

JBL Triathlon Sieraków 28-29.05.2016 r.
Dystans: Połówka



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	Plywanie	M-ce Plywanie	T1	Rower	M-ce Rower	T2	Bieg	M-ce Bieg	Rezultat	K	M
1	78	LUFF MIKOŁAJ	WARSZAWA	LUF TRI TEAM	1985	MP PRO-M	1	00:24:35	6	00:03:25	02:05:16	3	00:01:25	01:23:00	8	03:57:41		1
2	75	ADAM KACPER	CZĘSTOCHOWA		1992	MP PRO-M	2	00:24:39	8	00:03:42	02:09:11	5	00:01:24	01:22:06	5	04:01:02		2
3	62	GREBSKI MACIEJ	GŁOGÓW	Agrolok Sport Team / CSGT Głogów	1992	MP PRO-M	3	00:23:57	1	00:03:30	02:10:16	7	00:01:17	01:22:38	6	04:01:38		3
4	72	TYCZYŃSKI JACEK	GŁOGÓW	CSGT/Trinergy	1996	MP PRO-M	4	00:25:23	10	00:03:31	02:10:43	9	00:01:35	01:21:30	3	04:02:42		4
5	60	KARASZ ROBERT	ELBLĄG	TRUSO ELBLĄG/Labosport Team/Olimpius.pl	1989	MP PRO-M	5	00:24:24	2	00:03:35	02:09:38	6	00:01:17	01:24:02	10	04:02:56		5
6	46	NAJMOWICZ SEBASTIAN	OLSZTYN	Tri NEGU / rowerysportowy.pl	1991	M25-29	1	00:24:25	3	00:03:36	02:13:34	16	00:01:29	01:21:30	2	04:04:34		6
7	65	BANACH BARTOSZ	GDANSK	TORUS - Hotel Cztery Brozy	1986	MP PRO-M	6	00:30:13	60	00:03:49	02:04:51	2	00:01:26	01:25:02	11	04:05:21		7
8	71	GIECIEWICZ NORBERT	SZCZECIN	ironman c/s polska	1990	MP PRO-M	7	00:24:37	7	00:03:37	02:10:32	8	00:01:27	01:25:16	13	04:05:29		8
9	61	SZYMANOWSKI PRZEMYSŁAW	KOŃSKIE	WLKS KMICIC CZ-WA	1986	MP PRO-M	8	00:24:31	5	00:03:37	02:13:21	14	00:01:16	01:23:34	9	04:06:19		9
10	68	AUGUSTYNIAK KRZYSZTOF	POLKOWICE	MKS Pletwa Polkowice/CCC/Enervit/LaboSport	1981	MP PRO-M	9	00:25:41	14	00:03:51	02:13:29	15	00:01:29	01:22:46	7	04:07:16		10
11	296	PODSIADŁOWSKI MICHAŁ	ZĄBKI	Trinergy	1984	M30-34	1	00:32:27	129	00:04:18	02:01:16	1	00:01:49	01:28:00	25	04:07:50		11
12	63	SPALEŃIAK TOMASZ	DOBRZEWINO	UKS Tri-Team Rumia	1990	MP PRO-M	10	00:30:06	56	00:04:02	02:14:38	18	00:01:30	01:20:34	1	04:10:50		12
13	56	BODNAR MACIEJ	BORNE SULINOWO	Airbike Armexim Development Tri Team	1994	MP PRO-M	11	00:24:26	4	00:03:32	02:13:38	17	00:01:24	01:29:12	30	04:12:12		13
14	969	MAJKA MICHAŁ	ELBLĄG	LABOSPORT TEAM	1978	M35-39	1	00:30:00	55	00:04:17	02:13:08	13	00:01:42	01:25:32	14	04:14:39		14
15	222	PETELSKI MATEUSZ	GDANSK	GVT	1986	M30-34	2	00:31:51	102	00:03:53	02:15:39	25	00:01:21	01:21:56	4	04:14:40		15
16	41	KULESZA JAKUB	JELENIA GÓRA		1980	M35-39	2	00:31:10	77	00:04:42	02:11:30	10	00:01:36	01:25:48	15	04:14:46		16
17	566	JUSKOWIAK JAKUB	POZNAŃ	N/D	1977	M35-39	3	00:29:06	43	00:04:03	02:14:59	21	00:01:24	01:26:11	17	04:15:43		17
18	187	LISIEŃSKI MICHAŁ	SIEMIANOWICE ŚL.	CHOP ZE ŻELAZA TRI TEAM	1987	M25-29	2	00:26:52	16	00:03:40	02:18:23	47	00:01:28	01:27:21	22	04:17:44		18
19	247	PIREK MARIUSZ	WARSZAWA	KUŹNIA TRIATHLONU	1985	M30-34	3	00:30:35	69	00:04:07	02:12:48	12	00:01:33	01:28:48	27	04:17:51		19
20	36	KAFTANSKI LEOPOLD	SZTOKHOLM	Stockholm City Triathlon	1985	MP PRO-M	12	00:30:52	72	00:04:10	02:06:42	4	00:01:30	01:35:12	71	04:18:26		20
21	277	WIĄCZEK KAROL	POZNAŃ		1984	M30-34	4	00:29:59	53	00:04:21	02:17:13	35	00:01:23	01:26:02	16	04:18:58		21
22	238	NAWRACAJ MICHAŁ	JAWOR	GVT	1986	M30-34	5	00:28:41	36	00:04:17	02:15:53	27	00:01:23	01:29:12	31	04:19:26		22
23	74	NEUMAN MARCIN	SOSNOWIEC	KS AZS AWF Katowice	1995	MP PRO-M	13	00:25:22	9	00:03:22	02:20:21	64	00:01:08	01:29:38	38	04:19:51		23
24	365	AWRUK BARTOSZ	BIAŁYSTOK	Nadaktywni/ wawruk.pl	1982	M30-34	6	00:27:35	25	00:04:16	02:17:34	36	00:01:36	01:29:41	39	04:20:42		24
25	30	GOLINIEWICZ DAMIAN	ELBLĄG	ComplexSports PRO TEAM	1993	M18-24	1	00:28:31	34	00:04:19	02:15:27	23	00:01:21	01:31:08	42	04:20:46		25
26	598	SZUMIEC ŁUKASZ	JASŁO	JSC Jasło	1977	M35-39	4	00:34:14	195	00:04:23	02:14:56	20	00:01:32	01:26:13	18	04:21:18		26
27	253	MAJCHRAK MICHAŁ	NOWY LUBOSZ	TGV/NODON TEAM	1985	M30-34	7	00:30:28	67	00:04:35	02:12:42	11	00:01:44	01:32:23	50	04:21:52		27
28	79	BUGDOL EWA	RUDY	KMICIC CZĘSTOCHOWA	1986	MP PRO-K	1	00:25:33	11	00:03:58	02:18:27	50	00:02:01	01:32:17	48	04:22:16	1	
29	456	GUZ ANDRZEJ	GDYNIA	ComplexSports	1986	M35-39	5	00:31:13	78	00:04:44	02:16:58	33	00:01:28	01:28:55	28	04:23:18		28
30	971	WANIEWSKI MARCIN	MALBORK	Waniewski Coaching/Triathlon Series Team	1970	M40-44	1	00:29:59	54	00:04:21	02:18:09	42	00:02:06	01:28:45	26	04:23:20		29
31	70	GOLINIEWSKI JAKUB	CZĘSTOCHOWA	WLKS KMICIC CZ-WA / Kolarski.eu Team	1993	MP PRO-M	14	00:27:24	22	00:04:01	02:17:41	37	00:01:21	01:33:13	55	04:23:40		30
32	673	GUCANOVICS IGORS	BABITE	ironman.lv	1975	M40-44	2	00:28:29	33	00:04:20	02:15:00	22	00:01:42	01:34:23	63	04:23:54		31
33	176	SZCZUŁEWSKI ANDRZEJ	STRZELCE OPOLSKIE	GMINA STRZELCE OPOLSKIE	1988	M25-29	3	00:30:09	58	00:04:21	02:22:37	92	00:01:47	01:25:13	12	04:24:07		32
34	76	KOTIFCA PAULINA	WROCLAW	GVT - SMT - Finis - Trislide Team	1986	MP PRO-K	2	00:25:38	12	00:03:47	02:24:20	110	00:01:27	01:29:31	35	04:24:43	2	
35	239	KOCUR JAROSŁAW	TYCHY		1986	M30-34	8	00:28:46	37	00:04:27	02:17:12	34	00:01:29	01:33:20	57	04:25:14		33
36	388	KUREK PIOTR	POZNAŃ	BUDMIX	1981	M35-39	6	00:27:33	24	00:04:23	02:20:42	66	00:01:28	01:31:15	44	04:25:21		34
37	968	ZAWADZKI ARTUR	WARSZAWA	TRINERGY TEAM	1978	M35-39	7	00:31:19	83	00:04:19	02:15:32	24	00:02:08	01:32:34	51	04:25:52		35
38	551	KOWALCZYK MAREK	BYDGOSZCZ	ENDUSPORT	1978	M35-39	8	00:35:12	246	00:04:03	02:17:58	40	00:01:33	01:27:38	23	04:26:24		36
39	233	MADSEN JESPER	SKJETTEN	Skjjetten Svimming Triathlon	1986	M30-34	9	00:25:40	13	00:04:04	02:17:48	39	00:02:13	01:36:53	93	04:26:38		37
40	266	PRUCHNIEWSKI KAROL	SZCZYTNO		1985	M30-34	10	00:33:09	156	00:04:24	02:19:36	52	00:01:45	01:27:45	24	04:26:39		38
41	675	NAGÓRSKI KAMIL	WARSZAWA	Trinergy Team	1975	M40-44	3	00:27:52	29	00:04:23	02:21:15	73	00:01:50	01:32:06	47	04:27:26		39
42	602	WOJNAR ROBERT	TORUŃ		1976	M40-44	4	00:36:44	336	00:04:00	02:18:12	44	00:01:47	01:26:50	20	04:27:33		40
43	38	BUCEK BARTOMEJ	SKWIERZYNA	GVT	1987	M25-29	4	00:29:58	52	00:04:18	02:16:36	29	00:02:03	01:34:47	66	04:27:42		41
44	629	NOWICKI PIOTR	SZCZECIN	Tricarbon.pl	1976	M40-44	5	00:31:53	106	00:04:51	02:15:48	26	00:01:49	01:34:06	60	04:28:27		42
45	753	GASIOROWSKI PIOTR	WARSZAWA	eFaktor	1973	M40-44	6	00:32:48	143	00:04:40	02:18:27	49	00:01:44	01:31:12	43	04:28:51		43
46	379	TOPOLEWSKI PRZEMYSŁAW	POZNAŃ	UKS Cytizen	1982	M30-34	11	00:28:34	35	00:04:41	02:21:06	71	00:01:40	01:32:50	52	04:28:51		43
47	240	STANISZEWSKI KRZYSZTOF	MALBORK	SPORTEVO	1986	M30-34	12	00:29:38	48	00:04:06	02:23:15	102	00:01:34	01:30:47	41	04:29:20		45
48	27	BRUMM MACIEJ	DUNDALK	NTC Newry Irealnd	1979	M35-39	9	00:27:40	28	00:03:50	02:22:01	85	00:01:27	01:34:50	68	04:29:48		46
49	220	KRAKOWIAK PAWEŁ	OTWOCK	Kuźnia Triathlonu / 4SportLab	1986	M30-34	13	00:31:43	89	00:04:07	02:23:08	100	00:01:51	01:29:14	32	04:30:03		47
50	637	CZERWIEC ARTUR	ZABIERZÓW	KT Water Knights Zabierzów	1976	M40-44	7	00:27:13	19	00:04:24	02:26:46	129	00:01:39	01:31:27	46	04:31:29		48
51	684	SIWIRSKI ROBERT	WARSZAWA	WTT/Trinergy	1975	M40-44	8	00:35:29	266	00:04:16	02:19:12	51	00:02:08	01:30:44	40	04:31:49		49
52	461	MALACZEWSKI ŁUKASZ	WROCLAW	GVT	1979	M35-39	10	00:27:22	21	00:04:33	02:21:38	76	00:01:35	01:37:07	95	04:32:15		50
53	169	GÓRKA MARCIN	KRAKÓW	TRI ENGINES / marciningorka.pl	1988	M25-29	5	00:26:57	18	00:04:34	02:20:27	65	00:01:30	01:38:54	117	04:32:22		51
54	693	RABENDA MARCIN	PIELGRZYMK	Oławs Złotoryja	1975	M40-44	9	00:36:49	341	00:04:05	02:23:24	103	00:01:28	01:26:41	19	04:32:27		52
55	181	OLEŚEJUK MICHAŁ	SANDOMIERZ	TSA Sandomierz	1987	M25-29	6	00:32:00	113	00:05:18	02:20:42	67	00:01:32	01:32:59	53	04:32:31		53
56	205	BORCZYK JANISZ	CZĘSTOCHOWA	Olimpius.PL	1987	M25-29	7	00:31:48	98	00:04:08	02:14:44	19	00:02:20	01:39:57	134	04:32:57		54
57	77	KOWALSKA OLGA	WARSZAWA	TRINERGY TEAM	1988	MP PRO-K	3	00:30:07	57	00:04:07	02:27:39	143	00:01:33	01:29:34	36	04:33:00	3	
58	380	ZWIERZCHOWSKI ANDRZEJ	BUDY GŁOGOWSKIE	Triathlon Siedlce Club / Głogów Małopolski	1982	M30-34	14	00:31:08	75	00:04:56	02:19:57	56	00:01:53	01:35:59	77	04:33:53		55
59	536	JURKOWSKI TOMASZ	WARSZAWA	Termoexport / SJ Sarża	1978	M35-39	11	00:31:53	105	00:05:15	02:22:17	89	00:01:33	01:33:03	54	04:34:01		56
60	819	SOBCZAK MARCIN	RUMIA	UKS Tri-team Rumia	1971	M45-49	1	00:32:07	120	00:04:27	02:21:43	77	00:01:47	01:34:14	62	04:34:18		57
61	703	SZEFER PIOTR	STANISŁAWÓW DRUGI	TRINERGY	1974	M40-44	10	00:31:47	95	00:04:19	02:21:52	81	00:01:32	01:35:18	73	04:34:48		58
62	141	STEMPNIAK ADRIAN	SREM	Ciacho Team Triathlon	1989	M25-29	8	00:32:58	150	00:04:22	02:21:05	70	00:01:49	01:35:17	72	04:35:31		59
63	877	SOLLEWIJN GELPKE MAARTEN	LONDON	Kingfisher Triathletes	1967	M45-49	2	00:28:11	31	00:04:02	02:16:37	30	00:01:36	01:45:41	222	04:36:07		60
64	513	BUCHLIŃSKI RAFAŁ	GDYNIA	Sport-ewo / Biegamyrazem.pl	1978	M35-39	12	00:33:51	184	00:04:31	02:19:51	55	00:01:14	01:36:50	92	04:36:17		61
65	645	MADEJ RAFAŁ	BRZESKO	BOSIR Brzesko	1976	M40-												

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	Pływanie	M-ce Pływanie	T1	Rower	M-ce Rower	T2	Bieg	M-ce Bieg	Rezultat	K	M
86	360	JARZEMBOVICZ MACIEJ	PIASECZNO	Trinergy Team	1982	M30-34	21	00:34:40	222	00:04:45	02:23:43	105	00:01:34	01:36:30	86	04:41:12		80
87	454	GARBACI MICHAŁ	POZNAŃ	Cyżen\OWA Polska	1980	M35-39	15	00:28:58	40	00:06:52	02:28:47	166	00:02:57	01:33:50	58	04:41:24		81
88	164	OSUCH JAKUB	JAŻOĆCIN	#zawszepozłoto	1988	M25-29	12	00:41:16	57	00:04:04	02:25:03	114	00:01:59	01:29:31	34	04:41:53		82
89	590	LEMKE KRZYSZTOF	GDYNIA	Gdynski Triathlon	1977	M35-39	16	00:36:07	305	00:04:47	02:21:56	83	00:01:49	01:37:27	98	04:42:06		83
90	270	KORD RADOSŁAW	BARCZEWO	Kross Staff Team	1985	M30-34	22	00:31:52	104	00:04:09	02:22:56	95	00:01:53	01:41:37	163	04:42:27		84
91	736	WIERZBICKI GRZEGORZ	SIEDLCE	Triathlon Siedlce Club	1974	M40-44	14	00:34:42	224	00:04:55	02:22:01	84	00:02:03	01:39:07	120	04:42:48		85
92	366	SERWIŃSKI RADEK	WARSZAWA	Trinergy Team	1982	M30-34	23	00:35:43	285	00:05:19	02:25:36	118	00:01:41	01:34:44	65	04:43:03		86
93	142	KOSICKI TOMASZ	LUSÓWKO		1989	M25-29	13	00:30:37	70	00:04:32	02:23:05	98	00:01:29	01:43:21	187	04:43:04		87
94	498	BUKOWY MACIEJ	BELCHATÓW	LSKK Belchatów	1979	M35-39	17	00:37:29	387	00:05:57	02:20:01	58	00:01:58	01:38:02	106	04:43:27		88
95	818	SKOMSKI ADAM	MOSTY	360 Sailing Team	1971	M45-49	5	00:35:27	264	00:04:58	02:23:45	106	00:01:50	01:37:41	101	04:43:41		89
96	157	WNEK JAROSŁAW	KLUCZBORK	Aquapark Wroclaw	1988	M25-29	14	00:28:55	39	00:04:50	02:21:05	69	00:02:03	01:46:55	247	04:43:48		90
97	585	KREMER TOMASZ	ZIELONA GÓRA	KM SPORT IRT Zielona Góra	1977	M35-39	18	00:31:19	82	00:04:26	02:22:04	87	00:01:43	01:44:28	205	04:44:00		91
98	741	GLEBOW KRZYSZTOF	GDĄSK	Hożej Podwodny Bałtyckie Foki	1973	M40-44	15	00:33:37	175	00:04:31	02:27:05	134	00:02:01	01:36:57	94	04:44:11		92
99	525	GLÓD TOMASZ	BOCHNIA	Igloo Bochnia	1978	M35-39	19	00:35:13	248	00:04:48	02:18:10	43	00:01:38	01:44:30	208	04:44:19		93
100	340	KUNICKI KONRAD	WROCLAW	GVT	1982	M30-34	24	00:35:56	298	00:04:01	02:26:50	131	00:01:40	01:35:53	76	04:44:20		94
101	391	BEDNAREK LUKASZ	WARSZAWA	Trinergy / Play	1981	M35-39	20	00:34:19	201	00:05:58	02:23:59	108	00:02:49	01:37:16	97	04:44:21		95
102	113	KUŚKA ADAM	RYBNIK	GTT GLIWICE	1992	M18-24	2	00:31:47	96	00:04:30	02:22:08	88	00:01:30	01:44:29	207	04:44:24		96
103	612	SOBAŃSKI TOMASZ	MYŚLIBÓRZ	epidemiasportu.pl	1976	M40-44	16	00:33:10	157	00:04:40	02:29:02	170	00:01:36	01:36:10	83	04:44:38		97
104	545	GONCZAREK BARTOSZ	KAMIENIEC WROCŁAWSKI	Explain Everything app	1978	M35-39	21	00:35:24	259	00:04:28	02:19:45	54	00:01:35	01:43:35	189	04:44:47		98
105	957	ROSENBERG MOLLER KIM	DELLHAMAR	Skjetten Svømming Triathlon	1983	M30-34	25	00:30:15	65	00:04:06	02:21:55	82	00:01:48	01:46:55	246	04:44:59		99
106	264	DASKO JEVGENIJS	LIEPAJA	Ironman.lv	1985	M30-34	26	00:33:58	189	00:05:24	02:18:04	41	00:02:02	01:45:42	223	04:45:10		100
107	389	WITKOWSKI DAMIAN	KROTOSZYN		1981	M35-39	22	00:34:41	223	00:04:57	02:29:03	171	00:01:54	01:34:39	64	04:45:14		101
108	117	JADACH MICHAŁ	CHODEL	Sygnal Chodel	1991	M25-29	15	00:35:16	252	00:04:45	02:33:26	253	00:01:29	01:31:18	45	04:46:14		102
109	289	SYDOR TOMASZ	GDĄSK	Tri trojmasto	1984	M30-34	27	00:31:56	109	00:04:41	02:20:59	68	00:01:46	01:47:15	252	04:46:37		103
110	326	BISKUPSKA MAGDALENA	WROCLAW	GT RAT	1983	K30-34	1	00:31:48	97	00:04:17	02:31:58	219	00:01:46	01:36:49	91	04:46:38	7	
111	419	WAYER LUKASZ	GOSTYŃ	CHOD-DRÓG TRI TEAM	1980	M35-39	23	00:37:47	403	00:05:19	02:19:42	53	00:02:25	01:41:28	161	04:46:41		104
112	203	WALISZEWSKI JAKUB	POZNAŃ	Rowery Malgośka	1987	M25-29	16	00:32:04	118	00:04:30	02:28:40	164	00:01:35	01:40:03	136	04:46:52		105
113	530	KONASZKO ARTUR	WSCHOWA		1978	M35-39	24	00:28:07	30	00:05:53	02:28:09	152	00:02:09	01:42:47	179	04:47:05		106
114	822	KUMARSKI MARCIN	NYSÄ	TRIATHLONOR NYSÄ	1971	M45-49	6	00:31:45	91	00:05:00	02:22:03	86	00:02:10	01:46:09	232	04:47:07		107
115	668	ERMANIS GINTIS	ADAZI	Ironman.lv	1975	M40-44	17	00:39:16	473	00:04:19	02:20:08	59	00:02:48	01:41:01	154	04:47:32		108
116	579	KĘDZIOR GRZEGORZ	WARSZAWA		1977	M35-39	25	00:36:07	304	00:05:42	02:22:57	96	00:01:44	01:41:14	158	04:47:44		109
117	814	SZUREK SŁAWOMIR	RYDUŁTOWY	UKS "Piłtka Plus" Rydułtowy	1971	M45-49	7	00:31:51	100	00:03:51	02:35:50	308	00:01:35	01:34:48	67	04:47:55		110
118	127	CHUDEWNIAK TOMASZ	STEGNA		1990	M25-29	17	02:32:02	117	00:04:59	02:30:33	196	00:01:55	01:38:31	112	04:48:00		111
119	527	KRANICH RAFAL	TORUŃ	Triathlon Team Ciesielski	1978	M35-39	26	00:34:59	231	00:04:22	02:23:06	99	00:01:52	01:43:41	191	04:48:00		111
120	464	GUZIAŁEK JACEK	PUSZCZYKOWO	Kemisports.com	1979	M35-39	27	00:33:01	152	00:05:10	02:28:20	158	00:01:56	01:39:42	129	04:48:09		113
121	556	KURCZEWSKI BARTOSZ	GRUSZCZYN	KB Maniac Poznań	1977	M35-39	28	00:36:50	343	00:05:10	02:28:05	150	00:01:37	01:36:31	87	04:48:13		114
122	255	SOSNOWSKI LUKASZ	WIĘCZORK	TKKF Wodnik Więcork	1985	M30-34	28	00:37:41	398	00:04:46	02:28:01	148	00:01:32	01:36:33	88	04:48:33		115
123	820	MAGIERO BARTOSZ	GŁOGÓW MAŁOPOLSKI		1971	M45-49	8	00:32:06	119	00:04:51	02:22:50	93	00:02:07	01:46:41	241	04:48:35		116
124	770	NITSCHKE MACIEJ	WOLSZTYN	Wolsztyński Klub Biegowy	1972	M40-44	18	00:35:08	239	00:06:05	02:24:23	112	00:02:04	01:41:00	153	04:48:40		117
125	555	PIECZYŃSKI SZYMON	WYSOKO MAŁE	ks maraton ostrów wkp.	1977	M35-39	29	00:36:09	309	00:04:27	02:25:08	117	00:02:14	01:40:43	145	04:48:41		118
126	328	BOROWIAK RAFAŁ	SŁUBICE	FSL Aktywni Słubice	1983	M30-34	29	00:31:09	76	00:04:50	02:35:58	311	00:01:40	01:35:11	70	04:48:48		119
127	514	RUPIETA MAKSYM	POZNAŃ	WUEF Tri Team	1978	M35-39	30	00:31:17	79	00:04:48	02:31:45	215	00:02:18	01:38:47	115	04:48:55		120
128	785	ZDANOWSKI TOMASZ	DZIEWCZA STRUGA	enduhub.com	1972	M40-44	19	00:33:45	180	00:05:02	02:27:34	142	00:02:09	01:40:52	150	04:49:22		121
129	133	KATARZYŃSKI KRYSZTIAN	ZIELONA GÓRA	Sogest - Giant	1989	M25-29	18	00:40:44	527	00:05:53	02:16:45	31	00:02:02	01:44:09	200	04:49:33		122
130	143	MISZEWSKI MATEUSZ	GDĄSK	ComplexSports Triathlon Team	1989	M25-29	18	00:31:52	103	00:04:59	02:32:33	240	00:02:01	01:38:08	107	04:49:33		122
131	639	CZECHOWSKI SZYMON	WARSZAWA	Kuźnia Triathlonu	1976	M40-44	20	00:32:32	133	00:04:43	02:26:13	125	00:02:00	01:44:08	199	04:49:36		124
132	156	DUDEK MATEUSZ	KLUCZBORK	Kluczberska Grupa Biegowa	1988	M25-29	20	00:27:24	23	00:04:48	02:33:22	252	00:01:58	01:42:24	174	04:49:56		125
133	250	SKIBA MARCIN	KRAKÓW		1985	M30-34	30	00:37:45	400	00:04:31	02:28:02	149	00:01:33	01:38:12	108	04:50:03		126
134	528	ZAJĄC TOMASZ	RUDAWA	KT Water Knights Zabierzów	1978	M35-39	31	00:35:02	233	00:04:42	02:21:45	78	00:02:23	01:46:11	233	04:50:03		126
135	183	BEDNARCZYK TOMASZ PIOTR	ŁĘBORK		1987	M25-29	21	00:31:40	88	00:05:17	02:31:13	204	00:02:13	01:40:03	137	04:50:26		128
136	687	LEVENHAIM GAL	BERLIN		1975	M40-44	21	00:31:19	81	00:06:16	02:35:42	302	00:02:12	01:35:01	69	04:50:30		129
137	123	KOPANIA KAMIL	ZIEMNICE	Feniks Legnica	1990	M25-29	22	00:30:32	68	00:04:27	02:28:01	147	00:02:10	01:46:05	229	04:51:15		130
138	104	SZOLEK JAKUB	SŘEM	Ciacho Triathlon Team	1993	M18-24	3	00:29:35	47	00:04:57	02:37:27	338	00:01:38	01:37:39	100	04:51:16		131
139	196	BORDOSZEWSKI DARIUSZ	KATOWICE		1987	M25-29	23	00:26:53	17	00:04:14	02:29:46	181	00:01:33	01:48:55	281	04:51:21		132
140	808	WALASZCZYK WOJCIECH	JASŁO	JSC Jaslo	1971	M45-49	9	00:36:51	345	00:06:11	02:25:06	116	00:02:29	01:40:46	147	04:51:23		133
141	107	GIERASIMCZYK RAFAŁ	MORAĞ	Biernat Rehabilitacja & Sport	1993	M18-24	4	00:30:15	64	00:04:20	02:38:53	370	00:01:49	01:36:41	89	04:51:58		134
142	497	MIKA TOMASZ	WARSZAWA	LABOSPORT Team	1979	M35-39	32	00:38:04	411	00:04:34	02:27:31	141	00:01:42	01:40:07	139	04:51:58		134
143	717	WISZNIEWSKI BARTOSZ	ZIELONA GÓRA	KM SPORT IRT ZIELONA GÓRA	1974	M40-44	22	00:34:36	219	00:05:22	02:30:20	190	00:01:52	01:39:54	133	04:52:04		136
144	540	MAGDZIAŁZ GERARD	SUCHEDNIÓW	SUCHEDNIOWSKI TRITEAM	1978	M35-39	33	00:39:26	481	00:04:55	02:27:05	133	00:01:51	01:38:50	116	04:52:07		137
145	792	GÓRNY ROBERT	POZNAŃ	trenertriathlonu.pl	1972	M40-44	23	00:34:31	215	00:05:16	02:31:18	205	00:01:37	01:39:38	128	04:52:20		138
146	632	GŁOWACKI JAROSŁAW	PIOTRKÓW TRYB.		1976	M40-44	24	00:32:52	146	00:05:26	02:26:45	128	00:01:57	01:45:21	220	04:52:21		139
147	396	URBAŃSKI RAFAŁ	CZĘSTOCHOWA		1981	M35-39	34	00:35:37	275	00:05:20	02:30:39	197	00:02:47	01:37:58	104	04:52:21		139
148	505	SZUDER PRZEMYSŁAW	HORNÓWEK	WTT Warszawa	1978	M35-39	35	00:33:25	164	00:07:56	02:24:09	109	00:01:38	01:45:19	219	04:52:27		141

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	Pływanie	M-ce Pływanie	T1	Rowing	M-ce Rowing	T2	Bieg	M-ce Bieg	Rezultat	K	M
171	189	MAZURKIEWICZ WOJCIECH	KRAKÓW	Aktywna Strona Życia	1987	M25-29	27	00:27:37	27	00:04:19	02:35:34	298	00:02:04	01:45:33	221	04:55:07		164
172	648	ANDRZEJEWSKI LUKASZ	POZNAŃ		1975	M40-44	26	00:31:59	112	00:05:50	02:35:14	290	00:02:09	01:40:06	138	04:55:18		165
173	473	ZBIERAJEWSKI BARTOSZ	POZNAŃ	Fabryka Triathlonu	1979	M35-39	43	00:37:38	395	00:05:56	02:22:34	91	00:03:16	01:45:59	228	04:55:23		166
174	955	RYPEL NATALIA	KĘDZIERZYN-KOŹLE	KMICIC CZĘSTOCHOWA	1993	K18-24	1	00:28:53	38	00:04:10	02:32:03	221	00:01:20	01:49:00	282	04:55:26	8	
175	153	ROSKOZ BARTOSZ	MIŁOŚZYCE		1989	M25-29	28	00:41:56	583	00:06:22	02:35:45	303	00:01:57	01:29:37	37	04:55:37		167
176	192	SZCZĘSNA MAŁGORZATA	GDYNIA	Complexsports Triathlon Team /TRI Ladies	1987	K25-29	1	00:34:20	203	00:05:08	02:34:16	275	00:02:06	01:40:11	140	04:56:01	9	
177	604	KOCIEMBA DAREK	POZNAN	Labosport	1976	M40-44	27	00:35:09	241	00:04:59	02:26:04	120	00:02:07	01:47:52	262	04:56:11		168
178	993	KAPITULA MARCIN	ZAWIERCIE	GRUPA JURA.PL	1976	M40-44	28	00:36:43	335	00:06:47	02:26:12	123	00:02:42	01:44:02	196	04:56:26		169
179	633	BARTOSZEWSKI GRZEGORZ	DLUGOLEKA	LITWIN TRIATHLON TEAM	1976	M40-44	29	00:34:26	209	00:05:13	02:32:46	243	00:01:40	01:42:33	178	04:56:38		170
180	490	DĘBICKI WOJCIECH	NAMYŚLÓW	NTT TRIADA	1979	M35-39	44	00:35:07	238	00:07:33	02:33:38	257	00:02:39	01:38:00	105	04:56:57		171
181	357	PALETKO MAREK	JASENICA DOLNA 135	www.fizjoterapia-nysa.pl / Nysa Biega	1987	M30-34	38	00:35:44	287	00:06:11	02:32:26	235	00:01:45	01:40:52	151	04:56:58		172
182	197	BABICZ PAWEŁ	KRAKÓW	72D	1987	M25-29	29	00:33:02	154	00:05:11	02:27:40	144	00:02:24	01:49:01	284	04:57:18		173
183	496	ZDUNEK MACIEJ	GDĄŃSK	Labosport/Triathlon Trójmiasto	1979	M35-39	45	00:35:59	300	00:04:57	02:21:14	72	00:01:47	01:53:25	364	04:57:22		174
184	397	ROBIŃSKI MARCIN	WARSZAWA	123babajagapatrzy	1981	M35-39	46	00:39:54	498	00:04:24	02:30:22	191	00:02:16	01:40:50	148	04:57:46		175
185	890	FILUŚ STANISŁAW	MYŚLIWICE	KRS TRIATHLON DG	1965	M50-54	4	00:34:31	216	00:04:41	02:41:03	404	00:01:53	01:35:47	74	04:57:55		176
186	517	NIEMCEWSKI RAFAL	KOBYLNICĄ	BE3 CITYZEN POZNAŃ	1978	M35-39	47	00:32:57	149	00:07:00	02:26:46	130	00:02:08	01:49:18	288	04:58:09		177
187	798	PIEKARSKI MAREK	BYDGOSZCZ	Restauracja KING FU Bydgoszcz	1971	M45-49	11	00:34:49	227	00:04:51	02:32:06	223	00:01:43	01:44:42	211	04:58:11		178
188	644	CIEŚLIK PIOTR	BELCHATÓW	Warach-rowery	1976	M40-44	30	00:36:33	327	00:06:07	02:21:49	80	00:01:44	01:52:13	341	04:58:26		179
189	159	PAJSCZYK KRZYSZTOF	MOSINA	Zgrupka Luboń	1988	M25-29	30	00:41:49	574	00:05:01	02:28:12	153	00:01:36	01:41:54	166	04:58:32		180
190	372	KALKJA JAN	ŚWIĘTOCHŁOWICE	WspInDoctors	1982	M30-34	39	00:32:13	123	00:05:42	02:32:48	244	00:03:31	01:44:21	204	04:58:35		181
191	198	ZYRA MACIEJ	JASŁO		1987	M25-29	31	00:37:33	391	00:05:26	02:35:29	296	00:01:45	01:38:45	114	04:58:58		182
192	970	DĄBKOWSKI KRZYSZTOF	WŁOSZAKOWICE	35 PLUS	1975	M40-44	31	00:42:59	614	00:04:21	02:28:46	165	00:01:53	01:41:00	152	04:58:59		183
193	641	DZIAŃSKI TOMASZ	KOBYLNIKI		1976	M40-44	32	00:36:28	319	00:04:44	02:32:57	247	00:02:03	01:42:57	181	04:59:09		184
194	134	MATUSZEWSKI NIKODEM		www.konradmatuszewski.pl	1989	M25-29	32	00:37:54	404	00:05:36	02:37:44	344	00:01:51	01:36:06	80	04:59:11		185
195	177	WINTER PIOTR	CHOMCIE	BE3 CityZen	1987	M25-29	33	00:31:58	111	00:04:43	02:25:06	115	00:02:13	01:55:26	391	04:59:26		186
196	740	WIRA MARIUSZ	BOREK WLKP.	KB MIŚ BOREK WLKP.	1973	M40-44	33	00:35:44	286	00:06:16	02:38:52	369	00:02:41	01:36:05	78	04:59:38		187
197	560	GOŹDZIEWICZ PAWEŁ	GDYNIA	biegamyradem.pl	1977	M35-39	48	00:40:38	521	00:05:09	02:29:42	180	00:02:08	01:42:17	171	04:59:54		188
198	302	ASZENDORF FILIP	WARSZAWA	Accenture	1983	M30-34	40	00:35:42	283	00:05:24	02:30:18	189	00:02:08	01:46:24	239	04:59:56		189
199	407	KRAJEWSKI TOMASZ	POZNAŃ		1981	M35-39	49	00:34:53	228	00:04:47	02:35:48	307	00:02:08	01:42:29	176	05:00:05		190
200	347	LUGOWSKI ARKADIUSZ	TYCHY	ALPEBIKE.PL	1982	M30-34	41	00:38:59	454	00:04:14	02:22:57	97	00:02:02	01:51:56	336	05:00:08		191
201	182	LUKASZEWSKI DAWID	WROCLAW	Multidurance Wrocław	1987	M25-29	34	00:31:51	101	00:05:40	02:28:12	154	00:02:06	01:52:20	343	05:00:09		192
202	5	KUMOR TOMASZ	WARSZAWA		1986	M30-34	42	00:30:59	73	00:04:57	02:43:16	440	00:02:37	01:38:23	111	05:00:12		193
203	958	ELZANOWSKI MAREK	POZNAŃ	ELZAN-SPORT	1975	M40-44	34	00:37:33	390	00:05:42	02:33:56	264	00:02:05	01:41:07	157	05:00:23		194
204	606	FILUPEK GRZEGORZ	JÓZEFOSŁAW	Waniewski Coaching / PZU Sport Team	1976	M40-44	35	00:37:19	379	00:05:41	02:32:10	224	00:02:28	01:43:02	182	05:00:40		195
205	627	CZAJKOWSKI ZBIGNIEW	BYDGOSZCZ		1976	M40-44	36	00:35:32	270	00:05:08	02:36:14	318	00:01:49	01:41:59	168	05:00:42		196
206	624	LESISZ MACIEJ	NAMYŚLÓW	NTN-Triada-Namysłów	1976	M40-44	37	00:29:43	50	00:04:52	02:32:16	228	00:02:09	01:51:49	334	05:00:49		197
207	656	DUCHOWNSKI RADOSŁAW	GORZÓW WIELKOPOLSKI	EPIDEMIASPORTU.PL	1975	M40-44	38	00:36:25	317	00:06:06	02:35:01	287	00:02:45	01:40:45	146	05:01:02		198
208	384	RASZCZYŃSKI ROBERT	BELCHATÓW	RacingTNT	1981	M35-39	50	00:38:15	416	00:04:49	02:32:10	225	00:02:02	01:43:54	194	05:01:10		199
209	265	PRZEŹDZIĘK ADAM	GLIWICE	T2 Team	1985	M30-34	43	00:31:45	92	00:04:40	02:34:02	268	00:01:53	01:49:03	286	05:01:23		200
210	367	KRASNODEBSKI SEBASTIAN	GRUDZIĄDZ		1982	M30-34	44	00:33:01	153	00:05:50	02:29:01	169	00:02:03	01:51:35	331	05:01:30		201
211	588	RABUSZKO SEBASTIAN	POZNAŃ	Japko Team	1977	M35-39	51	00:36:28	320	00:06:56	02:32:28	237	00:02:36	01:43:08	184	05:01:36		202
212	306	KOZŁOWSKI LUKASZ	POZNAŃ	Veganski.pl	1983	M30-34	45	00:40:21	507	00:04:42	02:35:41	301	00:02:38	01:38:17	110	05:01:39		203
213	755	ANDRZEJCZYK SEBASTIAN	WARSZAWA	Trinergy Team	1973	M40-44	39	00:32:46	142	00:04:49	02:31:54	217	00:02:23	01:49:49	299	05:01:41		204
214	862	DANIELEWSKI MICHAŁ	PIASECZNO	PMCC Piaseczno	1968	M45-49	12	00:35:10	243	00:06:10	02:29:16	175	00:02:09	01:49:00	283	05:01:45		205
215	230	MOCHOCKI KAROL	SUCHEDNÍÓW	Suchedniowski TriTeam	1986	M30-34	46	00:34:34	218	00:04:47	02:20:21	62	00:01:54	02:00:13	469	05:01:49		206
216	435	GAJEWSKI SEBASTIAN	ŻYRARÓW		1980	M35-39	52	00:35:41	281	00:04:56	02:41:24	411	00:02:09	01:37:50	102	05:02:00		207
217	515	CZECH MICHAŁ PIOTR	POZNAŃ	Sanpol Tri Team	1978	M35-39	53	00:36:57	353	00:04:29	02:32:13	226	00:02:39	01:45:44	224	05:02:02		208
218	678	FOLGA MAREK	WROCLAW	GT RAT	1975	M40-44	40	00:32:16	125	00:07:44	02:26:31	126	00:02:40	01:52:51	352	05:02:02		208
219	707	KOCHANOWSKI DARIUSZ	MARKI	WTT	1974	M40-44	41	00:35:40	280	00:05:09	02:35:28	295	00:02:09	01:43:40	390	05:02:06		210
220	466	KONKOLEWSKI PAWEŁ	PLESZEW	2. SLT/Iron Triathlon Pleszew	1979	M35-39	54	00:35:34	273	00:04:46	02:28:35	163	00:01:43	01:51:39	332	05:02:17		211
221	414	OSTROWSKI RADEK	PUSZCZYKOWO	Duda-Cars TP-LINK Rybczyński-Bikes	1980	M35-39	55	00:39:21	477	00:06:41	02:31:47	216	00:02:38	01:42:13	170	05:02:40		212
222	223	MIROCHA MARIUSZ	KRAKÓW	BESKIDY TRI SPORT TEAM	1986	M30-34	47	00:34:07	192	00:05:16	02:31:31	208	00:02:00	01:50:06	304	05:03:00		213
223	592	CIUPKA PATRYK	ŻÓRY	HR MAX	1977	M35-39	56	00:34:55	229	00:05:43	02:34:14	273	00:01:56	01:46:13	235	05:03:01		214
224	621	MORACZEWSKI KONRAD	MAGDALENKA		1976	M40-44	42	00:37:04	357	00:06:17	02:36:39	324	00:02:33	01:40:29	143	05:03:02		215
225	245	HOGAN LUKASZ	POZNAŃ		1985	M30-34	48	00:34:15	196	00:05:19	02:34:31	279	00:02:01	01:46:57	248	05:03:03		216
226	494	SAWKA TOMSZ	WROCLAW	ironMania	1979	M35-39	57	00:40:27	513	00:05:21	02:27:14	137	00:02:42	01:47:20	253	05:03:04		217
227	728	KĄZMIERCZAK MARCIN	ŁÓDŹ	CellIronman	1974	M40-44	43	00:32:45	141	00:05:14	02:31:18	206	00:01:51	01:52:10	340	05:03:18		218
228	714	LYTEK MARCIN	BIELAWA		1974	M40-44	44	00:35:23	256	00:05:21	02:35:34	297	00:01:52	01:45:13	216	05:03:23		219
229	374	SOCH PAWEŁ	KRAKÓW		1982	M30-34	49	00:37:47	402	00:04:41	02:37:56	349	00:02:35	01:40:29	142	05:03:28		220
230	307	ZAPALOWSKI PAWEŁ	SIEDLCE	Leniwe.pl	1983	M30-34	50	00:34:29	213	00:04:28	02:35:07	288	00:02:19	01:47:11	249	05:03:34		221
231	180	TWICKI DOMINIK	PIŁA	Czogori	1987	M25-29	35	00:34:15	197	00:05:21	02:37:02	331	00:01:48	01:45:12	215	05:03:38		222
232	605	DZIUBATY LUKASZ	TARNOWO PODGÓRNE	Cityzen	1976	M40-44	45	00:30:28	66	00:05:32	02:26:39	127	00:02:46	01:58:14	441	05:03:39		223
233	260	JARMOSZ MACIEJ	WARSZAWA		1985	M30-34	51	00:36:10	310	00:05:40	02:28:17	157	00:02:30	01:51:09	323	05:03:46		224
23																		

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	Pływanie	M-ce Pływanie	T1	Rowler	M-ce Rower	T2	Bieg	M-ce Bieg	Rezultat	K	M
256	595	NOWAK PAWEŁ	KOSZALIN	Contra PrimeFood	1977	M35-39	66	00:37:16	373	00:05:21	02:27:48	146	00:02:39	01:53:32	368	05:06:36		246
257	433	GABRYEL PIOTR	TUCZNO		1980	M35-39	67	00:36:58	356	00:05:08	02:28:48	167	00:02:07	01:53:36	369	05:06:37		247
258	863	SADOWSKI PIOTR	PIASECZNO	PMCG Piaseczno	1968	M45-49	16	00:35:47	291	00:06:44	02:30:52	199	00:02:35	01:50:45	317	05:06:43		248
259	442	SŁOWIŃSKI DAMIAN	POZNAŃ / PLESZEW	BE3 CITYZEN_POZNAŃ	1980	M35-39	68	00:39:05	457	00:05:21	02:30:24	192	00:02:21	01:49:32	293	05:06:43		248
260	351	STELMASZEK GRZEGORZ	IWIŃY	Litwin Triathlon Team	1982	M30-34	53	00:36:49	342	00:07:34	02:33:32	255	00:02:08	01:46:45	245	05:06:48		250
261	932	LEWANDOWSKI ANDRZEJ	KÓRNIK	UAM Triathlon Poznań	1959	M55-59	3	00:35:03	234	00:05:16	02:37:44	345	00:02:08	01:46:44	242	05:06:55		251
262	309	GAŹDZIK TOMASZ	WROCLAW	GT RAT	1983	M30-34	54	00:31:55	107	00:05:45	02:30:10	186	00:02:30	01:56:40	409	05:07:00		252
263	711	BUCHLA MARCIN	WROCLAW	GT RAT	1974	M40-44	50	00:37:09	366	00:06:03	02:34:07	270	00:01:42	01:48:13	272	05:07:14		253
264	268	JAROŃ JAN	RUDAWA		1985	M30-34	55	00:39:36	488	00:05:08	02:39:38	382	00:02:02	01:40:51	149	05:07:15		254
265	705	WALEŃSKI TOMASZ	WROCLAW		1974	M40-44	51	01:41:31	566	00:05:01	02:29:04	172	00:02:02	01:49:40	296	05:07:18		255
266	320	TOMASZEWSKI MIKOŁAJ	KOŚCIAN		1983	M30-34	56	00:41:38	568	00:05:39	02:35:54	310	00:02:08	01:42:19	172	05:07:38		256
267	285	DYMEK MICHAŁ	POLKOWICE		1984	M30-34	57	00:37:36	394	00:05:35	02:38:58	372	00:01:32	01:44:02	197	05:07:43		257
268	600	PASZKIEWICZ MARCIN	POZNAŃ	Bart Kwiaty Polska / FTI	1976	M40-44	52	00:35:30	267	00:05:40	02:31:11	202	00:02:06	01:53:16	362	05:07:43		257
269	541	MARKIEWICZ DAMIAN	ANDRYCHÓW	Markiewicz Team	1978	M35-39	69	00:40:56	542	00:06:54	02:35:00	285	00:02:23	01:42:33	177	05:07:46		259
270	597	KRYSTOPIK KACPER	PIOTRKÓW TRYBUNALSKI	Tri Aktywny Piotrków	1977	M35-39	70	00:36:54	347	00:05:45	02:41:28	415	00:02:30	01:41:15	159	05:07:52		260
271	824	DRSLEY STEPHEN	POZNAŃ		1970	M45-49	17	00:32:02	115	00:05:47	02:34:14	272	00:02:02	01:53:59	372	05:08:04		261
272	105	LUZAK BARTOSZ	SANDOMIERZ	TSA Sandomierz	1993	M18-24	7	00:35:37	276	00:04:58	02:32:20	231	00:01:20	01:53:53	371	05:08:08		262
273	225	DAJCZ MICHAŁ	PIOTRKÓW TRYBUNALSKI	TriAktywny Piotrków	1986	M30-34	58	00:32:53	147	00:05:22	02:35:22	293	00:02:07	01:52:25	345	05:08:09		263
274	22	LIBERADZKI MICHAŁ	SOCHACZEW		1992	M18-24	8	00:27:36	26	00:05:28	02:36:24	321	00:01:31	01:57:16	422	05:08:15		264
275	776	RACHWAŁEK TOMASZ	STASI LAS	AKS Polonia Warszawa	1972	M40-44	53	00:36:42	331	00:05:17	02:30:25	193	00:02:28	01:53:26	365	05:08:18		265
276	378	TRONINA GRZEGORZ	OPATÓW	Waniewski Coaching	1982	M30-34	59	00:37:21	380	00:05:22	02:37:43	343	00:01:47	01:46:20	238	05:08:33		266
277	194	JĘDRASIEWICZ PAWEŁ	POZNAŃ	fatisbad.com	1987	M25-29	37	00:47:27	699	00:05:15	02:31:34	209	00:01:59	01:42:21	173	05:08:36		267
278	334	MAĆKOWIAK MARCIN	WROCLAW	GT RAT	1982	M30-34	60	00:40:44	528	00:05:28	02:31:36	211	00:02:27	01:48:34	275	05:08:49		268
279	580	KURPIEWSKA ANNA	WROCLAW	GT RAT	1977	K35-39	1	00:35:27	262	00:04:42	02:33:55	262	00:01:52	01:52:59	357	05:08:55	11	
280	960	KONOPKA SŁAWOMIR	WARSZAWA		1980	M35-39	71	00:29:02	42	00:08:49	02:37:16	334	00:02:57	01:51:33	330	05:09:37		269
281	447	KLEDZIK MICHAŁ	PILA	sniezynka.com.pl	1980	M35-39	72	00:31:18	80	00:04:55	02:28:15	156	00:01:50	02:03:23	516	05:09:41		270
282	608	OLEWIŃSKI DARIUSZ	POZNAŃ	Triathlon Consulting Toruń	1976	M40-44	54	00:33:50	183	00:05:33	02:43:48	458	00:02:19	01:44:14	202	05:09:44		271
283	594	CHOMIK RAFAŁ	GLIWICE	T2 TRI TEAM	1977	M35-39	73	00:32:02	116	00:04:31	02:27:04	132	00:01:51	02:04:21	527	05:09:49		272
284	408	WITKOWSKI PAWEŁ	SOCHACZEW		1981	M35-39	74	00:37:15	372	00:06:15	02:26:07	121	00:03:15	01:57:02	418	05:09:54		273
285	386	DYSARZ PRZEMYSLAW	POZNAŃ		1981	M35-39	75	00:32:58	151	00:05:30	02:37:33	341	00:02:54	01:51:01	319	05:09:56		274
286	298	WALIŃSKI LUKASZ	WOLSZTYN	Waligórscy Team Wolsztyn	1983	M30-34	61	00:42:07	592	00:06:14	02:29:56	184	00:02:04	01:49:41	297	05:10:02		275
287	208	GWIAZDOWSKI SEBASTIAN	WIERUSZÓW	Kocham chleb ze smalcem Tri Team	1986	M30-34	62	00:40:32	514	00:05:49	02:38:10	356	00:01:44	01:43:58	195	05:10:13		276
288	591	KRZYCKI RAFAŁ	WARSZAWA	TriWawa	1977	M35-39	76	00:35:25	260	00:04:25	02:38:47	368	00:02:02	01:49:43	298	05:10:22		277
289	438	OŻÓG TOMASZ	WROCLAW	Litwin Triathlon Team	1980	M35-39	77	00:41:16	558	00:04:40	02:41:26	413	00:01:27	01:41:40	464	05:10:29		278
290	570	LESZCZEWICZ WALDEK	WARSZAWA	kuźnia triathlon	1977	M35-39	78	00:33:29	167	00:04:49	02:32:17	229	00:02:00	01:58:01	436	05:10:36		279
291	599	CZAPRACKI DOMINIK	OPALENICA		1976	M40-44	55	00:36:41	330	00:06:13	02:39:44	383	00:02:53	01:45:08	214	05:10:39		280
292	234	MIKUTEL PAWEŁ	DOLASZEWÓ		1986	M30-34	63	00:32:10	121	00:04:25	02:45:30	489	00:01:53	01:46:44	243	05:10:42		281
293	659	TYSZKA DARIUSZ	WARSZAWA	AKS Polonia Warszawa	1975	M40-44	56	00:43:24	627	00:05:12	02:33:26	254	00:02:25	01:46:15	236	05:10:42		281
294	292	PEŁC-WANIELISTA AGNIESZKA	POZNAŃ	KB Maniac Poznan	1984	K30-34	2	00:33:46	181	00:05:34	02:52:34	582	00:02:44	01:36:09	81	05:10:47	12	
295	413	LUTOMSKI PRZEMYSLAW	POZNAŃ	UKS CITYZEN_	1981	M35-39	79	00:29:10	44	00:06:20	02:41:14	406	00:02:11	01:51:54	335	05:10:49		283
296	630	MICHONOWSKI MACIEJ	GOSTYŃ	35Plus	1976	M40-44	57	00:43:13	621	00:06:28	02:33:03	248	00:02:59	01:45:13	217	05:10:56		284
297	274	RUBIŚ MICHAŁ	GOWARZEWO	FC Rubol	1984	M30-34	64	00:34:20	202	00:04:43	02:29:38	178	00:01:34	02:00:51	476	05:11:06		285
298	170	KAUCKA ALICJA	BIELAWA		1988	K25-29	2	00:38:30	434	00:05:20	02:45:27	488	00:02:20	01:39:32	125	05:11:09	13	
299	118	CHECZYŃSKI MICHAŁ	POZNAŃ	KU AZS Uniwersytet Medyczny w Łodzi	1991	M25-29	38	00:37:57	407	00:05:54	02:35:47	306	00:03:47	01:47:49	261	05:11:14		286
300	243	TADEUSZ MATEUSZ	GRODZISK WIELKOPOLSKI		1985	M30-34	65	00:35:46	290	00:05:48	02:33:21	251	00:02:02	01:54:19	375	05:11:16		287
301	346	PIETRUSZKA MACIEJ	KRAKÓW	KRWAWA SUTY	1982	M30-34	66	00:34:04	190	00:05:42	02:38:26	361	00:01:59	01:51:07	322	05:11:18		288
302	830	WITKOWSKI JAREK	POZNAŃ	Be3 Cityzen/Lubuszaniec Drezdenko	1970	M45-49	18	00:34:29	212	00:05:58	02:36:18	319	00:02:29	01:52:09	339	05:11:23		289
303	635	KOWALCZYK MARCIN	POZNAŃ	Medyk	1976	M40-44	58	00:33:13	159	00:06:38	02:38:24	360	00:02:02	01:51:22	325	05:11:39		290
304	25	JUCHNIEWICZ LIDIA	LIDZBARK WARMIŃSKI TRINIEGU		1981	K35-39	2	00:38:23	423	00:04:55	02:38:45	366	00:01:34	01:48:12	271	05:11:49	14	
305	204	OLEK JAKUB	WARSZAWA		1987	M25-29	39	00:34:18	200	00:05:49	02:40:42	396	00:02:37	01:48:34	276	05:12:00		291
306	895	BLASIAK LESZEK	KĘTY		1965	M50-54	7	00:33:30	168	00:06:12	02:45:04	477	00:02:02	01:45:49	226	05:12:37		292
307	355	KISŁY KAMIL MŁODY	MYŚLIBÓRZ	EPIDEMIASPORTU.PL	1982	M30-34	67	00:35:31	269	00:05:54	02:23:09	101	00:02:38	02:05:25	544	05:12:37		292
308	795	SMARZEK CZESZY	ŁASK	JASTRZĘBIE LASKIE	1971	M45-49	19	00:42:09	594	00:08:40	02:30:26	194	00:04:38	01:46:45	244	05:12:38		294
309	232	MALYSZ KAROL	STARA WIEŚ	Beskidy Tri Sport Team	1986	M30-34	68	00:37:07	363	00:04:41	02:36:59	329	00:02:39	01:51:15	324	05:12:41		295
310	249	MARCINKOWSKA ANNA	WARSZAWA		1985	K30-34	3	00:33:35	174	00:05:26	02:40:58	401	00:02:34	01:50:10	309	05:12:43	15	
311	114	NAPIÓRKOWSKI JAKUB	WŁOCŁAWEK	Akademia Triathlonu	1991	M25-29	40	00:35:42	284	00:05:43	02:40:44	397	00:01:50	01:48:54	280	05:12:53		296
312	783	GÓRNY WOJCIECH	ŁOCHOWO	TRISPACE	1972	M40-44	59	00:39:31	483	00:05:15	02:43:58	463	00:02:16	0				

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	Pływanie	M-ce Pływanie	T1	Rower	M-ce Rower	T2	Bieg	M-ce Bieg	Rezultat	K	M
341	248	NOWAK MARCIN	POZNAŃ		1985	M30-34	72	00:41:02	547	00:04:21	02:38:57	371	00:02:07	01:50:07	305	05:16:34		325
342	733	MOROSZCZAK BOGUMIŁ	BYDGOSZCZ	SPÓJNIA BIAŁE BŁOTA	1974	M40-44	67	00:39:07	459	00:06:02	02:42:32	430	00:02:29	01:46:25	240	05:16:35		326
343	256	PIERZCHAŁA PRZEMYSŁAW	PABIANICE		1985	M30-34	73	00:35:39	277	00:05:53	02:40:36	395	00:02:30	01:52:03	338	05:16:41		327
344	148	NAROŻNY TOMASZ	POZNAŃ	EFAR TEAM	1989	M25-29	44	00:41:36	567	00:05:05	02:32:23	232	00:02:20	01:55:21	389	05:16:45		328
345	799	SUPERSON WOJTEK	KRAKÓW	Eskadra Masters Kraków	1971	M45-49	23	00:33:33	173	00:05:18	02:39:23	378	00:02:48	01:55:54	399	05:16:56		329
346	381	NIEDBAL ŁUKASZ	GLIWICE	GTT - Inter Projekt	1981	M35-39	91	00:35:48	292	00:07:29	02:35:24	294	00:02:54	01:55:27	392	05:17:02		330
347	611	KURNYTA ROBERT	GDYNIA	COMPLEXSPORTS / KWT	1976	M40-44	68	00:36:26	318	00:05:23	02:38:37	363	00:01:58	01:54:39	383	05:17:03		331
348	165	ANDRZEJCZAK TOMASZ	WŁOCŁAWEK	Groszek	1988	M25-29	45	00:36:29	322	00:05:00	02:31:34	210	00:01:52	02:02:13	491	05:17:08		332
349	228	LATOS MAREK	ZABRZE	Zabrzańskie Towarzystwo Triathlonowe	1986	M30-34	74	00:35:25	261	00:06:20	02:31:38	212	00:02:15	02:01:43	487	05:17:21		333
350	807	TOPIŃSKI WALDEMAR	WROCLAW		1971	M45-49	24	00:37:21	382	00:05:00	02:30:53	200	00:02:00	02:02:15	493	05:17:29		334
351	327	LEŚNIAK KAROLINA	WROCLAW	TRIATHLON MIETKÓW TEAM	1983	K30-34	4	00:36:56	351	00:05:36	02:48:18	529	00:01:57	01:44:43	212	05:17:30	17	
352	557	MIKA TOMASZ	LATCHORZEW		1977	M35-39	92	00:40:55	541	00:06:40	02:43:58	462	00:01:38	01:44:20	303	05:17:31		335
353	19	ŚWIĘCICKI ARKADIUSZ	KIEKRZ	Mors Niezrzeczony :)	1978	M35-39	93	00:42:08	593	00:06:09	02:36:09	313	00:01:51	01:51:23	226	05:17:40		336
354	843	KUZYŃSKA IZA	PRUSZKÓW	TRINERGY TEAM	1970	K45-49	1	00:47:34	701	00:05:28	02:33:33	256	00:02:25	01:48:43	278	05:17:43	18	
355	411	WOLNIK GRZEGORZ	KOŚCIAN	TGV Club/NODON	1981	M35-39	94	00:40:21	508	00:05:34	02:41:10	405	00:01:55	01:48:47	279	05:17:47		337
356	622	GLÓD TOMASZ	JÓZEFOSŁAW	Accelerating Poland	1976	M40-44	69	00:38:57	451	00:06:20	02:41:45	425	00:02:40	01:48:05	268	05:17:53		338
357	491	SOWA MACIEJ	POZNAŃ	BĘ3 CITYZEN_POZNAŃ	1979	M35-39	95	00:37:29	386	00:07:30	02:32:23	233	00:03:10	01:57:24	423	05:17:56		339
358	613	WALEŃSKA EWA	WROCLAW	GT RAT	1976	K40-44	1	00:47:01	691	00:05:14	02:40:02	387	00:01:50	01:43:51	193	05:17:58	19	
359	638	MAKA WOJCIECH	GRANICA	TriWawa	1976	M40-44	70	00:36:12	312	00:06:34	02:29:05	173	00:02:49	02:03:43	519	05:18:23		340
360	509	SŁOWCZYŃSKI BARTOSZ	OPOLE	10 BLog	1978	M35-39	96	00:39:45	495	00:05:00	02:41:02	403	00:02:08	01:50:32	314	05:18:27		341
361	564	FOLTYŃSKI MARCIN	GRUSZCZYN	trenertriathlonu.pl	1977	M35-39	97	00:41:58	587	00:05:48	02:37:45	346	00:02:45	01:50:22	311	05:18:38		342
362	553	KALUŻNY MIKOŁAJ	TYCHY	Trinergy	1977	M35-39	98	00:35:12	245	00:05:10	02:37:22	337	00:02:26	01:58:32	445	05:18:42		343
363	749	BŁĄŻYTYCZ PAWEL	CIESZKÓW		1973	M40-44	71	00:44:23	648	00:06:49	02:40:04	388	00:03:18	01:44:33	209	05:19:07		344
364	584	KRAWCZYK BERNARD	WARSZAWA	Luft Tri Team	1977	M35-39	99	00:35:33	271	00:05:00	02:29:21	177	00:02:40	01:46:33	565	05:19:07		344
365	280	PIOTNIECZAK FILIP	PLEWISKA	Yuppi Squad	1984	M30-34	75	00:37:54	405	00:06:31	02:32:38	241	00:02:19	01:59:47	463	05:19:09		346
366	880	PETZA MACIEJ	POZNAŃ	Montemoro	1966	M50-54	8	00:35:09	242	00:05:35	02:39:04	373	00:03:07	01:56:22	405	05:19:17		347
367	748	ZELICHOWSKI ARTUR	KĘTY	Keckie Harpagany	1973	M40-44	72	00:40:26	512	00:05:26	02:43:32	446	00:02:00	01:47:53	264	05:19:17		347
368	202	WIESNER TOMEK	KATOWICE	www.4spine.pl	1987	M25-29	46	00:37:17	374	00:05:08	02:37:49	347	00:02:13	01:57:16	421	05:19:43		349
369	721	CICHOSZ ROBERT	JELCZ-LASKOWICE		1984	M40-44	73	00:38:51	447	00:05:50	02:39:10	375	00:01:55	01:54:16	374	05:20:02		350
370	817	OSTROWICKI PIOTR	POZNAŃ		1971	M45-49	25	00:41:01	545	00:05:22	02:46:27	503	00:02:08	01:45:14	218	05:20:12		351
371	137	ARCISZEWSKI SZYMON	POZNAŃ		1989	M25-29	47	00:35:04	235	00:05:58	02:44:13	467	00:02:26	01:52:36	349	05:20:17		352
372	361	REINBERG RAFAL	PIOTRKÓW TRYB	EDC Team	1982	M30-34	76	00:38:36	441	00:07:18	02:40:29	393	00:02:46	01:51:29	327	05:20:18		353
373	695	TOKAREK MAREK	POZNAŃ		1974	M40-44	74	00:33:53	185	00:05:45	02:40:06	390	00:02:35	01:58:12	440	05:20:31		354
374	503	IDKOWIAK ŁUKASZ	MOSINA	Idmar Group	1979	M35-39	100	00:34:24	208	00:05:30	02:39:11	376	00:02:39	01:58:53	452	05:20:37		355
375	122	KUREK DAWID	BYTOM	trenertriathlon	1990	M25-29	48	00:34:17	199	00:04:57	02:43:42	453	00:01:57	01:55:47	397	05:20:40		356
376	403	MESSYASZ KRZYSZTOF	GĄC	KPPSPOLAWA	1981	M35-39	101	00:42:16	596	00:06:56	02:40:35	394	00:02:45	01:48:08	269	05:20:40		356
377	681	PARDYGAŁ TOMASZ	KRAKÓW	Labosport Team	1975	M40-44	75	00:37:11	368	00:04:30	02:43:55	461	00:02:40	01:52:37	348	05:20:43		358
378	324	RĘBISZ MICHAŁ	GRUTA 251		1983	M30-34	77	00:43:01	615	00:05:32	02:33:41	259	00:02:29	01:56:03	401	05:20:46		359
379	642	OHLA KRZYSZTOF	POZNAŃ	CITYZEN_	1976	M40-44	76	00:40:40	523	00:06:09	02:39:13	377	00:02:02	01:52:43	349	05:20:47		360
380	861	LAMPKA ROBERT	TULCE		1968	M45-49	26	00:36:08	307	00:06:40	02:39:26	380	00:02:27	01:56:09	403	05:20:50		361
381	658	OLSZEWSKI MACIEJ	TYCHY		1975	M40-44	77	00:33:20	163	00:05:59	02:30:14	188	00:03:25	02:08:00	577	05:20:58		362
382	425	KOŚCICZUK ŁUKASZ	WARSZAWA	Biegiennapomoc.pl	1980	M35-39	102	00:36:04	302	00:06:17	02:33:47	260	00:03:14	02:01:37	485	05:20:59		363
383	171	PAWŁOWSKI NIKODEM	POZNAŃ	Dobrusia TRI Team	1988	M25-29	49	00:30:14	63	00:04:23	02:45:26	487	00:01:58	01:58:59	453	05:21:00		364
384	369	KLIMAS MARCIN	WROCLAW	GT RAT	1982	M30-34	78	00:35:40	279	00:05:24	02:48:17	528	00:02:20	01:49:23	298	05:21:04		365
385	552	SOBZAK WITOLD	POZNAŃ	12tri.pl	1977	M35-39	103	00:35:24	257	00:08:39	02:44:08	465	00:05:20	01:47:40	258	05:21:11		366
386	259	JĘDRZEJCZAK NATALIA	WARSZAWA		1985	K30-34	5	00:34:57	230	00:05:47	02:44:28	470	00:01:41	01:54:27	379	05:21:20	20	
387	870	WĄDZIA JACEK	JELCZ - LASKOWICE	BIKATELIER	1967	M45-49	27	00:43:11	619	00:06:21	02:29:48	182	00:02:24	01:59:41	462	05:21:25		367
388	272	PIETRZYK PIOTR	TRZEBNICA		1984	M30-34	79	00:37:41	397	00:05:28	02:43:41	452	00:01:53	01:52:48	351	05:21:31		368
389	350	GRYZEL ADAM	ZĄBKI	PKO BP	1982	M30-34	80	00:36:42	332	00:05:15	02:39:45	384	00:03:02	01:56:57	417	05:21:41		369
390	375	HRAB WOJTEK	POZNAŃ	W TRI TEAM	1982	M30-34	81	00:34:59	232	00:06:03	02:45:10	480	00:02:31	01:52:59	358	05:21:42		370
391	768	PIETRZYK TOMASZ	KAMIONKI	ENDUHUB.COM	1972	M40-44	78	00:50:49	727	00:07:12	02:30:12	187	00:03:28	01:50:02	301	05:21:43		371
392	287	ZOFER ADAM	NOWY TOMYŚL	NKB CHYŻY NOWY TOMYŚL	1984	M30-34	79	00:42:18	598	00:05:41	02:35:47	305	00:01:33	01:56:46	410	05:22:05		372
393	669	RAINER KRZYSZTOF	PYSZNICA	ACS-STAL	1975	M40-44	79	00:34:06	191	00:06:20	02:36:43	325	00:02:15	02:02:42	506	05:22:06		373
394	935	WALIGÓRSKI RYSZARD	WOLSZTYN	Waligórcy Team Wolsztyń	1957	M55-59	4	00:41:02	546	00:06:02	02:37:17	335	00:02:27	01:55:26	390	05:22:14		374
395	343	BONICKI KRZYSZTOF	WARSZAWA	Waniewski Coaching/PKO BP	1982	M30-34	83	00:35:50	294	00:05:50	02:36:22	320	00:02:08	02:02:13	492	05:22:23		375
396	37	LESIECKA JUSTYNA	SZCZECIN	Ironman C/S Polska	1988	K25-29	4	00:30:46	71	00:05:07	02:47:42	519	00:01:59	01:56:49	412	05:22:23	21	
397	501	CZAJKOWSKI MACIEJ	NAMYŚLÓW	NTT Triada	1979	M35-39	104	00:46:48	687	00:06:22	02:47:15	513	00:02:36	01:39:34	126			

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	Plywanie	M-ce Plywanie	T1	Rower	M-ce Rower	T2	Bieg	M-ce Bieg	Rezultat	K	M
426	489	DZIERZKO RAFAŁ	BIALYSTOK	Nadaktynni TriClub	1979	M35-39	110	00:35:30	268	00:05:14	02:34:19	276	00:02:37	02:08:35	586	05:26:15		402
427	913	PIETRZAK ROMEK	RAKOWNIA	GREEN TEAM RAKOWNIA	1963	M50-54	9	00:37:44	399	00:06:30	02:46:54	507	00:02:51	01:58:20	344	05:26:19		403
428	730	NAFALSKI RAMUND	WARSZAWA	Progress Triathlon Team	1974	M40-44	91	00:38:35	439	00:05:17	02:41:42	422	00:02:44	01:55:45	449	05:27:03		404
429	352	KRYCH JAKUB	POZNAŃ	POLART NUTRAXX TEAM	1982	M30-34	88	00:39:41	492	00:05:55	02:41:38	419	00:02:37	01:57:16	420	05:27:07		405
430	910	KALISZ ANDRZEJ	CHELMŹA	TTC	1964	M50-54	10	00:38:13	415	00:05:23	02:32:30	238	00:02:40	02:08:31	582	05:27:17		406
431	919	LEŚNIEWSKI TOMASZ	POZNAŃ		1962	M50-54	11	00:41:05	550	00:06:16	02:50:27	556	00:02:02	01:47:28	254	05:27:18		407
432	839	PROTASIEWICZ PIOTR	KONIN		1970	M45-49	32	00:44:47	656	00:06:04	02:29:00	168	00:02:20	02:05:12	538	05:27:23		408
433	692	DZIAMSKI GRZEGORZ	POZNAŃ		1975	M40-44	92	00:37:13	369	00:06:12	02:49:00	539	00:02:15	01:52:48	350	05:27:28		409
434	865	KOLANKOWSKI WALDEMAR	TORUŃ		1968	M45-49	33	00:36:45	337	00:05:34	02:45:37	490	00:02:06	01:57:34	430	05:27:36		410
435	480	FLAJSZER MACIEJ	MIEJZYCHÓD		1979	M35-39	111	00:32:34	134	00:07:30	02:51:24	567	00:03:01	01:53:25	363	05:27:54		411
436	398	GRELA MARCIN	KRAKÓW	Krwawe Suty	1981	M35-39	112	00:40:51	536	00:05:35	02:43:15	439	00:02:37	01:55:37	396	05:27:55		412
437	201	BRZEZIŃSKI LUKASZ	LÓDŹ	CellIronMan/Korona Pabianice	1987	M25-29	51	00:36:53	346	00:05:08	02:45:40	491	00:01:47	01:58:46	450	05:28:14		413
438	457	SYGULA JOANNA	WARSZAWA	Witc	1980	K35-39	4	00:40:45	529	00:05:29	02:45:04	478	00:01:49	01:55:08	387	05:28:15	25	
439	651	PAWLAK PIOTR	POZNAŃ	PKO Bank Polski	1975	M40-44	93	00:39:11	465	00:05:52	02:44:09	466	00:02:04	01:57:07	419	05:28:23		414
440	34	KAMIŃSKA DANIELA	ROKITKI	MKS Sambor Tczew	1993	K18-24	3	00:30:14	62	00:04:26	02:48:08	525	00:01:55	02:04:15	526	05:28:58	26	
441	479	PAWELEC MAREK	NOWA CHELMŹA	TRIATHLON TEAM CIESIELSKI	1979	M35-39	113	00:40:20	506	00:06:56	02:43:35	448	00:02:05	01:56:03	402	05:29:02		415
442	291	BOIŃSKA JADWIGA	MICHAŁOWICE	Huzar Bike Academy	1984	K30-34	6	00:37:34	392	00:05:34	02:43:30	444	00:02:13	02:00:25	472	05:29:16	27	
443	335	IZIKOWSKI JACEK	SĄTOPY	NKB Chyży Nowy Tomyśl	1982	M30-34	89	00:44:34	653	00:06:27	02:36:10	314	00:02:37	01:58:50	451	05:29:18		416
444	417	KACZMARCZYK BOGDAN	MUROWANA GOŚLIŃNA	Klub Pływacki Koziegłowy	1980	M35-39	114	00:40:48	532	00:07:21	02:44:17	468	00:02:53	01:54:19	376	05:29:38		417
445	213	WOJEWODZIC KRZYSZTOF	WROCLAW	GoPro	1986	M30-34	90	00:35:34	272	00:08:38	02:45:52	496	00:03:04	01:56:32	408	05:29:40		418
446	421	SAWCZUK GRZEGORZ	WYSOKA		1980	M35-39	115	00:36:17	314	00:05:30	02:47:59	523	00:02:21	01:57:51	433	05:29:58		419
447	538	NOWAK MARCIN	PILA		1978	M35-39	116	00:42:01	588	00:08:26	02:41:30	418	00:03:39	01:54:35	382	05:30:11		420
448	317	WIÓREK SZYMON	TYCHY		1983	M30-34	91	00:36:01	301	00:05:50	02:49:16	547	00:02:20	01:56:48	411	05:30:15		421
449	460	OCHENDAL MACIEJ	BYDGOSZCZ	Trispace	1980	M35-39	117	00:38:32	436	00:07:39	02:40:49	399	00:02:23	02:01:05	479	05:30:28		422
450	524	SROKA MACIEJ	PUSZCZYKOWO		1978	M35-39	118	00:44:06	641	00:06:18	02:37:32	340	00:02:26	02:00:10	466	05:30:32		423
451	293	NIEDZIAŁKOWSKI JAN	POZNAŃ		1984	M30-34	92	00:44:27	650	00:06:58	02:45:42	492	00:02:28	01:51:03	321	05:30:38		424
452	376	SUGIERA MACIEJ	POZNAŃ	SUGG	1982	M30-34	93	00:40:45	530	00:06:08	02:53:07	591	00:02:02	01:48:40	277	05:30:42		425
453	492	SZYMCZAK MACIEK	GORZÓW WLKP.		1979	M35-39	119	00:33:05	155	00:06:49	02:51:10	565	00:02:46	01:56:56	416	05:30:46		426
454	848	BORSIAK KRZYSZTOF	PLEWISKA	Lux Med	1969	M45-49	34	00:42:52	610	00:06:49	02:49:13	544	00:02:38	01:49:18	289	05:30:50		427
455	883	WÓJCİK MIROSŁAW	TOMASZÓW MAZOWIECKI	Time4Running	1966	M50-54	12	00:37:06	360	00:07:48	02:33:58	265	00:03:32	02:08:28	581	05:30:52		428
456	304	JEZIÓŁKOWSKI JAKUB	PNIEWY	Gira Silej Kręci	1983	M30-34	94	00:41:05	551	00:05:09	02:55:35	622	00:02:10	01:47:15	251	05:31:14		429
457	610	CZŁONKOWSKI GRZEGORZ	POZNAŃ	Dziki z Moraska	1976	M40-44	94	00:33:29	166	00:07:02	02:37:59	352	00:02:53	02:09:53	601	05:31:16		430
458	470	ZYBURA PAWEŁ	POZNAŃ	Nysa Biega	1979	M35-39	120	00:43:30	629	00:08:35	02:49:07	540	00:02:40	01:47:29	255	05:31:21		431
459	463	FLACHRZAK MARCIN	GRZYBOWO / SKOKI	KLUB PŁYWAČKI KOZIEGŁOWY	1979	M35-39	121	00:32:12	122	00:07:20	02:40:11	391	00:03:13	02:03:33	585	05:31:29		432
460	279	WOJNICKI WOJCIECH	66-460	Premier Tri	1984	M30-34	95	00:35:50	293	00:06:44	02:52:44	584	00:03:14	01:52:57	355	05:31:29		432
461	158	KLECHA MICHAŁ	RYZYNA		1988	M25-29	52	00:42:24	601	00:06:35	02:49:09	543	00:02:30	01:51:02	320	05:31:40		434
462	336	OCKOŚ WOJCIECH	POZNAŃ	RAKIETA POZNAŃ	1982	M30-34	96	00:31:44	90	00:07:12	02:41:41	421	00:02:40	02:08:35	587	05:31:52		435
463	559	ŚWIĄTEK MACIEJ	OSTRÓW WIELKOPOLSKI		1977	M35-39	122	00:44:18	646	00:06:58	02:47:48	521	00:02:46	01:50:06	302	05:31:56		436
464	725	LEŚNIAK DARIUSZ	WARSZAWA	TriWawa	1974	M40-44	95	00:39:19	474	00:07:18	02:32:27	236	00:02:51	02:10:09	603	05:32:04		437
465	377	GOLDA-WOJTKOWIAK KASIA	SOKOLNIKI GWIAZDOWSKIE	Norsron	1982	K30-34	7	00:40:32	515	00:05:52	02:50:46	560	00:02:16	01:53:10	360	05:32:27	28	
466	601	OKSZA STRZELECKI NORBERT	POZNAŃ	Trinergia / mySportIQ	1976	M40-44	96	00:41:52	575	00:06:15	02:45:43	493	00:02:30	01:56:13	404	05:32:33		438
467	950	MAĆCZYŃSKI CZESŁAW	PŁOCK	McBike	1952	M60-64	1	00:50:04	720	00:05:32	02:31:12	203	00:01:48	02:04:14	525	05:32:50		439
468	562	DAJCZER RAFAŁ	WARSZAWA	AT Team	1977	M35-39	123	00:39:33	485	00:06:55	02:50:01	552	00:01:56	01:54:27	381	05:32:52		440
469	926	NOWICKI LESZEK	INOWROCLAW	INONOWIKI	1961	M55-59	5	00:40:07	502	00:05:00	02:51:07	564	00:02:20	01:54:21	377	05:32:55		441
470	616	KOSMĘDA PIOTR MICHAŁ	WARSZAWA	12tri.pl	1976	M40-44	97	00:39:49	496	00:06:04	02:51:36	569	00:02:07	01:53:29	367	05:33:05		442
471	856	LEJMAN ADAM	WARSAW		1969	M45-49	35	00:35:05	237	00:05:32	02:36:47	327	00:02:17	02:13:28	630	05:33:09		443
472	726	BIELERZEWSKI JAKUB	WARSZAWA		1974	M40-44	98	00:43:15	623							05:33:14		444
473	607	ŚWIĄTEK REMIK	OWIŃSKA		1976	M40-44	99	00:38:16	419	00:05:29	02:43:47	457	00:03:05	02:02:38	504	05:33:15		445
474	430	SOBOLEWSKI MICHAŁ	OPYPY	Dogońi Grodzisk Mazowiecki	1980	M35-39	124	00:37:25	385	00:06:18	02:38:47	367	00:02:21	02:08:32	583	05:33:23		446
475	368	ROST ZBIGNIEW	GDAŃSK		1982	M30-34	97	00:42:49	609	00:06:00	02:40:48	398	00:02:40	02:01:12	481	05:33:29		447
476	410	ANTOSIAK TOMASZ	ZŁOTORIYA	TMTTeam	1981	M35-39	125	00:41:10	553	00:05:18	02:50:45	559	00:01:51	01:54:27	380	05:33:31		448
477	666	KLAWITTER ROBERT	BYDGOSZCZ		1975	M40-44	100	00:35:12	247	00:06:22	02:49:54	550	00:02:37	01:59:28	460	05:33:33		449
478	928	KRASUSKI ANDRZEJ	WARSZAWA	Trinergy	1961	M55-59	6	00:39:15	470	00:07:08	02:38:05	354	00:03:11	02:06:19	559	05:33:58		450
479	412	WÓJTKOWIAK RADOSŁAW	POZNAŃ	Norsron	1981	M35-39	126	00:38:38	442	00:05:57	02:45:23	486	00:02:32	02:01:39	486	05:34:09		451
480	4	WYSOCKI PIOTR	43-100	wysocki	1977	M35-39	127	00:33:33	170	00:05:33	02:44:36	472	00:02:03	02:08:25	579	05:34:10		452
481	899	SKIBA WŁODZIMIERZ	POZNAŃ	Stowarzyszenie Triathlonowe U64 Poznań	1964	M50-54	13	00:39:45	494	00:07:31	02:54:57	616	00:02:42	01:49:22	291	05:34:17		453
482	422	PAUSZEK DAWID	BUZDŹYŃ	BTS Budzyń Diabło#805	1980	M35-39	128	00:39:15	471	00:06:32	02:43:54	459	00:02:05	02:02:34	502	05:34:20		454
483	803	KULKA IRENEUSZ	GDYŃIA		1971	M45-49	36	00:38:08	413	00:06:30	02:37:57	350	00:02:57	02:08:55	590	05:34:27		455
484	836	ZINKIEWICZ PIOTR	GDYŃIA	Fluent Team	1970	M45-49	36	00:36:21	316	00:06:40	02:48:55	537	00:02:32	01:59:59	465	05:34:27		455
485	488	BANACH KAROL	BOLEWICE	DC Bolewice	1979	M35-39	129	00:40:33	518	00:06:41	02:38:34	362	00:03:15	02:05:28	546	05:34:31		457
486	916	PORADA MAREK	POZNAŃ	SCIM / WÓJTKOWICZ TRI TEAM	1963	M50-54	14	00:38:15	418	00:06:31	02:41:21	409	00:02:19	02:06:18	557	05:34:44		458
487	723	BOMBALA NORBERT	SMOLEC	Norberto Kot Hakuna Matata	1974	M40-44	101	00:43:45	633	00:07:07	02:35:36	299	00:02:44	02:05:33	548	05:34:45		459
488	914	SOBIERAJ KRZYSZTOF	GŁOGOWO		1963	M50-54	15	00:46:56	689	00:07:19	02:39:25	379	00:03:34</					

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	Pływanie	M-ce Pływanie	T1	Rower	M-ce Rower	T2	Bieg	M-ce Bieg	Rezultat	K	M
511	931	OSTECKI IRENEUSZ	GDAŃSK	CompleXsports triathlon team	1960	M55-59	7	00:38:29	433	00:04:58	02:37:31	339	00:02:28	02:15:45	644	05:39:11		482
512	191	BARTKOWIAK ŁUKASZ	KOŚCIAN		1987	M25-29	54	00:40:49	534	00:06:00	02:43:20	441	00:02:12	02:06:53	568	05:39:14		483
513	966	KOZŁOWSKI WOJCIECH	KRAKÓW	IRONAMN SZCZECIN	1968	M45-49	39	00:36:47	340	00:07:53	02:43:24	443	00:04:57	02:06:22	561	05:39:23		484
514	847	STALICA WOJCIECH	CZĘSTOCHOWA	solo	1969	M45-49	40	00:39:42	493	00:06:10	02:49:07	541	00:02:11	02:02:16	495	05:39:26		485
515	130	LAKOMY FILIP	POZNAŃ		1989	M25-29	55	00:47:19	697	00:05:20	02:34:45	283	00:01:53	02:10:27	607	05:39:44		486
516	402	KOZYRSKI KRZYSZTOF	STARGARD	Team Cukiernia Nova	1981	M35-39	137	00:41:57	586	00:04:49	02:57:24	642	00:02:53	01:52:58	356	05:40:01		487
517	772	ZDROJEWSKI GRZEGORZ	CZERNIEJEWO	czerniejewo biega	1972	M40-44	106	00:38:27	430	00:08:26	02:46:39	505	00:04:00	02:02:44	507	05:40:16		488
518	583	SILSKI MACIEJ	POZNAŃ		1977	M35-39	138	00:36:54	348	00:06:42	02:49:37	549	00:02:44	02:04:24	528	05:40:21		489
519	918	CHUDY ANDRZEJ	SUCHY LAS	KOCHAM KAŻDY KILOMETR	1962	M50-54	18	00:41:53	578	00:07:03	02:42:52	432	00:02:44	02:05:57	555	05:40:29		490
520	131	WESOŁOWSKI SZYMON	INOWROCŁAW		1989	M25-29	56	00:35:53	295	00:05:16	02:45:14	482	00:01:43	02:12:25	623	05:40:31		491
521	949	KĘPIŃSKI HENRYK	BELCHATÓW	KB Spartakus Belchatów	1953	M60-64	2	00:41:39	569	00:07:12	02:43:01	435	00:02:32	02:06:20	560	05:40:44		492
522	571	AUGUSTYNOWICZ ANDRZEJ	LEGNICA	Feniks Legnica	1977	M35-39	139	00:43:32	630	00:08:04	02:42:04	427	00:03:03	02:04:05	523	05:40:48		493
523	428	BOCHEŃSKI MACIEJ	ZIELONA GÓRA	ENDOHOLICS	1980	M35-39	140	00:45:08	660	00:06:49	02:48:15	527	00:02:22	01:58:16	443	05:40:50		494
524	567	KRUSZYŃSKI ANDRZEJ	ŁÓDŹ	Triaktywny	1977	M35-39	141	00:39:12	467	00:06:37	02:55:24	619	00:03:51	01:55:57	400	05:41:01		495
525	518	BARANIAK WOJCIECH	PUSZCZYKOWO		1978	M35-39	142	00:40:49	533	00:07:06	02:44:01	464	00:04:07	02:05:03	536	05:41:06		496
526	151	PAWŁOWSKA AGNIESZKA	LUSÓWKO	Team Herbalife	1989	K25-29	6	00:37:40	396	00:05:05	02:52:54	586	00:02:22	02:03:14	514	05:41:15	30	
527	244	BŁASZCZYK ŁUKASZ	POZNAŃ	Rozka TEAM	1985	M30-34	104	00:37:30	389	00:05:55	02:42:57	433	00:03:21	02:11:40	616	05:41:23		497
528	759	JAKUBOWSKI ARKADIUSZ	PMI		1973	M40-44	107	00:35:29	265	00:05:48	02:35:46	304	00:03:21	02:20:33	665	05:41:27		498
529	535	DOLATA ANDRZEJ	MIEDZYLESIE 8		1978	M35-39	143	00:39:20	476	00:07:30	03:04:06	687	00:02:35	01:48:00	266	05:41:31		499
530	359	ŁYSIUK MACIEJ	WARSZAWA	Nadaktywni	1982	M30-34	105	00:38:15	417	00:08:01	02:41:39	420	00:02:52	02:10:44	609	05:41:31		499
531	178	ŻNIŃSKI ALEXANDER	SKÓRZEWO	WÓJTOWICZ TRI TEAM	1987	M25-29	57	00:37:18	376	00:05:33	02:34:54	201	00:02:56	02:24:54	684	05:41:35		501
532	547	WILK TOMASZ	MIKOŁÓW		1978	M35-39	144	00:38:00	408	00:06:20	02:52:58	588	00:02:42	02:01:36	484	05:41:36		502
533	10	KOŁOWROTNY WOJCIECH	WARSZAWA	Alfa Group	1972	M40-44	108	00:39:10	462	00:06:34	02:51:57	571	00:03:02	02:01:08	480	05:41:51		503
534	761	CZUBLUN PIOTR	WÓLKA KOZODAWSKA	TRINERGY	1973	M40-44	109	00:40:33	516	00:05:58	02:48:06	524	00:02:23	02:04:52	534	05:41:52		504
535	257	KAJTOCH ROMAN	BIERUŃ	Wulkan BieRuń	1985	M30-34	106	00:45:41	671	00:05:51	02:46:03	498	00:01:41	02:02:41	505	05:41:57		505
536	841	PANKOWSKI ARKADIUSZ	NOWY TOMYŚL	Redos	1970	M45-49	41	00:32:27	130	00:06:56	02:53:11	596	00:03:45	02:05:43	550	05:42:02		506
537	825	SKOTNICKI DARIUSZ	GÓLECZEWO		1970	M45-49	42	00:38:26	429	00:06:04	02:43:41	451	00:02:43	02:11:14	611	05:42:08		507
538	663	JAKUBOWSKI SZYMON	POZNAŃ	AganJastan	1975	M40-44	110	00:38:50	446	00:06:48	02:54:00	605	00:03:12	01:59:21	495	05:42:11		508
539	573	KORONKIEWICZ ADAM	WROCLAW	CS IRONMAN	1977	M35-39	145	00:34:34	217	00:06:25	02:31:54	218	00:02:40	02:26:40	695	05:42:13		509
540	477	NETTMANN MATEUSZ	SIEROSŁAW	POZRUNIACY/FTI	1979	M35-39	146	00:40:49	535	00:06:33	02:57:03	636	00:02:34	01:55:36	395	05:42:35		510
541	322	KWAKSZYSZ KRZYSZTOF	WARSZAWA	lyna Sepopul	1983	M30-34	107	00:37:08	365	00:05:43	02:40:59	402	00:02:33	02:16:16	646	05:42:39		511
542	771	DUMAŃSKI ADAM	NYSA	www.termosy.com.pl	1972	M40-44	111	00:39:10	463	00:09:10	02:47:33	517	00:04:03	02:02:44	508	05:42:40		512
543	161	PACHOLAK KAROL	POZNAŃ		1988	M25-29	58	00:42:01	589	00:06:18	02:59:05	660	00:02:08	01:53:27	366	05:42:59		513
544	310	LIS PAWEŁ	ROKITNICA	Jastrzębie Łaskie	1983	M30-34	108	00:41:03	549							05:43:01		514
545	901	GBIORCZYK ROBERT	ŚMIGIEL	Wolsztyński Klub Biegowy	1964	M50-54	19	00:47:45	702	00:06:04	02:35:38	300	00:02:28	02:11:23	614	05:43:18		515
546	774	JAZIKOWSKI PAWEŁ	POZNAŃ		1972	M40-44	112	00:39:13	469	00:06:01	02:44:33	471	00:03:14	02:10:26	606	05:43:27		516
547	915	DELEGACZ SŁAWOMIR	WARSZAWA		1963	M50-54	20	00:43:58	637	00:07:41	02:39:45	385	00:03:01	02:09:17	595	05:43:42		517
548	459	WIŚNIEWSKI PAWEŁ	WLOCLAWEK		1980	M35-39	147	00:39:07	460	00:06:11	02:53:32	599	00:02:50	02:02:20	496	05:44:00		518
549	522	PASCHKE ROMAN	GDYNIA	ShipCup	1978	M35-39	148	00:32:21	126	00:07:20	02:56:29	631	00:02:28	02:05:23	543	05:44:01		519
550	415	STASIAK KRZYSZTOF	GŁOGÓW MAŁOPOLSKI	STT	1980	M35-39	149	00:42:16	597	00:06:07	02:56:05	627	00:02:17	01:57:23	424	05:44:08		520
551	308	JACHIMSKI JAKUB	WARSZAWA	Accenture	1983	M30-34	109	00:38:34	438	00:06:20	02:52:50	585	00:03:05	02:03:28	514	05:44:17		521
552	393	BORDA PIOTR	POZNAŃ		1981	M35-39	150	00:39:32	484	00:07:20	02:51:43	570	00:02:54	02:02:53	509	05:44:22		522
553	399	PIEDEL ŁUKASZ	KAMIONKI 33B		1981	M35-39	151	00:36:40	221	00:06:53	02:55:34	621	00:01:54	02:05:29	547	05:44:30		523
554	526	ADAMEK MARCIN	PLESZEW	Iron Triathlon Pleszew	1978	M35-39	152	00:34:43	334	00:06:16	02:41:27	414	00:02:48	02:17:50	650	05:45:04		524
555	775	STĘPSKA MALGOSIA	KRAKÓW	Eskadra Kraków	1972	K40-44	3	00:41:13	554	00:06:21	02:44:51	475	00:02:52	02:10:23	605	05:45:40	31	
556	224	KOCH PRZEMEK	ŚRĘM		1986	M30-34	110	00:41:20	559	00:06:50	02:53:09	594	00:04:15	02:00:13	468	05:45:47		525
557	781	MARCINKOWSKI PIOTR	OSTRÓW WIELKOPOLSKI OSW TRI TEAM		1972	M40-44	113	00:33:48	182	00:07:30	02:47:28	515	00:04:20	02:12:48	626	05:45:54		526
558	227	MYTNIK JAKUB	KRAKÓW		1986	M30-34	111	00:48:04	705	00:06:49	02:46:06	499	00:02:31	02:02:28	501	05:45:58		527
559	450	ALMINAS RAMUNAS	WROCLAW	GT RAT	1980	M35-39	153	00:40:22	509	00:05:25	02:37:14	333	00:01:58	02:21:08	688	05:46:07		528
560	465	PTAK PAWEŁ	WARSZAWA	WITC	1979	M35-39	154	00:41:53	577	00:08:29	02:56:41	633	00:04:22	01:54:56	364	05:46:21		529
561	677	BIALECKI KRZYSZTOF	RENICE		1975	M40-44	114	00:40:33	517	00:06:24	03:07:16	697	00:02:06	01:50:06	303	05:46:25		530
562	434	BALCER KONRAD	WARSZAWA		1980	M35-39	155	00:39:11	466	00:07:14	02:54:42	612	00:03:21	02:02:00	489	05:46:28		531
563	853	DZUBALA RADEK	ŚWIĘCIECHOWA	REAL 64-sto	1969	M45-49	43	00:42:39	606	00:06:04	02:52:30	578	00:02:15	02:03:06	513	05:46:34		532
564	236	KORONKIEWICZ JAREK	WARSZAWA	Triwawa	1986	M30-34	112	00:38:18	420	00:06:23	02:54:39	611	00:03:01	02:04:28	529	05:46:49		533
565	640	GORKA PRZEMYSŁAW	WEST BYFLEET		1976	M40-44	115	00:40:04	501	00:07:12	02:45:08	479	00:03:25	02:11:17	612	05:47:06		534
566	235	RYBUS AGATA	ŁPSKO		1986	K30-34	9	00:38:24	426	00:06:50	03:02:21	678	00:02:07	01:58:01	437	05:47:43	32	
567	680	MIKOŁAJCZAK ŁUKASZ	POZNAŃ	Cityzen BE3	1975	M40-44	116	00:33:31	169	00:06:56	02:52:11	574	00:02:21	02:12:46	625	05:47:45		535
568	967	WRÓBLEWSKI ŁUKASZ	POZNAŃ	DUDA CARS TP LINK RYBCZYŃSKI TEAM	1966	M50-54	21	00:41:15	556	00:07:18	02:46:25	502	00:03:47	02:09:23	598	05:48:08		536
569	889	CON LESLAW	DREZDENKO	Drużyna Szpiku	1965	M50-54	22	00:35:05	236	00:06:30	02:42:04	428	00:02:28	02:22:03	673	05:48:10		537
570	752	ŁUKASIAK MARIUSZ	WARSZAWA	Biegłem na Pomoc	1973	M40-44	117	00:37:24	384	00:05:05	02:37:49	348	00:03:31	02:24:45	682	05:48:34		538
571	628	CZYŻ GABRIELA	WŁADYSŁAWOWO	TRI-SEA OD-DECH.PL	1976	K40-44	4	00:32:35	136	00:06:12	03:10:12	709	00:01:32	01:58:10	439	05:48:41	33	
572	500	SARZYŃSKI WOJCIECH	KRAKÓW	Sarzyn-SKI	1979	M35-39	156	00:35:45	289	00:07:09	02:53:44	601	00:03:40	02:09:09	592	05:49:27		539
573	342	KAFTAŃSKI MICHAŁ	POZNAŃ	Ciumlungwa Foundation	1982	M30-34	113	00:44:43	655	00:06:31	02:46:17	500	00:02:15	0				

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Dystans: Połówka



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	Pływanie	M-ce Pływanie	T1	Rower	M-ce Rower	T2	Bieg	M-ce Bieg	Rezultat	K	M
596	283	TRACZYK GRZEGORZ	KIEKRZ		1984	M30-34	115	00:57:51	744	00:05:51	02:53:09	593	00:02:20	01:55:14	388	05:54:25		563
597	720	MAZURKIEWICZ ADAM	WARSZAWA	BabyCare & KidsCollege	1974	M40-44	121	00:35:56	297	00:08:36	02:54:23	609	00:04:39	02:11:25	615	05:54:59		564
598	805	DAWIDZIAK JAROSŁAW	LESZNO	MARATON LESZNO/AMBIT	1971	M45-49	46	00:44:20	647	00:08:50	02:43:40	450	00:03:27	02:14:59	638	05:55:16		565
599	111	ISAŁSKI MIKOŁAJ	POZNAŃ		1992	M18-24	10	00:35:13	249	00:07:23	02:56:53	635	00:02:51	02:13:01	628	05:55:21		566
600	199	NOGA KRZYSZTOF	ZÓRAWINA	LITWIN TRIATHLON TEAM	1987	M25-29	62	00:36:47	339	00:07:11	02:50:05	554	00:02:46	02:18:34	655	05:55:23		567
601	867	CHMIELEWSKI HAREK	PRUSZCZ GDAŃSKI		1968	M45-49	47	00:43:06	617	00:07:44	02:50:04	553	00:03:05	02:12:00	618	05:55:59		568
602	231	KIECA MARCIN	PILA	Czogori	1986	M30-34	116	00:45:27	665	00:06:22	02:57:06	638	00:02:30	02:04:35	530	05:56:00		569
603	938	DRAPEŁA DARIUSZ	GDAŃSK	maratonypolskie.pl	1957	M55-59	8	00:38:22	422	00:06:12	02:43:12	438	00:02:01	02:26:18	692	05:56:05		570
604	218	STANISŁAWIAK NATALIA	POZNAŃ	CityZen	1986	K30-34	10	00:33:39	177	00:05:42	02:41:43	424	00:03:05	02:31:57	707	05:56:06	34	
605	548	KALUŻKA PIOTR	PABIANICE	ALE	1978	M35-39	166	00:43:28	628	00:07:31	03:03:39	685	00:03:16	01:58:15	442	05:56:09		571
606	791	DOBROCZYŃSKI LECH	WARSZAWA	9 DYWERSYJNA	1972	M40-44	122	00:43:43	632	00:11:20	02:52:34	581	00:04:02	02:04:37	532	05:56:16		572
607	193	LASKOWSKI LUKASZ	POZNAŃ		1987	M25-29	63	00:42:27	602	00:06:15	02:58:21	655	00:02:50	02:06:45	567	05:56:38		573
608	581	MOSUR KAMIL	WARSZAWA		1977	M35-39	167	00:45:17	663	00:06:47	02:57:06	637	00:03:38	02:30:59	521	05:56:47		574
609	697	BU CZKOWSKI WOJCIECH	PIERSKO	LZS Piersko	1974	M40-44	123	00:36:29	321	00:06:09	03:02:20	676	00:02:53	02:09:19	597	05:57:10		575
610	782	MIARA TOMASZ	WRZEŚNIA		1972	M40-44	124	00:44:17	644	00:06:56	02:55:38	623	00:03:08	02:07:27	573	05:57:26		576
611	757	RYBAKOWSKI FILIP	POZNAŃ		1973	M40-44	125	00:41:20	560	00:07:20	02:54:30	610	00:03:07	02:11:11	610	05:57:28		577
612	385	PILSZEK ADAM	TYCHY	IRON FRIENDS	1981	M35-39	168	00:32:36	137	00:05:54	02:44:18	469	00:02:55	02:31:46	706	05:57:29		578
613	944	MADKAŃSKI ANDRZEJ	SZCZECIN	Manik Adwokaci	1955	M60-64	3	00:41:57	585	00:05:36	02:48:40	533	00:02:05	02:19:15	659	05:57:33		579
614	784	SZKUDLARSKI WOJCIECH	NOWY TOMYŚL		1972	M40-44	126	00:43:50	635	00:08:02	02:55:53	625	00:03:55	02:05:54	553	05:57:34		580
615	786	BLACHOWIAK MARIUSZ	LESZNO	MARATON LESZNO / AMBIT RACING TEAM	1972	M40-44	127	00:59:08	746	00:07:08	02:50:59	561	00:02:27	01:57:56	434	05:57:38		581
616	777	MALCHEREK KRZYSZTOF	ŚWIECIECHOWA	Real 64-sto	1972	M40-44	128	00:40:04	500	00:08:05	02:51:33	568	00:03:04	02:15:08	639	05:57:54		582
617	190	GOTTFRIED WOJCIECH	POZNAŃ		1987	M25-29	64	00:41:28	563	00:07:18	02:53:25	598	00:03:30	02:12:26	624	05:58:07		583
618	724	CHMIELEWSKI RAFAL	WARSZAWA		1974	M40-44	129	00:40:10	504	00:08:05	02:57:40	645	00:03:24	02:08:50	589	05:58:09		584
619	152	WYPYCHOWSKI JAKUB	POZNAŃ		1989	M25-29	65	00:50:55	728	00:09:08	02:56:13	629	00:05:03	02:15:53	414	05:58:12		585
620	788	MYSZKOROWSKI ALEKSANDER	WARSZAWA		1972	M40-44	130	00:42:35	604	00:08:41	02:58:00	651	00:05:06	02:03:54	520	05:58:16		586
621	625	BEHMEK BARTŁOMIEJ	GODYNIA	TRI-SEA	1976	M40-44	131	00:43:15	624	00:07:30	02:59:07	661	00:02:23	02:06:05	556	05:58:20		587
622	226	KRUCZAJ MARCIN	WROCLAW		1986	M30-34	117	00:51:42	732	00:09:25	02:50:09	555	00:05:14	02:00:48	488	05:58:30		588
623	561	REMBACZ TOMASZ	CHRZPSKO WIELKIE		1977	M35-39	169	00:39:13	468	00:05:15	02:51:07	563	00:03:23	02:19:38	660	05:58:36		589
624	499	CZARNECKI TOMASZ	WARSZAWA		1979	M35-39	170	00:41:48	573	00:06:39	02:57:23	641	00:03:06	02:09:43	600	05:58:39		590
625	563	OLSZOWSKI MARCIN	CHRZPSKO WIELKIE		1977	M35-39	171	00:37:05	358	00:05:28	02:53:06	590	00:03:19	02:19:42	661	05:58:40		591
626	364	GUZ PIOTR	CZECHOVICE-DZIEDZICE		1982	M30-34	118	00:42:37	605	00:08:35	03:01:19	673	00:03:18	02:03:00	511	05:58:49		592
627	482	FAFERKO WOJCIECH	KATOWICE	Dentim Sport Team	1979	M35-39	172	00:40:53	538	00:05:55	02:54:12	607	00:02:34	02:15:18	641	05:58:52		593
628	271	CZEKALSKA MARIA	POZNAŃ		1984	K30-34	11	00:42:55	612	00:06:07	03:02:21	677	00:02:44	02:04:57	535	05:59:04	35	
629	542	LIPIEŃ JAKUB	ZIELONKI	GTX-TEAM	1978	M35-39	173	00:37:17	375	00:05:50	02:51:15	566	00:02:23	02:22:21	674	05:59:06		594
630	356	FILDEBRANDT BASIA	POZNAŃ	FTI RACING TEAM	1982	K30-34	12	00:41:03	548	00:05:34	03:04:19	688	00:02:54	02:17:57	542	05:59:07	36	
631	484	GOLEC DANIEL	POZNAŃ	PKO BP SA	1979	M35-39	174	00:41:54	581	00:07:06	02:57:45	646	00:02:46	02:10:11	604	05:59:42		595
632	809	HADAŚ KRZYSZTOF	PLEWSKA	CSWład. Poznań	1971	M45-49	48	00:42:20	600	00:08:51	02:59:24	663	00:02:50	02:06:23	562	05:59:48		596
633	661	WIŃTOCH MARCIN	TORUŃ		1975	M40-44	132	00:45:01	658	00:06:14	02:44:52	476	00:03:24	02:20:47	666	06:00:18		597
634	617	LEŚNIEWICZ MARIUSZ	KONIN		1976	M40-44	133	00:40:38	522	00:10:05	03:01:07	672	00:03:36	02:05:12	539	06:00:38		598
635	815	STANOCH EDWARD	WARSAW	Trinergy Team	1971	M45-49	49	00:36:58	355	00:08:56	03:06:15	694	00:02:57	02:06:24	563	06:00:40		599
636	286	ROCHOWIAK PRZEMYSŁAW	INOWOCLAW	ŁOK Pogranicznik	1984	M30-34	119	00:54:35	741	00:06:54	02:52:12	575	00:03:38	02:03:35	518	06:00:54		600
637	371	IGNATOWSKA JUSTYNA	WROCLAW	ironMania	1982	K30-34	13	00:42:06	591	00:06:16	02:55:19	618	00:02:47	02:14:47	637	06:01:15	37	
638	902	STRZELCZYK PIOTR	WARSZAWA	OXYGEN	1964	M50-54	26	00:40:35	520	00:07:41	02:52:33	580	00:03:38	02:17:50	649	06:02:17		601
639	852	BEDA GRZEGORZ	MIEDŹNO		1969	M45-49	50	00:46:52	688	00:08:34	02:59:32	664	00:03:16	02:04:08	524	06:02:22		602
640	945	CICHY PAWEŁ	LASK	KR Jastrzębie Łaskie	1955	M60-64	4	00:38:40	444	00:09:46	02:49:14	546	00:05:19	02:20:04	663	06:03:03		603
641	657	MARCINOWSKI MIKOŁAJ	DĄBRÓWKA		1975	M40-44	134	00:45:39	669	00:07:09	02:58:17	654	00:02:43	02:09:17	596	06:03:05		604
642	251	GROCHOWSKI MACIEJ	WARSZAWA		1985	M30-34	120	00:33:11	158	00:08:17	03:07:33	698	00:05:11	02:09:27	599	06:03:39		605
643	269	JABLZYŃSKA JOANNA	WARSZAWA	OIRP Warszawa	1985	K30-34	14	00:40:25	511	00:07:02	03:08:54	703	00:02:35	02:05:09	537	06:04:05	38	
644	312	GOLIŃSKI LUKASZ	ŁÓDŹ	Ichem Sport Team	1983	M30-34	121	00:46:08	677	00:09:34	02:56:26	630	00:03:47	02:08:26	580	06:04:21		606
645	311	SZUL ROBERT	WARSZAWA	Bieliański Klub Karate Kyokushin	1983	M30-34	122	00:35:14	250	00:06:08	02:53:46	602	00:02:48	02:26:35	694	06:04:31		607
646	655	ŚLIWA MIROSŁAW	KOŹMICE WIELKIE		1975	M40-44	135	00:49:04	715	00:06:55	02:55:26	620	00:04:13	02:09:06	591	06:04:44		608
647	758	WILK PIOTR	WROCLAW	mSport Team	1973	M40-44	136	00:50:37	725	00:08:11	03:04:22	689	00:03:53	01:57:46	432	06:04:49		609
648	294	OWCZARZAK PIOTR	POZNAŃ	KKS Sporty Walki Poznań	1984	M30-34	123	00:38:39	443	00:07:04	02:57:34	643	00:02:50	02:18:47	656	06:04:54		610
649	578	MARCINIOWSKI RAFAL	USZCZYN	Tri Aktywny Piotrków	1977	M35-39	175	00:43:22	626	00:06:52	02:52:39	583	00:03:55	02:18:13	652	06:05:01		611
650	874	SEMENDJAJEVS DMITRIJS	RIGA	Zoorbagan	1967	M45-49	51	00:43:58	638	00:06:39	02:57:13	640	00:03:21	02:14:12	632	06:05:23		612
651	940	WĘPA WIESŁAW	CHELM	Chelmska Grupa Triathlonu	1956	M60-64	5	00:38:57	452	00:07:39	02:52:14	576	00:02:33	02:25:15	686	06:06:28		613
652	353	KONCZEWICZ ADAM	TARNOWSKIE GÓRY		1982	M30-34	124	00:44:09	642	00:06:59	02:48:41	534	00:02:15	02:24:27	681	06:06:31		614
653	23	LUDWICZAK STANISŁAW	ŚMIGIEL		1978	M35-39	176	00:49:44	718	00:08:02	03:00:29	668	00:04:46	02:04:40	533	06:07:41		615
654	838	WILK DARIUSZ	WROCLAW	MSPORT	1970	M45-49	52	00:46:17	681	00:09:07	03:00:52	671	00:04:09	02:07:23	572	06:07:48		616
655	715	CZUBAK WAWRZYNIEC	GWIAZDOWO		1974	M40-44	137	00:44:15	643	00:08:53	02:58:04	653	00:04:49	02:12:13	621	06:08:14		617
656	664	KRZYŻOSTANIAK MARCIN	POZNAŃ	BIEGIEM NA POMOC	1975	M40-44	138	00:45:30	666	00:06:30	02:52:08	573	00:02:16	02:21:56	617	06:08:20		618
657	737	RUDNO-RUDZIŃSKI GRZEGORZ	WROCLAW		1974	M40-44	139	00:48:19	707	00:06:40	02:55:59	626	00:03:09	02:14:33	635	06:08:40		619
658	495	MATUSIEWICZ SŁAWOMIR	POZNAŃ	BE3 CITYZEN_Solid Logistics	1979	M35-39	177	00:43:12	620	00:06:55	02:43:43	454						

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Dystans: Połówka



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Rok	Kat	Mce kat	Pływanie	M-ce Pływanie	T1	Rower	M-ce Rower	T2	Bieg	M-ce Bieg	Rezultat	K	M
681	258	ANDRZEJEWSKI BARTOSZ	MUROWANA GOŚLIŃNA		1985	M30-34	128	00:44:37	654	00:06:20	02:54:46	613	00:02:35	02:30:57	705	06:19:15		642
682	458	KLIS TOMASZ	BIELSKO BIAŁA	Beskidy Tri Sport Team	1980	M35-39	180	00:36:47	338	00:05:46	02:48:43	535	00:02:36	02:46:06	732	06:19:58		643
683	623	MORACZEWSKA KATARZYNA	MAGDALENKA		1976	K40-44	6	00:52:24	737	00:05:39	02:59:09	662	00:02:51	02:20:53	667	06:20:56	40	
684	674	STANISLAWCZYK MARCIN	WÓLCZKOWO		1975	M40-44	149	00:46:27	683	00:08:18	03:08:58	704	00:03:49	02:13:25	629	06:20:57		644
685	922	LATOS JANUSZ	KOSTRZYŃ WŁKP		1962	M50-54	29	00:41:47	571	00:08:12	03:12:36	721	00:03:15	02:15:12	640	06:21:02		645
686	569	SIP WOJCIECH	DREZDENKO		1977	M35-39	181	00:46:58	690	00:08:43	02:58:03	652	00:03:53	02:23:25	679	06:21:02		645
687	615	ZINKOWSKI IGOR	POZNAŃ	deutsche bank tri	1976	M40-44	148	00:42:13	595	00:07:47	02:53:09	595	00:02:49	02:35:12	717	06:21:10		647
688	150	NOWICKI LUKASZ	POZNAŃ		1989	M25-29	69	00:40:23	510	00:08:46	03:04:31	691	00:04:04	02:24:53	683	06:22:37		648
689	520	RZEŃNIK MARLENA	POZNAŃ	eposnania.pl	1978	K35-39	5	00:54:18	740	00:06:54	03:09:17	705	00:04:05	02:08:04	578	06:22:38	41	
690	806	STAJER MARIUSZ	LESZNO	MARATON LESZNO/AMBIT	1971	M45-49	55	00:50:46	726	00:10:04	03:04:22	690	00:04:25	02:13:35	631	06:23:12		649
691	954	MARKIEWICZ MARCELINA	WARSZAWA		1981	K35-39	6	00:36:56	352	00:06:53	02:58:35	657	00:04:44	02:36:25	721	06:23:33	42	
692	16	STARKIEWICZ EWA	WARSZAWA		1984	K30-34	15	00:38:59	453	00:10:01	03:12:00	718	00:04:06	02:18:51	657	06:23:57	43	
693	554	RUTKOWSKI JAKUB	POZNAŃ	MEIBES Team	1977	M35-39	182	00:40:17	505	00:08:15	03:10:32	711	00:02:45	02:22:23	675	06:24:12		650
694	754	ROJEWSKI RAFAŁ	WARSZAWA		1973	M40-44	149	00:47:02	692	00:06:49	03:05:37	693	00:03:20	02:21:59	672	06:24:47		651
695	802	KUCNER MONIKA	ŚMIGIEL	Maraton Leszno	1971	K45-49	2	00:46:46	686	00:07:24	03:12:20	720	00:03:03	02:15:37	642	06:25:10	44	
696	475	BORUTA MATEUSZ	POZNAŃ	DZIKI Z MORSKA	1979	M35-39	183	00:45:40	670	00:08:20	02:53:57	604	00:03:03	02:34:30	715	06:25:30		652
697	882	CZICHY BARBARA	TARNOWSKIE GÓRY	WKB META Lubliniec	1966	K50-54	1	00:50:31	723	00:07:07	03:23:41	736	00:02:49	02:02:26	498	06:26:34	45	
698	685	IMOSA JAKUB	KATOWICE	KOTRAK TEAM	1975	M40-44	150	00:45:06	695	00:08:41	02:56:12	628	00:03:44	02:34:14	712	06:27:57		653
699	20	GUZIEWICZ KAROL	ROSKO	PI	1987	M25-29	70	00:42:04	590	00:09:51	02:57:34	644	00:03:32	02:35:26	719	06:28:27		654
700	850	IZAK KRZYSZTOF	STARGARD	Cukiernia Nova Team	1969	M45-49	56	00:50:34	724	00:05:46	03:10:36	712	00:02:58	02:20:13	664	06:30:07		655
701	801	PACZKOWSKI BARTOSZ	SZAMOTULY	BR218	1971	M45-49	57	00:36:50	344	00:07:46	02:54:51	615	00:05:19	02:46:15	733	06:31:01		656
702	662	ZBORALSKI MICHAŁ	POZNAŃ		1975	M40-44	151	00:47:17	695	00:06:43	02:53:25	597	00:05:31	02:25:28	628	06:32:21		657
703	887	WAWRZYŃIAK PRZEMYSLAW	OBORNIKI		1966	M50-54	30	00:47:55	703	00:09:20	03:03:51	686	00:06:02	02:39:25	790	06:32:36		658
704	116	MIZERA MIKOŁAJ	POBIEDZISKA		1991	M25-29	71	00:51:46	733	00:06:02	02:54:18	608	00:02:59	02:37:36	724	06:32:41		659
705	175	JAWOREK-WESOŁA MAGDALENA	LWÓWEK		1988	K25-29	7	00:37:18	377	00:07:24	03:11:06	715	00:03:34	02:34:21	713	06:33:43	46	
706	840	WODA DOROTA	GDANSK	ComplexSports	1970	K45-49	3	00:52:06	736	00:08:11	03:00:30	669	00:04:17	02:29:02	698	06:34:06	47	
707	443	EGER BARTOSZ	ŁÓDŹ		1980	M35-39	184	00:36:07	303	00:10:16	03:21:41	733	00:03:46	02:22:51	677	06:34:41		660
708	329	SENDECKI LUKASZ	WARSZAWA	Mitsubishi Electric Team	1978	M30-34	129	00:48:33	711	00:09:28	03:01:55	675	00:04:45	02:30:04	702	06:34:45		661
709	516	BRUCE-GREEN SARAH	LONDON	Bridgtown Cona Testa Triathlon Team	1983	K35-39	7	00:45:57	675	00:07:26	03:18:40	629	00:03:22	02:19:47	662	06:35:12	48	
710	951	OLEJNICZAK WITOLD	OSTRÓW WŁKP	KS Maraton Ostrów Włkp.	1949	M65-69	1	00:54:46	742	00:08:50	03:05:06	692	00:04:14	02:22:39	676	06:35:35		662
711	810	LEWARDOWSKI KONRAD	POZNAŃ		1971	M45-49	58	00:48:16	706	00:10:15	03:06:53	696	00:05:01	02:25:37	693	06:36:02		663
712	406	DOŁOWY PAWEŁ	WARSZAWA		1981	M35-39	185	00:45:09	661	00:08:10	03:11:48	716	00:04:42	02:26:22	691	06:36:11		664
713	912	BUGAJNY PAWEŁ	POZNAŃ		1963	M50-54	31	00:45:01	657	00:10:32	03:19:15	731	00:04:51	02:17:09	647	06:36:48		665
714	121	BABIARZ JAKUB	SKIERNIEWICE	KU AZS Uniwersytet Medyczny w Łodzi	1991	M25-29	72	00:42:19	599	00:11:00	03:01:32	674	00:06:25	02:35:44	720	06:37:00		666
715	586	KOŁODZIEJ MARIUSZ	LEGNICA	TRIATHLON MIETKÓW TEAMIE	1977	M35-39	186	00:44:02	640	00:06:46	03:09:59	708	00:02:19	02:34:27	714	06:37:33		667
716	427	HAŁAS ADRIAN	ROSTWOROWO		1980	M35-39	187	00:48:59	714	00:08:33	03:12:41	722	00:03:03	02:25:20	688	06:38:36		668
717	647	MAZURKIEWICZ MARCIN	POZNAŃ		1975	M40-44	152	00:39:40	490	00:08:12	02:49:59	551	00:03:55	02:56:54	743	06:38:40		669
718	112	JUNCEYK EWELINA	POZNAŃ	YetTu Poznań	1992	K18-24	4	00:47:17	696	00:07:21	03:17:49	727	00:03:24	02:22:52	678	06:38:43	49	
719	445	KAMINSKI GRZEGORZ	KUJAWSKO POMORSKIE TTKF WODNIK WIECBORK		1980	M35-39	188	00:58:24	745	00:08:06	02:58:00	650	00:03:07	02:32:05	708	06:39:42		670
720	873	JANKOWSKI DARIUSZ	MIERZYN	IRONGYM	1967	M45-49	59	00:41:29	565	00:08:22	02:58:31	656	00:04:55	02:47:42	734	06:40:59		671
721	780	DUDEK EMILIA	NYSZA	NYSZA BIEGA	1972	K40-44	7	00:43:17	625	00:07:16	03:12:52	723	00:02:58	02:36:37	722	06:43:00	50	
722	437	SIENKIEWICZ MACIEJ	WARSZAWA		1980	M35-39	189	00:51:13	730	00:08:33	03:29:20	743	00:02:22	02:12:02	619	06:43:30		672
723	751	DRYŃKOWSKI MICHAŁ JAKUB	ŁÓDŹ		1973	M40-44	153	00:47:33	700	00:11:46	03:03:01	682	00:06:31	02:35:25	718	06:44:16		673
724	713	KIN PAWEŁ	WARSZAWA	Tripassion Team	1974	M40-44	154	00:47:15	694	00:08:09	03:12:13	719	00:02:33	02:34:52	716	06:45:02		674
725	934	BAKOWSKI WŁODZIMIERZ	WARSZAWA	WCHP	1958	M55-59	9	00:41:13	555	00:09:59	02:56:32	632	00:05:13	02:52:28	740	06:45:25		675
726	961	PIOTROWSKI PAWEŁ	ŚREM		1972	M40-44	155	00:50:02	719	00:07:22	03:20:36	732	00:03:16	02:25:01	685	06:46:17		676
727	731	KOZŁOWSKI TADEUSZ	STARY JAROMIERZ	www.e-line.pl	1974	M40-44	156	00:41:53	576	00:09:46	03:10:44	713	00:05:37	02:39:18	727	06:47:18		677
728	214	POKRYSKA BARTOSZ	GLIWICE	Kombo Kurczaki	1986	M30-34	130	00:35:44	288	00:09:47	03:07:48	700	00:04:45	02:49:48	736	06:47:52		678
729	923	KARAŚ BEATA	ELBLĄG	PROGRESS TRIATHLON TEAM	1962	K50-54	2	00:36:40	328	00:08:05	03:23:48	737	00:02:42	02:36:41	723	06:47:56	51	
730	120	NOWAK JAKUB	ŚREM	KU AZS UMED ŁÓDŹ	1991	M25-29	73	00:36:08	308	00:08:45	03:07:38	699	00:04:17	02:51:42	739	06:48:30		679
731	929	NOWAK MARIAN	LUBIN		1961	M55-59	10	00:48:43	712	00:07:59	03:17:54	728	00:05:49	02:28:10	697	06:48:35		680
732	321	KOŁACZKO KATARZYNA	PRZEWORSK	Przeworska Grupa Biegowa	1983	K30-34	16	00:41:26	561	00:08:12	03:03:19	683	00:03:54	02:52:36	741	06:49:27	52	
733	129	KRASZKA MARTA	POZNAŃ	Zgrupka team	1990	K25-29	8	00:45:50	673	00:06:31	03:24:31	738	00:02:36	02:30:10	703	06:49:38	53	
734	348	SKOŁOZDRZYCH KAROL	POZNAŃ	RAKIETA POZNAŃ	1982	M30-34	131	00:46:13	679	00:07:44	03:02:39	679	00:02:45	02:54:16	742	06:53:37		681
735	33	BROWARSKI MARIUSZ	POZNAŃ	RUN 24	1974	M40-44	157	01:05:02	749	00:13:45	03:33:10	745	00:02:58	02:00:23	471	06:55:18		682
736	943	KUREK ANDRZEJ	WARSZAWA		1955	M60-64	8	00:59:10	747	00:09:50	03:11:51	717	00:05:17	02:29:31	700	06:55:39		683
737	927	PAWELEC RADOSŁAW	GRÓJEC		1961	M55-59	11	00:52:03	735	00:11:07						06:57:29		684
738	904	POLCYN JAN	OSIEK NAD NOTECIĄ	AT Team	1964	M50-54	32	00:52:58	738	00:06:34	03:17:13	726	00:03:35	02:37:53	725	06:58:13		685
739	209	SWIOKŁA PAWEŁ	SZCZECINEK	Triathlon Szczecinek	1986	M30-34	132	00:38:02	409	00:09:09	03:00:28	667	00:03:37	03:07:29	745	06:58:45		686
740	481	PTAK ARKADIUSZ	WILKSZYN	Spartanie Dzieciom	1979	M35-39	190	00:44:27	651	00:10:26	03:08:30	701	00:04:44	02:51:09	737	06:59:16		687
741	942	KAFTANSKI LECH	NOWA WIEŚ LEBOŃSKA		1955	M60-64	9	00:45:11	662	00:10:45	03:19:02	730	00:03:55	02:40:29	729	06:59:22		688
742	429	WIETRZYKOWSKI KRZYSZTOF	POZNAŃ	Brodaty Klub	1980	M35-39	191	00:50:15	721	00:10:09	03:25:54	740	00:04:43	02:30:46	704	07:01:47		689
743	962	WOJCIECHOWSKI PRZEMYSLAW	WROCLAW		1990	M25-29	74	00:49:35	717	00:10:11	03:22:26	735	00:06:27	02:33:08	711	07:01:47		689
744</																		