

# Triathlon Szczecin – Mistrzostwa Polski na dystansie 56,5km

Organizator: Endu Sport / Miasto Szczecin

Data: 5.07.2015

Dystans: 56,5 (0,950-45-10,55)

Miejscowość: Szczecin

| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość  | Klub                                  | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M  | K | Kara     | Opis kary  |
|------|---------|----------------------|--------------|---------------------------------------|--------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|----|---|----------|--|
| 1    | 240     | JASKÓŁKA MAREK       | SZCZECIN     | BIURO AS PODROŻY                      | Polska | 1976       | M35-39    | 1          | 1     | 00:14:04 (5)   | 00:01:06 | 01:08:59 (6)   | 00:00:57 | 00:37:48 (1)   | 02:02:54 | 1  |   |          |  |
| 2    | 5       | CHMURA MACIEJ        | WROCLAW      | GVT                                   | Polska | 1986       | M25-29    | 1          | 1     | 00:14:38 (6)   | 00:01:12 | 01:08:16 (5)   | 00:00:57 | 00:38:41 (2)   | 02:03:44 | 2  |   |          |  |
| 3    | 7       | ŁAWICKI MARCIN       | LUBIN        | MTS LUBIN / LABOSPORT / CCC SPRANDI   | Polska | 1986       | M25-29    | 2          | 1     | 00:14:42 (7)   | 00:01:13 | 01:08:13 (4)   | 00:00:52 | 00:39:14 (4)   | 02:04:14 | 3  |   |          |  |
| 4    | 241     | OLIWA MICHAŁ         | SZCZECIN     | BIURO AS PODROŻY                      | Polska | 1997       | M18-24    | 1          | 1     | 00:12:47 (1)   | 00:01:15 | 01:10:04 (8)   | 00:00:56 | 00:40:59 (7)   | 02:06:01 | 4  |   |          |  |
| 5    | 245     | SZAŁA TOMASZ         | WARSZAWA     | ELEMENTAL TEAM                        | Polska | 1990       | M25-29    | 3          | 1     | 00:15:13 (12)  | 00:01:19 | 01:08:01 (3)   | 00:00:56 | 00:42:14 (10)  | 02:07:43 | 5  |   |          |  |
| 6    | 17      | SWAT SYLWESTER       | PRZEŹMIEROWO | SWAT TEAM                             | Polska | 1993       | M18-24    | 2          | 1     | 00:15:19 (15)  | 00:01:29 | 01:07:59 (2)   | 00:01:07 | 00:43:44 (15)  | 02:09:38 | 6  |   |          |  |
| 7    | 243     | BODNAR MACIEJ        | WARSZAWA     | ELEMENTAL TEAM                        | Polska | 1994       | M18-24    | 3          | 1     | 00:13:28 (2)   | 00:01:21 | 01:15:29 (34)  | 00:00:51 | 00:40:35 (5)   | 02:11:44 | 7  |   |          |  |
| 8    | 6       | GOLINIEWSKI JAKUB    | CZĘSTOCHOWA  | WLKS KMICIC CZĘSTOCHOWA/KOLARSKI TEAM | Polska | 1993       | M18-24    | 4          | 1     | 00:15:18 (14)  | 00:01:17 | 01:14:32 (26)  | 00:00:51 | 00:40:44 (6)   | 02:12:42 | 8  |   |          |  |
| 9    | 256     | RUCIŃSKI JAKUB       | SÓPOT        | HOTEL CZTERY BRZOZY GDAŃSK            | Polska | 1975       | M40-44    | 1          | 2     | 00:18:52 (45)  | 00:01:46 | 01:07:13 (11)  | 00:01:06 | 00:44:33 (19)  | 02:13:30 | 9  |   |          |  |
| 10   | 136     | CZAPIŃSKI MICHAŁ     | REDA         | HOTEL CZTERY BRZOZY GDAŃSK            | Polska | 1982       | M30-34    | 1          | 1     | 00:21:04 (88)  | 00:01:37 | 01:10:50 (11)  | 00:01:15 | 00:39:01 (3)   | 02:13:47 | 10 |   |          |  |
| 11   | 250     | KOTFICA PAULINA      | SZCZECIN     | ELEMENTAL TEAM                        | Polska | 1986       | K25-29    | 1          | 1     | 00:15:02 (9)   | 00:01:06 | 01:14:34 (27)  | 00:00:58 | 00:42:15 (11)  | 02:13:55 |    | 1 |          |  |
| 12   | 442     | KUBIŃSKI JAKUB       | BYDGOSZCZ    | BYDGOSZCZ TRIATHLON TEAM              | Polska | 1987       | M25-29    | 4          | 2     | 00:16:37 (23)  | 00:01:12 | 01:12:30 (14)  | 00:00:58 | 00:43:14 (14)  | 02:14:31 | 11 |   |          |  |
| 13   | 39      | BARCZEWSKI MAREK     | TORUŃ        | BYDGOSZCZ TRIATHLON TEAM              | Polska | 1989       | M25-29    | 5          | 1     | 00:19:36 (52)  | 00:01:13 | 01:12:46 (15)  | 00:00:54 | 00:41:32 (8)   | 02:16:01 | 12 |   |          |  |
| 14   | 169     | GUŻ ANDRZEJ          | GDAŃSK       | HOTEL CZTERY BRZOZY GDAŃSK            | Polska | 1980       | M35-39    | 2          | 1     | 00:20:08 (65)  | 00:01:42 | 01:10:44 (9)   | 00:01:02 | 00:42:44 (12)  | 02:16:20 | 13 |   |          |  |
| 15   | 79      | SMĘDA BARTOSZ        | SZCZECIN     | KS IRONMAN CS POLSKA                  | Polska | 1986       | M25-29    | 6          | 1     | 00:14:00 (3)   | 00:01:04 | 01:16:12 (41)  | 00:00:58 | 00:41:49 (9)   | 02:17:03 | 14 |   | 00:03:00 | Nieodbyta kara czasowa 3 min za drafting na trasie kolarskim |
| 16   | 152     | KUREK PIOTR          | POZNAŃ       | BUDMIX                                | Polska | 1981       | M30-34    | 2          | 1     | 00:16:11 (19)  | 00:01:40 | 01:13:07 (17)  | 00:01:03 | 00:45:30 (24)  | 02:17:31 | 15 |   |          |  |
| 17   | 242     | STRACHOTA MAREK      | SZCZECIN     | AS BIURO PODROZE                      | Polska | 1997       | M18-24    | 5          | 1     | 00:14:02 (4)   | 00:01:14 | 01:14:18 (25)  | 00:00:56 | 00:47:03 (34)  | 02:17:33 | 16 |   |          |  |
| 18   | 87      | MAJCHRZAK MICHAŁ     | NOWY LUBOSZ  | TGV CLUB                              | Polska | 1985       | M30-34    | 3          | 1     | 00:18:44 (43)  | 00:02:23 | 01:09:41 (7)   | 00:01:12 | 00:45:53 (26)  | 02:17:53 | 17 |   |          |  |
| 19   | 45      | KACZMAREK ADAM       | SUCHY DWÓR   | ARKA GDYNIA                           | Polska | 1989       | M25-29    | 7          | 1     | 00:16:37 (22)  | 00:01:40 | 01:15:24 (31)  | 00:01:22 | 00:43:06 (13)  | 02:18:09 | 18 |   |          |  |
| 20   | 209     | DOWBOR MACIEJ        | WARSZAWA     | AIRBIKE TRI TEAM                      | Polska | 1978       | M35-39    | 3          | 1     | 00:16:30 (21)  | 00:01:21 | 01:13:15 (18)  | 00:01:04 | 00:46:13 (28)  | 02:18:23 | 19 |   |          |  |
| 21   | 1       | CHMIELEWSKI ADAM     | EDINBURGH    | BIKEBROTHERS OSHEE TEAM               | Polska | 1975       | M40-44    | 2          | 1     | 00:15:15 (13)  | 00:01:07 | 01:13:56 (21)  | 00:00:59 | 00:44:15 (17)  | 02:18:32 | 20 |   | 00:03:00 | Nieodbyta kara czasowa 3 min za drafting na trasie kolarskim |
| 22   | 93      | FRĄSZCZAK MARCIN     | NEKLA        | BE3 CITYZEN_POZNAŃ                    | Polska | 1985       | M30-34    | 4          | 1     | 00:18:03 (29)  | 00:01:14 | 01:13:21 (19)  | 00:01:11 | 00:44:47 (22)  | 02:18:36 | 21 |   |          |  |
| 23   | 35      | SZATEWICZ MICHAŁ     | GOLENIÓW     | KS HANZA GOLENIÓW                     | Polska | 1990       | M25-29    | 8          | 1     | 00:19:29 (50)  | 00:01:19 | 01:11:57 (13)  | 00:01:03 | 00:45:02 (23)  | 02:18:50 | 22 |   |          |  |
| 24   | 303     | KONARSKI MARCIN      | NYSA         | TRIATHLONOR NYSA                      | Polska | 1971       | M40-44    | 3          | 2     | 00:17:59 (28)  | 00:01:29 | 01:11:34 (12)  | 00:01:18 | 00:47:49 (41)  | 02:20:09 | 23 |   |          |  |
| 25   | 277     | IJIMA RYUICHIRO      | BERLIN       | TUS NEUKÖLLN BERLIN                   | Japan  | 1974       | M40-44    | 4          | 2     | 00:19:08 (48)  | 00:01:23 | 01:16:38 (45)  | 00:01:12 | 00:43:53 (16)  | 02:22:14 | 24 |   |          |  |
| 26   | 11      | GROBELNY PAWEŁ       | POZNAŃ       | UAM SZPOT TRIATHLON                   | Polska | 1995       | M18-24    | 6          | 1     | 00:15:10 (11)  | 00:01:14 | 01:13:56 (22)  | 00:01:01 | 00:51:57 (82)  | 02:23:18 | 25 |   |          |  |
| 27   | 432     | KISŁO ŁUKASZ         |              | 64 STO REAL                           | Polska | 1983       | M30-34    | 5          | 2     | 00:16:04 (18)  | 00:01:34 | 01:13:07 (16)  | 00:01:27 | 00:51:11 (73)  | 02:23:23 | 26 |   |          |  |
| 28   | 188     | BARAN ROMAN          | NAMYŚLÓW     | NTT TRIADA NAMYŚLÓW                   | Polska | 1979       | M35-39    | 4          | 1     | 00:18:22 (37)  | 00:02:12 | 01:15:41 (35)  | 00:01:37 | 00:46:13 (29)  | 02:24:05 | 27 |   |          |  |
| 29   | 110     | STAWICKI MICHAŁ      | BEŁCHATÓW    |                                       | Polska | 1984       | M30-34    | 6          | 1     | 00:18:11 (36)  | 00:01:43 | 01:15:47 (38)  | 00:01:10 | 00:47:17 (37)  | 02:24:08 | 28 |   |          |  |
| 30   | 72      | GREGUŁA WOJCIECH     | CHOJNA       | KP PSP GRYFINO                        | Polska | 1986       | M25-29    | 9          | 1     | 00:18:10 (35)  | 00:01:32 | 01:16:32 (44)  | 00:01:09 | 00:46:48 (31)  | 02:24:11 | 29 |   |          |  |
| 31   | 42      | MISIAK MATEUSZ       | SZCZECIN     |                                       | Polska | 1989       | M25-29    | 10         | 1     | 00:18:30 (40)  | 00:02:17 | 01:17:38 (50)  | 00:01:15 | 00:44:38 (21)  | 02:24:18 | 30 |   |          |  |
| 32   | 65      | SZCZEPAŃSKI ADRIAN   | SZCZECIN     | KS IRONMAN CS POLSKA                  | Polska | 1987       | M25-29    | 11         | 1     | 00:15:04 (10)  | 00:01:16 | 01:14:59 (29)  | 00:01:14 | 00:52:07 (83)  | 02:24:40 | 31 |   |          |  |
| 33   | 19      | BŁAŻEJEWSKI BARTOSZ  | MYŚLIBÓRZ    |                                       | Polska | 1992       | M18-24    | 7          | 1     | 00:20:01 (59)  | 00:01:37 | 01:15:58 (39)  | 00:01:17 | 00:47:21 (39)  | 02:26:14 | 32 |   |          |  |
| 34   | 329     | HAWROT SYLWESTER     | GOLENIÓW     | CROWN GOLENIÓW                        | Polska | 1968       | M45-49    | 1          | 2     | 00:18:28 (38)  | 00:01:44 | 01:18:26 (67)  | 00:01:36 | 00:46:08 (27)  | 02:26:22 | 33 |   |          |  |
| 35   | 444     | BIRECKI JAKUB        | OPOLE        | JOJO TEAM TRIATHLON                   | Polska | 1987       | M25-29    | 12         | 2     | 00:20:03 (61)  | 00:01:48 | 01:14:37 (28)  | 00:01:14 | 00:48:51 (46)  | 02:26:33 | 34 |   |          |  |
| 36   | 346     | BRZOZOWSKI GRZEGORZ  | KOWALE       | HOTEL CZTERY BRZOZY GDAŃSK            | Polska | 1963       | M50-54    | 1          | 2     | 00:20:13 (68)  | 00:01:43 | 01:14:04 (23)  | 00:01:10 | 00:50:13 (61)  | 02:27:23 | 35 |   |          |  |
| 37   | 198     | NOWICKI MARCIN       | MIERZYN      |                                       | Polska | 1978       | M35-39    | 5          | 1     | 00:20:28 (79)  | 00:01:32 | 01:15:20 (30)  | 00:01:22 | 00:48:47 (45)  | 02:27:29 | 36 |   |          |  |
| 38   | 184     | DOLĘŻEK KRYSZTOF     | SZCZECIN     |                                       | Polska | 1979       | M35-39    | 6          | 1     | 00:18:54 (46)  | 00:02:01 | 01:15:28 (33)  | 00:01:21 | 00:49:57 (58)  | 02:27:41 | 37 |   |          |  |
| 39   | 382     | SOŁTYSIAK JOANNA     | KOŁO         | LAB-MED KOŁO                          | Polska | 1989       | K25-29    | 2          | 2     | 00:16:44 (26)  | 00:01:15 | 01:18:41 (75)  | 00:01:06 | 00:50:14 (62)  | 02:28:00 |    | 2 |          |  |
| 40   | 261     | ZBIERSKI ROBERT      | SZCZECIN     | NA 40%                                | Polska | 1975       | M40-44    | 5          | 2     | 00:20:07 (64)  | 00:02:22 | 01:13:36 (20)  | 00:02:07 | 00:50:36 (67)  | 02:28:48 | 38 |   |          |  |
| 41   | 270     | ŚLIWA WOJCIECH       | SZCZECIN     | AT TEAM                               | Polska | 1974       | M40-44    | 6          | 2     | 00:22:30 (127) | 00:01:43 | 01:14:09 (24)  | 00:01:16 | 00:49:16 (50)  | 02:28:54 | 39 |   |          |  |
| 42   | 18      | JAGODZIŃSKI ROMAN    | LESZNO       |                                       | Polska | 1992       | M18-24    | 8          | 1     | 00:20:15 (73)  | 00:01:33 | 01:15:47 (37)  | 00:01:19 | 00:50:03 (59)  | 02:28:57 | 40 |   |          |  |
| 43   | 436     | KOZŁOWSKI BARTOSZ    | SZCZECIN     | POSNANIA TRIATHLON                    | Polska | 1980       | M35-39    | 7          | 2     | 00:23:23 (157) | 00:02:02 | 01:18:09 (60)  | 00:01:22 | 00:44:34 (20)  | 02:29:30 | 41 |   |          |  |
| 44   | 58      | MALAK TOMASZ         | LESZNO       |                                       | Polska | 1988       | M25-29    | 13         | 1     | 00:15:19 (16)  | 00:01:09 | 01:17:48 (51)  | 00:01:04 | 00:54:31 (121) | 02:29:51 | 42 |   |          |  |
| 45   | 257     | BARCZEWSKI KRZYSZTOF | NIEMCZ       | BYDGOSZCZ TRIATHLON TEAM              | Polska | 1975       | M40-44    | 7          | 2     | 00:20:09 (66)  | 00:01:21 | 01:18:09 (61)  | 00:01:19 | 00:49:12 (48)  | 02:30:10 | 43 |   |          |  |
| 46   | 22      | MAREK AURELIUSZ      | SZWINOUJŚCIE |                                       | Polska | 1992       | M18-24    | 9          | 1     | 00:20:34 (82)  | 00:01:30 | 01:22:37 (129) | 00:00:55 | 00:45:36 (25)  | 02:31:12 | 44 |   |          |  |
| 47   | 426     | MIELOCH ARTUR        | SZAMOCIN     | MIELPOL TEAM 8 TRIRUN                 | Polska | 1983       | M30-34    | 7          | 2     | 00:16:17 (20)  | 00:01:46 | 01:18:37 (74)  | 00:01:07 | 00:53:28 (102) | 02:31:15 | 45 |   |          |  |
| 48   | 238     | BOROŃ PAWEŁ          | ZIELONA GÓRA |                                       | Polska | 1976       | M35-39    | 8          | 1     | 00:21:20 (92)  | 00:02:33 | 01:16:04 (40)  | 00:01:44 | 00:49:34 (55)  | 02:31:15 | 46 |   |          |  |
| 49   | 194     | KACZMAREK WOJCIECH   | SZCZECIN     | IRONMAN CS POLSKA                     | Polska | 1978       | M35-39    | 9          | 1     | 00:18:05 (32)  | 00:02:19 | 01:23:20 (142) | 00:01:14 | 00:47:00 (32)  | 02:31:58 | 47 |   |          |  |

# Triathlon Szczecin – Mistrzostwa Polski na dystansie 56,5km

Organizator: Endu Sport / Miasto Szczecin

Data: 5.07.2015

Dystans: 56,5 (0,950-45-10,55)

Miejscowość: Szczecin

| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość          | Klub                                    | Kraj    | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M | K | Kara | Opis kary |
|------|---------|----------------------|----------------------|---|---------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|---|---|------|-----------|
| 50   | 117     | DOMARADZKI WOJCIECH  | POZNAŃ               |   | Polska  | 1983       | M30-34    | 8          | 1     | 00:18:36 (42)  | 00:02:16 | 01:20:45 (102) | 00:01:20 | 00:49:06 (47)  | 02:32:03 |   |   |      | 48        |
| 51   | 204     | CZECH MICHAŁ PIOTR   | POZNAŃ               |   | Polska  | 1978       | M35-39    | 10         | 1     | 00:20:32 (81)  | 00:01:36 | 01:19:11 (82)  | 00:01:27 | 00:49:27 (53)  | 02:32:13 |   |   |      | 49        |
| 52   | 40      | ŻURAWICZ ANDRZEJ     | SZCZECIN             |   | Polska  | 1989       | M25-29    | 14         | 1     | 00:21:01 (87)  | 00:01:47 | 01:19:20 (87)  | 00:01:23 | 00:48:44 (44)  | 02:32:15 |   |   |      | 50        |
| 53   | 234     | ŚWIEREK ANDRZEJ      | DOLUJE               | IRONMAN C/S SZCZECIN                    | Polska  | 1976       | M35-39    | 11         | 1     | 00:19:42 (54)  | 00:01:42 | 01:16:23 (43)  | 00:01:33 | 00:53:01 (94)  | 02:32:21 |   |   |      | 51        |
| 54   | 210     | MACHOŃ PIOTR         | CHOCIANÓW            | KLUB BIEGACZA ZDYSZAANI CHOCIANÓW       | Polska  | 1977       | M35-39    | 12         | 1     | 00:25:59 (236) | 00:01:50 | 01:18:53 (76)  | 00:01:20 | 00:44:21 (18)  | 02:32:23 |   |   |      | 52        |
| 55   | 121     | PILARCZYK KRZYSZTOF  | WARSZAWA             | TRINERGY TEAM                           | Polska  | 1983       | M30-34    | 9          | 1     | 00:21:38 (96)  | 00:01:31 | 01:18:18 (65)  | 00:01:17 | 00:49:51 (56)  | 02:32:35 |   |   |      | 53        |
| 56   | 74      | WIERCIOCH WOJCIECH   | SZCZECIN             |   | Polska  | 1986       | M25-29    | 15         | 1     | 00:18:03 (30)  | 00:01:47 | 01:18:34 (73)  | 00:01:02 | 00:53:26 (101) | 02:32:52 |   |   |      | 54        |
| 57   | 44      | MATUSZEWSKI NIKODEM  | POZNAŃ               | WWW.KONRADMATUSZEWSKI.PL                | Polska  | 1989       | M25-29    | 16         | 1     | 00:23:48 (179) | 00:01:36 | 01:19:50 (94)  | 00:01:33 | 00:46:36 (30)  | 02:33:23 |   |   |      | 55        |
| 58   | 434     | GIEŻEK KONRAD        | POZNAŃ               | POSNANIA TRIATHLON                      | Polska  | 1980       | M35-39    | 13         | 2     | 00:22:00 (108) | 00:01:52 | 01:17:22 (49)  | 00:01:24 | 00:51:33 (77)  | 02:34:11 |   |   |      | 56        |
| 59   | 189     | WIERZEJEWSKI MARCIN  | KOZJAŃ               | TGV CLUB                                | Polska  | 1979       | M35-39    | 14         | 1     | 00:20:02 (60)  | 00:01:50 | 01:18:17 (64)  | 00:01:44 | 00:52:24 (87)  | 02:34:17 |   |   |      | 57        |
| 60   | 438     | STENDERUD ANDREAS    | TØNSBERG             | POMORSKI UNIwersYTET MEDYCZNY TRIATHLON | Norway  | 1994       | M18-24    | 10         | 2     | 00:22:02 (112) | 00:01:49 | 01:19:18 (85)  | 00:01:44 | 00:49:25 (52)  | 02:34:18 |   |   |      | 58        |
| 61   | 326     | ZUGAJ JAN            | NOWOGARD             | BICYKL.EU                               | Polska  | 1969       | M45-49    | 2          | 2     | 00:26:24 (249) | 00:01:33 | 01:10:49 (10)  | 00:01:34 | 00:54:07 (113) | 02:34:27 |   |   |      | 59        |
| 62   | 97      | RUTKOWSKI STANISŁAW  | SZCZECIN             | TT SZCZECIN                             | Polska  | 1984       | M30-34    | 10         | 1     | 00:23:49 (180) | 00:02:27 | 01:18:59 (80)  | 00:01:32 | 00:47:41 (40)  | 02:34:28 |   |   |      | 60        |
| 63   | 348     | POLKOWSKI STANISŁAW  | MUROWANA GOŚLINA     |   | Polska  | 1963       | M50-54    | 2          | 2     | 00:24:11 (191) | 00:01:28 | 01:17:59 (54)  | 00:01:12 | 00:49:56 (57)  | 02:34:46 |   |   |      | 61        |
| 64   | 63      | KAMIŃSKI SZYMON      | WARSZAWA             |   | Polska  | 1987       | M25-29    | 17         | 1     | 00:22:44 (138) | 00:01:48 | 01:21:34 (109) | 00:01:29 | 00:47:11 (36)  | 02:34:46 |   |   |      | 62        |
| 65   | 124     | FELISIAK ANDRZEJ     | GOLENIÓW             | KS HANZA GOLENIÓW                       | Polska  | 1983       | M30-34    | 11         | 1     | 00:23:12 (153) | 00:01:45 | 01:15:26 (32)  | 00:01:10 | 00:53:26 (100) | 02:34:59 |   |   |      | 63        |
| 66   | 247     | FABISIAK SZYMON      |                      | POSNANIA TRIATHLON                      | Polska  | 1990       | M25-29    | 18         | 1     | 00:16:38 (24)  | 00:01:35 | 01:22:57 (137) | 00:01:03 | 00:53:02 (95)  | 02:35:15 |   |   |      | 64        |
| 67   | 206     | SZTAJNER PRZEMYSŁAW  | SZCZECIN             | IRONMAN C/S POLSKA                      | Polska  | 1978       | M35-39    | 15         | 1     | 00:20:05 (63)  | 00:03:16 | 01:19:54 (95)  | 00:01:57 | 00:50:18 (64)  | 02:35:30 |   |   |      | 65        |
| 68   | 435     | BIENIEK PATRYK       | POZNAŃ               | POSNANIA TRIATHLON                      | Polska  | 1980       | M35-39    | 16         | 2     | 00:21:59 (106) | 00:01:49 | 01:19:18 (84)  | 00:01:31 | 00:51:01 (72)  | 02:35:38 |   |   |      | 66        |
| 69   | 70      | KRÓLCZYŃSKI STEFAN   | SZCZECIN             | KS IRONMAN SZCZECIN                     | Polska  | 1986       | M25-29    | 19         | 1     | 00:18:35 (41)  | 00:01:57 | 01:22:04 (121) | 00:01:12 | 00:51:50 (80)  | 02:35:38 |   |   |      | 67        |
| 70   | 105     | BOBROWICZ ARTUR      | GOLENIÓW             | KS HANZA GOLENIÓW                       | Polska  | 1984       | M30-34    | 12         | 1     | 00:23:46 (177) | 00:01:37 | 01:19:45 (92)  | 00:01:09 | 00:49:30 (54)  | 02:35:47 |   |   |      | 68        |
| 71   | 26      | WINSŁAW RAFAŁ        | WROCLAW              |   | Polska  | 1992       | M18-24    | 11         | 1     | 00:19:04 (47)  | 00:02:14 | 01:19:24 (88)  | 00:01:16 | 00:53:50 (110) | 02:35:48 |   |   |      | 69        |
| 72   | 400     | JUCHNIEWICZ LIDIA    | LIDZBARK WARMIŃSKI   | TRENING-CZYNI-MISTRZA.PL/TRINEGU        | Polska  | 1981       | K30-34    | 1          | 2     | 00:23:08 (151) | 00:02:06 | 01:18:25 (66)  | 00:01:29 | 00:50:40 (69)  | 02:35:48 |   |   | 3    |           |
| 73   | 353     | NEUFELD THOMAS       | SZCZECIN             | HQ MNC NE                               | Germany | 1962       | M50-54    | 3          | 2     | 00:22:40 (136) | 00:02:52 | 01:17:59 (53)  | 00:01:46 | 00:50:42 (70)  | 02:35:59 |   |   |      | 70        |
| 74   | 223     | LUBAS RAFAŁ          | GRYFINO              | PGE DOLNA ODRA                          | Polska  | 1977       | M35-39    | 17         | 1     | 00:21:23 (93)  | 00:01:52 | 01:18:10 (62)  | 00:01:13 | 00:54:07 (112) | 02:36:45 |   |   |      | 71        |
| 75   | 147     | KACZMAREK PIOTR      | STARGARD SZCZECIŃSKI | SZWLA                                   | Polska  | 1981       | M30-34    | 13         | 1     | 00:22:37 (134) | 00:02:03 | 01:19:55 (96)  | 00:01:47 | 00:50:34 (66)  | 02:36:56 |   |   |      | 72        |
| 76   | 285     | PALUS PAWEŁ          | JÓZEFOSŁAW           | LUFFTRITEAM                             | Polska  | 1973       | M40-44    | 8          | 2     | 00:20:16 (74)  | 00:01:34 | 01:16:54 (48)  | 00:01:31 | 00:56:42 (151) | 02:36:57 |   |   |      | 73        |
| 77   | 226     | WOŁOSZYN KONRAD      | STEPNICA             | CKS - ORKA SZCZECIN                     | Polska  | 1976       | M35-39    | 18         | 1     | 00:24:22 (197) | 00:02:32 | 01:18:28 (70)  | 00:01:20 | 00:50:16 (63)  | 02:36:58 |   |   |      | 74        |
| 78   | 108     | SEDLACZEK RAFAŁ      | GORZÓW WIELKOPOLSKI  |   | Polska  | 1984       | M30-34    | 14         | 1     | 00:26:53 (267) | 00:02:21 | 01:18:58 (79)  | 00:01:31 | 00:47:20 (38)  | 02:37:03 |   |   |      | 75        |
| 79   | 37      | PADEE PIOTR          | SZCZECIN             | TRICARBON.PL                            | Polska  | 1989       | M25-29    | 20         | 1     | 00:22:01 (109) | 00:01:56 | 01:18:12 (63)  | 00:01:23 | 00:53:35 (104) | 02:37:07 |   |   |      | 76        |
| 80   | 334     | PETZA MACIEJ         | POZNAŃ               | ARCHIDEA MACIEJ PETZA SP.K.             | Polska  | 1966       | M45-49    | 3          | 2     | 00:21:55 (104) | 00:02:21 | 01:19:27 (89)  | 00:01:50 | 00:51:42 (79)  | 02:37:15 |   |   |      | 77        |
| 81   | 41      | KRZESZEWSKI MATEUSZ  | JANIKOWO             |   | Polska  | 1989       | M25-29    | 21         | 1     |                |          |                |          |                | 02:37:25 |   |   |      | 78        |
| 82   | 429     | WOJCIESZONEK ADAM    | NIEDZWIĘDŹ           | UKS SZCZECIN                            | Polska  | 1996       | M18-24    | 12         | 2     | 00:14:56 (8)   | 00:01:54 | 01:28:24 (216) | 00:01:08 | 00:51:17 (74)  | 02:37:39 |   |   |      | 79        |
| 83   | 56      | SOŁTYSIAK PRZEMYSŁAW | KOŁO                 | LAB-MED KOŁO                            | Polska  | 1988       | M25-29    | 22         | 1     | 00:18:06 (33)  | 00:01:24 | 01:22:47 (133) | 00:01:06 | 00:54:20 (116) | 02:37:43 |   |   |      | 80        |
| 84   | 219     | NOWAK PAWEŁ          | KOSZALIN             | CONTRA PRIMEFOOD PRZECHLEWO             | Polska  | 1977       | M35-39    | 19         | 1     | 00:22:30 (126) | 00:01:45 | 01:18:27 (68)  | 00:01:36 | 00:53:38 (106) | 02:37:56 |   |   |      | 81        |
| 85   | 309     | ANTKOWSKI MICHAŁ     | POZNAŃ               | KIRIBATI CLUB                           | Polska  | 1971       | M40-44    | 9          | 2     | 00:21:49 (101) | 00:01:47 | 01:16:12 (42)  | 00:01:20 | 00:56:54 (157) | 02:38:02 |   |   |      | 82        |
| 86   | 69      | JURKOWSKI RADEK      | PLEWISKA             |   | Polska  | 1986       | M25-29    | 23         | 1     | 00:19:56 (58)  | 00:02:13 | 01:19:19 (86)  | 00:01:41 | 00:55:05 (125) | 02:38:14 |   |   |      | 83        |
| 87   | 289     | BIJAK ARKADIUSZ      | CHOCICZA             | CHOCICZA                                | Polska  | 1973       | M40-44    | 10         | 2     | 00:26:33 (255) | 00:02:55 | 01:18:29 (71)  | 00:01:59 | 00:48:39 (43)  | 02:38:35 |   |   |      | 84        |
| 88   | 66      | DEPTUŁA DOMINIK      | ZALASEWO             | POZNAJ TOASTMASTERS                     | Polska  | 1987       | M25-29    | 24         | 1     | 00:22:35 (132) | 00:02:21 | 01:15:42 (36)  | 00:01:19 | 00:56:44 (152) | 02:38:41 |   |   |      | 85        |
| 89   | 217     | HAWRYLECZ PAWEŁ      | WROCLAW              |   | Polska  | 1977       | M35-39    | 20         | 1     | 00:22:38 (135) | 00:02:01 | 01:17:57 (52)  | 00:01:20 | 00:54:46 (124) | 02:38:42 |   |   |      | 86        |
| 90   | 181     | DANILEWICZ MARIUSZ   | DĄBRÓWKA             |   | Polska  | 1979       | M35-39    | 21         | 1     | 00:19:47 (55)  | 00:02:23 | 01:24:06 (154) | 00:01:33 | 00:50:53 (71)  | 02:38:42 |   |   |      | 87        |
| 91   | 106     | LANGE RAFAŁ          | MASZEWO              | RATUSZ MASZEWO                          | Polska  | 1984       | M30-34    | 15         | 1     | 00:21:41 (98)  | 00:02:11 | 01:20:32 (101) | 00:01:13 | 00:53:41 (107) | 02:39:18 |   |   |      | 88        |
| 92   | 172     | BUGZEŁ MARCIN        | GOSTYŃ               | CHOD-DRÓG MTB TEAM                      | Polska  | 1980       | M35-39    | 22         | 1     | 00:21:58 (105) | 00:02:21 | 01:20:17 (100) | 00:01:53 | 00:53:22 (99)  | 02:39:36 |   |   |      | 89        |
| 93   | 159     | JURCZYK JAROSŁAW     | SZCZECIN             |   | Polska  | 1981       | M30-34    | 16         | 1     | 00:22:54 (144) | 00:03:11 | 01:25:37 (172) | 00:01:21 | 00:47:02 (33)  | 02:40:05 |   |   |      | 90        |
| 94   | 359     | MALANOWSKI JAROSŁAW  | PŁOCK                | PTT DELTA                               | Polska  | 1959       | M55-59    | 1          | 2     | 00:23:40 (172) | 00:01:49 | 01:18:04 (56)  | 00:01:19 | 00:55:24 (129) | 02:40:16 |   |   |      | 91        |
| 95   | 55      | OCZKOWSKI PIOTR      | GORZÓW WLKP          | 17 WBZ                                  | Polska  | 1988       | M25-29    | 25         | 1     | 00:27:21 (277) | 00:01:22 | 01:21:59 (114) | 00:01:40 | 00:48:35 (42)  | 02:40:57 |   |   |      | 92        |
| 96   | 437     | STUŁA SEWERYN        | GORZÓW WLKP.         | POSNANIA TRIATHLON                      | Polska  | 1981       | M30-34    | 17         | 2     | 00:22:01 (110) | 00:01:54 | 01:18:54 (77)  | 00:01:20 | 00:56:51 (155) | 02:41:00 |   |   |      | 93        |
| 97   | 280     | STAPF PAWEŁ          | POZNAŃ               |   | Polska  | 1973       | M40-44    | 11         | 2     | 00:24:17 (194) | 00:02:20 | 01:23:15 (140) | 00:01:53 | 00:49:15 (49)  | 02:41:00 |   |   |      | 94        |
| 98   | 227     | RADLIŃSKI ŁUKASZ     | SZCZECIN             | CKS-ORKA SZCZECIN                       | Polska  | 1976       | M35-39    | 23         | 1     | 00:21:53 (103) | 00:02:26 | 01:21:00 (107) | 00:01:10 | 00:54:33 (122) | 02:41:02 |   |   |      | 95        |
| 99   | 48      | ORLIK MATEUSZ        | PIEKARY ŚLĄSKIE      | OPP KATOWICE                            | Polska  | 1988       | M25-29    | 26         | 1     | 00:20:41 (83)  | 00:01:58 | 01:25:05 (167) | 00:01:52 | 00:51:57 (81)  | 02:41:33 |   |   |      | 96        |
| 100  | 276     | SKOTARCZAK MACIEJ    | SZCZECIN             |   | Polska  | 1974       | M40-44    | 12         | 2     | 00:22:24 (122) | 00:01:23 | 01:19:46 (93)  | 00:01:43 | 00:56:19 (143) | 02:41:35 |   |   |      | 97        |

# Triathlon Szczecin – Mistrzostwa Polski na dystansie 56,5km

Organizator: Endu Sport / Miasto Szczecin

Data: 5.07.2015

Dystans: 56,5 (0,950-45-10,55)

Miejscowość: Szczecin

| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość          | Klub                                    | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M | K | Kara | Opis kary |
|------|---------|------------------------|----------------------|---|--------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|---|---|------|-----------|
| 101  | 57      | ZIELIŃSKI MICHAŁ       | WARSZAWA             |   | Polska | 1988       | M25-29    | 27         | 1     | 00:17:56 (27)  | 00:02:23 | 01:27:44 (205) | 00:02:25 | 00:51:35 (78)  | 02:42:03 |   |   |      | 98        |
| 102  | 199     | KRÓLEWICZ KRZYSZTOF    | SZCZECIN             | WWW.KROLEWICZ.COM.PL                    | Polska | 1978       | M35-39    | 24         | 1     | 00:22:26 (124) | 00:02:25 | 01:23:46 (148) | 00:01:30 | 00:52:08 (86)  | 02:42:15 |   |   |      | 99        |
| 103  | 320     | SWIERCZYŃSKI MARCIN    | POZNAŃ               | BEHARMONY TEAM                          | Polska | 1970       | M45-49    | 4          | 2     | 00:27:03 (272) | 00:02:13 | 01:18:03 (55)  | 00:01:50 | 00:53:12 (97)  | 02:42:21 |   |   |      | 100       |
| 104  | 178     | ZAPŁATA PIOTR          | SZCZECIN             | IRONMAN CS POLSKA                       | Polska | 1980       | M35-39    | 25         | 1     | 00:20:30 (80)  | 00:01:41 | 01:22:25 (127) | 00:01:28 | 00:56:24 (146) | 02:42:28 |   |   |      | 101       |
| 105  | 422     | NADKAŃSKI ANDRZEJ      | SZCZECIN             | MKS HERMES GRYFINO                      | Polska | 1955       | M60-64    | 1          | 2     | 00:23:30 (163) | 00:02:07 | 01:18:06 (58)  | 00:01:26 | 00:57:22 (165) | 02:42:31 |   |   |      | 102       |
| 106  | 374     | WEISS CLAUDIA          | SZCZECIN             | KS IRONMAN C/S POLSKA                   | Polska | 1996       | K18-24    | 1          | 2     | 00:16:43 (25)  | 00:01:21 | 01:20:58 (106) | 00:01:23 | 01:02:09 (232) | 02:42:34 |   | 4 |      |           |
| 107  | 119     | DROŹDZIEL WOJCIECH     | GRYFINO              |   | Polska | 1983       | M30-34    | 18         | 1     | 00:19:39 (53)  | 00:01:58 | 01:19:10 (81)  | 00:01:17 | 01:00:32 (217) | 02:42:36 |   |   |      | 103       |
| 108  | 180     | WAWRZYNIAK IRENEUSZ    | STARGARD SZCZECIŃSKI |   | Polska | 1980       | M35-39    | 26         | 1     | 00:20:12 (67)  | 00:02:22 | 01:22:00 (116) | 00:02:05 | 00:56:37 (149) | 02:43:16 |   |   |      | 104       |
| 109  | 383     | LESIECKA JUSTYNA       | SZCZECIN             | IRONMAN C/S POLSKA                      | Polska | 1988       | K25-29    | 3          | 2     | 00:18:05 (31)  | 00:01:40 | 01:23:56 (150) | 00:01:19 | 00:58:28 (179) | 02:43:28 |   | 5 |      |           |
| 110  | 43      | SKŁADANOWSKI MAREK     | WŁOCŁAWEK            | TRIATHLON TEAM CIESIELSKI               | Polska | 1989       | M25-29    | 28         | 1     | 00:23:00 (146) | 00:01:47 | 01:22:03 (118) | 00:01:36 | 00:55:13 (127) | 02:43:39 |   |   |      | 105       |
| 111  | 333     | WOLSKI ADAM            | BEZRZECZE            | KS IRONMAN C/S POLSKA                   | Polska | 1967       | M45-49    | 5          | 2     | 00:20:23 (78)  | 00:02:03 | 01:26:11 (176) | 00:01:19 | 00:53:50 (111) | 02:43:46 |   |   |      | 106       |
| 112  | 201     | LEMBICZ SŁAWOMIR       | SZCZECIN             | ĆWIEGO SZWEIRO & PINEIRO TRIATHLON CLUB | Polska | 1978       | M35-39    | 27         | 1     | 00:25:01 (216) | 00:02:39 | 01:21:46 (112) | 00:01:52 | 00:52:41 (93)  | 02:43:59 |   |   |      | 107       |
| 113  | 50      | POLIS PAWEŁ            | SZCZECIN             |   | Polska | 1988       | M25-29    | 29         | 1     | 00:26:32 (254) | 00:03:17 | 01:22:38 (130) | 00:01:34 | 00:50:03 (60)  | 02:44:04 |   |   |      | 108       |
| 114  | 379     | BRUKWIŃSKA MARTA       | KOŚCIAN              | TGV CLUB                                | Polska | 1990       | K25-29    | 4          | 2     | 00:22:12 (115) | 00:02:09 | 01:19:15 (83)  | 00:01:20 | 00:59:18 (199) | 02:44:14 |   | 6 |      |           |
| 115  | 221     | NOWAK PAWEŁ            | SZCZECIN             | WOLNI BIEGACZE SZCZECIN                 | Polska | 1977       | M35-39    | 28         | 1     | 00:22:46 (141) | 00:02:34 | 01:27:26 (200) | 00:01:08 | 00:50:38 (68)  | 02:44:32 |   |   |      | 109       |
| 116  | 448     | DŲTKIEWICZ MICHAŁ      | POZNAŃ               |   | Polska | 1984       | M30-34    | 19         | 2     | 00:23:47 (178) | 00:02:08 | 01:22:57 (138) | 00:01:47 | 00:54:12 (114) | 02:44:51 |   |   |      | 110       |
| 117  | 130     | WĘGLIŃSKI SEBASTIAN    | MIŃSK MAZOWIECKI     |   | Polska | 1983       | M30-34    | 20         | 1     | 00:23:30 (164) | 00:02:55 | 01:20:01 (98)  | 00:01:38 | 00:56:50 (154) | 02:44:54 |   |   |      | 111       |
| 118  | 21      | DERLETA MATEUSZ        | SZCZECIN             |   | Polska | 1992       | M18-24    | 13         | 1     | 00:20:52 (85)  | 00:01:41 | 01:22:13 (123) | 00:01:39 | 00:58:41 (188) | 02:45:06 |   |   |      | 112       |
| 119  | 252     | WÓJCIKOWSKI CEZARY     | MIERZYN              | ROLCARGO.PL                             | Polska | 1975       | M40-44    | 13         | 2     | 00:22:34 (131) | 00:01:29 | 01:22:49 (134) | 00:01:33 | 00:56:52 (156) | 02:45:17 |   |   |      | 113       |
| 120  | 310     | TOPIŃSKI WALDEMAR      | WROCLAW              |   | Polska | 1971       | M40-44    | 14         | 2     | 00:21:53 (102) | 00:02:18 | 01:19:34 (91)  | 00:01:48 | 00:59:46 (203) | 02:45:19 |   |   |      | 114       |
| 121  | 306     | JAROCHOWICZ NORBERT    | NOWOGARD             | BICYKLEU                                | Polska | 1971       | M40-44    | 15         | 2     | 00:23:45 (176) | 01:27:04 |                |          |                | 02:45:21 |   |   |      | 115       |
| 122  | 193     | ROGIEWICZ REMIGIUSZ    | MIERZYN              | KS IRONMAN CS POLSKA                    | Polska | 1978       | M35-39    | 29         | 1     | 00:18:07 (34)  | 00:01:51 | 01:18:28 (69)  | 00:01:26 | 01:05:33 (259) | 02:45:25 |   |   |      | 116       |
| 123  | 274     | KACZOROWSKI PRZEMYSŁAW | SZCZECIN             | TT                                      | Polska | 1974       | M40-44    | 16         | 2     | 00:26:42 (257) | 00:02:14 | 01:21:41 (110) | 00:02:51 | 00:52:08 (84)  | 02:45:36 |   |   |      | 117       |
| 124  | 428     | WALBURG MAREK          | SZCZECIN             |   | Polska | 1976       | M35-39    | 30         | 2     | 00:19:34 (51)  | 00:02:58 | 01:27:16 (195) | 00:01:30 | 00:54:28 (119) | 02:45:46 |   |   |      | 118       |
| 125  | 268     | HUBKO MAREK            | SŁUBICE              | HM-SOFT MAREK HUBKO                     | Polska | 1974       | M40-44    | 17         | 2     | 00:24:02 (186) | 00:03:09 | 01:20:01 (97)  | 00:01:58 | 00:56:44 (153) | 02:45:54 |   |   |      | 119       |
| 126  | 325     | KAPRAL RAFAŁ           | SZCZECIN             |   | Polska | 1969       | M45-49    | 6          | 2     | 00:22:18 (116) | 00:03:45 | 01:22:04 (120) | 00:02:12 | 00:55:44 (133) | 02:46:03 |   |   |      | 120       |
| 127  | 380     | TOMASZEWSKA IZABELA    | SZCZECIN             | CENTRUM KSZTAŁCENIA SPORTOWEGO          | Polska | 1990       | K25-29    | 5          | 2     | 00:19:15 (49)  | 00:01:29 | 01:26:32 (182) | 00:01:17 | 00:57:32 (169) | 02:46:05 |   | 7 |      |           |
| 128  | 165     | WALKOWIAK BARTOSZ      | PLEWISKA             | WWW.STUDIOMOTIV.PL                      | Polska | 1980       | M35-39    | 31         | 1     | 00:23:12 (152) | 00:02:09 | 01:22:55 (136) | 00:01:51 | 00:56:11 (140) | 02:46:18 |   |   |      | 121       |
| 129  | 64      | JANAS KACPER           | SZCZECIN             | TABALUGATEAM                            | Polska | 1987       | M25-29    | 30         | 1     | 00:26:44 (259) | 00:03:42 | 01:22:24 (126) | 00:02:57 | 00:50:31 (65)  | 02:46:18 |   |   |      | 122       |
| 130  | 170     | LIŚKIEWICZ TOMASZ      | POZNAŃ               | BES3 CITYZEN / PARTYSTYLE.PL            | Polska | 1980       | M35-39    | 32         | 1     | 00:21:37 (95)  | 00:02:35 | 01:22:11 (122) | 00:01:25 | 00:58:34 (182) | 02:46:22 |   |   |      | 123       |
| 131  | 254     | KRÓL RAFAŁ             | ZŁOTORYJSKO          | CITYZEN POZNAŃ                          | Polska | 1975       | M40-44    | 18         | 2     | 00:24:26 (201) | 00:02:40 | 01:18:54 (78)  | 00:01:57 | 00:58:35 (183) | 02:46:32 |   |   |      | 124       |
| 132  | 275     | KOZŁOWSKI ANDRZEJ      | CHOJNA               | BIKE TEAM CHOJNA                        | Polska | 1974       | M40-44    | 19         | 2     | 00:28:31 (302) | 00:01:30 |                |          |                | 02:46:36 |   |   |      | 125       |
| 133  | 222     | DALESZYŃSKI JACEK      | SZCZECIN             |   | Polska | 1977       | M35-39    | 33         | 1     | 00:25:14 (218) | 00:02:03 | 01:21:41 (111) | 00:01:39 | 00:55:59 (137) | 02:46:36 |   |   |      | 126       |
| 134  | 384     | KOWALEWSKA DOROTA      | WARSZAWA             |   | Polska | 1988       | K25-29    | 6          | 2     | 00:22:01 (111) | 00:02:09 | 01:28:57 (219) | 00:02:05 | 00:51:31 (76)  | 02:46:43 |   | 8 |      |           |
| 135  | 146     | DOBROWOLSKI RAFAŁ      | SZCZECIN             | SMT SZCZECIN                            | Polska | 1981       | M30-34    | 21         | 1     | 00:22:40 (137) | 00:01:56 | 01:20:50 (104) | 00:01:15 | 01:00:03 (206) | 02:46:44 |   |   |      | 127       |
| 136  | 107     | CHLASTA JACEK          | SZCZECIN             | NYHA IV                                 | Polska | 1984       | M30-34    | 22         | 1     | 00:25:35 (230) | 00:02:51 | 01:21:21 (108) | 00:01:16 | 00:55:43 (132) | 02:46:46 |   |   |      | 128       |
| 137  | 71      | NOWAK ADAM             | POZNAŃ               | OTIMEDICA                               | Polska | 1986       | M25-29    | 31         | 1     | 00:23:32 (167) | 00:02:36 | 01:25:33 (171) | 00:01:50 | 00:53:21 (98)  | 02:46:52 |   |   |      | 129       |
| 138  | 137     | WITASZAK MARCIN        | OBORNIKI             | FITTEST / TG SOKÓŁ OBORNIKI             | Polska | 1982       | M30-34    | 23         | 1     | 00:23:14 (155) | 00:02:08 | 01:16:38 (46)  | 00:02:33 | 01:02:26 (235) | 02:46:59 |   |   |      | 130       |
| 139  | 443     | BORCIUCH DAWID         | SZCZECIN             | FABRYKA TRIATHLONU                      | Polska | 1989       | M25-29    | 32         | 2     | 00:21:59 (107) | 00:02:32 | 01:23:19 (141) | 00:01:29 | 00:57:44 (171) | 02:47:03 |   |   |      | 131       |
| 140  | 316     | ŁUCZAK JACEK           | POZNAŃ               | KB UE POZNAŃ                            | Polska | 1970       | M45-49    | 7          | 2     | 00:23:22 (156) | 00:02:59 | 01:22:42 (131) | 00:02:09 | 00:56:12 (141) | 02:47:24 |   |   |      | 132       |
| 141  | 59      | DYSARZ JAN             | POZNAŃ               |   | Polska | 1987       | M25-29    | 33         | 1     | 00:21:08 (89)  | 00:02:05 | 01:24:04 (153) | 00:01:33 | 00:58:39 (187) | 02:47:29 |   |   |      | 133       |
| 142  | 216     | BABISZKIEWICZ MIKOŁAJ  | GORZÓW WLKP          | GAWRA                                   | Polska | 1977       | M35-39    | 34         | 1     | 00:23:55 (183) | 00:02:16 | 01:22:44 (132) | 00:02:12 | 00:56:26 (147) | 02:47:33 |   |   |      | 134       |
| 143  | 10      | NOWAK JAKUB            | KOSZALIN             |   | Polska | 1996       | M18-24    | 14         | 1     | 00:25:33 (229) | 00:01:59 | 01:25:19 (169) | 00:01:37 | 00:53:09 (96)  | 02:47:37 |   |   |      | 135       |
| 144  | 236     | SZEFLER RADOŚLAW       | SZCZECIN             |   | Polska | 1976       | M35-39    | 35         | 1     | 00:25:38 (232) | 00:02:52 | 01:20:47 (103) | 00:02:24 | 00:55:57 (136) | 02:47:38 |   |   |      | 136       |
| 145  | 116     | STEFANIAK KRZYSZTOF    | LUBOŃ                | STEFAN TEAM                             | Polska | 1983       | M30-34    | 24         | 1     | 00:23:31 (165) | 00:03:12 | 01:18:33 (72)  | 00:01:54 | 01:01:04 (221) | 02:48:14 |   |   |      | 137       |
| 146  | 9       | KAPRAL ALEKSANDER      | SZCZECIN             |   | Polska | 1996       | M18-24    | 15         | 1     | 00:20:14 (72)  | 00:03:52 | 01:24:50 (163) | 00:03:23 | 00:56:07 (139) | 02:48:26 |   |   |      | 138       |
| 147  | 408     | FORCZMAŃSKA IZABELA    | SZCZECIN             |   | Polska | 1977       | K35-39    | 1          | 2     | 00:30:42 (340) | 00:03:53 |                |          |                | 02:48:43 |   | 9 |      |           |
| 148  | 54      | KACZMAREK MARCIN       | SZCZECIN             | PZU SPORT TEAM                          | Polska | 1988       | M25-29    | 34         | 1     | 00:23:30 (162) | 00:02:31 | 01:22:00 (115) | 00:02:09 | 00:58:39 (186) | 02:48:49 |   |   |      | 139       |
| 149  | 128     | PIESZAK MARCIN         | PUSZCZYKOWO          | KANAPOWE PAMPRY                         | Polska | 1983       | M30-34    | 25         | 1     | 00:23:03 (148) | 00:01:49 | 01:25:53 (173) | 00:02:02 | 00:56:24 (145) | 02:49:11 |   |   |      | 140       |
| 150  | 118     | KOWALSKI ŁUKASZ        | SŁUBICE              | FSL VERUS AOK.PL TEAM                   | Polska | 1983       | M30-34    | 26         | 1     | 00:22:09 (114) | 00:02:00 | 01:22:30 (128) | 00:02:06 | 01:00:31 (216) | 02:49:16 |   |   |      | 141       |
| 151  | 296     | SZELIŃSKI ADAM         | SZCZECIN             | OPP                                     | Polska | 1972       | M40-44    | 20         | 2     | 00:23:57 (185) | 00:04:28 | 01:23:58 (151) | 00:01:41 | 00:55:37 (131) | 02:49:41 |   |   |      | 142       |

# Triathlon Szczecin – Mistrzostwa Polski na dystansie 56,5km

Organizator: Endu Sport / Miasto Szczecin

Data: 5.07.2015

Dystans: 56,5 (0,950-45-10,55)

Miejscowość: Szczecin

| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość          | Klub                              | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K  | Kara | Opis kary |
|------|---------|----------------------|----------------------|-----------------------------------|--------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|----|------|-----------|
| 152  | 356     | JAMONT PRZEMYSŁAW    | ŻARY                 | KINESIS REHABILITACJA ŻARY        | Polska | 1960       | M55-59    | 2          | 2     | 00:25:45 (234) | 00:02:11 | 01:23:06 (139) | 00:01:39 | 00:57:07 (160) | 02:49:48 | 143 |    |      |           |
| 153  | 403     | OLCZAK MARTA         | STARGARD SZCZECIŃSKI | SZWLVA                            | Polska | 1979       | K35-39    | 2          | 2     | 00:20:42 (84)  | 00:02:06 | 01:29:59 (235) | 00:01:56 | 00:55:10 (126) | 02:49:53 |     | 10 |      |           |
| 154  | 150     | SZESZKO DAWID        | SZCZECIN             |                                   | Polska | 1981       | M30-34    | 27         | 1     | 00:24:19 (195) | 00:02:12 | 01:24:41 (161) | 00:01:46 | 00:57:14 (163) | 02:50:12 | 144 |    |      |           |
| 155  | 123     | JASEK TOMASZ         | BEZRZECZE            |                                   | Polska | 1983       | M30-34    | 28         | 1     | 00:23:31 (166) | 00:03:33 | 01:26:40 (187) | 00:02:12 | 00:54:23 (118) | 02:50:19 | 145 |    |      |           |
| 156  | 157     | GĄGALSKI ARKADIUSZ   | SZCZECIN             | ---                               | Polska | 1981       | M30-34    | 29         | 1     | 00:24:24 (200) | 00:02:44 | 01:22:01 (117) | 00:01:55 | 00:59:34 (202) | 02:50:38 | 146 |    |      |           |
| 157  | 293     | TROŚNIAK PIOTR       | BIALOGARD            |                                   | Polska | 1972       | M40-44    | 21         | 2     | 00:20:20 (76)  | 00:02:27 | 01:26:45 (189) | 00:01:50 | 00:59:30 (200) | 02:50:52 | 147 |    |      |           |
| 158  | 142     | CIEŚLAK JAKUB        | RZEPIN               | TERVIS                            | Polska | 1982       | M30-34    | 30         | 1     | 00:27:27 (282) | 00:02:49 | 01:23:32 (146) | 00:01:32 | 00:55:32 (130) | 02:50:52 | 148 |    |      |           |
| 159  | 86      | GZYL JAKUB           | WRONKI               | EGZYL.PL                          | Polska | 1985       | M30-34    | 31         | 1     | 00:23:43 (175) | 00:02:21 | 01:19:31 (90)  | 00:01:51 | 01:03:35 (245) | 02:51:01 | 149 |    |      |           |
| 160  | 62      | JURKIEWICZ DAWID     | POZNAŃ               | CSWLAD POZNAŃ                     | Polska | 1987       | M25-29    | 35         | 1     | 00:22:02 (113) | 00:01:48 | 01:24:44 (162) | 00:01:31 | 01:01:10 (223) | 02:51:15 | 150 |    |      |           |
| 161  | 290     | KOŁODZIEJ ŁUKASZ     | SZCZECIN             |                                   | Polska | 1972       | M40-44    | 22         | 2     | 00:24:26 (202) | 00:03:11 | 01:22:14 (124) | 00:01:36 | 00:59:49 (204) | 02:51:16 | 151 |    |      |           |
| 162  | 76      | PĘDZICH SŁAWOMIR     | SZCZECIN             |                                   | Polska | 1986       | M25-29    | 36         | 1     | 00:24:44 (213) | 00:02:41 | 01:28:20 (215) | 00:01:18 | 00:54:14 (115) | 02:51:17 | 152 |    |      |           |
| 163  | 315     | MUSIELAK PIOTR       | POZNAN               | POCZTOWA PACZKA P-N 56            | Polska | 1970       | M45-49    | 8          | 2     | 00:24:32 (205) | 00:02:57 | 01:27:40 (204) | 00:01:41 | 00:54:29 (120) | 02:51:19 | 153 |    |      |           |
| 164  | 441     | ZALATAKHIN PAWEŁ     | SZCZECIN             |                                   | Polska | 1987       | M25-29    | 37         | 2     | 00:24:55 (215) | 00:02:57 |                |          |                | 02:51:22 | 154 |    |      |           |
| 165  | 272     | BAK PAWEŁ            | MIERZYN              | AT TEAM                           | Polska | 1974       | M40-44    | 23         | 2     | 00:23:36 (215) | 00:02:37 | 01:25:58 (175) | 00:01:22 | 00:57:52 (173) | 02:51:25 | 155 |    |      |           |
| 166  | 92      | KUBICZEK GRZEGORZ    | PIETROWICE WIELKIE   |                                   | Polska | 1985       | M30-34    | 32         | 1     | 00:27:54 (294) | 00:01:35 | 01:28:43 (218) | 00:01:13 | 00:52:39 (91)  | 02:52:04 | 156 |    |      |           |
| 167  | 381     | KRÓLAK ALEKSANDRA    | POLICE               | UKL 8 POLICE                      | Polska | 1990       | K25-29    | 7          | 2     | 00:25:25 (225) | 00:02:38 | 01:31:33 (253) | 00:01:21 | 00:51:22 (75)  | 02:52:19 |     | 11 |      |           |
| 168  | 134     | SZRAM PIOTR          | SŁUBICE              | JPTech.PL                         | Polska | 1982       | M30-34    | 33         | 1     | 00:21:41 (99)  | 00:03:33 | 01:27:46 (206) | 00:01:40 | 00:57:39 (170) | 02:52:19 | 157 |    |      |           |
| 169  | 339     | BARTKOWIAK DARIUSZ   | OSTRÓW WLKP.         | KS MARATON OSTRÓW WLKP.           | Polska | 1965       | M50-54    | 4          | 2     | 00:28:51 (310) | 00:03:33 | 01:30:57 (245) | 00:01:54 | 00:47:09 (35)  | 02:52:24 | 158 |    |      |           |
| 170  | 255     | SITKOWSKI TOMASZ     | GOLCZEWO             |                                   | Polska | 1975       | M40-44    | 24         | 2     | 00:22:19 (117) | 00:02:25 | 01:22:21 (125) | 00:01:25 | 01:04:06 (251) | 02:52:36 | 159 |    |      |           |
| 171  | 94      | HANCYK ŁUKASZ        | TARNOWO PODGÓRNE     | BROWAR FORTUNA                    | Polska | 1984       | M30-34    | 34         | 1     | 00:21:19 (91)  | 00:02:32 | 01:26:22 (179) | 00:02:01 | 01:00:29 (214) | 02:52:43 | 160 |    |      |           |
| 172  | 99      | GACKOWSKI MARCIN     | SZCZECIN             |                                   | Polska | 1984       | M30-34    | 35         | 1     | 00:27:50 (293) | 00:04:58 | 01:24:57 (165) | 00:02:57 | 00:52:33 (90)  | 02:53:15 | 161 |    |      |           |
| 173  | 281     | CHRZAN PIOTR         | SZCZECIN             | KOLARZE Z GÓRKI "CIŚNIŃ" TEAM     | Polska | 1973       | M40-44    | 25         | 2     | 00:26:13 (239) | 00:02:52 | 01:20:55 (105) | 00:01:53 | 01:01:27 (224) | 02:53:20 | 162 |    |      |           |
| 174  | 323     | URBAŃSKI ARTUR       | SZCZECIN             | IRONMAN CS POLSKA                 | Polska | 1969       | M45-49    | 9          | 2     | 00:24:23 (199) | 00:04:06 | 01:30:18 (240) | 00:02:10 | 00:52:26 (88)  | 02:53:23 | 163 |    |      |           |
| 175  | 225     | PAPROCKI MARCIN      | DOLUJE               | RUN EXPERT TEAM                   | Polska | 1976       | M35-39    | 36         | 1     | 00:18:48 (44)  | 00:02:31 | 01:25:03 (166) | 00:01:22 | 01:05:54 (262) | 02:53:38 | 164 |    |      |           |
| 176  | 138     | FRYMUS JACEK         | SZCZECIN             | FF                                | Polska | 1982       | M30-34    | 36         | 1     | 00:22:55 (145) | 00:02:45 | 01:24:16 (158) | 00:01:59 | 01:01:46 (229) | 02:53:41 | 165 |    |      |           |
| 177  | 183     | NOWAK MICHAŁ         | STEPNICA             | ABSOLWENCI AWF                    | Polska | 1979       | M35-39    | 37         | 1     | 00:20:21 (77)  | 00:02:55 | 01:26:34 (183) | 00:01:42 | 01:02:17 (234) | 02:53:49 | 166 |    |      |           |
| 178  | 319     | TURKOWSKI PAWEŁ      | SZCZECIN             |                                   | Polska | 1970       | M45-49    | 10         | 2     | 00:25:14 (219) | 00:03:29 | 01:27:27 (201) | 00:02:04 | 00:56:15 (142) | 02:54:29 | 167 |    |      |           |
| 179  | 132     | KOWALECZKO MICHAŁ    | SZCZECIN             | RIDERSCLUBKJEUWO                  | Polska | 1982       | M30-34    | 37         | 1     | 00:26:16 (240) | 00:03:38 | 01:26:35 (185) | 00:03:30 | 00:54:33 (123) | 02:54:32 | 168 |    |      |           |
| 180  | 176     | DALESZYŃSKI MICHAŁ   | SZCZECIN             |                                   | Polska | 1980       | M35-39    | 38         | 1     | 00:25:17 (222) | 00:02:01 | 01:27:46 (207) | 00:01:42 | 00:57:54 (174) | 02:54:40 | 169 |    |      |           |
| 181  | 158     | SZOTKOWSKI ADAM      | SZCZECIN             |                                   | Polska | 1981       | M30-34    | 38         | 1     | 00:23:54 (182) | 00:03:51 | 01:27:02 (192) | 00:02:48 | 00:57:24 (167) | 02:54:59 | 170 |    |      |           |
| 182  | 168     | POPŁAWSKI KRZYSZTOF  | 18                   |                                   | Polska | 1980       | M35-39    | 39         | 1     | 00:28:38 (304) | 00:03:39 | 01:23:20 (143) | 00:02:21 | 00:57:03 (158) | 02:55:01 | 171 |    |      |           |
| 183  | 98      | GROCHOWSKI KRZYSZTOF | MASZEWO              |                                   | Polska | 1984       | M30-34    | 39         | 1     | 00:22:33 (129) | 00:01:56 | 01:25:20 (170) | 00:01:35 | 01:03:47 (248) | 02:55:11 | 172 |    |      |           |
| 184  | 288     | SPYCHAŁA MAREK       | CZAPURY              | FABRYKA TRIATHLONU                | Polska | 1973       | M40-44    | 26         | 2     | 00:26:52 (266) | 00:03:01 | 01:24:03 (152) | 00:02:18 | 00:59:04 (197) | 02:55:18 | 173 |    |      |           |
| 185  | 190     | SIEMIĄTKOWSKI TOMASZ | PRZYBOROWO           | CISOWIANKA                        | Polska | 1979       | M35-39    | 40         | 1     | 00:23:34 (169) | 00:02:36 | 01:20:10 (99)  | 00:01:18 | 01:07:41 (285) | 02:55:19 | 174 |    |      |           |
| 186  | 80      | SZAFRANEK RADOŚLAW   | ROKIETNICA           | FUNDACJA LEPIEJ BYĆ - LEPIEBYĆ.PL | Polska | 1986       | M25-29    | 38         | 1     | 00:20:04 (62)  | 00:02:22 | 01:29:44 (231) | 00:01:27 | 01:01:42 (228) | 02:55:19 | 175 |    |      |           |
| 187  | 82      | MARKIEWICZ JAREK     | WARSZAWA             | TRIWAWA                           | Polska | 1986       | M25-29    | 39         | 1     | 00:23:03 (149) | 00:02:07 | 01:32:19 (258) | 00:02:24 | 00:56:06 (138) | 02:55:59 | 176 |    |      |           |
| 188  | 344     | GROBELNY RYSZARD     | POZNAŃ               | DRUŻYNA SZPIKU/CITYZEN            | Polska | 1963       | M50-54    | 5          | 2     | 00:23:26 (160) | 00:02:58 | 01:23:25 (144) | 00:02:34 | 01:03:37 (247) | 02:56:00 | 177 |    |      |           |
| 189  | 295     | NICKOWSKI JEREMIASZ  | SZCZECIN             |                                   | Polska | 1972       | M40-44    | 27         | 2     | 00:25:29 (228) | 00:03:27 | 01:27:58 (212) | 00:01:56 | 00:57:10 (161) | 02:56:00 | 178 |    |      |           |
| 190  | 101     | FELISIAK TOMASZ      | SZCZECIN             |                                   | Polska | 1984       | M30-34    | 40         | 1     | 00:26:47 (261) | 00:02:29 | 01:21:51 (113) | 00:02:29 | 01:02:38 (237) | 02:56:14 | 179 |    |      |           |
| 191  | 433     | KACZMAREK JAROSŁAW   | LUBOŃ                | LUBOŃSKI KLUB BIEGACZA            | Polska | 1970       | M45-49    | 11         | 2     | 00:22:36 (133) | 00:02:36 | 01:27:58 (211) | 00:02:19 | 01:00:49 (218) | 02:56:18 | 180 |    |      |           |
| 192  | 156     | ŁYKO JAKUB           | GOLCZEWO             |                                   | Polska | 1981       | M30-34    | 41         | 1     | 00:26:16 (241) | 00:03:34 | 01:24:10 (155) | 00:03:31 | 00:58:49 (190) | 02:56:20 | 181 |    |      |           |
| 193  | 305     | LAMPRECHT KAROL      | POZNAŃ               |                                   | Polska | 1971       | M40-44    | 28         | 2     | 00:22:45 (140) | 00:04:23 | 01:29:31 (227) | 00:02:37 | 00:57:24 (166) | 02:56:40 | 182 |    |      |           |
| 194  | 264     | SZUT DARIUSZ         | SZCZECIN             |                                   | Polska | 1975       | M40-44    | 29         | 2     | 00:27:46 (289) |          |                |          |                | 02:56:46 | 183 |    |      |           |
| 195  | 378     | MODZELEWSKA ZUZA     | SZCZECIN             |                                   | Polska | 1991       | K18-24    | 2          | 2     | 00:22:20 (119) | 00:03:21 | 01:31:48 (255) | 00:01:31 | 00:57:49 (172) | 02:56:49 |     | 12 |      |           |
| 196  | 294     | MALCHEREK KRZYSZTOF  | ŚWIĘCIECHOWA         |                                   | Polska | 1972       | M40-44    | 30         | 2     | 00:24:37 (208) | 00:03:12 | 01:25:56 (174) | 00:02:21 | 01:00:55 (220) | 02:57:01 | 184 |    |      |           |
| 197  | 33      | ORZECZOWSKI ADAM     | SZCZECIN             |                                   | Polska | 1991       | M18-24    | 16         | 1     | 00:26:17 (243) | 00:04:21 | 01:34:17 (277) | 00:02:44 | 00:49:22 (51)  | 02:57:01 | 185 |    |      |           |
| 198  | 214     | PUCH MARCIN          | SZCZECIN             |                                   | Polska | 1977       | M35-39    | 41         | 1     | 00:27:02 (271) | 00:02:16 | 01:27:22 (199) | 00:02:07 | 00:58:30 (180) | 02:57:17 | 186 |    |      |           |
| 199  | 352     | PRZYBYLSKI SŁAWOMIR  | ZIELONA GÓRA         |                                   | Polska | 1962       | M50-54    | 6          | 2     | 00:23:28 (161) | 00:02:38 |                |          |                | 02:57:29 | 187 |    |      |           |
| 200  | 144     | MIROTA KRZYSZTOF     | SZCZECIN             |                                   | Polska | 1981       | M30-34    | 42         | 1     | 00:26:52 (265) | 00:04:00 | 01:31:07 (246) | 00:02:06 | 00:53:34 (103) | 02:57:39 | 188 |    |      |           |
| 201  | 161     | JAŁOSZEWSKI MICHAŁ   | ŚWIEBODZIN           | RIO DE ŚWIEBODZINEIRO             | Polska | 1981       | M30-34    | 43         | 1     | 00:20:14 (70)  | 00:02:34 | 01:23:41 (147) | 00:02:14 | 01:08:57 (291) | 02:57:40 | 189 |    |      |           |
| 202  | 447     | SULKA PAWEŁ          | KATOWICE             | AZAGO                             | Polska | 1974       | M40-44    | 31         | 2     | 00:24:10 (190) | 00:02:43 | 01:24:54 (164) | 00:02:21 | 01:03:35 (246) | 02:57:43 | 190 |    |      |           |

# Triathlon Szczecin – Mistrzostwa Polski na dystansie 56,5km

Organizator: Endu Sport / Miasto Szczecin

Data: 5.07.2015

Dystans: 56,5 (0,950-45-10,55)

Miejscowość: Szczecin

| M-ce | Nr zaw. | Nazwisko Imię                 | Miejscowość      | Klub                                    | Kraj     | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K  | Kara | Opis kary |
|------|---------|-------------------------------|------------------|---|----------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|----|------|-----------|
| 203  | 96      | WINCZA CEZARY                 | SZCZECIN         | TRI-FORMA                               | Polska   | 1984       | M30-34    | 44         | 1     | 00:26:17 (242) | 00:03:36 | 01:24:23 (160) | 00:02:42 | 01:01:07 (222) | 02:58:05 | 191 |    |      |           |
| 204  | 271     | PRAWDZIC MICHAŁ               | KRAKÓW           |   | Polska   | 1974       | M40-44    | 32         | 2     | 00:28:42 (307) | 00:02:14 | 01:24:12 (156) | 00:01:42 | 01:01:28 (225) | 02:58:18 | 192 |    |      |           |
| 205  | 298     | KAPUŚCŃSKI ZBIGNIEW           | SZCZECIN         |   | Polska   | 1972       | M40-44    | 33         | 2     | 00:27:31 (283) | 00:02:12 |                |          |                | 02:58:30 | 193 |    |      |           |
| 206  | 237     | SZCZEŚNIAK PAWEŁ              | SZCZECIN         |   | Polska   | 1976       | M35-39    | 42         | 1     | 00:21:42 (100) | 00:02:53 | 01:30:04 (238) | 00:02:02 | 01:01:53 (231) | 02:58:34 | 194 |    |      |           |
| 207  | 409     | SZCZERBA BEATA                | 5                |   | Polska   | 1977       | K35-39    | 3          | 2     | 00:24:14 (193) | 00:03:13 | 01:37:02 (298) | 00:01:41 | 00:52:32 (89)  | 02:58:42 |     | 13 |      |           |
| 208  | 126     | SKOWROŃSKI SYLWESTER          | ŚWIESZYNO        |   | Polska   | 1983       | M30-34    | 45         | 1     | 00:21:26 (94)  | 00:04:08 | 01:27:35 (203) | 00:02:32 | 01:03:16 (244) | 02:58:57 | 195 |    |      |           |
| 209  | 251     | GABRYEL KRZYSZTOF             | SZCZECIN         | FIZIOBIEGACZE SZCZECIN                  | Polska   | 1975       | M40-44    | 34         | 2     | 00:22:34 (130) | 00:02:22 | 01:34:15 (276) | 00:01:43 | 00:58:10 (176) | 02:59:04 | 196 |    |      |           |
| 210  | 314     | SZPONAR GRZEGORZ              | SZCZECIN         |   | Polska   | 1970       | M45-49    | 12         | 2     | 00:24:51 (214) | 00:04:08 | 01:27:56 (210) | 00:01:51 | 01:00:51 (219) | 02:59:37 | 197 |    |      |           |
| 211  | 208     | ZADOROŻNY BARTEK              | POZNAŃ           | POOLMATE.PL                             | Polska   | 1978       | M35-39    | 43         | 1     | 00:18:29 (39)  | 00:03:22 | 01:29:15 (224) | 00:02:20 | 01:06:20 (267) | 02:59:46 | 198 |    |      |           |
| 212  | 362     | WESTER MIKAEL                 | JOHANNESHÖV      | VINGAKERS OK                            | Szwecja  | 1958       | M55-59    | 3          | 2     | 00:26:45 (260) | 00:02:56 | 01:28:08 (214) | 00:01:46 | 01:00:28 (213) | 03:00:03 | 199 |    |      |           |
| 213  | 392     | PIESZAK ZOSIA                 | TARNOWO PODGÓRNE | TRIMUMFORME.BLOGSPOT.COM                | Polska   | 1985       | K30-34    | 2          | 2     | 00:26:26 (250) | 00:01:58 | 01:33:50 (272) | 00:02:37 | 00:55:15 (128) | 03:00:06 |     | 14 |      |           |
| 214  | 164     | JASTRZEMSKI MARCIN            | SZCZECIN         | IRON INSANE                             | Polska   | 1980       | M35-39    | 44         | 1     | 00:27:11 (275) | 00:03:17 | 01:31:26 (250) | 00:01:56 | 00:56:20 (144) | 03:00:10 | 200 |    |      |           |
| 215  | 154     | PIERZCHLEWICZ KRZYSZTOF       | POZNAŃ           |   | Polska   | 1981       | M30-34    | 46         | 1     | 00:26:43 (258) | 00:03:04 | 01:31:20 (249) | 00:01:53 | 00:57:11 (162) | 03:00:11 | 201 |    |      |           |
| 216  | 90      | JACKOWIAK MICHAŁ              | POZNAŃ           |   | Polska   | 1985       | M30-34    | 47         | 1     | 00:26:56 (269) | 00:02:24 | 01:29:21 (226) | 00:02:02 | 00:59:33 (201) | 03:00:16 | 202 |    |      |           |
| 217  | 361     | SZYMON MIROŚLAW               | ZLOTORYJA        |   | Polska   | 1959       | M55-59    | 4          | 2     | 00:29:10 (316) | 00:03:13 | 01:23:51 (149) | 00:02:06 | 01:02:40 (239) | 03:01:00 | 203 |    |      |           |
| 218  | 259     | ZBORALSKI MICHAŁ              | POZNAŃ           |   | Polska   | 1975       | M40-44    | 35         | 2     | 00:24:08 (189) | 00:02:37 | 01:26:26 (181) | 00:01:28 | 01:06:45 (277) | 03:01:24 | 204 |    |      |           |
| 219  | 307     | KĄZMIERCZAK RAFAŁ             | SZCZECIN         |   | Polska   | 1971       | M40-44    | 36         | 2     | 00:30:31 (339) | 00:02:31 | 01:32:40 (262) | 00:01:57 | 00:53:45 (109) | 03:01:24 | 205 |    |      |           |
| 220  | 393     | HANCZEWSKA MARTA              | SZCZECIN         | PROJEKT TRIATHLON SZCZECIN              | Polska   | 1984       | K30-34    | 3          | 2     | 00:19:49 (56)  | 00:02:05 | 01:37:36 (304) | 00:01:39 | 01:00:30 (215) | 03:01:39 |     | 15 |      |           |
| 221  | 331     | JANKOWSKI DARIUSZ             | SZCZECIN         | MIERZYN TOTAL-SZCZECIN                  | Polska   | 1967       | M45-49    | 13         | 2     | 00:25:08 (217) | 00:03:54 | 01:24:16 (159) | 00:02:13 | 01:06:13 (266) | 03:01:44 | 206 |    |      |           |
| 222  | 131     | SĘCZKOWSKI GRZEGORZ           | SZCZECIN         |   | Polska   | 1982       | M30-34    | 48         | 1     | 00:26:18 (244) | 00:02:07 | 01:26:35 (184) | 00:01:16 | 01:05:34 (260) | 03:01:50 | 207 |    |      |           |
| 223  | 375     | ANDRYSZAK ALEKSANDRA          | ŚWINOUJŚCIE      |   | Polska   | 1993       | K18-24    | 3          | 2     | 00:22:21 (120) | 00:03:10 | 01:35:53 (291) | 00:02:59 | 00:57:31 (168) | 03:01:54 |     | 16 |      |           |
| 224  | 148     | ZAPALSKI MARCIN               | POZNAŃ           |   | Polska   | 1981       | M30-34    | 49         | 1     | 00:27:57 (297) | 00:03:49 | 01:27:00 (191) | 00:02:46 | 01:00:23 (212) | 03:01:55 | 208 |    |      |           |
| 225  | 173     | CZYŻYK PRZEMYSŁAW             | SZCZECIN         |   | Polska   | 1980       | M35-39    | 45         | 1     | 00:30:01 (332) | 00:03:32 | 01:26:23 (180) | 00:01:59 | 01:00:04 (208) | 03:01:59 | 209 |    |      |           |
| 226  | 166     | STAPF PIOTR                   | 4                |   | Polska   | 1980       | M35-39    | 46         | 1     | 00:29:52 (329) | 00:02:17 | 01:29:47 (233) | 00:01:39 | 00:58:26 (177) | 03:02:01 | 210 |    |      |           |
| 227  | 439     | THORSEN SIRI ECKHOFF          | OSŁO             | POMORSKI UNIwersytet Medyczny Triathlon | Norwegia | 1994       | K18-24    | 4          | 2     | 00:28:52 (311) | 00:02:23 | 01:27:34 (202) | 00:01:03 | 01:02:36 (236) | 03:02:28 |     | 17 |      |           |
| 228  | 273     | URBAŃCZYK MARCIN              | MIERZYN          |   | Polska   | 1974       | M40-44    | 37         | 2     | 00:27:13 (276) | 00:02:11 | 01:34:22 (278) | 00:01:38 | 00:57:15 (164) | 03:02:39 | 211 |    |      |           |
| 229  | 235     | LASA MARCIN                   | WARSZAWA         |   | Polska   | 1976       | M35-39    | 47         | 1     | 00:26:50 (264) | 00:03:22 | 01:24:14 (157) | 00:01:41 | 01:06:36 (272) | 03:02:43 | 212 |    |      |           |
| 230  | 300     | OCHRIMOWICZ TOMASZ            | WARSZAWA         | DELOITTE ADVENTURE TEAM                 | Polska   | 1972       | M40-44    | 38         | 2     | 00:23:24 (158) | 00:05:08 | 01:29:04 (221) | 00:03:33 | 01:01:34 (226) | 03:02:43 | 213 |    |      |           |
| 231  | 141     | MARCINIAK MACIEJ              | POZNAŃ           | KB MANIAC                               | Polska   | 1982       | M30-34    | 50         | 1     | 00:30:13 (334) | 00:07:04 | 01:26:39 (186) | 00:04:34 | 00:54:22 (117) | 03:02:52 | 214 |    |      |           |
| 232  | 60      | MOROZIK ŁUKASZ                | SZCZECIN         | TRI TOFFIK                              | Polska   | 1987       | M25-29    | 40         | 1     | 00:22:49 (143) | 00:02:44 | 01:29:13 (223) | 00:02:00 | 01:06:09 (264) | 03:02:55 | 215 |    |      |           |
| 233  | 343     | WALIGÓRSKI SZYMON             | BEZRZECZE        |   | Polska   | 1964       | M50-54    | 7          | 2     | 00:22:32 (128) | 00:03:23 | 01:26:11 (177) | 00:04:33 | 01:06:42 (274) | 03:03:21 | 216 |    |      |           |
| 234  | 51      | BRZOZOWSKI PAWEŁ              | GRZYFICE         |   | Polska   | 1988       | M25-29    | 41         | 1     | 00:26:27 (251) | 00:02:43 | 01:33:30 (269) | 00:01:48 | 00:58:57 (194) | 03:03:25 | 217 |    |      |           |
| 235  | 12      | BATORY NORBERT                | DĘBNO            | WCZASYMARZEN.PL TRI DĘBNO               | Polska   | 1994       | M18-24    | 17         | 1     | 00:34:16 (355) | 00:01:46 | 01:27:53 (209) | 00:01:09 | 00:58:26 (178) | 03:03:30 | 218 |    |      |           |
| 236  | 279     | CZYŻYK RAFAŁ                  | SZCZECIN         | LABOSPORT                               | Polska   | 1973       | M40-44    | 39         | 2     | 00:23:12 (154) | 00:02:32 | 01:29:06 (222) | 00:02:31 | 01:06:28 (269) | 03:03:49 | 219 |    |      |           |
| 237  | 386     | MAŃKE KAROLINA                | POLICE           |   | Polska   | 1987       | K25-29    | 8          | 2     | 00:22:25 (123) | 00:03:11 | 01:33:53 (273) | 00:01:42 | 01:02:40 (238) | 03:03:51 |     | 18 |      |           |
| 238  | 195     | MAZUREK RAFAŁ                 | SZCZECIN         | IRONMAN C/S POLSKA                      | Polska   | 1978       | M35-39    | 48         | 1     | 00:22:23 (121) | 00:02:51 | 01:25:07 (168) | 00:02:48 | 01:10:51 (300) | 03:04:00 | 220 |    |      |           |
| 239  | 328     | WOŹNIAK CEZARY                | SZCZECIN         | SZCZECIN LASEK ARKOŃSKI                 | Polska   | 1968       | M45-49    | 14         | 2     | 00:27:37 (284) | 00:03:33 | 01:30:29 (242) | 00:02:00 | 01:00:21 (211) | 03:04:00 | 221 |    |      |           |
| 240  | 103     | DROST ROBERT                  | GDYNIA           |   | Polska   | 1984       | M30-34    | 51         | 1     | 00:24:42 (212) | 00:03:04 | 01:37:24 (302) | 00:02:26 | 00:56:36 (148) | 03:04:12 | 222 |    |      |           |
| 241  | 200     | RZESZOWSKI PAWEŁ              | SZCZECIN         |   | Polska   | 1978       | M35-39    | 49         | 1     | 00:29:42 (324) | 00:05:20 | 01:27:18 (197) | 00:02:42 | 00:59:59 (205) | 03:05:01 | 223 |    |      |           |
| 242  | 212     | GLINKA BOGUSZ                 | PRZECLAW         | FSL VERUS AOK.PL                        | Polska   | 1977       | M35-39    | 50         | 1     | 00:28:41 (306) | 00:03:19 | 01:27:48 (208) | 00:02:11 | 01:03:07 (243) | 03:05:06 | 224 |    |      |           |
| 243  | 267     | FORCZMAŃSKI PAWEŁ             | SZCZECIN         |   | Polska   | 1974       | M40-44    | 40         | 2     | 00:29:19 (318) | 00:03:44 | 01:33:12 (267) | 00:02:17 | 00:56:38 (150) | 03:05:10 | 225 |    |      |           |
| 244  | 311     | RIPEGARD OLAF                 | HELSINGBORG      | HIF HELSINGBORG                         | Szwecja  | 1971       | M40-44    | 41         | 2     | 00:24:22 (198) | 00:04:38 | 01:32:44 (264) | 00:01:54 | 01:01:48 (230) | 03:05:26 | 226 |    |      |           |
| 245  | 151     | KULIK ERNEST                  | ŁOMIANKI         | DGS TEAM                                | Polska   | 1981       | M30-34    | 52         | 1     | 00:24:26 (203) | 00:04:05 | 01:31:31 (252) | 00:03:45 | 01:01:42 (227) | 03:05:29 | 227 |    |      |           |
| 246  | 133     | EWERT - KRZEMIEŃSKI STANISŁAW | SZCZECIN         |   | Polska   | 1982       | M30-34    | 53         | 1     | 00:26:22 (246) | 00:05:34 | 01:38:55 (316) | 00:02:30 | 00:52:08 (85)  | 03:05:29 | 228 |    |      |           |
| 247  | 196     | MILCHERT MARCIN               | SZCZECIN         |   | Polska   | 1978       | M35-39    | 51         | 1     | 00:23:25 (159) | 00:02:50 | 01:31:43 (254) | 00:01:25 | 01:06:09 (265) | 03:05:32 | 229 |    |      |           |
| 248  | 27      | KĘSZYCKI OSKAR                | BEZRZECZE        |   | Polska   | 1991       | M18-24    | 18         | 1     | 00:21:38 (97)  | 00:02:48 | 01:30:03 (237) | 00:02:02 | 01:09:05 (292) | 03:05:36 | 230 |    |      |           |
| 249  | 313     | WÓJCIK DAMIAN                 | DARŁOWO          | RUNNERSWALDE DARŁOWO                    | Polska   | 1970       | M45-49    | 15         | 2     | 00:28:15 (301) | 00:03:52 | 01:32:01 (256) | 00:02:57 | 00:58:36 (184) | 03:05:41 | 231 |    |      |           |
| 250  | 363     | PARCZEWSKI ROMUALD            | ŚWINOUJŚCIE      | TRIATHLON TEAM ŚWINOUJŚCIE              | Polska   | 1955       | M60-64    | 2          | 2     | 00:23:35 (170) | 00:02:49 | 01:32:33 (260) | 00:02:57 | 01:04:07 (252) | 03:06:01 | 232 |    |      |           |
| 251  | 177     | ZAMARLIK TOMASZ               | SZCZECIN         | GRUPA BRANDOO                           | Polska   | 1980       | M35-39    | 52         | 1     | 00:27:24 (279) | 00:03:40 | 01:18:06 (59)  | 00:03:06 | 01:13:47 (319) | 03:06:03 | 233 |    |      |           |
| 252  | 218     | ŁEBIŃSKI WOJTEK               | GOLEŃIÓW         | HBS 94                                  | Polska   | 1977       | M35-39    | 53         | 1     | 00:31:38 (345) | 00:02:05 | 01:22:03 (119) | 00:02:14 | 01:08:05 (286) | 03:06:05 | 234 |    |      |           |
| 253  | 398     | SOBOŃ LINDA                   | SZCZECIN         |   | Polska   | 1983       | K30-34    | 4          | 2     | 00:19:50 (57)  | 00:02:41 | 01:34:29 (279) | 00:01:56 | 01:07:26 (281) | 03:06:22 |     | 19 |      |           |

# Triathlon Szczecin – Mistrzostwa Polski na dystansie 56,5km

Organizator: Endu Sport / Miasto Szczecin

Data: 5.07.2015

Dystans: 56,5 (0,950-45-10,55)

Miejscowość: Szczecin

| M-ce | Nr zaw. | Nazwisko Imię           | Miejscowość           | Klub                    | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K  | Kara | Opis kary |
|------|---------|-------------------------|-----------------------|-------------------------|--------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|----|------|-----------|
| 254  | 46      | CICHOCKI MARCIN         | SZCZECIN              | FARBYKA TRIATHLONU      | Polska | 1989       | M25-29    | 42         | 1     | 00:20:13 (69)  | 00:03:22 | 01:27:11 (194) | 00:02:19 | 01:13:22 (314) | 03:06:27 | 235 |    |      |           |
| 255  | 304     | WÓJTOWICZ GRZEGORZ      | SZCZECIN              |                         | Polska | 1971       | M40-44    | 42         | 2     | 00:29:50 (328) | 00:03:42 | 01:32:40 (261) | 00:06:46 | 00:53:37 (105) | 03:06:35 | 236 |    |      |           |
| 256  | 360     | JAKUBOWSKI LESŁAW       | GRYFINO               |                         | Polska | 1959       | M55-59    | 5          | 2     | 00:26:29 (252) | 00:04:46 | 01:26:58 (190) | 00:01:55 | 01:07:11 (279) | 03:07:19 | 237 |    |      |           |
| 257  | 115     | STĘCHŁY JAKUB           | BYTOM                 |                         | Polska | 1983       | M30-34    | 54         | 1     | 00:27:48 (290) | 00:04:33 | 01:29:18 (225) | 00:02:48 | 01:02:52 (241) | 03:07:19 | 238 |    |      |           |
| 258  | 78      | GRZESIEK ARTUR          | SZCZECIN              |                         | Polska | 1986       | M25-29    | 43         | 1     | 00:29:03 (313) | 00:04:51 | 01:23:28 (145) | 00:02:00 | 01:08:40 (290) | 03:08:02 | 239 |    |      |           |
| 259  | 406     | MISKIEWICZ MAGDALENA    | SZCZECIN              | KONITEX SZCZECIN        | Polska | 1978       | K35-39    | 4          | 2     | 00:29:42 (325) | 00:03:14 | 01:39:33 (320) | 00:01:56 | 00:53:44 (108) | 03:08:09 |     | 20 |      |           |
| 260  | 291     | MICHALIK WOJTEK         | SZCZECIN              |                         | Polska | 1972       | M40-44    | 43         | 2     | 00:26:30 (253) | 00:05:47 | 01:35:13 (288) | 00:01:58 | 00:58:47 (189) | 03:08:15 | 240 |    |      |           |
| 261  | 321     | ŁOKIETEK DARIUSZ        | SZCZECIN              | BIEGAJĄCE ŁOKCIE        | Polska | 1969       | M45-49    | 16         | 2     | 00:30:45 (342) | 00:04:21 | 01:31:28 (251) | 00:02:32 | 00:59:17 (198) | 03:08:23 | 241 |    |      |           |
| 262  | 440     | CICHA MARTA             | POZNAŃ                | B3_CITYZEN POZNAŃ       | Polska | 1989       | K25-29    | 9          | 2     | 00:23:01 (147) | 00:03:01 | 01:33:15 (268) | 00:02:50 | 01:06:30 (270) | 03:08:37 |     | 21 |      |           |
| 263  | 347     | GUZIOR GRZEGORZ         | TRZEBIEŻ              |                         | Polska | 1963       | M50-54    | 8          | 2     | 00:30:15 (335) | 00:03:45 | 01:31:14 (248) | 00:04:46 | 00:58:37 (185) | 03:08:37 | 242 |    |      |           |
| 264  | 203     | PILARSKI PAWEŁ          | SZCZECIN              | DBK RUN                 | Polska | 1978       | M35-39    | 54         | 1     | 00:29:22 (319) | 00:03:09 | 01:27:03 (193) | 00:02:23 | 01:06:50 (278) | 03:08:47 | 243 |    |      |           |
| 265  | 266     | WOJCIECHOWSKI RAFAL     | GRZYBOWO              | NTT TRIADA              | Polska | 1975       | M40-44    | 44         | 2     | 00:26:23 (248) | 00:02:46 | 01:18:04 (57)  | 00:02:28 | 01:19:11 (341) | 03:08:52 | 244 |    |      |           |
| 266  | 113     | WADAS ANDRZEJ           | SZCZECIN              | TRIAŁĄ                  | Polska | 1983       | M30-34    | 55         | 1     | 00:29:31 (321) | 00:03:08 | 01:34:45 (283) | 00:02:33 | 00:58:59 (195) | 03:08:56 | 245 |    |      |           |
| 267  | 213     | KRÓL GRZEGORZ           | STARGARD SZCZECIŃSKI  | TRI-TEAM SZCZECIN       | Polska | 1977       | M35-39    | 55         | 1     | 00:24:21 (196) | 00:03:18 | 01:34:50 (284) | 00:02:16 | 01:04:12 (253) | 03:08:57 | 246 |    |      |           |
| 268  | 30      | ZEGAN JAN               | SZCZECIN              |                         | Polska | 1991       | M18-24    | 19         | 1     | 00:23:56 (184) | 00:02:38 | 01:29:47 (232) | 00:01:12 | 01:11:28 (306) | 03:09:01 | 247 |    |      |           |
| 269  | 297     | TRYBUSZKIEWICZ WOJCIECH | WARSZAWA              | GENERALI RUNNING TEAM   | Polska | 1972       | M40-44    | 45         | 2     | 00:27:56 (295) | 00:02:52 | 01:34:38 (282) | 00:03:24 | 01:00:15 (209) | 03:09:05 | 248 |    |      |           |
| 270  | 47      | KOPOCIŃSKI MATEUSZ      | POLICE                | ENERGY GOLD TEAM POLICE | Polska | 1989       | M25-29    | 44         | 1     | 00:29:14 (317) | 00:03:10 | 01:37:25 (303) | 00:02:25 | 00:57:04 (159) | 03:09:18 | 249 |    |      |           |
| 271  | 349     | DERLETA RYSZARD         | SZCZECIN              |                         | Polska | 1962       | M50-54    | 9          | 2     | 00:28:01 (299) | 00:01:58 | 01:26:44 (188) | 00:01:50 | 01:11:03 (303) | 03:09:36 | 250 |    |      |           |
| 272  | 253     | MIELNIK GRZEGORZ        | SZCZECIN              |                         | Polska | 1975       | M40-44    | 46         | 2     | 00:24:12 (192) | 00:03:43 | 01:30:26 (241) | 00:01:44 | 01:09:39 (295) | 03:09:44 | 251 |    |      |           |
| 273  | 111     | ADAMCZYK PAWEŁ          | SZCZECIN              |                         | Polska | 1984       | M30-34    | 56         | 1     | 00:27:59 (298) | 00:05:48 | 01:34:34 (280) | 00:02:41 | 00:58:56 (193) | 03:09:58 | 252 |    |      |           |
| 274  | 91      | ZIELIŃSKI MACIEJ        | WROCLAW               |                         | Polska | 1985       | M30-34    | 57         | 1     | 00:26:47 (262) | 00:03:11 | 01:29:02 (220) | 00:01:36 | 01:09:37 (294) | 03:10:13 | 253 |    |      |           |
| 275  | 301     | KOSIERADZKI TOMASZ      | SZCZECIN              |                         | Polska | 1971       | M40-44    | 47         | 2     | 00:28:47 (309) | 00:02:57 | 01:32:51 (266) | 00:02:53 | 01:02:48 (240) | 03:10:16 | 254 |    |      |           |
| 276  | 15      | PAKOSZ KRZYSZTOF        | RASZOWA               |                         | Polska | 1993       | M18-24    | 20         | 1     | 00:22:19 (118) | 00:03:43 | 01:36:53 (297) | 00:01:59 | 01:05:23 (258) | 03:10:17 | 255 |    |      |           |
| 277  | 417     | PODGÓRSKA MAŁGORZATA    | ŚWINOUJŚCIE           | IRONMAN C/S POLSKA      | Polska | 1967       | K45-49    | 1          | 2     | 00:29:46 (327) | 00:03:07 | 01:34:59 (286) | 00:02:13 | 01:00:16 (210) | 03:10:21 |     | 22 |      |           |
| 278  | 31      | DYWAN ŁUKASZ            | GOLENIÓW              |                         | Polska | 1991       | M18-24    | 21         | 1     | 00:27:56 (296) | 00:02:41 | 01:34:11 (274) | 00:01:23 | 01:04:18 (255) | 03:10:29 | 256 |    |      |           |
| 279  | 125     | BIEDUNKIEWICZ PAWEŁ     | SZCZECIN              |                         | Polska | 1983       | M30-34    | 58         | 1     | 00:30:43 (341) | 00:03:32 | 01:29:32 (228) | 00:02:56 | 01:04:14 (254) | 03:10:57 | 257 |    |      |           |
| 280  | 420     | KARAŚ BEATA             | ELBLĄG                | PROGRESS TRIATHLON TEAM | Polska | 1962       | K50-54    | 1          | 2     | 00:22:44 (139) | 00:03:41 | 01:32:28 (259) | 00:01:35 | 01:10:31 (297) | 03:10:59 |     | 23 |      |           |
| 281  | 68      | CYBULSKI MICHAŁ         | POLICE                | OPTIMA                  | Polska | 1986       | M25-29    | 45         | 1     | 00:23:53 (181) | 00:03:43 | 01:37:16 (301) | 00:01:49 | 01:04:19 (256) | 03:11:00 | 258 |    |      |           |
| 282  | 120     | BRZEZIŃSKI RADOSŁAW     | SZCZECIN              |                         | Polska | 1983       | M30-34    | 59         | 1     | 00:27:04 (273) | 00:05:02 | 01:39:24 (319) | 00:03:34 | 00:55:56 (135) | 03:11:00 | 259 |    |      |           |
| 283  | 395     | MIKULSKA AGNIESZKA      | POLICE                | UKL 8 POLICE            | Polska | 1983       | K30-34    | 5          | 2     | 00:29:43 (326) | 00:03:06 | 01:38:07 (310) | 00:01:19 | 00:59:01 (196) | 03:11:16 |     | 24 |      |           |
| 284  | 355     | ŁĄCZNY LESZEK           | BORKOWICE             |                         | Polska | 1961       | M50-54    | 10         | 2     |                |          | 01:30:47 (243) | 00:02:07 | 01:09:15 (293) | 03:11:58 | 260 |    |      |           |
| 285  | 404     | PARCZEWSKA MARTA        | WARSZAWA              |                         | Polska | 1979       | K35-39    | 5          | 2     | 00:25:21 (223) | 00:02:59 | 01:39:37 (322) | 00:01:54 | 01:02:11 (233) | 03:12:02 |     | 25 |      |           |
| 286  | 385     | ŁAWICKA MAŁGORZATA      | POZNAŃ                |                         | Polska | 1988       | K25-29    | 10         | 2     | 00:20:53 (86)  | 00:04:28 | 01:42:12 (337) | 00:02:02 | 01:03:58 (250) | 03:13:33 |     | 26 |      |           |
| 287  | 139     | SZELAĞIEWICZ PIOTR      | WROCLAW               |                         | Polska | 1982       | M30-34    | 60         | 1     | 00:21:15 (90)  | 00:05:58 | 01:41:39 (334) | 00:06:54 | 00:58:05 (175) | 03:13:51 | 261 |    |      |           |
| 288  | 112     | KORDACZUK EMIL          | SZCZECIN              | TRI-FORMA               | Polska | 1983       | M30-34    | 61         | 1     | 00:25:15 (220) | 00:02:38 | 01:35:50 (290) | 00:02:57 | 01:07:12 (280) | 03:13:52 | 262 |    |      |           |
| 289  | 263     | MASŁOWSKI ARTUR         | STARGARD SZCZECIŃSKI  | ASTOR                   | Polska | 1975       | M40-44    | 48         | 2     | 00:24:07 (188) | 00:04:16 | 01:45:11 (345) | 00:04:48 | 00:55:48 (134) | 03:14:10 | 263 |    |      |           |
| 290  | 171     | MARASZ ZBIGNIEW         | CHOJNICE              |                         | Polska | 1980       | M35-39    | 56         | 1     | 00:27:42 (287) | 00:03:13 | 01:37:45 (307) | 00:01:53 | 01:03:47 (249) | 03:14:20 | 264 |    |      |           |
| 291  | 36      | CZERKAWSKI PAWEŁ        | MARIANOWO             |                         | Polska | 1989       | M25-29    | 46         | 1     | 00:27:49 (291) | 00:03:35 | 01:26:18 (178) | 00:01:21 | 01:15:18 (325) | 03:14:21 | 265 |    |      |           |
| 292  | 302     | RUDZ DANIEL             | PRZECLAW K. SZCZECINA |                         | Polska | 1971       | M40-44    | 49         | 2     | 00:24:35 (207) | 00:03:27 | 01:29:36 (229) | 00:02:56 | 01:14:04 (321) | 03:14:38 | 266 |    |      |           |
| 293  | 100     | SZEWczyk MARCIN         | SZCZECIN              | BOMBARDIER SZCZECIN     | Polska | 1984       | M30-34    | 62         | 1     | 00:27:39 (285) | 00:05:45 | 01:35:00 (287) | 00:07:29 | 00:58:55 (191) | 03:14:48 | 267 |    |      |           |
| 294  | 95      | KOZŁOWSKI GRZEGORZ      | SZCZECIN              | RAZ SZCZECIN            | Polska | 1984       | M30-34    | 63         | 1     | 00:27:40 (286) | 00:06:20 | 01:35:54 (292) | 00:05:59 | 00:58:56 (192) | 03:14:49 | 268 |    |      |           |
| 295  | 299     | PLUCIŃSKI ARTUR         | POZNAŃ                | TRENERTRIATHLONU.PL     | Polska | 1972       | M40-44    | 50         | 2     | 00:23:05 (150) | 00:03:00 | 01:34:57 (285) | 00:02:10 | 01:12:05 (310) | 03:15:17 | 269 |    |      |           |
| 296  | 207     | DOBRODZIEJ SŁAWOMIR     | ŻELISZEWO             |                         | Polska | 1978       | M35-39    | 57         | 1     | 00:27:26 (281) | 00:02:16 | 01:32:47 (265) | 00:01:13 | 01:11:51 (309) | 03:15:33 | 270 |    |      |           |
| 297  | 265     | MILER PRZEMYSŁAW        | SZCZECIN              | WARSZEWO                | Polska | 1975       | M40-44    | 51         | 2     | 00:32:23 (347) | 00:02:49 | 01:27:21 (198) | 00:01:54 | 01:11:06 (304) | 03:15:33 | 271 |    |      |           |
| 298  | 387     | PRZEWOŻNA KALINA        | KROTOSZYN             |                         | Polska | 1987       | K25-29    | 11         | 2     | 00:30:17 (336) | 00:04:14 | 01:37:41 (305) | 00:03:23 | 01:00:03 (207) | 03:15:38 |     | 27 |      |           |
| 299  | 75      | CIĘŻKI MICHAŁ           | SZCZECIN              |                         | Polska | 1986       | M25-29    | 47         | 1     | 00:23:42 (174) | 00:05:27 | 01:29:43 (230) | 00:05:00 | 01:11:47 (308) | 03:15:39 | 272 |    |      |           |
| 300  | 77      | OLSZEWSKI BŁAŻEJ        | MASZEWO               | RATUSZ MASZEWO          | Polska | 1986       | M25-29    | 48         | 1     | 00:28:40 (305) | 00:01:59 | 01:32:08 (257) | 00:02:27 | 01:10:25 (296) | 03:15:39 | 273 |    |      |           |
| 301  | 85      | ZIOMKA JAKUB            | SZCZECIN              |                         | Polska | 1985       | M30-34    | 64         | 1     | 00:26:09 (238) | 00:03:04 | 01:38:53 (315) | 00:01:15 | 01:06:45 (276) | 03:16:06 | 274 |    |      |           |
| 302  | 371     | GENDEK JERZY            | ROGOŻNO               | KŻ KOTWICA              | Polska | 1947       | M65-69    | 1          | 2     | 00:25:37 (231) | 00:02:56 | 01:34:13 (275) | 00:02:24 | 01:11:17 (305) | 03:16:27 | 275 |    |      |           |
| 303  | 364     | KOWALCZYK ANDRZEJ       | OSTROLEKA             | LABOSPORT               | Polska | 1955       | M60-64    | 3          | 2     | 00:26:54 (226) | 00:02:57 | 01:28:00 (213) | 00:02:13 | 01:16:27 (331) | 03:16:31 | 276 |    |      |           |
| 304  | 228     | ZAWADZKI BARTOSZ        | SZCZECIN              |                         | Polska | 1976       | M35-39    | 58         | 1     | 00:25:26 (226) | 00:05:20 | 01:38:04 (309) | 00:02:59 | 01:04:43 (257) | 03:16:32 | 277 |    |      |           |

# Triathlon Szczecin – Mistrzostwa Polski na dystansie 56,5km

Organizator: Endu Sport / Miasto Szczecin

Data: 5.07.2015

Dystans: 56,5 (0,950-45-10,55)

Miejscowość: Szczecin

| M-ce | Nr zaw. | Nazwisko Imię              | Miejscowość        | Klub                                   | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K  | Kara | Opis kary |
|------|---------|----------------------------|--------------------|--|--------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|----|------|-----------|
| 305  | 191     | GABRYELSKI ALEKSANDER      | SZCZECIN           |  | Polska | 1979       | M35-39    | 59         | 1     | 00:25:40 (233) | 00:03:33 | 01:37:03 (299) | 00:02:13 | 01:08:17 (288) | 03:16:46 | 278 |    |      |           |
| 306  | 205     | ZAWALSKI KRZYSZTOF         | SZCZECIN           |  | Polska | 1978       | M35-39    | 60         | 1     | 00:22:47 (142) | 00:03:05 | 01:29:59 (236) | 00:02:59 | 01:18:12 (339) | 03:17:02 | 279 |    |      |           |
| 307  | 308     | PIOTROWSKI ANDRZEJ         | PILA               | IRONPILA.PL                            | Polska | 1971       | M40-44    | 52         | 2     | 00:29:31 (322) | 00:03:21 | 01:29:52 (234) | 00:02:42 | 01:11:46 (307) | 03:17:12 | 280 |    |      |           |
| 308  | 215     | CERAN PATRYCJUSZ           | SZCZECIN           | UM SZCZECIN                            | Polska | 1977       | M35-39    | 61         | 1     | 00:24:39 (210) | 00:02:10 | 01:41:55 (336) | 00:02:02 | 01:06:35 (271) | 03:17:21 | 281 |    |      |           |
| 309  | 324     | SWOROWSKI MIKOLAJ          | PUSZCZYKOWO        | MIKSON GROUP                           | Polska | 1969       | M45-49    | 17         | 2     | 00:24:41 (211) | 00:04:49 | 01:27:18 (196) | 00:02:53 | 01:17:46 (338) | 03:17:27 | 282 |    |      |           |
| 310  | 174     | JENSEN HENRIK              | GOLENIOW           |  | Dania  | 1980       | M35-39    | 62         | 1     | 00:26:34 (256) | 00:04:27 | 01:30:13 (239) | 00:02:02 | 01:14:41 (323) | 03:17:57 | 283 |    |      |           |
| 311  | 357     | BOHDANOWICZ MAREK          | SZCZECIN           |  | Polska | 1960       | M55-59    | 6          | 2     | 00:25:58 (235) | 00:02:52 | 01:34:37 (281) | 00:02:22 | 01:12:22 (312) | 03:18:11 | 284 |    |      |           |
| 312  | 61      | KOTOWSKI DOMINIK           | POLICE             | KLUB SPORTÓW WALKI POLICE              | Polska | 1987       | M25-29    | 49         | 1     | 00:35:41 (358) | 00:02:40 | 01:39:54 (325) | 00:01:28 | 00:58:33 (181) | 03:18:16 | 285 |    |      |           |
| 313  | 287     | DOBIECKI ARTUR             | SZCZECIN           | 15 WOG                                 | Polska | 1973       | M40-44    | 53         | 2     | 00:26:22 (247) | 00:03:38 | 01:36:28 (295) | 00:01:07 | 01:10:54 (301) | 03:18:29 | 286 |    |      |           |
| 314  | 318     | JASIAK PIOTR               | MIĘDZYBORÓW        |  | Polska | 1970       | M45-49    | 18         | 2     | 00:24:39 (209) | 00:03:20 | 01:31:12 (247) | 00:02:32 | 01:17:03 (335) | 03:18:46 | 287 |    |      |           |
| 315  | 114     | SADŁO ADRIAN               | SZCZECIN           | PUSZCZYK BUKOWY                        | Polska | 1983       | M30-34    | 65         | 1     | 00:26:48 (263) | 00:05:43 | 01:36:06 (294) | 00:03:49 | 01:06:40 (273) | 03:19:06 | 288 |    |      |           |
| 316  | 14      | DŁUGOSZ MARCIN             | SZCZECIN           |  | Polska | 1993       | M18-24    | 22         | 1     | 00:31:15 (343) | 00:02:58 | 01:36:41 (296) | 00:02:03 | 01:07:27 (282) | 03:20:24 | 289 |    |      |           |
| 317  | 405     | PLOTKOWSKA MARTA           | SZCZECIN           | C/S IRONMAN SZCZECIN                   | Polska | 1978       | K35-39    | 6          | 2     | 00:24:29 (204) | 00:02:57 | 01:39:55 (326) | 00:02:16 | 01:11:00 (302) | 03:20:37 |     | 28 |      |           |
| 318  | 224     | MAZUREK ROBERT             | SZCZECIN           |  | Polska | 1977       | M35-39    | 63         | 1     | 00:27:25 (280) | 00:03:33 | 01:33:31 (270) |          | 01:13:29 (315) | 03:20:50 | 290 |    |      |           |
| 319  | 421     | ŻYBURA LIDIA               | WROCLAW            |  | Polska | 1959       | K55-59    | 1          | 2     | 00:22:28 (125) | 00:02:53 | 01:33:45 (271) | 00:03:35 | 01:19:02 (340) | 03:21:43 |     | 29 |      |           |
| 320  | 397     | KORCZYŃSKA AGATA           | POZNAŃ             |  | Polska | 1983       | K30-34    | 6          | 2     | 00:29:08 (315) | 00:04:35 | 01:42:47 (342) | 00:02:40 | 01:02:57 (242) | 03:22:07 |     | 30 |      |           |
| 321  | 370     | HINNEL GRZEGORZ            | SZCZECIN           | GÓRAL POLICE                           | Polska | 1948       | M65-69    | 2          | 2     | 00:33:19 (349) | 00:03:05 | 01:37:06 (300) | 00:01:34 | 01:07:33 (283) | 03:22:37 | 291 |    |      |           |
| 322  | 163     | SOROKA JAROSŁAW            | SZCZECIN           | IRON INSANE                            | Polska | 1980       | M35-39    | 64         | 1     | 00:34:19 (356) | 00:05:06 | 01:32:40 (263) | 00:03:32 | 01:07:35 (284) | 03:23:12 | 292 |    |      |           |
| 323  | 231     | JANKOWSKI PIOTR            | ZACHODNIOPOMORSKIE |  | Polska | 1976       | M35-39    | 65         | 1     | 00:25:22 (224) | 00:04:11 | 01:40:29 (328) | 00:02:54 | 01:10:34 (298) | 03:23:30 | 293 |    |      |           |
| 324  | 143     | RYNKIEWICZ JAROSŁAW        | SZCZECIN           |  | Polska | 1982       | M30-34    | 66         | 1     | 00:29:28 (320) | 00:08:13 | 01:44:21 (344) | 00:08:58 | 00:52:41 (92)  | 03:23:41 | 294 |    |      |           |
| 325  | 53      | STRUGIELSKI JAKUB          | SZCZECIN           |  | Polska | 1988       | M25-29    | 50         | 1     | 00:29:56 (330) | 00:03:57 | 01:28:31 (217) | 00:03:58 | 01:17:29 (336) | 03:23:51 | 295 |    |      |           |
| 326  | 402     | ZIELIŃSKA DOMINIKA         | SZCZECIN           | RAZ SZCZECIN / HERBALIFE               | Polska | 1980       | K35-39    | 7          | 2     | 00:20:14 (71)  | 00:04:06 |                |          |                | 03:24:28 |     | 31 |      |           |
| 327  | 430     | FRONCZYK MICHAŁ            | SZCZECIN           | UKS SZCZECIN                           | Polska | 1996       | M18-24    | 23         | 2     | 00:16:00 (17)  | 00:02:39 | 01:48:43 (348) | 00:02:11 | 01:15:28 (326) | 03:25:01 | 296 |    |      |           |
| 328  | 278     | DUKLANOWSKI MAREK          | SZCZECIN           | RM SZCZECIN                            | Polska | 1973       | M40-44    | 54         | 2     | 00:27:49 (292) | 00:03:38 | 01:38:08 (311) | 00:01:49 | 01:13:45 (318) | 03:25:09 | 297 |    |      |           |
| 329  | 336     | DOMAGALSKI PIOTR           | SZCZECIN           | KS IRONMAN CS POLSKA                   | Polska | 1966       | M45-49    | 19         | 2     | 00:27:09 (274) | 00:03:17 | 01:38:59 (317) | 00:02:47 | 01:13:44 (317) | 03:25:56 | 298 |    |      |           |
| 330  | 369     | FAJER MARKUS               | DOBRA SZCZECIŃSKA  | PROJEKT TRIATHLON/RAZ SZCZECIN         | Polska | 1948       | M65-69    | 3          | 2     | 00:30:28 (338) | 00:05:10 | 01:39:54 (324) | 00:02:48 | 01:08:08 (287) | 03:26:28 | 299 |    |      |           |
| 331  | 29      | STOLAREK ANDRZEJ           | ŚWINOUIŚCIE        |  | Polska | 1991       | M18-24    | 24         | 1     | 00:29:56 (331) | 00:02:30 | 01:38:14 (312) | 00:02:17 | 01:13:34 (316) | 03:26:31 | 300 |    |      |           |
| 332  | 233     | KOŚMIDER BARTOSZ           | SZCZECIN           | DBK RUN                                | Polska | 1976       | M35-39    | 66         | 1     | 00:24:33 (206) | 00:04:02 | 01:39:11 (318) | 00:03:22 | 01:15:35 (327) | 03:26:43 | 301 |    |      |           |
| 333  | 269     | KUBERA MICHAŁ              | ŚREM               | AUTO CLUB TRITEAM                      | Polska | 1974       | M40-44    | 55         | 2     | 00:29:04 (314) | 00:03:23 | 01:38:20 (313) | 00:02:22 | 01:14:23 (322) | 03:27:32 | 302 |    |      |           |
| 334  | 376     | FRONTCZAK IDALIA           | SZCZECIN           |  | Polska | 1992       | K18-24    | 5          | 2     | 00:26:06 (237) | 00:02:30 | 01:53:16 (352) | 00:01:45 | 01:05:54 (263) | 03:29:31 |     | 32 |      |           |
| 335  | 23      | PILAWSKI PIOTR             | POLICE             |  | Polska | 1992       | M18-24    | 25         | 1     | 00:23:33 (168) | 00:03:21 | 01:41:47 (335) | 00:01:28 | 01:19:27 (342) | 03:29:36 | 303 |    |      |           |
| 336  | 412     | GUDOWSKA MAGDALENA         | JELENIA GÓRA       | TRINERGY                               | Polska | 1974       | K40-44    | 1          | 2     | 00:27:43 (288) | 00:03:11 | 01:39:52 (323) | 00:03:09 | 01:16:29 (332) | 03:30:24 |     | 33 |      |           |
| 337  | 388     | KRĘCICKA ZOFIA             | SZCZECIN           | TRIATŁA                                | Polska | 1986       | K25-29    | 12         | 2     | 00:35:08 (357) | 00:02:05 | 01:40:49 (329) | 00:01:35 | 01:10:47 (299) | 03:30:24 |     | 34 |      |           |
| 338  | 340     | OGRODOWICZ JACEK           | SZCZECIN           | ALE ... O CO BIEGA ?                   | Polska | 1964       | M50-54    | 11         | 2     | 00:34:07 (354) | 00:04:34 | 01:42:35 (339) | 00:03:26 | 01:05:46 (261) | 03:30:28 | 304 |    |      |           |
| 339  | 145     | WESOŁOWSKI MICHAŁ          | SZCZECIN           | GDZIENAZAWODY.PL                       | Polska | 1981       | M30-34    | 67         | 1     | 00:28:37 (303) | 00:03:58 | 01:39:33 (321) | 00:03:21 | 01:15:04 (324) | 03:30:33 | 305 |    |      |           |
| 340  | 327     | LUBIŃSKI TOMASZ            | KOŚCINO            |  | Polska | 1969       | M45-49    | 20         | 2     | 00:28:14 (300) | 00:03:34 | 01:41:16 (331) | 00:02:43 | 01:16:20 (330) | 03:32:07 | 306 |    |      |           |
| 341  | 312     | ŁADZIAK MAREK              | SZCZECIN           | IRON INSANE                            | Polska | 1970       | M45-49    | 21         | 2     | 00:28:46 (308) | 00:05:04 | 01:42:23 (338) | 00:03:49 | 01:12:05 (311) | 03:32:07 | 307 |    |      |           |
| 342  | 197     | ZAGICZEK TOMASZ            | SZCZECIN           |  | Polska | 1978       | M35-39    | 67         | 1     | 00:30:17 (337) | 00:06:36 | 01:40:50 (330) | 00:02:53 | 01:13:47 (320) | 03:34:23 | 308 |    |      |           |
| 343  | 415     | JAKUBIAK ANNA              | SZCZECIN           | RAZ SZCZECIN                           | Polska | 1969       | K45-49    | 2          | 2     | 00:20:17 (75)  | 00:05:02 | 01:59:50 (356) | 00:03:14 | 01:06:21 (268) | 03:34:44 |     | 35 |      |           |
| 344  | 407     | GRUDZIECKA URSZULA         | SZCZECIN           | TRI TEAM HEROES/FIZJOBIEGACZE SZCZECIN | Polska | 1977       | K35-39    | 8          | 2     | 00:33:23 (350) | 00:04:28 | 01:43:45 (343) | 00:02:27 | 01:12:27 (313) | 03:36:30 |     | 36 |      |           |
| 345  | 394     | WORONOWICZ NATALIA         | SZCZECIN           | URZĄD MIASTA SZCZECIN                  | Polska | 1984       | K30-34    | 7          | 2     | 00:29:02 (312) | 00:02:47 | 01:56:58 (354) | 00:02:24 | 01:06:43 (275) | 03:37:54 |     | 37 |      |           |
| 346  | 67      | SZCZYGIEL PAWEŁ            | STARGARD           |  | Polska | 1987       | M25-29    | 51         | 1     | 00:33:45 (351) | 00:03:45 | 01:41:23 (332) | 00:02:55 | 01:16:46 (333) | 03:38:34 | 309 |    |      |           |
| 347  | 373     | RYDZYŃSKA SANDRA           | SZCZECIN           | IRON INSANE                            | Polska | 1997       | K18-24    | 6          | 2     | 00:31:37 (344) | 00:02:24 | 01:38:22 (314) | 00:01:41 | 01:25:15 (350) | 03:39:19 |     | 38 |      |           |
| 348  | 358     | LPIŃSKI KRZYSZTOF          | SZCZECIN           |  | Polska | 1959       | M55-59    | 7          | 2     | 00:36:52 (360) | 00:05:38 | 01:37:52 (308) | 00:02:57 | 01:16:10 (329) | 03:39:29 | 310 |    |      |           |
| 349  | 368     | KURYLICZYK WŁADYSŁAW JERZY | KOŁOBRZEG          | NIEZRZESZONY                           | Polska | 1951       | M60-64    | 4          | 2     | 00:27:22 (278) | 00:04:58 | 01:39:57 (327) | 00:02:57 | 01:24:21 (348) | 03:39:35 | 311 |    |      |           |
| 350  | 185     | LESIAKOWSKI PIOTR          | MIERZYN            |  | Polska | 1979       | M35-39    | 68         | 1     | 00:26:19 (245) | 00:03:50 | 01:51:56 (351) | 00:01:39 | 01:16:53 (334) | 03:40:37 | 312 |    |      |           |
| 351  | 232     | PAIZERT KRZYSZTOF          | SZCZECIN           | IRON INSANE                            | Polska | 1976       | M35-39    | 69         | 1     | 00:35:44 (359) | 00:06:04 | 01:35:21 (289) | 00:05:10 | 01:19:35 (343) | 03:41:54 | 313 |    |      |           |
| 352  | 179     | SKRZYPIEC PAWEŁ            | SZCZECIN           |  | Polska | 1980       | M35-39    | 70         | 1     | 00:33:59 (352) | 00:03:16 | 01:42:44 (341) | 00:00:00 | 01:24:53 (349) | 03:44:52 | 314 |    |      |           |
| 353  | 367     | WRÓBLEWSKI BOLESŁAW        | GORZÓW WLKP.       | NIEZRZESZONY                           | Polska | 1951       | M60-64    | 5          | 2     | 00:40:12 (364) | 00:03:41 | 01:37:45 (306) | 00:02:55 | 01:20:38 (345) | 03:45:11 | 315 |    |      |           |
| 354  | 351     | WALIGÓRSKI MACIEJ          | MIERZYN            |  | Polska | 1962       | M50-54    | 12         | 2     | 00:24:04 (187) | 00:02:31 | 02:00:43 (357) | 00:02:42 | 01:15:37 (328) | 03:45:37 | 316 |    |      |           |
| 355  | 73      | ŁOPIŃSKI HUBERT            | SZCZECIN           |  | Polska | 1986       | M25-29    | 52         | 1     | 00:25:29 (227) | 00:03:48 | 02:06:36 (359) | 00:01:46 | 01:08:31 (289) | 03:46:10 | 317 |    |      |           |

# Triathlon Szczecin – Mistrzostwa Polski na dystansie 56,5km

Organizator: Endu Sport / Miasto Szczecin

Data: 5.07.2015

Dystans: 56,5 (0,950-45-10,55)

Miejscowość: Szczecin

| M-ce | Nr zaw. | Nazwisko Imię           | Miejscowość          | Klub                         | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie       | T1       | Rower          | T2       | Bieg           | Wynik    | M   | K  | Kara | Opis kary       |
|------|---------|-------------------------|----------------------|------------------------------|--------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|----|------|-----------------|
| 356  | 377     | KASIŃSKA ZOFIA          | SZCZECIN             |                              | Polska | 1992       | K18-24    | 7          | 2     | 00:23:41 (173) | 00:02:53 | 01:50:45 (350) | 00:02:16 | 01:28:00 (351) | 03:47:35 |     | 39 |      |                 |
| 357  | 220     | ŚWITAŁA SZYMON          | MIERZYN              | OGRÓD POD WIERZBAMI SZCZECIN | Polska | 1977       | M35-39    | 71         | 1     | 00:25:16 (221) | 00:04:52 | 01:42:36 (340) | 00:04:56 | 01:32:58 (353) | 03:50:38 | 318 |    |      |                 |
| 358  | 20      | POŁOMSKI MATEUSZ        | ŁÓDŹ                 |                              | Polska | 1992       | M18-24    | 26         | 1     | 00:34:07 (353) | 00:04:08 | 01:47:09 (346) | 00:02:47 | 01:24:04 (347) | 03:52:15 | 319 |    |      |                 |
| 359  | 155     | GORZKOWSKI BARTŁOMIEJ   | KRAKÓW               |                              | Polska | 1981       | M30-34    | 68         | 1     | 00:31:49 (346) | 00:04:23 | 01:59:13 (355) | 00:02:34 | 01:17:43 (337) | 03:55:42 | 320 |    |      |                 |
| 360  | 317     | KORKUĆ KRZYSZTOF        | SZCZECIN             |                              | Polska | 1970       | M45-49    | 22         | 2     | 00:26:56 (270) | 00:04:12 | 01:49:07 (349) | 00:04:48 | 01:31:37 (352) | 03:56:40 | 321 |    |      |                 |
| 361  | 350     | JUCHNIEWICZ HENRYK      | STARGARD SZCZECIŃSKI | TOJAH                        | Polska | 1962       | M50-54    | 13         | 2     | 00:38:13 (361) | 00:03:53 | 01:41:35 (333) | 00:03:22 | 01:34:34 (354) | 04:01:37 | 322 |    |      |                 |
| 362  | 411     | OSTOLSKA-HREBIEŃ SYLWIA | SZCZECIN             |                              | Polska | 1974       | K40-44    | 2          | 2     | 00:30:09 (333) | 00:07:20 | 02:03:06 (358) | 00:03:25 | 01:20:28 (344) | 04:04:28 |     | 40 |      |                 |
| 363  | 330     | STROJNY WOJCIECH        | POLICE               | RAZ SZCZECIN                 | Polska | 1967       | M45-49    | 23         | 2     | 00:39:18 (363) | 00:03:29 | 01:56:13 (353) | 00:02:22 | 01:23:53 (346) | 04:05:15 | 323 |    |      |                 |
| 364  | 427     | KINELSKI GRZEGORZ       | GLIWICE              |                              | Polska | 1970       | M45-49    | 24         | 2     | 00:29:41 (323) | 00:07:23 | 01:48:00 (347) | 00:06:54 | 01:49:59 (357) | 04:21:57 | 324 |    |      |                 |
| 365  | 399     | OLESIUK MAGDALENA       | SZCZECIN             | PROJEKT TRIATHLON SZCZECIN   | Polska | 1981       | K30-34    | 8          | 2     | 00:33:15 (348) | 00:04:15 | 02:10:13 (361) | 00:04:37 | 01:40:00 (355) | 04:32:20 | 41  |    |      |                 |
| 366  | 423     | LIPIŃSKA JOLANTA        | CZĘSTOCHOWA          | NIEZRZESZONA                 | Polska | 1951       | K60-64    | 1          | 2     | 00:38:57 (362) | 00:03:19 | 02:07:38 (360) | 00:04:33 | 01:46:37 (356) | 04:41:04 | 42  |    |      |                 |
| 367  | 162     | CYBULSKI JACEK          | SZCZECIN             |                              | Polska | 1981       | M30-34    |            | 1     | 00:19:29       | 00:02:15 | 01:38:28       | 00:01:13 |                | DNF      |     |    |      |                 |
| 368  | 286     | WESTFAL JACEK           | SZCZECIN             | KS IRONMAN CS POLSKA         | Polska | 1973       | M40-44    |            | 2     | 00:23:15       | 00:03:00 | 01:43:46       | 00:01:46 |                | DNF      |     |    |      | Skrócenie trasy |
| 369  | 284     | MAZUR TOMASZ            | KOŁBASKOWO           |                              | Polska | 1973       | M40-44    |            | 2     | 00:25:45       | 00:03:40 | 02:04:51       | 00:06:24 |                | DNF      |     |    |      | Skrócenie trasy |
| 370  | 418     | BALCERAK KATARZYNA      | KOBYLANKA            |                              | Polska | 1966       | K45-49    |            | 2     | 00:32:03       | 00:05:03 | 02:06:25       | 00:08:22 |                | DNF      |     |    |      |                 |
| 371  | 322     | LAUFER SŁAWOMIR         | SZCZECIN             |                              | Polska | 1969       | M45-49    |            | 2     | 00:26:38       | 00:07:54 | 02:12:57       | 00:05:29 |                | DNF      |     |    |      | Skrócenie trasy |
| 372  | 160     | TRYBUCHOWSKI KRZYSZTOF  | RESKO                |                              | Polska | 1981       | M30-34    |            | 1     | 00:25:39       | 00:04:51 | 02:29:54       | 00:03:13 |                | DNF      |     |    |      | Skrócenie trasy |
| 373  | 8       | DURCZAK ARUR            | GRYFINO              | MKS HERMES GRYFINO           | Polska | 1997       | M18-24    |            | 1     | 00:15:17       | 00:01:27 |                |          |                | DNF      |     |    |      |                 |
| 374  | 102     | STĘPIEŃ KAMIL           | ŚWINOUJŚCIE          | ŚWINOUJŚCIE TRIATHLON TEAM   | Polska | 1984       | M30-34    |            | 1     | 00:23:23       | 00:02:50 |                |          |                | DNF      |     |    |      |                 |
| 375  | 248     | URBAŃSKA ANNA           | POZNAŃ               | POSNANIA TRIATHLON           | Polska | 1997       | K18-24    |            | 1     | 00:23:57       | 00:03:14 |                |          |                | DNF      |     |    |      |                 |
| 376  | 25      | GWARDIAK BARTŁOMIEJ     | GOLENIÓW             |                              | Polska | 1992       | M18-24    |            | 1     | 00:24:47       | 00:03:40 |                |          |                | DNF      |     |    |      |                 |
| 377  | 416     | DZIEGIŃSKA BARBARA      | SZCZECIN             | IRON INSANE                  | Polska | 1967       | K45-49    |            | 2     | 00:27:33       | 00:04:42 |                |          |                | DNF      |     |    |      |                 |
| 378  | 414     | GIEŁDA MAGDALENA        | OSTRÓW WLKP.         | KS MARATON OSTRÓW WLKP.      | Polska | 1972       | K40-44    |            | 2     | 00:28:51       |          |                |          |                | DNF      |     |    |      |                 |