDER RYSZARD    | GLIWICE              | BIEGAMY Z SERCEM.PL              | M50       | 53         | 5:28         | 11,0       | 00:53:34 | 01:21:10 | 01:54:31   | <b>01:55:22</b> | 522 |    |
| 567  | 221     | BUDZOWSKA MARTA      | SOSNOWIEC            |                                  | K40       | 7          | 5:28         | 11,0       | 00:54:48 | 01:22:10 | 01:54:23   | <b>01:55:23</b> |     | 45 |
| 568  | 668     | GOŁĄB PAWEŁ          | BĘDZIN               |                                  | M20       | 75         | 5:28         | 11,0       | 00:55:10 | 01:23:00 | 01:54:36   | <b>01:55:24</b> | 523 |    |
| 569  | 512     | TRZEWICARZ JOANNA    |                      |                                  | K30       | 17         | 5:28         | 11,0       | 00:54:20 | 01:22:09 | 01:54:34   | <b>01:55:25</b> |     | 46 |
| 570  | 310     | BADOWIEC MAGDALENA   | TARNOWSKIE GÓRY      | GB GWAREK TARNOWSKIE GÓRY        | K30       | 18         | 5:28         | 11,0       | 00:51:59 | 01:20:26 | 01:55:09   | <b>01:55:27</b> | 47  |    |
| 571  | 229     | KUŁAKOWSKA MONIKA    | DĄBROWA GÓRNICZA     | PKO BANK POLSKI 1                | K30       | 19         | 5:28         | 11,0       | 00:52:39 | 01:20:44 | 01:55:09   | <b>01:55:28</b> | 48  |    |
| 572  | 631     | JURCZAK EWA          | DĄBROWA GÓRNICZA     | EWA                              | K40       | 8          | 5:29         | 11,0       | 00:53:39 | 01:21:39 | 01:55:06   | <b>01:55:34</b> | 49  |    |
| 573  | 16      | CIEMIĘGA MICHAŁ      | DĄBROWA GÓRNICZA     |                                  | M20       | 76         | 5:29         | 10,9       | 00:57:39 | 01:25:20 | 01:55:12   | <b>01:55:44</b> | 524 |    |
| 574  | 564     | CHROBASIK MONIKA     | SIEMIANOWICE ŚLĄSKIE | NIGHT RUNNERS ŚLĄSK              | K30       | 20         | 5:29         | 10,9       | 00:53:43 | 01:22:01 | 01:55:41   | <b>01:55:44</b> | 50  |    |
| 575  | 524     | PRUSEK MICHAŁ        | KATOWICE             | STADION ŚLĄSKI                   | M30       | 241        | 5:29         | 10,9       | 00:55:16 | 01:22:48 | 01:55:03   | <b>01:55:46</b> | 525 |    |
| 576  | 789     | BEDNARCZYK MAGDALENA | BĘDZIN               |                                  | K30       | 21         | 5:29         | 10,9       | 00:54:44 | 01:22:54 | 01:55:14   | <b>01:55:49</b> | 51  |    |
| 577  | 436     | PUDLIK PAWEŁ         | DĄBROWA GÓRNICZA     | BLOG DĄBROWSKI                   | M30       | 242        | 5:30         | 10,9       | 00:51:22 | 01:19:20 | 01:55:44   | <b>01:55:55</b> | 526 |    |
| 578  | 187     | KWAŚNIEWSKI WOJCIECH | BĘDZIN               |                                  | M20       | 77         | 5:30         | 10,9       | 00:49:52 | 01:18:03 | 01:55:39   | <b>01:55:57</b> | 527 |    |
| 579  | 752     | MUSZYŃSKI KRZYSZTOF  | SOSNOWIEC            |                                  | M40       | 143        | 5:30         | 10,9       | 00:50:31 | 01:18:44 | 01:55:09   | <b>01:55:57</b> | 528 |    |
| 580  | 920     | WASILEWSKI RAFAŁ     | DĄBROWA GÓRNICZA     |                                  | M30       | 243        | 5:30         | 10,9       | 00:54:46 | 01:22:59 | 01:55:13   | <b>01:56:06</b> | 529 |    |
| 581  | 64      | CHMIELARSKI ROBERT   | DĄBROWA GÓRNICZA     |                                  | M30       | 244        | 5:30         | 10,9       | 00:49:23 | 01:17:43 | 01:55:39   | <b>01:56:07</b> | 530 |    |
| 582  | 754     | SIEWIERT MARCIN      | JAWORZNO             |                                  | M40       | 144        | 5:30         | 10,9       | 00:54:12 | 01:22:32 | 01:55:34   | <b>01:56:08</b> | 531 |    |
| 583  | 557     | DYLAĞ MAREK          | JAWORZNO             | KB MCKIS JAWORZNO                | M50       | 54         | 5:30         | 10,9       | 00:52:43 | 01:21:37 | 01:55:49   | <b>01:56:09</b> | 532 |    |
| 584  | 319     | CHMIELEWSKI TOMASZ   | KALISZ               | TRAWA TEAM                       | M40       | 145        | 5:31         | 10,9       | 00:55:11 | 01:22:57 | 01:55:28   | <b>01:56:18</b> | 533 |    |
| 585  | 361     | KUCZBORSKI RADOŚLAW  | BYTOM                | BIEGAMY Z SERCEM                 | M30       | 245        | 5:31         | 10,9       | 00:53:29 | 01:20:48 | 01:55:41   | <b>01:56:19</b> | 534 |    |
| 586  | 44      | OBERTYN TOMASZ       | BĘDZIN               |                                  | M40       | 146        | 5:31         | 10,9       | 00:51:50 | 01:20:41 | 01:55:41   | <b>01:56:20</b> | 535 |    |
| 587  | 325     | IFCZOK ŁUKASZ        | BĘDZIN               |                                  | M20       | 78         | 5:31         | 10,9       | 00:55:10 | 01:22:56 | 01:55:25   | <b>01:56:20</b> | 536 |    |
| 588  | 58      | SZELĄG GRZEGORZ      | SOSNOWIEC            |                                  | M30       | 246        | 5:31         | 10,9       | 00:57:22 | 01:24:25 | 01:55:48   | <b>01:56:21</b> | 537 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię                | Miejscowość      | Klub                                 | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|------------------------------|------------------|--------------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 589  | 542     | WIECZOREK DANIEL             | SOSNOWIEC        |                                      | M20       | 79         | 5:31         | 10,9       | 00:57:12 | 01:25:35 | 01:55:24   | <b>01:56:21</b> | 538 |    |
| 590  | 119     | KOWALSKI MARIUSZ             | JAWORZNO         |                                      | M30       | 247        | 5:31         | 10,9       | 00:52:55 | 01:20:28 | 01:55:50   | <b>01:56:23</b> | 539 |    |
| 591  | 91      | DUDEK PAWEŁ                  | KATOWICE         |                                      | M30       | 248        | 5:31         | 10,9       | 00:50:49 | 01:19:20 | 01:56:01   | <b>01:56:27</b> | 540 |    |
| 592  | 684     | STACHOŃ JACEK                | BYTOM            | ---                                  | M40       | 147        | 5:31         | 10,9       | 00:55:26 | 01:23:49 | 01:55:37   | <b>01:56:29</b> | 541 |    |
| 593  | 757     | KRAWCZYK GRZEGORZ            | DĄBROWA GÓRNICZA |                                      | M40       | 148        | 5:31         | 10,9       | 00:45:58 | 01:10:33 | 01:56:13   | <b>01:56:31</b> | 542 |    |
| 594  | 906     | FILAK STANISŁAW              | KRZEPICE         | KB FLORIAN ZAJĄCZKI                  | M40       | 149        | 5:31         | 10,9       | 00:51:37 | 01:20:50 | 01:56:02   | <b>01:56:32</b> | 543 |    |
| 595  | 503     | ZIĘTEK JAROSŁAW              | DĄBROWA GÓRNICZA |                                      | M40       | 150        | 5:31         | 10,9       | 00:55:23 | 01:23:30 | 01:56:26   | <b>01:56:33</b> | 544 |    |
| 596  | 395     | HRYNKIEWICZ PRZEMYSŁAW       | SOSNOWIEC        | HARPAGAN SOSNOWIEC                   | M30       | 249        | 5:32         | 10,9       | 00:56:34 | 01:24:24 | 01:55:36   | <b>01:56:35</b> | 545 |    |
| 597  | 665     | SKOWRON MICHAŁ               | SOSNOWIEC        |                                      | M30       | 250        | 5:32         | 10,9       | 00:51:45 | 01:21:08 | 01:56:18   | <b>01:56:38</b> | 546 |    |
| 598  | 770     | WYSOCKI MIŁOSZ               | BĘDZIN           |                                      | M20       | 80         | 5:32         | 10,9       | 00:55:17 | 01:23:24 | 01:56:30   | <b>01:56:38</b> | 547 |    |
| 599  | 586     | MAGALSKI DANIEL              | CHORZÓW          | BIEGAMYNASLASKU.PL                   | M30       | 251        | 5:32         | 10,9       | 00:55:33 | 01:23:26 | 01:56:00   | <b>01:56:39</b> | 548 |    |
| 600  | 856     | KANIA JOLANTA                | DĄBROWA GÓRNICZA |                                      | K40       | 9          | 5:32         | 10,8       | 00:53:16 | 01:21:44 | 01:56:23   | <b>01:56:48</b> | 549 | 52 |
| 601  | 11      | KOŁODZIEJ DARIUSZ            | DĄBROWA GÓRNICZA | STALCO-SOSNOWIEC                     | M30       | 252        | 5:32         | 10,8       | 00:56:23 | 01:23:59 | 01:55:52   | <b>01:56:54</b> | 549 |    |
| 602  | 355     | PRABUDZKI KAMIL              | DĄBROWA GÓRNICZA | SG SQUAD; GLASSOLUTIONS RUNNING TEAM | M30       | 253        | 5:33         | 10,8       | 00:53:35 | 01:20:58 | 01:56:33   | <b>01:56:56</b> | 550 |    |
| 603  | 1       | RĘDAK ARTUR                  | SOSNOWIEC        |                                      | M20       | 81         | 5:33         | 10,8       | 00:52:11 | 01:20:17 | 01:56:18   | <b>01:56:57</b> | 551 |    |
| 604  | 215     | BIEDA ŁUKASZ                 | KLUCZE           | NIGHT RUNNERS ZABRZE                 | M20       | 82         | 5:33         | 10,8       | 00:53:19 | 01:20:57 | 01:56:02   | <b>01:56:57</b> | 552 |    |
| 605  | 320     | BIELAWSKI MATEUSZ            | WOJKOWICE        |                                      | M30       | 254        | 5:33         | 10,8       | 00:55:36 | 01:23:46 | 01:56:24   | <b>01:57:01</b> | 553 |    |
| 606  | 680     | WALCZAK AGNIESZKA            | BOLESŁAW         | OLKUSZBIEGA.PL                       | K30       | 22         | 5:33         | 10,8       | 00:54:06 | 01:22:07 | 01:56:35   | <b>01:57:01</b> | 554 | 53 |
| 607  | 67      | PRYCHODKO BARTŁOMIEJ         | DĄBROWA GÓRNICZA |                                      | M30       | 255        | 5:33         | 10,8       | 00:53:02 | 01:21:26 | 01:56:37   | <b>01:57:02</b> | 554 |    |
| 608  | 447     | JAROS PAWEŁ                  | DĄBROWA GÓRNICZA |                                      | M30       | 256        | 5:33         | 10,8       | 00:55:58 | 01:24:03 | 01:56:24   | <b>01:57:03</b> | 555 |    |
| 609  | 360     | KEYS MILENA                  | ZENDEK           |                                      | K20       | 22         | 5:33         | 10,8       | 00:53:40 | 01:22:11 | 01:56:09   | <b>01:57:04</b> | 555 | 54 |
| 610  | 742     | TOMCZYK ŁUKASZ               | DĄBROWA GÓRNICZA |                                      | M30       | 257        | 5:33         | 10,8       | 00:55:58 | 01:24:03 | 01:56:23   | <b>01:57:04</b> | 556 |    |
| 611  | 334     | DROZD DANIEL                 | BĘDZIN           |                                      | M30       | 258        | 5:33         | 10,8       | 00:55:10 | 01:22:57 | 01:56:10   | <b>01:57:05</b> | 557 |    |
| 612  | 330     | ŚWIDERSKI DANIEL             | DĄBROWA GÓRNICZA |                                      | M30       | 259        | 5:33         | 10,8       | 00:52:51 | 01:20:54 | 01:56:32   | <b>01:57:05</b> | 558 |    |
| 613  | 880     | PIKOŃ KRZYSZTOF              | GLIWICE          | 4PIKN                                | M40       | 151        | 5:33         | 10,8       | 00:50:41 | 01:19:47 | 01:57:00   | <b>01:57:06</b> | 559 |    |
| 614  | 572     | ADASZEWSKA WIKTORIA          | DĄBROWA GÓRNICZA |                                      | K30       | 23         | 5:33         | 10,8       | 00:53:50 | 01:22:14 | 01:56:36   | <b>01:57:08</b> | 560 | 55 |
| 615  | 231     | GRONDECKI GRZEGORZ           | GLIWICE          | BIEGAMY Z SERCEM.PL                  | M40       | 152        | 5:34         | 10,8       | 00:53:33 | 01:21:06 | 01:56:26   | <b>01:57:18</b> | 560 |    |
| 616  | 966     | PTAK MICHAŁ                  | DĄBROWA GÓRNICZA | POGORIA BIEGA                        | M20       | 83         | 5:34         | 10,8       | 00:55:42 | 01:23:09 | 01:56:43   | <b>01:57:18</b> | 561 |    |
| 617  | 545     | ŚCIGAJ DARIUSZ               | DĄBROWA GÓRNICZA | POGORIA BIEGA                        | M40       | 153        | 5:34         | 10,8       | 00:55:04 | 01:22:59 | 01:56:43   | <b>01:57:18</b> | 562 |    |
| 618  | 813     | JARNOT BARTŁOMIEJ            | SOSNOWIEC        | AHP RUNNING TEAM                     | M30       | 260        | 5:34         | 10,8       | 00:56:07 | 01:24:01 | 01:56:22   | <b>01:57:19</b> | 563 |    |
| 619  | 386     | KOJDA MAREK                  | BYTOM            | MIECHOWICKA GRUPA BIEGOWA            | M20       | 84         | 5:34         | 10,8       | 00:50:34 | 01:18:04 | 01:56:45   | <b>01:57:19</b> | 564 |    |
| 620  | 152     | MARYNIAK PIOTR               | BYTOM            | MIECHOWICKA GRUPA BIEGOWA            | M30       | 261        | 5:34         | 10,8       | 00:55:03 | 01:22:59 | 01:56:46   | <b>01:57:21</b> | 565 |    |
| 621  | 213     | ROSIN RYSZARD                | GLIWICE          |                                      | M50       | 55         | 5:34         | 10,8       | 00:57:02 | 01:24:56 | 01:56:32   | <b>01:57:21</b> | 566 |    |
| 622  | 166     | ZIĘBA PAWEŁ                  | DĄBROWA GÓRNICZA |                                      | M30       | 262        | 5:34         | 10,8       | 00:55:06 | 01:23:32 | 01:56:43   | <b>01:57:25</b> | 567 |    |
| 623  | 391     | ROK PAWEŁ                    | ZAWIERCIE        | ROKTEAM                              | M20       | 85         | 5:34         | 10,8       | 00:58:21 | 01:26:41 | 01:56:21   | <b>01:57:27</b> | 568 |    |
| 624  | 50      | SZMUKIER SADOWSKA ALEKSANDRA | DĄBROWA GÓRNICZA |                                      | K30       | 24         | 5:34         | 10,8       | 00:54:10 | 01:22:49 | 01:56:57   | <b>01:57:29</b> | 569 | 56 |
| 625  | 699     | REBEJKO PAWEŁ                | TYCHY            | NIEZRZESZONY                         | M40       | 154        | 5:34         | 10,8       | 00:55:16 | 01:22:48 | 01:56:42   | <b>01:57:33</b> | 569 |    |
| 626  | 351     | KUFEL JACEK                  | ŻORY             | HRMAX ŻORY                           | M30       | 263        | 5:35         | 10,8       | 00:55:04 | 01:23:39 | 01:57:08   | <b>01:57:38</b> | 570 |    |
| 627  | 510     | ŚWITAŁA MARCIN               | CHRUSZCZOBRÓD    |                                      | M30       | 264        | 5:35         | 10,8       | 00:51:17 | 01:20:10 | 01:57:05   | <b>01:57:38</b> | 571 |    |
| 628  | 527     | MYCIELSKI MARIUSZ            | ŚWIERKLANIEC     |                                      | M40       | 155        | 5:35         | 10,8       | 00:54:29 | 01:23:10 | 01:56:57   | <b>01:57:42</b> | 572 |    |
| 629  | 588     | GIERAS MIROSLAW              | GLIWICE          | DELOITTE ADVENTURE TEAM              | M40       | 156        | 5:35         | 10,8       | 00:51:42 | 01:20:57 | 01:57:20   | <b>01:57:44</b> | 573 |    |
| 630  | 198     | DAWES AGNIESZKA              | BU CZKOWICE      |                                      | K30       | 25         | 5:35         | 10,7       | 00:53:24 | 01:22:47 | 01:57:32   | <b>01:57:45</b> | 574 | 57 |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość      | Klub                | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|------------------------|------------------|---------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 631  | 581     | CIEPIELA DARIUSZ       | CZELADŹ          |                     | M40       | 157        | 5:35         | 10,7       | 00:56:01 | 01:25:04 | 01:57:12   | <b>01:57:46</b> | 574 |    |
| 632  | 449     | RODKO-DZIUBEK KAMILA   | CZELADŹ          | SEKCJA PIASKI       | K20       | 23         | 5:35         | 10,7       | 00:55:14 | 01:23:23 | 01:56:46   | <b>01:57:48</b> |     | 58 |
| 633  | 398     | LISIAK WOJCIECH        | DĄBROWA GÓRNICZA |                     | M50       | 56         | 5:35         | 10,7       | 00:50:28 | 01:19:46 | 01:57:25   | <b>01:57:49</b> | 575 |    |
| 634  | 281     | RICHTER FRANCISZEK     | ROGOŹNIK         | ZAPIERDALACZE       | M50       | 57         | 5:35         | 10,7       | 00:53:51 | 01:22:25 | 01:57:25   | <b>01:57:51</b> | 576 |    |
| 635  | 290     | CIORGA REMIGIUSZ       | ZABRZE           | FREE RUNNER         | M30       | 265        | 5:35         | 10,7       | 00:53:51 | 01:22:26 | 01:57:27   | <b>01:57:53</b> | 577 |    |
| 636  | 766     | POTĘGA GRZEGORZ        | DĄBROWA GÓRNICZA | NIEZRZESZONY        | M40       | 158        | 5:35         | 10,7       | 00:57:12 | 01:25:45 | 01:57:10   | <b>01:57:54</b> | 578 |    |
| 637  | 563     | WARSZAWSKI WŁODZIMIERZ | JAWORZNO         | KB MCKIS JAWORZNO   | M60       | 12         | 5:35         | 10,7       | 00:52:47 | 01:21:46 | 01:57:36   | <b>01:57:56</b> | 579 |    |
| 638  | 775     | KRUSZYNA ELŻBIETA      | KATOWICE         |                     | K30       | 26         | 5:35         | 10,7       | 00:55:57 | 01:24:08 | 01:56:59   | <b>01:57:57</b> |     | 59 |
| 639  | 666     | BORYŃ MICHAŁ           | SIEWIERZ         |                     | M20       | 86         | 5:35         | 10,7       | 00:54:48 | 01:23:36 | 01:57:43   | <b>01:57:57</b> | 580 |    |
| 640  | 54      | GOLKA BEATA            | DĄBROWA GÓRNICZA |                     | K30       | 27         | 5:36         | 10,7       | 00:53:35 | 01:22:36 | 01:57:57   | <b>01:58:12</b> |     | 60 |
| 641  | 915     | MAJOWSKI MARCIN        | BYTOM            |                     | M30       | 266        | 5:36         | 10,7       | 00:56:33 | 01:24:37 | 01:57:12   | <b>01:58:13</b> | 581 |    |
| 642  | 717     | TORBUS MATEUSZ         | SOSNOWIEC        |                     | M40       | 159        | 5:36         | 10,7       | 00:50:42 | 01:19:02 | 01:57:47   | <b>01:58:15</b> | 582 |    |
| 643  | 250     | KOŃCZAK MARCIN         | DĄBROWA GÓRNICZA |                     | M30       | 267        | 5:36         | 10,7       | 00:55:57 | 01:23:36 | 01:57:14   | <b>01:58:17</b> | 583 |    |
| 644  | 52      | NIESLER MARIAN         | BYTOM            | NIEZRZESZONY        | M50       | 58         | 5:36         | 10,7       | 00:56:31 | 01:24:53 | 01:57:56   | <b>01:58:18</b> | 584 |    |
| 645  | 19      | KASPRZAK AGATA         | KATOWICE         |                     | K20       | 24         | 5:36         | 10,7       | 00:55:45 | 01:24:22 | 01:57:37   | <b>01:58:18</b> |     | 61 |
| 646  | 271     | PERYGA EDYTA           | DĄBROWA GÓRNICZA | POGORIA BIEGA       | K30       | 28         | 5:36         | 10,7       | 00:53:44 | 01:22:27 | 01:58:16   | <b>01:58:19</b> | 62  |    |
| 647  | 342     | PŁOTNICKI MICHAŁ       | WARSZAWA         |                     | M20       | 87         | 5:37         | 10,7       | 00:55:53 | 01:24:12 | 01:57:23   | <b>01:58:20</b> | 585 |    |
| 648  | 204     | KANIA DOROTA           | KATOWICE         | CFO RUNNING TEAM    | K20       | 25         | 5:37         | 10,7       | 00:55:44 | 01:24:23 | 01:57:39   | <b>01:58:20</b> |     | 63 |
| 649  | 104     | JĘDRYCHA MICHAŁ        | DĄBROWA GÓRNICZA | CFO RUNNING TEAM    | M30       | 268        | 5:37         | 10,7       | 00:55:44 | 01:24:23 | 01:57:39   | <b>01:58:20</b> | 586 |    |
| 650  | 741     | KUCHARSKI KRZYSZTOF    | KATOWICE         |                     | M20       | 88         | 5:37         | 10,7       | 00:51:58 | 01:21:40 | 01:57:37   | <b>01:58:21</b> | 587 |    |
| 651  | 688     | LEKS ADRIAN            | SOSNOWIEC        |                     | M30       | 269        | 5:37         | 10,7       | 00:57:27 | 01:25:31 | 01:57:19   | <b>01:58:22</b> | 588 |    |
| 652  | 339     | ŚWIĄTEK KONRAD         | BĘDZIN           |                     | M20       | 89         | 5:37         | 10,7       | 00:55:09 | 01:22:56 | 01:57:36   | <b>01:58:30</b> | 589 |    |
| 653  | 471     | NIEDBAŁA SŁAWOMIR      | DĄBROWA GÓRNICZA |                     | M40       | 160        | 5:37         | 10,7       | 00:54:33 | 01:23:39 | 01:57:34   | <b>01:58:31</b> | 590 |    |
| 654  | 627     | KUCHARSKI PAWEŁ        | DĄBROWA GÓRNICZA | ARCELORMITTAL       | M50       | 59         | 5:37         | 10,7       | 00:52:10 | 01:21:16 | 01:58:04   | <b>01:58:32</b> | 591 |    |
| 655  | 452     | KOŁCZYK MAŁGORZATA     | SOSNOWIEC        | W POGONI ZA DUCHEM  | K30       | 29         | 5:37         | 10,7       | 00:54:25 | 01:22:57 | 01:57:46   | <b>01:58:37</b> |     | 64 |
| 656  | 289     | WIATR KRYSZTIAN        | TYCHY            | WF SPORTRUN TEAM    | M30       | 270        | 5:38         | 10,7       | 00:54:01 | 01:22:51 | 01:57:46   | <b>01:58:47</b> | 592 |    |
| 657  | 369     | BERGER JUREK           | DĄBROWA GÓRNICZA | FITNESS KLUB SALSA  | M50       | 60         | 5:38         | 10,7       | 00:55:24 | 01:24:28 | 01:57:45   | <b>01:58:48</b> | 593 |    |
| 658  | 938     | ŚMIGIEL MAREK          | ŁÓDŹ             |                     | M30       | 271        | 5:38         | 10,6       | 00:55:58 | 01:24:30 | 01:57:47   | <b>01:58:53</b> | 594 |    |
| 659  | 643     | TRZEWIK MARCIN         | SOSNOWIEC        |                     | M20       | 90         | 5:39         | 10,6       | 00:55:10 | 01:22:58 | 01:58:26   | <b>01:59:06</b> | 595 |    |
| 660  | 22      | ROKITA TOMASZ          | SŁAWKÓW          |                     | M30       | 272        | 5:39         | 10,6       | 00:57:45 | 01:26:05 | 01:58:40   | <b>01:59:08</b> | 596 |    |
| 661  | 465     | KOLONKO JUSTYNA        | CHORZÓW          | GOGGLE PAE TEAM     | K40       | 10         | 5:39         | 10,6       | 00:57:18 | 01:26:02 | 01:58:07   | <b>01:59:13</b> |     | 65 |
| 662  | 466     | KOLONKO MIROSLAW       | CHORZÓW          | GOGGLE PAE TEAM     | M40       | 161        | 5:39         | 10,6       | 00:57:17 | 01:26:01 | 01:58:08   | <b>01:59:14</b> | 597 |    |
| 663  | 241     | MIGALSKI STANISŁAW     | DĄBROWA GÓRNICZA | NAJPRZÓD BUGAJ      | M20       | 91         | 5:39         | 10,6       | 00:55:24 | 01:24:32 | 01:58:18   | <b>01:59:15</b> | 598 |    |
| 664  | 486     | KOSIŃSKI MARCIN        | DĄBROWA GÓRNICZA | BRAK                | M30       | 273        | 5:39         | 10,6       | 00:54:57 | 01:23:23 | 01:58:47   | <b>01:59:16</b> | 599 |    |
| 665  | 850     | KACZOR RAFAŁ           | SOSNOWIEC        | PKO BP RUNNING CLUB | M40       | 162        | 5:39         | 10,6       | 00:53:42 | 01:21:45 | 01:58:52   | <b>01:59:16</b> | 600 |    |
| 666  | 811     | RZYTKI PIOTR           | SARNÓW           | AHP RUNNING TEAM    | M40       | 163        | 5:39         | 10,6       | 00:56:34 | 01:24:16 | 01:58:18   | <b>01:59:18</b> | 601 |    |
| 667  | 14      | SZATNIEWSKA AGNIESZKA  | BĘDZIN           |                     | K30       | 30         | 5:39         | 10,6       | 00:51:39 | 01:22:18 | 01:59:13   | <b>01:59:21</b> |     | 66 |
| 668  | 467     | POCHOPIEŃ MARIUSZ      | SOSNOWIEC        | SAEL.PL             | M30       | 274        | 5:40         | 10,6       | 00:58:28 | 01:26:31 | 01:58:20   | <b>01:59:23</b> | 602 |    |
| 669  | 254     | BORYKA PIOTR           | DĄBROWA GÓRNICZA |                     | M30       | 275        | 5:40         | 10,6       | 00:55:12 | 01:22:20 | 01:59:23   | <b>01:59:23</b> | 603 |    |
| 670  | 399     | ŁAKSA MARCIN           | KLUCZE           |                     | M30       | 276        | 5:40         | 10,6       | 00:56:31 | 01:25:37 | 01:58:45   | <b>01:59:28</b> | 604 |    |
| 671  | 732     | ZOBEK WOJCIECH         | DĄBROWA GÓRNICZA |                     | M30       | 277        | 5:40         | 10,6       | 00:54:46 | 01:23:09 | 01:58:43   | <b>01:59:36</b> | 605 |    |
| 672  | 251     | KALUS TADEUSZ          | PIEKARY ŚLĄSKIE  |                     | M50       | 61         | 5:40         | 10,6       | 00:56:01 | 01:24:43 | 01:58:42   | <b>01:59:37</b> | 606 |    |

Opracował: Maciej Grzybowski  
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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość          | Klub                                     | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|------------------------|----------------------|--|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 673  | 518     | KUCZEK KATARZYNA       | SIEMIANOWICE         | PGB SPORTOWA PACZKA                      | K30       | 31         | 5:40         | 10,6       | 00:54:19 | 01:23:56 | 01:59:11   | <b>01:59:41</b> |     | 67 |
| 674  | 153     | BAZYŁAK MARCIN         | DĄBROWA GÓRNICZA     |  | M30       | 278        | 5:41         | 10,6       | 00:53:15 | 01:22:11 | 01:59:22   | <b>01:59:46</b> | 607 |    |
| 675  | 774     | POSŁUSZNY DOMINIK      | DĄBROWA GÓRNICZA     |  | M30       | 279        | 5:41         | 10,6       | 00:55:06 | 01:24:12 | 01:58:57   | <b>01:59:47</b> | 608 |    |
| 676  | 859     | KALINOWSKA JOLANTA     | BIELSKO BIAŁA        | FAMILY TEAM                              | K40       | 11         | 5:41         | 10,6       | 00:56:01 | 01:24:56 | 01:58:43   | <b>01:59:49</b> |     | 68 |
| 677  | 664     | ZAMOJSKI BARTOSZ       | BYTOM                | MIECHOWICKA GRUPA BIEGOWA                | M30       | 280        | 5:41         | 10,6       | 00:56:33 | 01:25:25 | 01:59:18   | <b>01:59:51</b> | 609 |    |
| 678  | 663     | ZAMOJSKA IWONA         | BYTOM                | MIECHOWICKA GRUPA BIEGOWA                | K30       | 32         | 5:41         | 10,6       | 00:56:33 | 01:25:26 | 01:59:17   | <b>01:59:52</b> |     | 69 |
| 679  | 968     | MOŚCIŃSKI MATEUSZ      | DĄBROWA GÓRNICZA     | BUREAU VERITAS                           | M30       | 281        | 5:41         | 10,6       | 00:55:49 | 01:25:10 | 01:59:34   | <b>01:59:52</b> | 610 |    |
| 680  | 902     | BUJNY JAKUB            | SOSNOWIEC            | CAŁA NAPRZÓD                             | M20       | 92         | 5:41         | 10,6       | 00:55:47 | 01:24:30 | 01:58:50   | <b>01:59:55</b> | 611 |    |
| 681  | 118     | ARMATYS MARCIN         | KRAKÓW               | NAJPRZÓD BUGAJ                           | M30       | 282        | 5:41         | 10,6       | 00:55:33 | 01:24:41 | 01:59:01   | <b>01:59:57</b> | 612 |    |
| 682  | 83      | CWOŁEK ZBIGNIEW        | RADLIN               | KOŁO PTTK "GRONIE" PRZY KWK MARCEL W RAD | M60       | 13         | 5:41         | 10,6       | 00:56:23 | 01:25:31 | 01:59:06   | <b>01:59:57</b> | 613 |    |
| 683  | 870     | ROZMUS-ORCZYK ANNA     | KOZY                 |  | K50       | 2          | 5:41         | 10,6       | 00:56:33 | 01:25:23 | 01:59:02   | <b>01:59:58</b> |     | 70 |
| 684  | 147     | KRZYWOKULSKI KRZYSZTOF | KLUCZBORK            | KRZYWOKULSKI.PL                          | M40       | 164        | 5:41         | 10,6       | 00:58:23 | 01:27:23 | 01:59:00   | <b>01:59:59</b> | 614 |    |
| 685  | 142     | KRĘCZYŃSKI JACEK       | GLIWICE              |  | M60       | 14         | 5:41         | 10,5       | 00:57:19 | 01:25:46 | 01:59:11   | <b>02:00:02</b> | 615 |    |
| 686  | 986     | BATKOWSKI JERZY        | ZIELONKI             |  | M20       | 93         | 5:42         | 10,5       | 00:57:06 | 01:25:51 | 01:59:14   | <b>02:00:15</b> | 616 |    |
| 687  | 846     | KASPRZYK GRZEGORZ      | DĄBROWA GÓRNICZA     |  | M40       | 165        | 5:42         | 10,5       | 00:55:16 | 01:24:34 | 01:59:40   | <b>02:00:15</b> | 617 |    |
| 688  | 894     | JURECKA ANNA           | KATOWICE             | AUTONEUM MARATHON CLUB                   | K30       | 33         | 5:43         | 10,5       | 00:53:34 | 01:25:05 | 02:00:07   | <b>02:00:27</b> |     | 71 |
| 689  | 618     | MOSKAL EDWARD          | DĄBROWA GÓRNICZA     | ARCELORMITTAL                            | M60       | 15         | 5:43         | 10,5       | 00:58:20 | 01:26:53 | 01:59:42   | <b>02:00:32</b> | 618 |    |
| 690  | 637     | ZAWADZKI GRZEGORZ      | DĄBROWA GÓRNICZA     | SPARTA TEAM                              | M40       | 166        | 5:43         | 10,5       | 00:53:50 | 01:23:15 | 02:00:24   | <b>02:00:35</b> | 619 |    |
| 691  | 224     | SZWANKOWSKA MAGDALENA  | POZNAŃ               |  | K20       | 26         | 5:43         | 10,5       | 00:56:54 | 01:26:20 | 02:00:10   | <b>02:00:43</b> |     | 72 |
| 692  | 139     | ŚMICH MATEUSZ          | CZĘSTOCHOWA          |  | M30       | 283        | 5:43         | 10,5       | 00:56:55 | 01:26:20 | 02:00:11   | <b>02:00:44</b> | 620 |    |
| 693  | 691     | WALCZAK DARIUSZ        | BOLESŁAW             | OLKUSZBIEGA.PL                           | M40       | 167        | 5:44         | 10,5       | 00:54:19 | 01:23:54 | 02:00:22   | <b>02:00:48</b> | 621 |    |
| 694  | 293     | RYMARCZYK PIOTR        | SIEMIANOWICE ŚLĄSKIE |  | M30       | 284        | 5:44         | 10,5       | 00:56:13 | 01:26:08 | 01:59:49   | <b>02:00:50</b> | 622 |    |
| 695  | 589     | ZIĘTEK SYLWIA          | DĄBROWA GÓRNICZA     | SILESIA NORDIC TEAM                      | K30       | 34         | 5:44         | 10,5       | 00:56:31 | 01:25:38 | 02:00:08   | <b>02:00:51</b> |     | 73 |
| 696  | 633     | SZATON BOGUSŁAW        | CZELADŹ              |  | M40       | 168        | 5:44         | 10,5       | 00:56:02 | 01:24:56 | 02:00:17   | <b>02:00:51</b> | 623 |    |
| 697  | 301     | FRANKOWICZ AREK        | BĘDZIN               |  | M30       | 285        | 5:44         | 10,5       | 00:57:08 | 01:26:18 | 01:59:45   | <b>02:00:53</b> | 624 |    |
| 698  | 209     | GODULA JACEK           | PIEKARY ŚLĄSKIE      |  | M50       | 62         | 5:44         | 10,5       | 00:58:04 | 01:27:13 | 02:00:15   | <b>02:01:00</b> | 625 |    |
| 699  | 295     | PASIEKA PAULINA        | KATOWICE             | PO ROBOCIE                               | K30       | 35         | 5:44         | 10,5       | 00:53:48 | 01:23:38 | 02:00:48   | <b>02:01:01</b> |     | 74 |
| 700  | 208     | GODULA ELŻBIETA        | PIEKARY ŚLĄSKIE      |  | K40       | 12         | 5:44         | 10,5       | 00:58:04 | 01:27:14 | 02:00:15   | <b>02:01:01</b> |     | 75 |
| 701  | 964     | ZAWADA MACIEJ MARCIN   | KLUCZBORK            | SHAPE-LINE                               | M40       | 169        | 5:44         | 10,5       | 00:58:23 | 01:27:23 | 02:00:03   | <b>02:01:02</b> | 626 |    |
| 702  | 273     | BARAN BAZYLI           | DĄBROWA GÓRNICZA     | BRAK                                     | M40       | 170        | 5:44         | 10,5       | 00:57:20 | 01:26:38 | 02:00:11   | <b>02:01:04</b> | 627 |    |
| 703  | 900     | MIGOŃ KAMIL            | DĄBROWA GÓRNICZA     |  | M30       | 286        | 5:44         | 10,5       | 00:53:38 | 01:22:45 | 02:00:40   | <b>02:01:07</b> | 628 |    |
| 704  | 371     | WYDMAŃSKI PIOTR        | SOSNOWIEC            |  | M40       | 171        | 5:45         | 10,4       | 00:52:13 | 01:22:53 | 02:01:00   | <b>02:01:12</b> | 629 |    |
| 705  | 505     | SPYRA MAGDALENA        | PORĘBA               |  | K30       | 36         | 5:45         | 10,4       | 00:57:43 | 01:27:01 | 02:00:05   | <b>02:01:14</b> |     | 76 |
| 706  | 417     | CIEŚLA ANNA            | PIEKARY ŚLĄSKIE      |  | K30       | 37         | 5:45         | 10,4       | 00:58:25 | 01:27:24 | 02:00:49   | <b>02:01:26</b> |     | 77 |
| 707  | 405     | BEŁC SEBASTIAN         | BYTOM                | OPEL ACTIVE TEAM                         | M40       | 172        | 5:46         | 10,4       | 00:56:53 | 01:26:37 | 02:00:59   | <b>02:01:32</b> | 630 |    |
| 708  | 791     | TWORUSZKA JOANNA       | KATOWICE             |  | K30       | 38         | 5:46         | 10,4       | 00:54:40 | 01:24:44 | 02:00:53   | <b>02:01:34</b> |     | 78 |
| 709  | 625     | HUTNICZAK MARIUSZ      | DĄBROWA GÓRNICZA     | ARCELORMITTAL                            | M50       | 63         | 5:46         | 10,4       | 00:56:38 | 01:26:23 | 02:01:06   | <b>02:01:37</b> | 631 |    |
| 710  | 348     | KRZYSZKOWSKA AGNIESZKA | GLIWICE              | BRAK                                     | K30       | 39         | 5:46         | 10,4       |          | 01:24:56 | 02:00:53   | <b>02:01:38</b> |     | 79 |
| 711  | 93      | NIEPSUJ MARTA          | BIELSKO-BIAŁA        | IKS JEŹDŹCY MIKOŁÓW                      | K20       | 27         | 5:46         | 10,4       | 00:57:18 | 01:26:20 | 02:00:53   | <b>02:01:42</b> |     | 80 |
| 712  | 611     | FRANKIEWICZ MARIUSZ    | KATOWICE             |  | M30       | 287        | 5:47         | 10,4       | 00:55:21 | 01:24:59 | 02:00:52   | <b>02:01:55</b> | 632 |    |
| 713  | 282     | PAWĘZOWSKI JACEK       | KATOWICE             |  | M50       | 64         | 5:47         | 10,4       | 00:59:23 | 01:28:35 | 02:01:14   | <b>02:02:01</b> | 633 |    |
| 714  | 547     | KŁUSEK JACEK           | SOSNOWIEC            | SOSNOWIEC                                | M60       | 16         | 5:47         | 10,4       | 00:56:23 | 01:25:50 | 02:02:09   | <b>02:02:09</b> | 634 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość          | Klub                      | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K  |
|------|---------|------------------------|----------------------|---------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 715  | 532     | SZCZYPKA PIOTR         | KATOWICE             | KOSTUCHNA                 | M30       | 288        | 5:47         | 10,4       | 00:57:35 | 01:26:20 | 02:01:02   | <b>02:02:10</b> | 635 |    |
| 716  | 647     | KOZIEŁ MICHAŁ          | DĄBROWA GÓRNICZA     |                           | M20       | 94         | 5:47         | 10,4       | 00:57:18 | 01:26:51 | 02:01:22   | <b>02:02:11</b> | 636 |    |
| 717  | 354     | KORDAS PIOTR           | SOSNOWIEC            |                           | M30       | 289        | 5:48         | 10,4       | 00:59:38 | 01:29:14 | 02:01:32   | <b>02:02:14</b> | 637 |    |
| 718  | 210     | SZOKA EWA              | GLIWICE              | NIGHT RUNNERS GLIWICE     | K30       | 40         | 5:48         | 10,4       | 00:57:25 | 01:26:19 | 02:01:33   | <b>02:02:18</b> |     | 81 |
| 719  | 45      | KACZOR ARKADIUSZ       | SOSNOWIEC            |                           | M20       | 95         | 5:48         | 10,3       | 00:54:53 | 01:23:33 | 02:01:42   | <b>02:02:22</b> | 638 |    |
| 720  | 646     | UCHACZ KAZIMIERZ       | SOSNOWIEC            |                           | M50       | 65         | 5:48         | 10,3       | 00:55:03 | 01:24:27 | 02:01:33   | <b>02:02:24</b> | 639 |    |
| 721  | 51      | GÓRNY MAŁGORZATA       | KATOWICE             |                           | K20       | 28         | 5:48         | 10,3       | 00:55:29 | 01:25:42 | 02:02:25   | <b>02:02:30</b> |     | 82 |
| 722  | 237     | RAK ŁUKASZ             | KATOWICE             |                           | M20       | 96         | 5:49         | 10,3       | 00:56:22 | 01:26:19 | 02:01:23   | <b>02:02:35</b> | 640 |    |
| 723  | 460     | DANCH ADAM             | KATOWICE             |                           | M50       | 66         | 5:49         | 10,3       | 00:55:16 | 01:24:44 | 02:02:00   | <b>02:02:42</b> | 641 |    |
| 724  | 832     | MISZCZUK MARCIN        | KĘDZIERZYN-KOŹLE     |                           | M30       | 290        | 5:49         | 10,3       | 00:58:11 | 01:27:26 | 02:01:53   | <b>02:02:53</b> | 642 |    |
| 725  | 649     | SZENDERA JAROSŁAW      | KNURÓW               | STADION ŚLĄSKI            | M30       | 291        | 5:50         | 10,3       | 00:55:59 | 01:25:27 | 02:02:13   | <b>02:02:55</b> | 643 |    |
| 726  | 602     | RUBINIEC NATALIA       | SIEMIANOWICE ŚL.     |                           | K30       | 41         | 5:50         | 10,3       | 00:56:05 | 01:26:22 | 02:02:36   | <b>02:03:05</b> |     | 83 |
| 727  | 916     | ŚWIETLIK ANNA          | GLIWICE              | JW 3940                   | K30       | 42         | 5:50         | 10,3       | 00:54:12 | 01:23:56 | 02:02:48   | <b>02:03:08</b> |     | 84 |
| 728  | 264     | DOMAŃSKA ANNA          | KATOWICE             |                           | K20       | 29         | 5:51         | 10,3       | 00:55:38 | 01:25:41 | 02:02:34   | <b>02:03:18</b> |     | 85 |
| 729  | 984     | KAJDAS KATARZYNA       | WOJKOWICE KOŚCIELNE  | FITNESS KLUB SALSA        | K20       | 30         | 5:51         | 10,3       | 00:57:55 | 01:27:30 | 02:02:56   | <b>02:03:20</b> |     | 86 |
| 730  | 109     | CISZAK ZOFIA           | BYTOM                | MIECHOWICKA GRUPA BIEGOWA | K30       | 43         | 5:51         | 10,3       | 00:56:33 | 01:25:42 | 02:02:50   | <b>02:03:24</b> |     | 87 |
| 731  | 378     | WIATEREK BARBARA       | PILCHOWICE           | SPASIONE MISKI            | K30       | 44         | 5:51         | 10,3       | 00:57:51 | 01:27:35 | 02:02:46   | <b>02:03:29</b> |     | 88 |
| 732  | 983     | KAJDAS JOANNA          | WOJKOWICE KOŚCIELNE  | FITNESS KLUB SALSA        | K20       | 31         | 5:51         | 10,3       | 00:57:54 | 01:27:30 | 02:03:04   | <b>02:03:29</b> |     | 89 |
| 733  | 272     | KUKUCZKA WIOLETTA      | KLUCZBORK            | FADO                      | K40       | 13         | 5:51         | 10,2       | 00:58:27 | 01:28:18 | 02:02:34   | <b>02:03:34</b> |     | 90 |
| 734  | 176     | JANKOWSKI RAFAL        | DĄBROWA GÓRNICZA     |                           | M40       | 173        | 5:52         | 10,2       | 00:57:46 | 01:27:01 | 02:02:33   | <b>02:03:36</b> | 644 |    |
| 735  | 326     | MANIAKOWSKA MAŁGORZATA | BYTOM                |                           | K40       | 14         | 5:52         | 10,2       | 00:55:16 | 01:25:06 | 02:02:49   | <b>02:03:39</b> |     | 91 |
| 736  | 76      | JABŁOŃSKI MAREK        | DĄBROWA GÓRNICZA     | OTTIMA PLUS               | M40       | 174        | 5:53         | 10,2       | 00:53:15 | 01:23:10 | 02:03:38   | <b>02:04:00</b> | 645 |    |
| 737  | 423     | ŻABIŃSKI TOMASZ        | BYTOM                |                           | M20       | 97         | 5:53         | 10,2       | 00:59:26 | 01:29:39 | 02:03:45   | <b>02:04:09</b> | 646 |    |
| 738  | 138     | ŚMICH KRZYSZTOF        | CZĘSTOCHOWA          |                           | M50       | 67         | 5:53         | 10,2       | 00:56:35 | 01:26:22 | 02:03:39   | <b>02:04:16</b> | 647 |    |
| 739  | 411     | WILK RAFAŁ             | CZELADŹ-PIASKI       | SEKCJA PIASKI             | M30       | 292        | 5:53         | 10,2       | 00:55:10 | 01:23:56 | 02:03:15   | <b>02:04:18</b> | 648 |    |
| 740  | 967     | PSIK RAFAŁ             | SOSNOWIEC            |                           | M40       | 175        | 5:54         | 10,2       | 00:58:18 | 01:27:28 | 02:03:12   | <b>02:04:20</b> | 649 |    |
| 741  | 400     | PIAŚNIK RAFAŁ          | SOSNOWIEC            |                           | M40       | 176        | 5:54         | 10,2       | 00:55:59 | 01:25:35 | 02:03:36   | <b>02:04:20</b> | 650 |    |
| 742  | 192     | SZYMAŃSKI MARIUSZ      | ŁAZY                 |                           | M30       | 293        | 5:54         | 10,2       | 00:58:29 | 01:27:30 | 02:03:31   | <b>02:04:24</b> | 651 |    |
| 743  | 476     | OLECH ADAM             | DĄBROWA GÓRNICZA     |                           | M40       | 177        | 5:54         | 10,2       | 00:52:53 | 01:22:41 | 02:04:08   | <b>02:04:24</b> | 652 |    |
| 744  | 969     | KOĆWIN RAFAŁ           | SOSNOWIEC            | BRAK                      | M40       | 178        | 5:54         | 10,2       | 00:56:33 | 01:26:32 | 02:03:22   | <b>02:04:25</b> | 653 |    |
| 745  | 97      | CEBULA RENATA          | BĘDZIN               | ZORGINICI                 | K40       | 15         | 5:54         | 10,2       | 00:57:36 | 01:28:07 | 02:03:29   | <b>02:04:28</b> |     | 92 |
| 746  | 901     | PTAK JAKUB             | BĘDZIN               | BRAK                      | M30       | 294        | 5:54         | 10,2       | 00:56:04 | 01:25:52 | 02:04:02   | <b>02:04:31</b> | 654 |    |
| 747  | 311     | UCIŃSKA LADA ANNA      | SOSNOWIEC            | FITNESS KLUB SALSA        | K30       | 45         | 5:54         | 10,2       | 00:56:04 | 01:25:52 | 02:04:26   | <b>02:04:31</b> |     | 93 |
| 748  | 539     | KOŃCZAK MAREK          | DĄBROWA GÓRNICZA     |                           | M20       | 98         | 5:54         | 10,2       | 00:55:57 | 01:26:17 | 02:03:30   | <b>02:04:35</b> | 655 |    |
| 749  | 489     | SZAFRAŃSKI ŁUKASZ      | KATOWICE             | KATOWICE                  | M30       | 295        | 5:54         | 10,2       | 00:54:51 | 01:24:19 | 02:04:26   | <b>02:04:39</b> | 656 |    |
| 750  | 338     | ŚWIĄTEK MARIUSZ        | BĘDZIN               |                           | M40       | 179        | 5:55         | 10,1       | 00:57:58 | 01:27:34 | 02:03:49   | <b>02:04:45</b> | 657 |    |
| 751  | 541     | PAŃCZYK ROBERT         | SOSNOWIEC            | MI                        | M20       | 99         | 5:55         | 10,1       | 00:57:11 | 01:25:38 | 02:03:51   | <b>02:04:48</b> | 658 |    |
| 752  | 937     | MAI-MATA CZ SABINA     | TYCHY                | CONCORDIA RUNNERS TEAM    | K20       | 32         | 5:55         | 10,1       | 00:55:17 | 01:25:53 | 02:04:06   | <b>02:04:48</b> |     | 94 |
| 753  | 711     | WAWRZOŁA ANTONI        | SIEMIANOWICE ŚLĄSKIE |                           | M60       | 17         | 5:55         | 10,1       |          | 01:27:36 | 02:03:50   | <b>02:04:50</b> | 659 |    |
| 754  | 283     | HAUTON MONIKA          | SOSNOWIEC            |                           | K30       | 46         | 5:55         | 10,1       | 00:59:23 | 01:28:47 | 02:04:06   | <b>02:04:52</b> |     | 95 |
| 755  | 116     | PINKAWA GRZEGORZ       | KATOWICE             |                           | M30       | 296        | 5:55         | 10,1       | 00:57:57 | 01:27:15 | 02:04:14   | <b>02:04:55</b> | 660 |    |
| 756  | 427     | STUŁA BARTŁOMIEJ       | KATOWICE             |                           | M30       | 297        | 5:56         | 10,1       | 00:53:56 | 01:23:14 | 02:05:03   | <b>02:05:09</b> | 661 |    |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię             | Miejscowość      | Klub                | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto | M   | K   |
|------|---------|---------------------------|------------------|---------------------|-----------|------------|--------------|------------|----------|----------|------------|-------------|-----|-----|
| 757  | 294     | KARDAS PAWEŁ              | ZAWIERCIE        |                     | M30       | 298        | 5:56         | 10,1       | 00:56:22 | 01:26:19 | 02:04:00   | 02:05:12    | 662 |     |
| 758  | 402     | SZEWczyk KAMIL            | DĄBROWA GÓRNICZA |                     | M20       | 100        | 5:56         | 10,1       | 00:54:13 | 01:24:20 | 02:04:55   | 02:05:14    | 663 |     |
| 759  | 207     | PATSCHEK KRZYSZTOF        | BYTOM            |                     | M40       | 180        | 5:56         | 10,1       | 00:55:16 | 01:25:24 | 02:04:28   | 02:05:18    | 664 |     |
| 760  | 85      | CIEŚLIK DARIUSZ           | BĘDZIN           |                     | M30       | 299        | 5:57         | 10,1       | 00:55:37 | 01:25:16 | 02:04:30   | 02:05:22    | 665 |     |
| 761  | 615     | JURCZAK RYSZARD           | SOSNOWIEC        | ARCELORMITTAL       | M60       | 18         | 5:57         | 10,1       | 00:56:37 | 01:27:57 | 02:05:07   | 02:05:31    | 666 |     |
| 762  | 343     | RACINOWSKI PIOTR          | DĄBROWA GÓRNICZA |                     | M30       | 300        | 5:58         | 10,1       | 00:58:40 | 01:28:45 | 02:04:44   | 02:05:44    | 667 |     |
| 763  | 876     | PALKA MARIUSZ             | DĄBROWA GÓRNICZA |                     | M30       | 301        | 5:58         | 10,1       | 00:59:18 | 01:29:04 | 02:04:51   | 02:05:48    | 668 |     |
| 764  | 719     | KOCOT PATRYCJA            | NOWA WIEŚ        |                     | K30       | 47         | 5:58         | 10,1       | 00:59:18 | 01:29:04 | 02:04:50   | 02:05:48    |     | 96  |
| 765  | 228     | MIELCZAREK KRZYSZTOF      | SIEMIANOWICE     |                     | M30       | 302        | 5:58         | 10,1       | 00:54:40 | 01:24:51 | 02:05:29   | 02:05:51    | 669 |     |
| 766  | 161     | BŁAŻEWSKI GRZEGORZ        | KLUCZBORK        | ZORGINICI           | M40       | 181        | 5:59         | 10,0       | 01:00:00 | 01:31:01 | 02:05:12   | 02:06:11    | 670 |     |
| 767  | 196     | RUSIN EWA                 | DĄBROWA GÓRNICZA |                     | K50       | 3          | 5:59         | 10,0       | 00:58:22 | 01:28:08 | 02:06:13   | 02:06:15    |     | 97  |
| 768  | 695     | PIOTROWSKI MIECZYSLAW     | DĄBROWA GÓRNICZA |                     | M60       | 19         | 5:59         | 10,0       | 01:26:21 | 02:06:06 | 02:06:06   | 02:06:17    | 671 |     |
| 769  | 48      | KRÓLIKOWSKA AGNIESZKA     | SOSNOWIEC        | BATMAN BIEGA        | K30       | 48         | 5:59         | 10,0       | 00:54:59 | 01:25:18 | 02:05:42   | 02:06:22    |     | 98  |
| 770  | 697     | WYSOCKI MARIUSZ           | PIEKARY ŚLĄSKIE  |                     | M30       | 303        | 5:59         | 10,0       | 00:58:43 | 01:30:11 | 02:05:30   | 02:06:23    | 672 |     |
| 771  | 156     | CZARNIK-PECIAK ALEKSANDRA | PRZECZLEBIE      | BRAK                | K40       | 16         | 6:00         | 10,0       | 01:00:03 | 01:30:00 | 02:05:38   | 02:06:37    |     | 99  |
| 772  | 98      | CEBULA ANDRZEJ            | 42-500           | ZORGINICI           | M40       | 182        | 6:01         | 10,0       | 00:58:35 | 01:29:32 | 02:05:51   | 02:06:49    | 673 |     |
| 773  | 619     | JĘDRUCH DAMIAN            |                  | ARCELORMITTAL       | M40       | 183        | 6:01         | 10,0       | 00:55:00 |          | 02:06:22   | 02:06:52    | 674 |     |
| 774  | 795     | GROŃSKI KRZYSZTOF         | DĄBROWA GÓRNICZA |                     | M30       | 304        | 6:01         | 10,0       | 00:55:37 | 01:23:30 | 02:05:58   | 02:06:59    | 675 |     |
| 775  | 793     | WAŁOWSKI GRZEGORZ         | OPOLE            |                     | M30       | 305        | 6:02         | 10,0       | 00:59:10 | 01:29:43 | 02:05:57   | 02:07:07    | 676 |     |
| 776  | 287     | JAŃSKI ROMAN              | KLUCZBORK        |                     | M40       | 184        | 6:02         | 10,0       | 00:58:28 | 01:28:18 | 02:06:12   | 02:07:12    | 677 |     |
| 777  | 897     | AUGUSTYN WOJCIECH         | MYSŁOWICE        |                     | M20       | 101        | 6:02         | 10,0       | 00:55:33 | 01:25:59 | 02:06:26   | 02:07:13    | 678 |     |
| 778  | 620     | KRZEŚIŃSKI STANISŁAW      | SOSNOWIEC        | ARCELORMITTAL       | M60       | 20         | 6:02         | 9,9        | 00:58:13 | 01:28:44 | 02:06:39   | 02:07:17    | 679 |     |
| 779  | 308     | LEŚNIAK TOMASZ            | DĄBROWA GÓRNICZA | KRZYWDA TEAM        | M30       | 306        | 6:03         | 9,9        | 00:54:14 | 01:25:00 | 02:06:42   | 02:07:28    | 680 |     |
| 780  | 188     | KOWALSKI LUKASZ           | GLIWICE          | GTT - INTER PROJEKT | M30       | 307        | 6:03         | 9,9        | 00:58:54 | 01:29:28 | 02:07:06   | 02:07:32    | 681 |     |
| 781  | 635     | KOZIEŁ KAMIL              | DĄBROWA GÓRNICZA |                     | M20       | 102        | 6:03         | 9,9        | 00:57:18 | 01:26:59 | 02:06:44   | 02:07:33    | 682 |     |
| 782  | 75      | JABŁOŃSKI ADAM            | SOSNOWIEC        | OTTIMA PLUS         | M40       | 185        | 6:03         | 9,9        | 00:53:15 | 01:23:11 | 02:07:21   | 02:07:43    | 683 |     |
| 783  | 673     | KOŻUCH AGNIESZKA          | PIEKARY ŚLĄSKIE  |                     | K40       | 17         | 6:04         | 9,9        | 00:58:43 | 01:30:12 | 02:07:20   | 02:07:57    |     | 100 |
| 784  | 366     | PIETER KATARZYNA          | SOSNOWIEC        |                     | K30       | 49         | 6:04         | 9,9        | 00:58:44 | 01:30:12 | 02:07:25   | 02:08:03    |     | 101 |
| 785  | 713     | KOBIELA MARCIN            | DĄBROWA GÓRNICZA |                     | M40       | 186        | 6:04         | 9,9        | 00:57:10 | 01:28:13 | 02:07:12   | 02:08:06    | 684 |     |
| 786  | 681     | CZERWIEC MAREK            | DĄBROWA GÓRNICZA |                     | M30       | 308        | 6:05         | 9,9        | 01:01:20 | 01:32:33 | 02:07:16   | 02:08:18    | 685 |     |
| 787  | 672     | ZAMARSKI KAROL            | CZELADŹ          | NIEZRZESZONY        | M50       | 68         | 6:05         | 9,9        | 00:59:23 | 01:30:35 | 02:07:45   | 02:08:23    | 686 |     |
| 788  | 954     | GOIK MAGDALENA            | BYTOM            | CHOJNACKI MTB TEAM  | K40       | 18         | 6:05         | 9,9        | 01:01:33 | 01:32:09 | 02:07:33   | 02:08:25    |     | 102 |
| 789  | 593     | JĘDRZEJCZYK TOMASZ        | KRAKÓW           |                     | M30       | 309        | 6:05         | 9,9        | 00:55:05 | 01:26:10 | 02:07:28   | 02:08:27    | 687 |     |
| 790  | 702     | MSZYCA PAWEŁ              | WŁADYSŁAWÓW      |                     | M50       | 69         | 6:06         | 9,8        | 00:58:45 | 01:30:13 | 02:08:01   | 02:08:38    | 688 |     |
| 791  | 537     | PILCH RENATA              | CIESZYN          | STREFA ZDROWIA      | K40       | 19         | 6:06         | 9,8        | 00:58:51 | 01:29:20 | 02:07:59   | 02:08:51    |     | 103 |
| 792  | 28      | SKUTA TOMASZ              | DĄBROWA GÓRNICZA | POGORIA BIEGA       | M30       | 310        | 6:07         | 9,8        | 00:55:04 | 01:26:19 | 02:08:33   | 02:09:05    | 689 |     |
| 793  | 861     | KALINOWSKI JAKUB          | BIELSKO BIAŁA    | FAMILY TEAM         | M20       | 103        | 6:07         | 9,8        | 01:00:10 | 01:30:49 | 02:08:00   | 02:09:07    | 690 |     |
| 794  | 739     | KOPROWSKA KATARZYNA       | DĄBROWA GÓRNICZA | W POGONI ZA DUCHEM  | K20       | 33         | 6:07         | 9,8        | 01:00:11 | 01:30:49 | 02:08:13   | 02:09:10    |     | 104 |
| 795  | 89      | KOZAR ŁUKASZ              | CZELADŹ          | CFO RUNNING TEAM    | M20       | 104        | 6:07         | 9,8        | 00:58:10 | 01:29:26 | 02:08:32   | 02:09:11    | 691 |     |
| 796  | 134     | WYCISŁO JOANNA            | RUDA ŚLĄSKA      |                     | K40       | 20         | 6:08         | 9,8        | 00:59:13 | 01:30:57 | 02:08:42   | 02:09:22    |     | 105 |
| 797  | 810     | PROTASIUK MARIUSZ         | WIĄZOWNA         | URSA POLSKA         | M30       | 311        | 6:08         | 9,8        | 01:00:14 | 01:31:24 | 02:08:22   | 02:09:30    | 692 |     |
| 798  | 122     | NOWAKOWSKI MAREK          | SOSNOWIEC        | PO ROBOCIE          | M30       | 312        | 6:09         | 9,8        | 00:55:04 | 01:27:54 | 02:09:26   | 02:09:39    | 693 |     |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię       | Miejscowość          | Klub                                     | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K   |
|------|---------|---------------------|----------------------|--|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|-----|
| 799  | 214     | BĘDKOWSKI GRZEGORZ  | BĘDZIN               |  | M40       | 187        | 6:09         | 9,8        | 01:01:20 | 01:32:36 | 02:08:36   | <b>02:09:45</b> | 694 |     |
| 800  | 291     | ŚWIERCZYŃSKI MAREK  | DĄBROWA GÓRNICZA     | SITG DOLOMIT                             | M30       | 313        | 6:09         | 9,8        | 00:58:41 | 01:29:33 | 02:08:58   | <b>02:09:48</b> | 695 |     |
| 801  | 784     | BARTECKA SABINA     | ŻORY                 | HRMAX ŻORY                               | K30       | 50         | 6:09         | 9,7        | 00:58:23 | 01:30:46 | 02:09:23   | <b>02:09:52</b> |     | 106 |
| 802  | 812     | GAJEWSKI PAWEŁ      | TOPOROWICE           |  | M40       | 188        | 6:10         | 9,7        | 00:56:40 | 01:26:15 | 02:09:22   | <b>02:10:05</b> | 696 |     |
| 803  | 585     | MAGALSKA ANNA       | CHORZÓW              | WWW.BIEGAMYNASLASKU.PL                   | K30       | 51         | 6:10         | 9,7        | 00:59:00 | 01:31:08 | 02:09:30   | <b>02:10:09</b> |     | 107 |
| 804  | 174     | RURARZ ALEKSANDRA   | TYCHY                |  | K20       | 34         | 6:10         | 9,7        | 00:59:35 | 01:31:22 | 02:09:50   | <b>02:10:13</b> |     | 108 |
| 805  | 707     | MUCHA ADAM          | DĄBROWA GÓRNICZA     |  | M20       | 105        | 6:10         | 9,7        | 00:59:35 | 01:31:22 | 02:09:53   | <b>02:10:16</b> | 697 |     |
| 806  | 568     | BIJAK ADRIANA       | BĘDZIN               | POGORIA BIEGA                            | K40       | 21         | 6:11         | 9,7        | 01:00:08 | 01:32:09 | 02:10:00   | <b>02:10:22</b> |     | 109 |
| 807  | 552     | KLEJNOT KATARZYNA   | SOSNOWIEC            | DECATHLON SOSNOWIEC                      | K20       | 35         | 6:11         | 9,7        | 00:58:10 | 01:29:23 | 02:10:27   | <b>02:10:27</b> |     | 110 |
| 808  | 995     | WILK TOMASZ         |                      |  | #N/D!     | #N/D!      | 6:11         | 9,7        | 01:01:43 | 01:33:44 | 02:09:30   | <b>02:10:27</b> | 698 |     |
| 809  | 587     | MACIUŁA RAFAŁ       | DĄBROWA GÓRNICZA     |  | M30       | 314        | 6:11         | 9,7        | 00:59:02 | 01:30:12 | 02:09:51   | <b>02:10:31</b> | 699 |     |
| 810  | 375     | FRYDRYSIAK SYLWIA   | KATOWICE             |  | K40       | 22         | 6:11         | 9,7        | 00:59:22 | 01:31:27 | 02:09:47   | <b>02:10:33</b> |     | 111 |
| 811  | 881     | WIECZOREK PIOTR     | BĘDZIN               |  | M40       | 189        | 6:12         | 9,7        | 01:00:45 | 01:31:56 | 02:09:54   | <b>02:10:51</b> | 700 |     |
| 812  | 62      | WÓJCIK STANISŁAW    | DĄBROWA GÓRNICZA     | ZWIĄZEK POLSKICH SPADOCHRONIARZY O/ KATO | M70       | 3          | 6:12         | 9,7        | 00:57:40 | 01:29:16 | 02:10:44   | <b>02:10:57</b> | 701 |     |
| 813  | 735     | JAKBIK ALEKSANDRA   | KATOWICE             | BULLULA TEAM                             | K30       | 52         | 6:13         | 9,7        | 00:58:17 | 01:30:37 | 02:10:19   | <b>02:11:04</b> |     | 112 |
| 814  | 234     | KAŁUŻA MICHAŁ       | ZAWIERCIE            | -  | M30       | 315        | 6:13         | 9,7        | 00:58:12 | 01:31:07 | 02:11:00   | <b>02:11:06</b> | 702 |     |
| 815  | 385     | STACHOWICZ KARINA   | DĄBROWA GÓRNICZA     |  | K40       | 23         | 6:13         | 9,6        | 01:00:11 | 01:32:10 | 02:10:46   | <b>02:11:12</b> |     | 113 |
| 816  | 988     | JAGODA ADAM         | CHORZÓW              | FUCHS OIL TEAM                           | M40       | 190        | 6:14         | 9,6        | 01:03:36 | 01:34:31 | 02:10:10   | <b>02:11:21</b> | 703 |     |
| 817  | 337     | PAWEŁEK BARBARA     | ŚWIĘTOCHŁOWICE       |  | K40       | 24         | 6:15         | 9,6        | 01:00:13 | 01:32:09 | 02:10:54   | <b>02:11:56</b> |     | 114 |
| 818  | 730     | LIS KLAUDIA         | BĘDZIN               | CFO RUNNING TEAM                         | K20       | 36         | 6:16         | 9,6        | 00:59:19 | 01:32:05 | 02:11:24   | <b>02:12:02</b> |     | 115 |
| 819  | 517     | MAKOS MIKOŁAJ       | KATOWICE             |  | M40       | 191        | 6:16         | 9,6        | 00:57:39 | 01:30:37 | 02:11:36   | <b>02:12:06</b> | 704 |     |
| 820  | 345     | KOWALSKI MAREK      | DĄBROWA GÓRNICZA     |  | M60       | 21         | 6:16         | 9,6        | 00:57:38 | 01:29:02 | 02:11:56   | <b>02:12:09</b> | 705 |     |
| 821  | 682     | KUR MARIUSZ         | ZAWIERCIE            |  | M40       | 192        | 6:16         | 9,6        | 00:56:57 | 01:28:29 | 02:11:18   | <b>02:12:11</b> | 706 |     |
| 822  | 32      | BORCIUCH RAFAŁ      | BĘDZIN               | WOLNY GRODZIEC                           | M40       | 193        | 6:16         | 9,6        | 00:56:53 | 01:29:23 | 02:11:20   | <b>02:12:13</b> | 707 |     |
| 823  | 220     | ŻEBROWSKA MATYLDA   | MYSŁOWICE            | MYSŁOWICKI KLUB BIEGACZA NO.!            | K40       | 25         | 6:16         | 9,6        | 00:57:25 | 01:29:48 | 02:11:19   | <b>02:12:20</b> |     | 116 |
| 824  | 726     | CYBA JAROSŁAW       | DĄBROWA GÓRNICZA     | SHIT BROTHERS                            | M40       | 194        | 6:16         | 9,6        | 00:59:17 | 01:31:21 | 02:11:11   | <b>02:12:21</b> | 708 |     |
| 825  | 190     | DYDAK PRZEMYSŁAW    | DĄBROWA GÓRNICZA     | LUCIFER TEAM                             | M30       | 316        | 6:17         | 9,6        | 01:01:16 | 01:32:40 | 02:11:39   | <b>02:12:31</b> | 709 |     |
| 826  | 854     | TURKO KATARZYNA     | BYTOM                | PKO BANK POLSKI 1                        | K40       | 26         | 6:17         | 9,6        | 00:59:57 | 01:32:37 | 02:11:33   | <b>02:12:32</b> |     | 117 |
| 827  | 686     | JACH MARCIN         | SOSNOWIEC            |  | M40       | 195        | 6:17         | 9,5        | 00:59:00 | 01:31:02 | 02:11:58   | <b>02:12:43</b> | 710 |     |
| 828  | 935     | WYROZUMSKI PIOTR    | DĄBROWA GÓRNICZA     |  | M40       | 196        | 6:18         | 9,5        | 01:01:19 | 01:32:33 | 02:11:54   | <b>02:12:54</b> | 711 |     |
| 829  | 132     | WOLA RADOŚLAW       | SOSNOWIEC            |  | M40       | 197        | 6:18         | 9,5        | 00:55:33 | 01:29:13 | 02:12:22   | <b>02:12:56</b> | 712 |     |
| 830  | 808     | JÓŹWICKI MICHAŁ     | WIĄZOWNA             | URSA POLSKA                              | M30       | 317        | 6:18         | 9,5        | 01:00:14 | 01:31:55 | 02:11:54   | <b>02:13:04</b> | 713 |     |
| 831  | 634     | JANOCHA PAWEŁ       | DĄBROWA GÓRNICZA     |  | M40       | 198        | 6:18         | 9,5        | 00:57:40 | 01:28:34 | 02:12:15   | <b>02:13:04</b> | 714 |     |
| 832  | 376     | MRUGAŁA DARIUSZ     | ZAWIERCIE            |  | M40       | 199        | 6:19         | 9,5        | 01:01:20 | 01:32:36 | 02:12:04   | <b>02:13:14</b> | 715 |     |
| 833  | 451     | URACZ ŁUKASZ        | SOSNOWIEC            |  | M30       | 318        | 6:19         | 9,5        | 00:59:41 | 01:32:05 | 02:12:14   | <b>02:13:17</b> | 716 |     |
| 834  | 479     | CHOJOWSKA EDYTA     | DĄBROWA GÓRNICZA     |  | K40       | 27         | 6:20         | 9,5        | 01:02:43 | 01:34:45 | 02:12:36   | <b>02:13:31</b> |     | 118 |
| 835  | 478     | CHOJOWSKI OSKAR     | DĄBROWA GÓRNICZA     |  | M40       | 200        | 6:20         | 9,5        | 01:02:43 | 01:34:45 | 02:12:36   | <b>02:13:32</b> | 717 |     |
| 836  | 919     | ZAJĄC MARIUSZ       | BĘDZIN               | CFO RUNNING TEAM                         | M40       | 201        | 6:21         | 9,5        | 00:59:19 | 01:32:05 | 02:13:10   | <b>02:13:48</b> | 718 |     |
| 837  | 377     | BEDNARSKA MAGDALENA | DĄBROWA GÓRNICZA     |  | K30       | 53         | 6:21         | 9,4        | 01:01:42 | 01:33:39 | 02:13:38   | <b>02:14:04</b> |     | 119 |
| 838  | 776     | PINKOS ŁUKASZ       | SIEMIANOWICE ŚLĄSKIE | PINKI TEM                                | M30       | 319        | 6:21         | 9,4        | 00:57:51 | 01:31:05 | 02:13:32   | <b>02:14:06</b> | 719 |     |
| 839  | 540     | MAJEK MARIA         | KATOWICE             |  | K40       | 28         | 6:22         | 9,4        | 01:01:31 | 01:34:14 | 02:14:07   | <b>02:14:28</b> |     | 120 |
| 840  | 457     | JASIŃSKA JUSTYNA    | TARNOWSKIE GÓRY      | TANIEBLACHY.PL                           | K30       | 54         | 6:23         | 9,4        | 01:04:02 | 01:36:13 | 02:13:46   | <b>02:14:47</b> |     | 121 |

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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość          | Klub                            | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K   |
|------|---------|------------------------|----------------------|---------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|-----|
| 841  | 551     | MENDAK JACEK           | SOSNOWIEC            |                                 | M50       | 70         | 6:23         | 9,4        | 01:00:19 | 01:32:49 | 02:14:04   | <b>02:14:50</b> | 720 |     |
| 842  | 21      | ORCZYK MARCIN          | CZELADŹ              |                                 | M30       | 320        | 6:24         | 9,4        | 00:57:29 | 01:30:43 | 02:14:19   | <b>02:14:57</b> | 721 |     |
| 843  | 578     | MIROŃCZUK MAREK        | BĘDZIN               |                                 | M20       | 106        | 6:24         | 9,4        | 00:57:53 | 01:31:59 | 02:13:58   | <b>02:14:58</b> | 722 |     |
| 844  | 759     | GAŚSIOR ROBERT         | DĄBROWA GÓRNICZA     | DĄBROWA NORDIC TEAM             | M40       | 202        | 6:24         | 9,4        | 00:58:31 | 01:32:16 | 02:14:42   | <b>02:14:58</b> | 723 |     |
| 845  | 933     | BROM TOMASZ            | ŚWIĘTOCHŁOWICE       | :-)                             | M40       | 203        | 6:26         | 9,3        | 00:59:01 | 01:33:31 | 02:14:48   | <b>02:15:45</b> | 724 |     |
| 846  | 679     | NYZNAK KAROLINA        | DĄBROWA GÓRNICZA     |                                 | K30       | 55         | 6:26         | 9,3        | 01:04:24 | 01:36:52 | 02:15:28   | <b>02:15:52</b> |     | 122 |
| 847  | 406     | STROMCZYŃSKI MACIEJ    | ZABRZE               | NIEZRZESZONY                    | M40       | 204        | 6:26         | 9,3        | 00:58:26 | 01:31:44 | 02:15:12   | <b>02:15:54</b> | 725 |     |
| 848  | 744     | GONSIOR MATEUSZ        | RUDA ŚLĄSKA          | NIEZRZESZONY                    | M20       | 107        | 6:26         | 9,3        | 00:58:25 | 01:31:44 | 02:15:12   | <b>02:15:54</b> | 726 |     |
| 849  | 299     | ŻUCHOWICZ ELŻBIETA     | DĄBROWA GÓRNICZA     | DĄBROWA NORDIC TEAM             | K50       | 4          | 6:27         | 9,3        | 01:03:51 | 01:36:12 | 02:15:23   | <b>02:16:07</b> |     | 123 |
| 850  | 621     | LESNIEWSKI STANISŁAW   | SOSNOWIEC            | ARCELORMITTAL                   | M60       | 22         | 6:29         | 9,2        | 00:58:57 | 01:31:45 | 02:16:02   | <b>02:16:51</b> | 727 |     |
| 851  | 858     | KOZŁOWSKA ANNA         | KATOWICE             |                                 | K20       | 37         | 6:30         | 9,2        | 01:06:58 | 01:40:09 | 02:16:09   | <b>02:17:18</b> |     | 124 |
| 852  | 426     | LECH ALEKSANDER        | MYSŁOWICE            |                                 | M40       | 205        | 6:31         | 9,2        | 01:03:06 | 01:36:46 | 02:16:40   | <b>02:17:24</b> | 728 |     |
| 853  | 989     | WRÓBEL ADRIANA         | ŁĄZY                 |                                 | K40       | 29         | 6:32         | 9,2        | 01:01:30 | 01:34:32 | 02:17:03   | <b>02:17:53</b> |     | 125 |
| 854  | 991     | KASZYCA DANUTA         | JANKOWICE            | W POGONI ZA WILKIEM             | K30       | 56         | 6:35         | 9,1        | 00:59:03 | 01:33:02 | 02:18:32   | <b>02:18:58</b> |     | 126 |
| 855  | 115     | CELEJ PIOTR            | SOSNOWIEC            |                                 | M20       | 108        | 6:36         | 9,1        | 01:06:22 | 01:39:49 | 02:18:36   | <b>02:19:16</b> | 729 |     |
| 856  | 898     | OLEJNIK RAFAŁ          | IMIELIN              |                                 | M40       | 206        | 6:36         | 9,1        | 01:07:21 | 01:39:49 | 02:18:20   | <b>02:19:16</b> | 730 |     |
| 857  | 877     | CICHOCKI MARIUSZ       | RADOMSKO             |                                 | M40       | 207        | 6:37         | 9,1        | 01:07:17 | 01:39:53 | 02:18:18   | <b>02:19:27</b> | 731 |     |
| 858  | 658     | WOJAS BARTŁOMIEJ       | DĄBROWA GÓRNICZA     | CFO RUNNING TEAM                | M30       | 321        | 6:37         | 9,1        | 00:55:35 | 01:28:35 | 02:19:43   | <b>02:19:45</b> | 732 |     |
| 859  | 352     | TRZEBIŃSKI KRZYSZTOF   | DĄBROWA GÓRNICZA     |                                 | M40       | 208        | 6:38         | 9,0        | 00:57:24 | 01:30:16 | 02:19:05   | <b>02:19:55</b> | 733 |     |
| 860  | 884     | GRZEBNIEWSKA JUDYTA    | TYCHY                | WF SPORTRUN TEAM                | K20       | 38         | 6:39         | 9,0        | 01:07:46 | 01:42:28 | 02:19:13   | <b>02:20:15</b> |     | 127 |
| 861  | 506     | OLCZYK CEZARY          | TYCHY                | WF SPORTRUN TEAM                | M30       | 322        | 6:39         | 9,0        | 01:07:46 | 01:42:27 | 02:19:13   | <b>02:20:16</b> | 734 |     |
| 862  | 737     | WITECKA MILENA         | DĄBROWA GÓRNICZA     |                                 | K20       | 39         | 6:40         | 9,0        | 01:07:43 | 01:41:07 | 02:20:04   | <b>02:20:31</b> |     | 128 |
| 863  | 158     | LISZKA ZBIGNIEW        | BOLESŁAW             |                                 | M30       | 323        | 6:40         | 9,0        | 00:51:38 | 01:28:35 | 02:20:18   | <b>02:20:41</b> | 735 |     |
| 864  | 302     | JAROSZ MARIAN          | MYSŁOWICE            | TRUCHTACZ MYSŁOWICE             | M60       | 23         | 6:40         | 9,0        | 01:01:44 | 01:35:31 | 02:20:21   | <b>02:20:45</b> | 736 |     |
| 865  | 725     | TEKIELI JOANNA         | DĄBROWA GÓRNICZA     | FITGEEK.PL                      | K20       | 40         | 6:41         | 9,0        | 01:04:49 | 01:39:58 | 02:20:28   | <b>02:20:57</b> |     | 129 |
| 866  | 256     | OBUCHOWSKI ROBERT      | DĄBROWA GÓRNICZA     |                                 | M40       | 209        | 6:42         | 9,0        | 00:58:40 | 01:32:44 | 02:20:09   | <b>02:21:15</b> | 737 |     |
| 867  | 693     | WOŹNIAK MARIUSZ        | DĄBROWA GÓRNICZA     |                                 | M30       | 324        | 6:42         | 9,0        | 01:02:55 | 01:38:16 | 02:21:13   | <b>02:21:19</b> | 738 |     |
| 868  | 783     | WOJCIECHOWSKA ROMUALDA | DĄBROWA GÓRNICZA     |                                 | K50       | 5          | 6:46         | 8,9        | 01:04:59 | 01:39:55 | 02:22:25   | <b>02:22:43</b> |     | 130 |
| 869  | 860     | SZEWCIUK MIECZYŚLAW    | TYCHY                | FAMILY TEAM                     | M60       | 24         | 6:46         | 8,9        | 01:03:40 | 01:39:07 | 02:21:44   | <b>02:22:49</b> | 739 |     |
| 870  | 191     | SZASTOK WOJCIECH       | SIEMIANOWICE ŚLĄSKIE |                                 | M20       | 109        | 6:47         | 8,8        | 01:03:10 | 01:37:41 | 02:22:08   | <b>02:23:05</b> | 740 |     |
| 871  | 413     | PODSIADŁO JAN          | DĄBROWA GÓRNICZA     | TKKF TRIATHLON DĄBROWA GÓRNICZA | M30       | 325        | 6:48         | 8,8        | 00:59:42 | 01:37:18 | 02:22:49   | <b>02:23:28</b> | 741 |     |
| 872  | 607     | PAWLICKI GRZEGORZ      | KATOWICE             |                                 | M30       | 326        | 6:48         | 8,8        | 01:01:25 | 01:36:01 | 02:22:27   | <b>02:23:35</b> | 742 |     |
| 873  | 953     | OBUCHOWSKA KINGA       | DĄBROWA GÓRNICZA     |                                 | K20       | 41         | 6:50         | 8,8        | 01:06:58 | 01:40:09 | 02:23:03   | <b>02:24:10</b> |     | 131 |
| 874  | 106     | ŚWIERCZEWSKI KRZYSZTOF | SOSNOWIEC            | W POGONI ZA DUCHEM              | M30       | 327        | 6:51         | 8,8        | 00:58:35 | 01:37:26 | 02:24:01   | <b>02:24:24</b> | 743 |     |
| 875  | 656     | BOBER-OGON BETINA      | SIEMIANOWICE ŚLĄSKIE | NIGHT RUNNERS ŚLĄSK             | K20       | 42         | 6:51         | 8,8        | 01:02:36 | 01:37:21 | 02:23:42   | <b>02:24:25</b> |     | 132 |
| 876  | 804     | CHRAPEK ROMUALD        | WARSZAWA             | URSA POLSKA                     | M40       | 210        | 6:51         | 8,8        | 01:08:01 | 01:42:11 | 02:23:21   | <b>02:24:31</b> | 744 |     |
| 877  | 408     | PRYMAS EWA             | BĘDZIN               |                                 | K40       | 30         | 6:51         | 8,8        | 01:07:53 | 01:41:59 | 02:23:57   | <b>02:24:37</b> |     | 133 |
| 878  | 973     | GRABARCZYK MARIUSZ     | BĘDZIN               |                                 | M40       | 211        | 6:53         | 8,7        | 01:01:32 | 01:38:11 | 02:24:21   | <b>02:25:07</b> | 745 |     |
| 879  | 4       | STACHOWIAK DAGMARA     | DĄBROWA GÓRNICZA     |                                 | K30       | 57         | 6:53         | 8,7        |          | 01:38:17 | 02:24:48   | <b>02:25:08</b> |     | 134 |
| 880  | 78      | ZANDECKA MAGDALENA     | DĄBROWA GÓRNICZA     |                                 | K20       | 43         | 6:53         | 8,7        |          | 01:39:10 | 02:24:48   | <b>02:25:14</b> |     | 135 |
| 881  | 496     | ZALEWSKI ANDRZEJ       | SOSNOWIEC            |                                 | M60       | 25         | 6:54         | 8,7        | 01:04:30 | 01:40:37 | 02:25:20   | <b>02:25:44</b> | 746 |     |
| 882  | 836     | JARZYNA RYSZARD        | DĄBROWA GÓRNICZA     | AMP POLAND O/DĄBROWA GÓRNICZA   | M60       | 26         | 6:56         | 8,7        | 01:07:31 | 01:42:18 | 02:25:23   | <b>02:26:11</b> | 747 |     |

Opracował: Maciej Grzybowski  
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# VIII PÓŁMARATON DĄBROWSKI

Organizator: CSiR Dąbrowa Górnicza  
 Data: 12.04.2015  
 Dystans: PÓŁMARATON  
 Miejscowość: Dąbrowa Górnicza

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość          | Klub                               | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | 10 KM    | 15 KM    | Czas netto | Czas brutto     | M   | K   |
|------|---------|-----------------------|----------------------|------------------------------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|-----|
| 883  | 205     | LEWANDOWSKI JÓZEF     | KATOWICE             |                                    | M40       | 212        | 6:59         | 8,6        | 01:03:23 | 01:38:15 | 02:26:22   | <b>02:27:16</b> | 748 |     |
| 884  | 769     | WOŚKO JAN             | KRAPKOWICE           | CROSS KRAPKOWICE                   | M60       | 27         | 6:59         | 8,6        | 01:08:40 | 01:44:54 | 02:26:16   | <b>02:27:26</b> | 749 |     |
| 885  | 926     | BRODIUK NORBERT       | GLIWICE              | PAULUS                             | M40       | 213        | 7:00         | 8,6        | 01:05:11 | 01:42:13 | 02:27:04   | <b>02:27:35</b> | 750 |     |
| 886  | 446     | REICHEL AGNIESZKA     | BĘDZIN               | CFO RUNNING TEAM                   | K30       | 58         | 7:01         | 8,5        | 01:09:04 | 01:44:27 | 02:27:07   | <b>02:28:11</b> |     | 136 |
| 887  | 504     | SZCZYPKA MAGDALENA    | KATOWICE             | KOSTUCHNA                          | K20       | 44         | 7:02         | 8,5        | 01:06:35 | 01:41:54 | 02:27:18   | <b>02:28:26</b> |     | 137 |
| 888  | 756     | BASIAK ANITA          | PORĘBA               |                                    | K30       | 59         | 7:02         | 8,5        | 01:02:54 | 01:38:16 | 02:27:24   | <b>02:28:33</b> |     | 138 |
| 889  | 582     | SOLIPIWKO ZBIGNIEW    | DĄBROWA GÓRNICZA     |                                    | M40       | 214        | 7:03         | 8,5        | 01:03:14 | 01:42:13 | 02:28:16   | <b>02:28:38</b> | 751 |     |
| 890  | 77      | BULIŃSKA NATALIA      | SOSNOWIEC            |                                    | K20       | 45         | 7:04         | 8,5        | 01:03:13 | 01:41:45 | 02:28:36   | <b>02:28:56</b> |     | 139 |
| 891  | 598     | RUDNER URSZULA        | GLIWICE              |                                    | K20       | 46         | 7:04         | 8,5        | 01:05:09 | 01:42:15 | 02:28:11   | <b>02:29:04</b> |     | 140 |
| 892  | 356     | CZARNECKI ADAM        | DĄBROWA GÓRNICZA     | NIEZRZESZONY                       | M50       | 71         | 7:04         | 8,5        | 01:05:25 | 01:42:16 | 02:28:34   | <b>02:29:04</b> | 752 |     |
| 893  | 508     | JAGODZIŃSKA KAJA      | DĄBROWA GÓRNICZA     |                                    | K20       | 47         | 7:04         | 8,5        | 01:05:09 | 01:42:15 | 02:28:11   | <b>02:29:04</b> |     | 141 |
| 894  | 350     | MUSIALSKA KATARZYNA   | SIEMIANOWICE ŚLĄSKIE |                                    | K30       | 60         | 7:05         | 8,5        | 01:08:29 | 01:44:31 | 02:29:10   | <b>02:29:33</b> |     | 142 |
| 895  | 340     | GUZIK GRAŻYNA         | SOSNOWIEC            |                                    | K40       | 31         | 7:06         | 8,5        | 01:06:11 | 01:43:27 | 02:29:17   | <b>02:29:43</b> |     | 143 |
| 896  | 729     | CHRABĄSZCZ IZABELA    | CZĘSTOCHOWA          | ZABIEGANI CZĘSTOCHOWA              | K30       | 61         | 7:07         | 8,4        | 01:07:39 | 01:43:43 | 02:29:12   | <b>02:30:07</b> |     | 144 |
| 897  | 107     | SZENDERA DAWID        | KNURÓW               | STADION ŚLĄSKI                     | M20       | 110        | 7:08         | 8,4        | 01:10:48 | 01:47:04 | 02:29:54   | <b>02:30:36</b> | 753 |     |
| 898  | 748     | KOWALSKI MARCIN       | SOSNOWIEC            | MDR TEAM ADRENALINA/TEAM JCOMMERCE | M30       | 328        | 7:08         | 8,4        | 01:05:39 | 01:41:17 | 02:30:16   | <b>02:30:39</b> | 754 |     |
| 899  | 173     | CELEJ ZBIGNIEW        | SOSNOWIEC            |                                    | M40       | 215        | 7:10         | 8,4        | 01:11:39 | 01:47:52 | 02:30:27   | <b>02:31:11</b> | 755 |     |
| 900  | 608     | SIENKAN ELA           | BĘDZIN               | TKKF CZELADŹ                       | K50       | 6          | 7:13         | 8,3        | 01:07:44 | 01:45:37 | 02:31:38   | <b>02:32:16</b> |     | 145 |
| 901  | 444     | ŻURAWIECKI MICHAŁ     | DĄBROWA GÓRNICZA     |                                    | M20       | 111        | 7:13         | 8,3        | 01:04:45 | 01:42:14 | 02:32:04   | <b>02:32:16</b> | 756 |     |
| 902  | 288     | OBUCHOWSKA MAŁGORZATA | DĄBROWA GÓRNICZA     | BIEGNĘ DLA SIEBIE                  | K40       | 32         | 7:13         | 8,3        | 01:04:45 | 01:46:51 | 02:31:15   | <b>02:32:22</b> |     | 146 |
| 903  | 103     | KAWCZYK MAREK         | DĄBROWA GÓRNICZA     |                                    | M20       | 112        | 7:22         | 8,2        | 00:59:27 | 01:40:50 | 02:34:34   | <b>02:35:16</b> | 757 |     |
| 904  | 179     | KOT EUGENIUSZ         | KATOWICE             |                                    | M70       | 4          | 7:28         | 8,0        | 01:09:04 | 01:47:52 | 02:36:41   | <b>02:37:39</b> | 758 |     |
| 905  | 674     | ŁAKOMY REMIGIUSZ      | SIEMIANOWICE ŚLĄSKIE |                                    | M20       | 113        | 7:28         | 8,0        | 01:05:02 | 01:43:50 | 02:36:31   | <b>02:37:39</b> | 759 |     |
| 906  | 149     | KOŁODZIEJ MATEUSZ     | SIEMIANOWICE ŚLĄSKIE |                                    | M20       | 114        | 7:28         | 8,0        | 01:05:03 | 01:43:52 | 02:36:31   | <b>02:37:39</b> | 760 |     |
| 907  | 129     | WIDERA MARIAN         | KATOWICE             |                                    | M70       | 5          | 7:32         | 8,0        | 01:09:04 | 01:47:52 | 02:37:58   | <b>02:38:56</b> | 761 |     |
| 908  | 409     | PRYMAS MAREK          | BĘDZIN               | POGORIA BIEGA                      | M50       | 72         | 7:32         | 8,0        | 01:11:02 | 01:51:21 | 02:38:20   | <b>02:38:57</b> | 762 |     |
| 909  | 592     | KAMROWSKI ŁUKASZ      | KATOWICE             | GOGGLE PAE TEAM                    | M30       | 329        | 7:34         | 7,9        | 01:07:38 | 01:45:15 | 02:38:41   | <b>02:39:48</b> | 763 |     |
| 910  | 692     | MADEJ JÓZEF           | OŚWIĘCIM             | ZADYSZKA OŚWIĘCIM                  | M60       | 28         | 7:40         | 7,8        | 01:13:49 | 01:53:55 | 02:41:53   | <b>02:41:53</b> | 764 |     |
| 911  | 117     | ARMATYS DOMINIKA      | KRAKÓW               | NAJPRZÓD BUGAJ                     | K30       | 62         | 7:48         | 7,7        | 01:12:55 | 01:53:51 | 02:43:34   | <b>02:44:30</b> |     | 147 |
| 912  | 18      | MISIEWICZ NATALIA     | CHORZÓW              |                                    | K20       | 48         | 7:49         | 7,7        | 01:14:26 | 01:54:00 | 02:44:10   | <b>02:44:46</b> |     | 148 |
| 913  | 747     | GRUDZIEŃ NATALIA      | DĄBROWA GÓRNICZA     | SSJ2                               | K20       | 49         | 7:54         | 7,6        | 01:12:31 | 01:53:58 | 02:46:21   | <b>02:46:40</b> |     | 149 |
| 914  | 73      | SIKORA ZBIGNIEW       | JAWORZNO             | POGORIA BIEGA                      | M30       |            |              |            | 00:39:31 | 01:00:19 |            | <b>DNF</b>      |     |     |
| 915  | 280     | STRANC PRZEMYSŁAW     | DĄBROWA GÓRNICZA     |                                    | M30       |            |              |            | 00:53:20 | 01:20:08 |            | <b>DNF</b>      |     |     |
| 916  | 420     | GINALSKI PAWEŁ        | DĄBROWA GÓRNICZA     |                                    | M40       |            |              |            | 00:53:25 | 01:20:29 |            | <b>DNF</b>      |     |     |
| 917  | 519     | HNATÓW SZYMEK         | DĄBROWA GÓRNICZA     | SPELEOKLUB DĄBROWA GÓRNICZA        | M30       |            |              |            | 00:51:12 | 01:21:01 |            | <b>DNF</b>      |     |     |
| 918  | 934     | SŁOMKA ANDRZEJ        | MIKOŁÓW              | HADES MIKOŁÓW                      | M50       |            |              |            | 00:47:54 |          |            | <b>DNF</b>      |     |     |
| 919  | 434     | KURYŁO DOROTA         | RYBNIK               | DRUŻYNA SZPIKU                     | K40       |            |              |            | 01:16:04 |          |            | <b>DNF</b>      |     |     |