

**BIEG MIKOŁAJÓW**  
**WROCLAW 2015-12-06**  
**Dystans: 5 x 2,15km**



Mce	Nr	Nazwisko Imię	Miejscowość	Team	Rok	Kat	Mce Kat	P1	P2	P3	P4	Czas netto	Wynik	K	M
1	436	RAJCA MICHAŁ	WROCLAW	GT RAT	1990	M20	1	00:08:41	00:17:26	00:25:56	00:33:50	00:41:47	00:41:47		1
2	408	SKORUPA JACEK	ŚCINAWA		1979	M30	1	00:08:41	00:17:26	00:25:56	00:34:05	00:42:11	00:42:11		2
3	252	SATER MAKSYMILIAN	SIECHNICE	KM PSP Wrocław	1993	M20	2	00:08:42	00:17:26	00:25:58	00:34:32	00:42:47	00:42:48		3
4	336	ZAWADZKI KRZYSZTOF	BIELANY WROCLAWSKIE		1985	M30	2	00:08:41	00:17:39	00:26:50	00:36:02	00:45:13	00:45:13		4
5	401	CIECHANOWSKI BARTŁOMIEJ	WROCLAW		1976	M30	3	00:08:41	00:17:51	00:27:07	00:36:22	00:45:28	00:45:28		5
6	88	HANDRYSIAK PRZEMYSŁAW	WYSOKA	Wrocław Marathon Team/Trenujz nami.pl	1987	M20	3	00:09:16	00:18:32	00:27:49	00:36:59	00:45:38	00:45:45		6
7	222	PODOLSKI SEBASTIAN	KALISZ	RAJSPORT ACTIVE ANTON	1991	M20	4	00:09:11	00:18:29	00:27:54	00:37:12	00:46:19	00:46:26		7
8	260	SIKORSKI WOJCIECH	SIECHNICE		1977	M30	4	00:10:03	00:19:02	00:28:14	00:37:26	00:46:26	00:46:42		8
9	136	KUBIK NORBERT	ŚWIDNICA	AAM POLAND RUNNING TEAM	1975	M40	1	00:09:26	00:18:45	00:28:16	00:37:47	00:47:01	00:47:06		9
10	254	SEREDYŃSK PRZEMYSŁAW	WROCLAW	Espotel Runners	1982	M30	5	00:09:14	00:18:42	00:28:21	00:37:56	00:47:04	00:47:08		10
11	47	DURMAJ BARTEK	WROCLAW		1984	M30	6	00:09:51	00:19:19	00:28:45	00:38:06	00:46:58	00:47:11		11
12	206	PASZKIEWICZ MICHAŁ	ZAWADZKIE		1988	M20	5	00:10:09	00:19:26	00:28:43	00:38:07	00:46:52	00:47:14		12
13	428	OMELKA RAFAŁ	WROCLAW	KS AZS AWF WROCLAW	1989	M20	6	00:10:37	00:20:13	00:29:49	00:39:05	00:47:14	00:47:26		13
14	26	CETNAROWSKI MARIUSZ	WROCLAW	Perła team	1987	M20	7	00:09:44	00:19:25	00:28:58	00:38:27	00:47:22	00:47:27		14
15	229	PRZYBYSZ GRZEGORZ	WAŁBRZYCH	Przybysz Team	1976	M30	7	00:09:51	00:19:14	00:28:45	00:38:07	00:47:22	00:47:29		15
16	142	KWAŚNIK ROBERT	WROCLAW		1978	M30	8	00:09:43	00:19:11	00:28:45	00:38:08	00:47:27	00:47:34		16
17	3	AKUTKO SEBASTIAN	WROCLAW	goFlow	1977	M30	9	00:10:03	00:19:45	00:29:30	00:39:18	00:48:18	00:48:25		17
18	11	BARCIK PRZEMEK	WROCLAW	Asplex Team	1980	M30	10	00:09:51	00:19:28	00:29:12	00:39:00	00:48:24	00:48:34		18
19	309	ULEWICZ KRZYSZTOF	WROCLAW		1979	M30	11	00:09:50	00:19:29	00:29:13	00:39:01	00:48:39	00:48:40		19
20	245	ROJAS BONACHE ISMAEL	WROCLAW		1987	M20	8	00:10:30	00:20:22	00:30:05	00:39:41	00:48:26	00:48:41		20
21	182	NAKONIECZNY ŁUKASZ	WYSOKA		1983	M30	12	00:10:40	00:20:39	00:30:24	00:39:58	00:48:45	00:48:57		21
22	71	GOLAK ŁUKASZ	POZNAŃ	Polaris	1983	M30	13	00:09:23	00:19:01	00:28:53	00:39:04	00:48:58	00:48:59		22
23	10	BARAN JAROSŁAW	WROCLAW		1974	M40	2	00:10:36	00:20:37	00:30:23	00:39:53	00:48:59	00:49:10		23
24	72	GOLDYN SEBASTIAN	OSTRZESZÓW	Sebastian Goldyn	1989	M20	9	00:09:28	00:19:22	00:29:30	00:39:37	00:49:17	00:49:17		24
25	237	PYSIEWICZ MARCIN	WYSOKA		1981	M30	14	00:10:05	00:20:19	00:30:26	00:40:11	00:49:27	00:49:31		25
26	238	RACZKOWSKI WOJCIECH	BRZEG	Polaris	1979	M30	15	00:10:13	00:20:11	00:30:11	00:40:08	00:49:23	00:49:40		26
27	74	GOŁĘBIEWSKI EDWARD	POBIEDZISKA	TKKF Płomień Pobiedziska	1950	M50	1	00:09:56	00:20:02	00:30:11	00:40:09	00:49:45	00:49:46		27
28	153	ŁUKASIEWICZ MARCIN	ŁĄDEK ZDRÓJ	AB S.A.	1984	M30	16	00:10:33	00:20:22	00:30:18	00:40:16	00:49:26	00:49:55		28
29	176	MIZERA DAWID	RADKÓW KŁODZKI	ANNGELL P.P.HU	1987	M20	10	00:08:57	00:18:55	00:29:05	00:39:28	00:49:57	00:49:57		29
30	429	KOWNACKI JACEK	WROCLAW	TRENUJ Z NAMI	1972	M40	3	00:10:33	00:20:22	00:30:17	00:40:15	00:49:31	00:50:02		30
31	335	ZATOŃ ADRIAN	OPOLE	Polaris	1980	M30	17	00:10:15	00:20:24	00:30:39	00:40:34	00:49:46	00:50:04		31
32	221	PLUTA KAMIL	WROCLAW	Perła Team	1990	M20	11	00:10:07	00:20:16	00:30:28	00:40:37	00:49:59	00:50:04		31
33	232	PRZYBYSZ TOMASZ	WAŁBRZYCH	Przybysz Team	1970	M40	4	00:10:13	00:19:57	00:29:59	00:40:08	00:49:58	00:50:05		33
34	45	DOKŁADAŃSKI ADAM	WROCLAW	SHIMMY SHIMMY YA	1990	M20	12	00:10:25	00:20:38	00:30:49	00:40:39	00:49:40	00:50:08		34
35	213	PAWLIŃSKI ADAM	WROCLAW	goFlow	1978	M30	18	00:10:13	00:20:25	00:30:31	00:40:40	00:49:58	00:50:11		35
36	105	JĘDRZEJEK BENIAMIN	WROCLAW	Vege Runners	1980	M30	19	00:10:15	00:20:09	00:30:16	00:40:21	00:50:15	00:50:24		36
37	85	GUCWA MALWINA	WROCLAW	GVT	1987	K20	1	00:10:18	00:20:47	00:31:17	00:41:38	00:50:27	00:50:27	1	
38	91	IDZIKOWSKI MAREK	WROCLAW		1983	M30	20	00:10:12	00:20:29	00:30:49	00:40:47	00:50:25	00:50:34		37
39	148	LISZKA PIOTR	TUREK	Tur Bike Team	1984	M30	21	00:09:55	00:20:02	00:30:22	00:40:46	00:50:30	00:50:39		38
40	318	WCISŁO TOMASZ	WROCLAW		1983	M30	22	00:10:02	00:20:06	00:30:20	00:40:42	00:50:43	00:50:47		39
41	340	ZIELIŃSKI DAMIAN	KOSCIELNA WIES	RAJSPORT ACTIVE ANTON	1986	M20	13	00:09:58	00:19:55	00:30:05	00:40:41	00:50:52	00:50:57		40
42	25	CELER MICHAŁ	KALISZ	RAJSPORT ACTIVE ANTON	1980	M30	23	00:09:59	00:19:55	00:30:05	00:40:41	00:50:54	00:50:59		41

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Mce	Nr	Nazwisko Imię	Miejscowość	Team	Rok	Kat	Mce Kat	P1	P2	P3	P4	Czas netto	Wynik	K	M
43	84	GRYSZKIEWICZ PAWEŁ	WROCLAW	GVT	1987	M20	14	00:10:18	00:20:47	00:31:17	00:41:37	00:51:01	00:51:01		42
44	416	ŻABIEREK BOGUMIŁ	KALISZ		1979	M30	24	00:10:11	00:20:22	00:30:47	00:41:10	00:50:55	00:51:02		43
45	77	GOŚCIMSKA ŻANETA	BRZEZIA ŁĄKA	GVT	1983	K30	1	00:10:18	00:20:47	00:31:17	00:41:37	00:51:02	00:51:02	2	
46	127	KONIECZNY RAFAŁ	WROCLAW		1984	M30	25	00:10:14	00:20:34	00:30:49	00:41:01	00:51:00	00:51:03		44
47	67	GŁODEK MAGDALENA	WROCLAW		1990	K20	2	00:10:21	00:20:48	00:31:17	00:41:37	00:50:59	00:51:03	3	
48	249	RYMARSKI ARKADIUSZ	WROCLAW	GVT	1975	M40	5	00:10:19	00:20:47	00:31:17	00:41:38	00:51:05	00:51:05		45
49	37	CIUPAK-SELEROWICZ AGNIESZKA	BRZEG		1986	K20	3	00:10:03	00:20:11	00:30:33	00:41:04	00:51:01	00:51:08	4	
50	230	PRZYBYSZ MATEUSZ	WAŁBRZYCH	Przybysz Team	1996	M16	1	00:10:17	00:20:21	00:30:38	00:41:27	00:51:39	00:51:47		46
51	128	KOPACZ MICHAŁ	WROCLAW	Perła Team	1990	M20	15	00:10:25	00:20:52	00:31:32	00:42:12	00:52:05	00:52:11		47
52	141	KWACZ PAWEŁ	WYSOKA	Balluff Running Team	1983	M30	26	00:11:50	00:23:19	00:33:15	00:42:54	00:51:43	00:52:11		47
53	414	PASIEKA JULIUSZ	MILICZ	RUNNING TEAM MILICZ	1968	M40	6	00:09:48	00:20:43	00:31:42	00:42:04	00:52:20	00:52:21		49
54	259	SIKORSKI MARCIN	OPOLE	Polaris	1990	M20	16	00:11:11	00:21:51	00:32:28	00:42:42	00:52:05	00:52:24		50
55	327	WOLAS WERONIKA	WROCLAW		1996	K16	1	00:10:51	00:21:16	00:31:30	00:42:02	00:52:11	00:52:26	5	
56	324	WOJCIECHOWSKI MACIEJ	GŁOGÓW		1984	M30	27	00:10:30	00:20:46	00:31:18	00:42:02	00:52:05	00:52:27		51
57	299	SZYMKOWIAK TOMASZ	WROCLAW	Bez treningu	1983	M30	28	00:11:14	00:21:21	00:31:33	00:42:10	00:52:19	00:52:28		52
58	333	ZAJĄC MIROSLAW	BRZEZIA ŁĄKA	+	1974	M40	7	00:10:27	00:20:51	00:31:26	00:42:06	00:52:21	00:52:36		53
59	50	FELCZEREK DARIUSZ	PABIANICE		1975	M40	8	00:10:05	00:20:50	00:31:39	00:42:29	00:52:51	00:52:53		54
60	419	STUDZIŃSKI REMIGIUSZ	LUBIN	NESTLE WELLNESS RUNNERS	1989	M20	17	00:11:46	00:22:29	00:32:57	00:43:08	00:52:38	00:53:03		55
61	129	KOWALCZYK PAWEŁ	WROCLAW	Contour Team	1973	M40	9	00:11:08	00:21:37	00:32:15	00:43:01	00:52:59	00:53:12		56
62	92	IGNACIK RAFAŁ	ZĄBKOWICE ŚLĄSKIE	Grupa Pościgowa	1978	M30	29	00:10:21	00:20:45	00:31:38	00:42:48	00:53:04	00:53:15		57
63	312	WAKUN KONRAD	WROCLAW		1987	M20	18	00:10:24	00:20:51	00:31:40	00:42:39	00:53:12	00:53:21		58
64	54	FORYŚ PAWEŁ	ŚWIDNICA		1979	M30	30	00:10:12	00:20:20	00:31:01	00:42:21	00:53:02	00:53:23		59
65	69	GŁOWACKI MACIEJ	WILKSZYN		1978	M30	31	00:10:11	00:20:39	00:31:22	00:42:26	00:53:22	00:53:29		60
66	289	SZCZEPAŃSKI WOJCIECH	KUROPATNIK		1995	M20	19	00:09:54	00:20:19	00:31:12	00:42:55	00:53:35	00:53:38		61
67	287	SZACHEWICZ SLAWEK	WROCLAW		1979	M30	32	00:11:16	00:21:51	00:32:28	00:43:19	00:53:24	00:53:44		62
68	413	ANTOSZAK TOMASZ	ZŁOTORYJA	TMT	1981	M30	33	00:10:44	00:21:21	00:32:28	00:43:43	00:53:38	00:53:56		63
69	107	JURKOWSKI BARTOSZ	WARSZAWA		1989	M20	20	00:11:52	00:22:28	00:33:17	00:43:51	00:54:03	00:54:04		64
70	170	MICHALSKI KRYSZTIAN	WROCLAW		1991	M20	21	00:10:19	00:20:54	00:31:47	00:43:12	00:54:12	00:54:18		65
71	122	KNOT WOJCIECH	STRZELCE OPOLSKIE	Polaris	1977	M30	34	00:11:29	00:22:05	00:32:51	00:43:49	00:54:06	00:54:26		66
72	296	SZURYNOWSKI JACEK	NIECHLÓW		1969	M40	10	00:11:22	00:22:13	00:33:03	00:43:52	00:54:13	00:54:29		67
73	197	ORSKI MIŁOSZ	WROCLAW	SOLIŚCI!	1992	M20	22	00:11:57	00:22:20	00:33:10	00:43:51	00:53:31	00:54:30		68
74	146	LESZCZYŃSKI MATEUSZ	BRZEG	Kotasport	1990	M20	23	00:10:33	00:21:14	00:32:11	00:44:39	00:54:17	00:54:34		69
75	21	BROK ADAM	JACZÓW		1967	M40	11	00:10:42	00:21:32	00:32:34	00:43:58	00:54:33	00:54:39		70
76	119	KLUCZKOWSKI ADRIAN	ŁASK		1991	M20	24	00:11:41	00:22:54	00:33:41	00:44:17	00:54:24	00:54:40		71
77	196	OLSZEWSKI TOMASZ	NIEDŹWIEDZICA		1982	M30	35	00:10:22	00:21:04	00:32:06	00:43:19	00:54:43	00:54:47		72
78	56	FROŃSKI TOMASZ	WROCLAW	Santander Consumer Bank	1983	M30	36	00:11:50	00:23:07	00:34:26	00:45:20	00:54:44	00:55:04		73
79	223	POLAK MARTA	GROMADKA		1991	K20	4	00:11:26	00:22:15	00:33:13	00:44:09	00:54:53	00:55:08	6	
80	6	BAGIŃSKA-WILK FILINA	WROCLAW		1985	K30	2	00:10:59	00:21:53	00:33:12	00:44:21	00:54:51	00:55:12	7	
81	162	MATERNA MAGDALENA	WROCLAW		1989	K20	5	00:11:30	00:22:23	00:33:15	00:44:20	00:55:01	00:55:18	8	
82	308	ULATOWSKI PAWEŁ	WROCLAW		1989	M20	25	00:11:30	00:22:23	00:33:16	00:44:20	00:55:01	00:55:18		74
83	210	PAWŁAK MAGDALENA	KAZANÓW		1998	K16	2	00:11:45	00:22:49	00:33:53	00:44:52	00:55:17	00:55:30	9	
84	234	PUCHAŁA ROBERT	WROCLAW		1974	M40	12	00:09:58	00:21:04	00:32:23	00:43:35	00:55:32	00:55:32		75

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Mce	Nr	Nazwisko Imię	Miejscowość	Team	Rok	Kat	Mce Kat	P1	P2	P3	P4	Czas netto	Wynik	K	M
85	168	MICHALEWICZ AGATA	WROCLAW		1990	K20	6	00:10:24	00:21:25	00:32:44	00:44:18	00:55:39	00:55:40	10	
86	293	SZTENC DARIUSZ	WROCLAW		1962	M50	2	00:12:21	00:23:04	00:33:52	00:44:44	00:55:12	00:55:41		76
87	106	JOKS MIKOŁAJ	WROCLAW		1993	M20	26	00:11:40	00:22:55	00:33:41	00:44:47	00:55:27	00:55:43		77
88	273	SOKOŁOWSKI KRZYSZTOF	WROCLAW	Santander Consumer Bank	1971	M40	13	00:11:49	00:23:06	00:34:26	00:45:21	00:55:24	00:55:44		78
89	407	GRAMZA KATARZYNA	RAWICZ		1985	K30	3	00:10:17	00:21:12	00:32:33	00:44:12	00:55:48	00:55:48	11	
90	114	KAWOŃCZYK MAGDALENA	WROCLAW		1985	K30	4	00:10:40	00:21:41	00:32:59	00:44:32	00:55:37	00:55:49	12	
91	194	OCZKOWSKI DANIEL	ŻELAZNO	cichy team	1983	M30	37	00:10:45	00:21:15	00:32:14	00:43:52	00:55:26	00:55:52		79
92	331	WÓJCIC SŁAWOMIR	WROCLAW		1982	M30	38	00:11:47	00:22:54	00:33:51	00:45:02	00:55:46	00:55:54		80
93	68	GŁOWACKA EDYTA	WILKSZYN		1979	K30	5	00:11:32	00:22:32	00:33:46	00:45:01	00:55:39	00:55:58	13	
94	415	KUBISIAK MARCIN	KALISZ	RAJSPORT	1976	M30	39	00:10:55	00:21:52	00:33:11	00:44:34	00:55:54	00:56:01		81
95	169	MICHALIK ANNA	WROCLAW	goFlow	1981	K30	6	00:10:49	00:21:52	00:33:11	00:44:34	00:55:56	00:56:03	14	
96	95	JABŁECKA WERA	WROCLAW	GVT	1984	K30	7	00:10:42	00:21:46	00:33:02	00:44:43	00:56:14	00:56:15	15	
97	13	BERNY MAŁGORZATA	WYSOKA	GVT	1981	K30	8	00:10:42	00:21:46	00:33:02	00:44:43	00:56:16	00:56:16	16	
98	34	CICHOSZ MALWINA	WROCLAW		1990	K20	7	00:12:39	00:24:26	00:35:13	00:45:55	00:55:53	00:56:28	17	
99	87	HAŁAS MAREK	WROCLAW		1969	M40	14	00:10:13	00:21:23	00:33:03	00:45:04	00:56:37	00:56:40		82
100	125	KOMAR RAFAŁ	WROCLAW	HURTWENT	1973	M40	15	00:11:49	00:23:08	00:34:23	00:45:44	00:56:12	00:56:42		83
101	411	PIRZECKI JACEK	WROCLAW	JAMAJKA	1994	M20	27	00:12:10	00:23:35	00:34:41	00:45:50	00:56:23	00:56:42		83
102	347	ŻELAZNY MAREK	WROCLAW		1985	M30	40	00:10:28	00:21:29	00:33:04	00:45:13	00:56:29	00:56:43		85
103	42	CZUBA PAWEŁ	KĄTY WROCLAWSKIE	gonię żonę	1976	M30	41	00:11:14	00:22:13	00:33:30	00:45:21	00:56:34	00:56:44		86
104	304	TOMASZEWSKI WOJCIECH	JELCZ-LASKOWICE		1986	M20	28	00:11:54	00:23:21	00:34:31	00:45:59	00:56:17	00:56:44		86
105	272	SOKOŁOWSKI GRZEGORZ	BRZEG	Polaris	1988	M20	29	00:11:10	00:22:05	00:33:25	00:45:03	00:56:43	00:57:01		88
106	63	GAWŁOWSKI PAWEŁ	WROCLAW		1980	M30	42	00:11:28	00:22:43	00:34:11	00:45:48	00:57:05	00:57:11		89
107	212	PAWLIK ALINA	SANDOMIERZ	Morele.net	1984	K30	9	00:12:13	00:23:30	00:34:41	00:46:03	00:56:46	00:57:13	18	
108	179	MOLIŃSKA MARLENA	MIĘKINIA		1972	K40	1	00:11:34	00:23:01	00:34:36	00:46:22	00:57:29	00:57:34	19	
109	149	LOCHNO KORNEL	WROCLAW		1983	M30	43	00:09:41	00:20:17	00:32:30	00:46:37	00:57:37	00:57:39		90
110	118	KŁĘKA AGNIESZKA	WROCLAW		1988	K20	8	00:11:30	00:23:22	00:34:55	00:46:02	00:57:39	00:57:41	20	
111	65	GIENIEC-CZUBA RÓŻA	KĄTY WROCLAWSKIE	Santander Consumer Bank	1977	K30	10	00:11:32	00:23:03	00:34:36	00:46:24	00:57:32	00:57:42	21	
112	53	FONAŁ LUCYNA	WROCLAW		1987	K20	9	00:11:22	00:22:53	00:34:35	00:46:26	00:57:45	00:57:52	22	
113	263	SIWIK BOGUSŁAW	WROCLAW		1971	M40	16	00:11:42	00:23:26	00:35:35	00:47:26	00:57:59	00:58:05		91
114	31	CHUDEUSZ MARCIN	WROCLAW	Bez treningu	1979	M30	44	00:11:14	00:22:02	00:33:30	00:45:31	00:57:57	00:58:06		92
115	112	KAMIŃSKI KRZYSZTOF	WROCLAW	#promujbaszyn	1992	M20	30	00:11:16	00:22:27	00:34:04	00:46:07	00:57:52	00:58:06		92
116	22	BRZÓZOWSKI JAN	WYSOKA		1980	M30	45	00:11:49	00:23:20	00:34:52	00:46:45	00:57:45	00:58:13		94
117	185	NOWAK DANIEL	WROCLAW		1976	M30	46	00:11:27	00:22:56	00:34:39	00:46:36	00:57:42	00:58:16		95
118	204	PARUSIŃSKA- ULEWICZ BERNADET	WROCLAW		1983	K30	11	00:11:35	00:23:14	00:34:59	00:46:48	00:58:10	00:58:16	23	
119	177	MŁYŃCZYK-ZADARA JOANNA	ŻERNIKI WROCLAWSKIE		1979	K30	12	00:11:21	00:22:38	00:34:22	00:46:22	00:58:12	00:58:21	24	
120	286	SUTOR RADOŚLAW	LUBIN	Biegająca Kasta Miedziewego Miasta	1999	M16	2	00:11:37	00:23:07	00:35:00	00:47:05	00:58:11	00:58:28		96
121	423	ROBACZEWSKA DOROTA	WROCLAW		1977	K30	13	00:12:11	00:23:52	00:35:23	00:47:01	00:58:10	00:58:31	25	
122	424	SOLBIATI DANDE	WROCLAW	SPARTANIE DZIECIOM	1971	M40	17	00:12:11	00:23:52	00:35:24	00:47:01	00:58:10	00:58:31		97
123	406	GARNCAREK MACIEJ	WROCLAW	GT RAT	1963	M50	3	00:12:14	00:23:53	00:35:26	00:47:17	00:58:22	00:58:40		98
124	313	WALACIK MAŁGORZATA	KUŹNICA SKAKAWSKA		1960	K50	1	00:11:46	00:23:36	00:35:18	00:47:07	00:58:37	00:58:43	26	
125	207	PAWEŁKA MARZENA	BIERUTÓW		1973	K40	2	00:11:39	00:23:13	00:34:55	00:46:51	00:58:32	00:58:44	27	
126	297	SZYMACHA MAŁGORZATA	BIERUTÓW		1973	K40	2	00:11:39	00:23:13	00:34:55	00:46:51	00:58:32	00:58:44	27	

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Dystans: 5 x 2,15km



Mce	Nr	Nazwisko Imię	Miejscowość	Team	Rok	Kat	Mce Kat	P1	P2	P3	P4	Czas netto	Wynik	K	M
127	40	CZECHOWSKI GRZEGORZ	WROCLAW	Biegam z Praga	1980	M30	47	00:11:54	00:23:28	00:35:09	00:47:04	00:58:36	00:58:49		99
128	59	GARNCAREK AGNIESZKA	WROCLAW		1966	K40	4	00:12:14	00:23:54	00:35:28	00:47:21	00:58:40	00:58:58	29	
129	261	SIRING KRZYSZTOF	NAMYSŁÓW	Tata Danielka	1988	M20	31	00:11:39	00:23:30	00:35:20	00:47:18	00:58:53	00:59:01		100
130	427	DĄBROWSKI PIOTR	PIONKI		1994	M20	32	00:11:41	00:22:55	00:34:27	00:46:47	00:58:47	00:59:02		101
131	181	MRZYGLÓD MAGDA	WROCLAW		1971	K40	5	00:12:36	00:24:23	00:36:02	00:47:47	00:58:40	00:59:06	30	
132	317	WĄTROBA WOJCIECH	WROCLAW	Bez treningu	1979	M30	48	00:10:43	00:21:46	00:33:03	00:46:28	00:59:08	00:59:11		102
133	281	STEMPNIAK KATARZYNA	WROCLAW		1985	K30	14	00:11:31	00:23:02	00:34:55	00:47:05	00:59:11	00:59:18	31	
134	140	KURPAS MARTA	KOŻUCHÓW		1992	K20	10	00:13:02	00:24:46	00:36:29	00:48:07	00:58:21	00:59:21	32	
135	174	MITROSZ ANDRZEJ	WROCLAW	Pro-Run Wrocław	1956	M50	4	00:14:42	00:25:55	00:37:15	00:48:49	00:59:02	00:59:22		103
136	341	ZIELIŃSKI PAWEŁ	ŚWIDNICA		1993	M20	33	00:11:38	00:23:33	00:35:27	00:47:46	00:59:21	00:59:25		104
137	198	OSADNIK RYSZARD	ZĄBKOWICE ŚLĄSKIE	Grupa Pościgowa	1972	M40	18	00:11:51	00:23:38	00:35:37	00:47:47	00:59:23	00:59:28		105
138	218	PIONTKOWSKI WIESŁAW	BRZEG		1966	M40	19	00:12:26	00:24:13	00:35:50	00:47:45	00:59:16	00:59:29		106
139	240	RAJCA AGNIESZKA	GŁUCHOŁAZY	goFlow	1993	K20	11	00:12:23	00:24:36	00:36:26	00:48:26	00:59:23	00:59:35	33	
140	62	GAWĘŁ ANGELIKA	TURZA ŚLĄSKA		1993	K20	12	00:12:14	00:24:21	00:35:59	00:48:09	00:59:23	00:59:36	34	
141	178	MOCHOCKI TOMASZ	KAMIEN	Kamień kominlux	1980	M30	49	00:11:57	00:23:46	00:35:57	00:48:33	00:59:20	00:59:36		107
142	269	SŁOMKA PAWEŁ	WROCLAW		1989	M20	34	00:12:20	00:24:00	00:35:56	00:48:02	00:59:23	00:59:42		108
143	267	SŁOMKA ANNA	WROCLAW		1989	K20	13	00:12:20	00:24:00	00:35:57	00:48:02	00:59:24	00:59:43	35	
144	33	CICHOSZ KAMIL	WROCLAW		1990	M20	35	00:12:39	00:24:26	00:36:22	00:48:12	00:59:09	00:59:44		109
145	160	MAŁECKI ADRIAN	GODZIESZE		1988	M20	35	00:11:41	00:24:04	00:36:28	00:49:07	00:59:39	00:59:44		109
146	102	JAWORSKA KATARZYNA	WROCLAW		1979	K30	15	00:11:32	00:23:21	00:35:36	00:47:47	00:59:37	00:59:50	36	
147	180	MONETA ŁUKASZ	WROCLAW		1991	M20	37	00:12:19	00:23:59	00:35:54	00:48:01	00:59:34	00:59:58		111
148	73	GOLIŃSKA JOANNA	WROCLAW		1991	K20	14	00:12:19	00:23:59	00:35:54	00:48:01	00:59:34	00:59:58	37	
149	99	JARCZEWSKA EWA	WROCLAW		1985	K30	16	00:11:59	00:23:51	00:36:00	00:48:14	00:59:36	00:59:59	38	
150	64	GAŚIOREK DANIEL	JELENIA GÓRA		1981	M30	50	00:13:05	00:25:14	00:37:07	00:48:48	00:59:33	01:00:00		112
151	241	RAJCA ANNA	GŁUCHOŁAZY		1993	K20	15	00:12:23	00:24:37	00:36:26	00:48:28	00:59:57	01:00:09	39	
152	132	KOZAK BARTOSZ	WROCLAW	goFlow	1991	M20	38	00:12:23	00:24:36	00:36:26	00:48:28	00:59:58	01:00:10		113
153	163	MATKOWSKI PAWEŁ	WROCLAW		1989	M20	39	00:13:01	00:25:33	00:37:32	00:49:06	01:00:01	01:00:11		114
154	417	LISOWICZ TOMASZ	LIPNICA	KAPLICA LIPNICA	1989	M20	40	00:11:57	00:24:11	00:36:34	00:48:41	01:00:07	01:00:16		115
155	303	TABISZEWSKA ANGELIKA	KĄTY WROCLAWSKIE		1990	K20	16	00:11:50	00:23:16	00:35:30	00:48:21	00:59:55	01:00:17	40	
156	130	KOWALIK MAREK	WYSOKA		1982	M30	51	00:11:51	00:23:21	00:35:03	00:47:33	00:59:54	01:00:21		116
157	405	LUPA FILIP	WROCLAW		1984	M30	52	00:12:38	00:25:03	00:37:11	00:49:20	01:00:15	01:00:26		117
158	152	ŁAZARSKI JAROSŁAW	WROCLAW	Wroclaw Marathon Team	1981	M30	53	00:11:43	00:24:24	00:36:34	00:47:52	01:00:22	01:00:28		118
159	409	MOSZUMAŃSKI PATRYK	WROCLAW	OSOBOWICE	1975	M40	20	00:11:45	00:23:33	00:35:38	00:48:06	01:00:13	01:00:32		119
160	301	ŚWIĄTEK MACIEJ	ŁĘKA OPATOWSKA	www.gamamobler.pl	1989	M20	41	00:10:58	00:22:12	00:33:55	00:46:19	01:00:36	01:00:45		120
161	200	OTOMAŃSKA KATARZYNA	WROCLAW		1986	K20	17	00:12:06	00:23:38	00:35:37	00:48:16	01:00:39	01:00:53	41	
162	23	BUDZIK JOANNA	OŁAWA		1990	K20	18	00:12:32	00:24:29	00:36:31	00:48:54	01:00:41	01:01:00	42	
163	172	MILLER MARTA	BRZEG		1979	K30	17	00:12:06	00:24:09	00:36:20	00:48:54	01:01:10	01:01:18	43	
164	202	PACZKOWSKI ŁUKASZ	WOŁÓW	OSP Krzydłina Wielka	1982	M30	54	00:12:51	00:25:19	00:37:47	00:49:41	01:01:04	01:01:21		121
165	217	PIETRZAK GRZEGORZ	WROCLAW		1974	M40	21	00:13:26	00:25:57	00:37:47	00:49:42	01:01:13	01:01:24		122
166	171	MICHALSKI RADOSŁAW	WROCLAW	Żeglarze Podhalańscy	1981	M30	55	00:11:53	00:23:38	00:35:55	00:48:44	01:01:02	01:01:25		123
167	268	SŁOMKA MACIEJ	WROCLAW		1983	M30	55	00:13:01	00:25:27	00:37:54	00:50:13	01:00:52	01:01:25		123
168	337	ZAWŁODZKA KATARZYNA	OŁAWA		1978	K30	18	00:12:38	00:25:06	00:37:14	00:49:20	01:01:16	01:01:27	44	

BIEG MIKOŁAJÓW  
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Dystans: 5 x 2,15km



Mce	Nr	Nazwisko Imię	Miejscowość	Team	Rok	Kat	Mce Kat	P1	P2	P3	P4	Czas netto	Wynik	K	M
169	60	GARNCARZ PAULA	GODZIESZE	RAJSPOORT ACTIVE ANTON	1987	K20	19	00:11:41	00:24:04	00:36:28	00:49:06	01:01:23	01:01:28	45	
170	214	PAZDIREK PIOTR	WROCLAW	MMasklep24.pl	1985	M30	57	00:12:49	00:24:53	00:36:59	00:49:23	01:01:00	01:01:29		125
171	138	KUJAWA KRYSZYNA	WROCLAW		1985	K30	19	00:11:50	00:23:57	00:36:20	00:48:58	01:01:22	01:01:31	46	
172	154	ŁYSZKIEWICZ JAREK	BRZEZIA ŁĄKA		1976	M30	58	00:12:16	00:23:49	00:36:11	00:48:30	01:01:05	01:01:32		126
173	235	PUTYRA RAFAŁ	GAJKÓW		1992	M20	42	00:13:03	00:25:06	00:37:15	00:49:31	01:01:03	01:01:34		127
174	316	WĄDZYŃSKI DARIUSZ	WROCLAW	goFlow	1992	M20	43	00:11:24	00:23:11	00:36:03	00:49:10	01:01:26	01:01:35		128
175	35	CIESIELSKI TOMASZ	WYSOKA	AB S.A.	1984	M30	59	00:12:52	00:24:58	00:37:04	00:49:05	01:01:09	01:01:39		129
176	334	ZARYCKA ANNA	WROCLAW		1980	K30	20	00:11:40	00:23:36	00:36:06	00:48:48	01:01:06	01:01:40	47	
177	228	PRZYBYSZ AGNIESZKA	WAŁBRZYCH	Przybysz Team	1974	K40	6	00:12:36	00:25:03	00:37:23	00:49:40	01:01:36	01:01:42	48	
178	231	PRZYBYSZ MONIKA	WAŁBRZYCH	Przybysz Team	1986	K20	20	00:12:35	00:25:02	00:37:24	00:49:40	01:01:36	01:01:42	48	
179	226	PRISZLER FULOP	WROCLAW	Night Runners	1981	M30	60	00:13:21	00:25:33	00:37:44	00:50:11	01:01:15	01:01:43		130
180	133	KOZDRA OLGA	WROCLAW		1974	K40	7	00:12:31	00:24:52	00:37:09	00:49:43	01:01:35	01:01:44	50	
181	403	JANICKI WOJCIECH	WROCLAW		1970	M40	22	00:13:25	00:25:37	00:37:51	00:50:08	01:01:21	01:01:47		131
182	41	CZEKIEL GRZEGORZ	SIECHNOCIE		1976	M30	61	00:11:27	00:23:24	00:35:37	00:48:52	01:01:32	01:01:53		132
183	55	FRANKA MARTA	NABYSZYCE		1995	K20	21	00:13:43	00:26:09	00:38:18	00:50:29	01:01:28	01:01:58	51	
184	75	GONTARZ JAKUB	WROCLAW	TAMA 71	1983	M30	62	00:13:04	00:26:03	00:38:41	00:50:50	01:01:33	01:01:58		133
185	246	ROŻNIATOWSKA MAŁGORZATA	BYSTRZYCA		1990	K20	22	00:12:31	00:25:02	00:37:28	00:49:56	01:02:05	01:02:08	52	
186	422	PIECHNIK MICHAŁ	WROCLAW		1984	M30	63	00:12:13	00:24:13	00:36:33	00:49:20	01:01:56	01:02:10		134
187	205	PASIECZNY ARON	ŚWIDNICA	AAM POLAND RUNNING TEAM	1988	M20	44	00:13:15	00:25:48	00:38:04	00:50:27	01:01:57	01:02:19		135
188	257	SIEJKA AGATA	ŚWIDNICA	AAM POLAND RUNNING TEAM	1986	K20	23	00:13:15	00:25:48	00:38:05	00:50:27	01:01:59	01:02:21	53	
189	346	ŻEBROWSKA MARTA	WROCLAW	Acteam	1984	K30	21	00:13:03	00:25:37	00:38:03	00:50:31	01:01:57	01:02:34	54	
190	39	CZECHOWSKA OLGA	WROCLAW	Biegam z Pragą	1980	K30	22	00:13:07	00:25:39	00:38:10	00:51:10	01:02:25	01:02:37	55	
191	1	ADAMCZAK JOLANTA	PAWŁOWICE	Klub Biegacza Poniec	1972	K40	8	00:12:21	00:24:55	00:37:25	00:49:57	01:02:35	01:02:42	56	
192	78	GÓRSKI ROMAN	GŁUBCZYCE		1967	M40	23	00:12:04	00:24:15	00:36:34	00:49:24	01:02:31	01:02:54		136
193	306	TULEJKO PAULA	CZĘSTOCHOWA		1989	K20	24	00:11:28	00:24:00	00:36:48	00:49:54	01:02:45	01:02:55	57	
194	57	FULBISZEWSKI RUDOLF	ŚWIDNICA	AAM POLAND RUNNING TEAM	1968	M40	24	00:11:51	00:24:16	00:37:16	00:50:25	01:03:05	01:03:12		137
195	135	KRAWIEC PIOTR	BRZEG	Polaris	1981	M30	64	00:12:42	00:25:05	00:37:57	00:51:05	01:03:09	01:03:30		138
196	76	GOSK KATARZYNA	WROCLAW	Biegam z Pragą	1996	K16	3	00:13:08	00:25:40	00:38:10	00:51:10	01:03:20	01:03:32	58	
197	292	SZTENC ALEKSANDRA	WROCLAW		1997	K16	4	00:12:37	00:25:09	00:37:57	00:50:57	01:03:07	01:03:35	59	
198	166	MAZUREK KAROLINA	PAKOŚLAW		1985	K30	23	00:12:33	00:25:33	00:38:34	00:51:39	01:03:41	01:03:42	60	
199	38	CYWIŃSKI BARTŁOMIEJ	WROCLAW	Pro-Run Wrocław	1977	M30	65	00:13:53	00:27:24	00:39:33	00:51:45	01:03:17	01:03:43		139
200	319	WILK ŁUKASZ	WROCLAW		1984	M30	66	00:13:04	00:25:38	00:38:05	00:50:43	01:03:09	01:03:45		140
201	7	BAJACZYK JOANNA	WROCLAW		1993	K20	25	00:13:43	00:26:18	00:38:47	00:51:29	01:03:22	01:03:47	61	
202	161	MATEJUK TOMASZ	WROCLAW	TAMA 71	1983	M30	67	00:13:05	00:26:35	00:39:14	00:51:58	01:03:36	01:04:01		141
203	285	SUTOR MAŁGORZATA	LUBIN	Biegająca Kasta Miedziewego Miasta	1966	K40	9	00:13:03	00:25:37	00:38:21	00:51:13	01:03:48	01:04:05	62	
204	12	BARTOSZEWSKA EWELINA	WROCLAW		1976	K30	24	00:12:31	00:25:45	00:38:56	00:51:50	01:04:08	01:04:14	63	
205	326	WOLAŃSKA BEATA	WROCLAW		1980	K30	25	00:12:03	00:24:18	00:36:57	00:50:13	01:04:14	01:04:15	64	
206	82	GRYGLIK ANNA	OLAWA	megamocni	1990	K20	26	00:12:03	00:24:18	00:36:57	00:50:13	01:04:15	01:04:16	65	
207	418	SĘDZIK PIOTR	WROCLAW		1994	M20	45	00:13:31	00:26:36	00:39:19	00:51:44	01:03:57	01:04:17		142
208	255	SĘDZIK RENATA	WROCLAW		1968	K40	10	00:13:33	00:26:36	00:39:18	00:51:55	01:03:57	01:04:17	66	
209	294	SZUMILAS JOLA	WROCLAW		1974	K40	11	00:14:04	00:26:49	00:39:27	00:52:11	01:04:16	01:04:19	67	
210	410	MAZUR WITOLD	MALCZYCE		1969	M40	25	00:11:20	00:23:39	00:36:21	00:49:54	01:04:20	01:04:20		143

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Dystans: 5 x 2,15km



Mce	Nr	Nazwisko Imię	Miejscowość	Team	Rok	Kat	Mce Kat	P1	P2	P3	P4	Czas netto	Wynik	K	M
211	61	GAWCZYŃSKI MARCEL	GÓRA	Kury i inne bzdury	1984	M30	68	00:14:22	00:28:08	00:41:50	00:53:45	01:04:02	01:04:26		144
212	167	MICHALCZYK ASIA	SIECHNICE		1988	K20	27	00:12:32	00:25:21	00:38:40	00:51:37	01:04:24	01:04:32	68	
213	139	KULA KONRAD	WROCLAW	Creative-Sphere	1984	M30	69	00:13:12	00:26:02	00:39:04	00:52:00	01:04:27	01:04:44		145
214	315	WARCHOŁ PAULINA	RUDZICA		1994	K20	28	00:12:21	00:24:59	00:38:05	00:51:40	01:04:58	01:05:07	69	
215	5	ANUSZ ŁUKASZ	WROCLAW		1990	M20	46	00:13:27	00:26:40	00:39:39	00:52:21	01:04:51	01:05:10		146
216	103	JAWORSKI FILIP	WROCLAW		1991	M20	47	00:13:09	00:26:13	00:39:05	00:52:01	01:05:22	01:05:37		147
217	426	MONKS ADAM	WROCLAW		1977	M30	70	00:12:41	00:25:36	00:38:48	00:52:14	01:05:47	01:05:53		148
218	2	ADAMSKA IWETTA	WROCLAW		1988	K20	29	00:13:42	00:27:09	00:40:19	00:53:20	01:05:49	01:06:03	70	
219	158	MAKLES WIOLETTA	WROCLAW		1980	K30	26	00:13:20	00:26:17	00:39:32	00:52:52	01:05:48	01:06:11	71	
220	203	PALUS MAŁGORZATA	BRZEG		1967	K40	12	00:13:27	00:26:37	00:39:55	00:53:11	01:06:02	01:06:15	72	
221	143	KWIATKOWSKA JOANNA	MIĘKINIA		1989	K20	30	00:13:33	00:26:31	00:39:46	00:53:02	01:05:52	01:06:20	73	
222	420	STUDZIŃSKI RAFAŁ	WROCLAW	NESTLE WELLNES RUNNERS	1986	M20	48	00:12:57	00:26:13	00:40:04	00:53:58	01:06:09	01:06:35		149
223	404	PLEŚNIARSKI JAKUB	WROCLAW		1990	M20	49	00:13:34	00:26:48	00:39:58	00:53:32	01:06:20	01:06:46		150
224	338	ZELASKO ZUZIA	WROCLAW		1992	K20	31	00:13:23	00:26:38	00:40:05	00:53:42	01:06:31	01:06:46	74	
225	98	JANKOWSKA MAŁGORZATA	WROCLAW		1989	K20	32	00:13:49	00:26:56	00:39:49	00:53:00	01:06:28	01:06:56	75	
226	348	ŻOŁĘDŹ MATEUSZ	WROCLAW		1984	M30	71	00:13:00	00:26:30	00:40:17	00:54:02	01:07:05	01:07:09		151
227	310	WAJDA ANDRZEJ	WROCLAW		1971	M40	26	00:13:57	00:27:30	00:40:25	00:53:52	01:07:01	01:07:21		152
228	104	JEMIELNIAK AGATA	WROCLAW		1983	K30	27	00:13:57	00:27:21	00:40:44	00:54:23	01:07:32	01:07:46	76	
229	151	LWOWSKA MAGDALENA	WROCLAW		1983	K30	27	00:13:58	00:27:21	00:40:44	00:54:23	01:07:32	01:07:46	76	
230	283	STOKŁOS ADAM	WROCLAW		1978	M30	72	00:12:08	00:25:25	00:39:02	00:53:12	01:07:43	01:07:48		153
231	216	PIETRZAK ANNA	WROCLAW		1977	K30	29	00:13:28	00:26:45	00:40:22	00:53:52	01:07:47	01:07:58	78	
232	344	ZIMMERMANN TOMASZ	WROCLAW		1975	M40	27	00:13:38	00:26:37	00:40:24	00:54:49	01:07:30	01:08:01		154
233	343	ZIĘBA MICHAŁ	OPOLE	Polaris	1984	M30	73	00:13:55	00:27:48	00:41:11	00:54:26	01:07:45	01:08:04		155
234	302	ŚWIĄTKOWSKA EWELINA	WROCLAW		1979	K30	30	00:13:13	00:27:02	00:40:49	00:54:37	01:07:57	01:08:11	79	
235	156	MAJER MICHAŁ	LESZNO	Kury i inne bzdury	1985	M30	74	00:14:22	00:28:08	00:41:50	00:55:28	01:07:57	01:08:20		156
236	291	SZNAJDER JOANNA	WROCLAW	BIEDRONECZKI	1983	K30	31	00:14:22	00:28:22	00:42:03	00:55:48	01:08:22	01:08:54	80	
237	311	WAJDA MONIKA	WROCLAW		1971	K40	13	00:13:58	00:27:40	00:41:30	00:55:43	01:08:35	01:08:55	81	
238	19	BORTKIEWICZ MONIKA	WROCLAW	Poledance Studio Wrocław	1987	K20	33	00:13:53	00:27:50	00:41:37	00:55:31	01:08:55	01:09:06	82	
239	284	STRZĄBAŁA DANIEL	DOMANIÓW		1988	M20	50	00:12:32	00:25:21	00:39:59	00:54:57	01:09:24	01:09:33		157
240	220	PISKORZ BARTŁOMIEJ	OŁAWA	RST	1989	M20	51	00:14:28	00:28:36	00:42:43	00:56:09	01:09:13	01:09:41		158
241	189	NOWICKA MARZENA	WROCLAW		1985	K30	32	00:13:45	00:27:39	00:41:32	00:55:48	01:09:31	01:09:53	83	
242	342	ZIEMIANEK-ZIELIŃSKA KATARZYN	STOSZOWICE		1979	K30	32	00:13:46	00:27:40	00:41:32	00:55:49	01:09:31	01:09:53	83	
243	186	NOWAK KATARZYNA	WROCLAW		1984	K30	34	00:13:45	00:27:19	00:41:51	00:55:35	01:09:41	01:09:56	85	
244	432	OLEJNIK MONIKA	WROCLAW		1987	K20	34	00:12:22	00:24:14	00:36:12	00:48:09	01:09:39	01:10:00	86	
245	270	SOBOŃ ANNA	WROCLAW	AUTO-SERWIS Piotr Soboń	1971	K40	14	00:13:56	00:27:33	00:41:53	00:56:06	01:09:39	01:10:06	87	
246	173	MILAN URSZULA	WROCLAW		1990	K20	35	00:13:09	00:27:36	00:41:52	00:55:56	01:09:57	01:10:07	88	
247	184	NAUMOWICZ MAŁGORZATA	BRZEG	KLA Kotwica Brzeg	1968	K40	15	00:14:07	00:28:34	00:42:40	00:56:35	01:09:55	01:10:08	89	
248	190	OCHOTA MAGDA	JELENIA GÓRA	Biegam dla zdrowia	1995	K20	36	00:13:43	00:27:48	00:42:29	00:56:35	01:09:52	01:10:22	90	
249	108	KACPRZAK ALEKSANDER	KIEŁCZÓW		1977	M30	75	00:14:01	00:28:43	00:42:55	00:56:58	01:10:17	01:10:25		159
250	121	KŁAK MARCIN	WROCLAW		1983	M30	76	00:13:51	00:27:41	00:41:44	00:55:59	01:10:04	01:10:35		160
251	247	RUSIN MAŁGORZATA	WROCLAW		1980	K30	35	00:14:42	00:28:35	00:42:58	00:57:01	01:10:14	01:10:38	91	
252	278	STEFANISZYN KATARZYNA	WROCLAW	RENIFERY	1989	K20	37	00:12:42	00:28:10	00:42:09	00:56:53	01:10:45	01:10:47	92	



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Mce	Nr	Nazwisko Imię	Miejscowość	Team	Rok	Kat	Mce Kat	P1	P2	P3	P4	Czas netto	Wynik	K	M
253	279	STEFANISZYN TOMASZ	WROCLAW	RENIFERY	1987	M20	52	00:12:42	00:28:11	00:42:10	00:56:53	01:10:46	01:10:48		161
254	239	RADOSIŃSKI ŁUKASZ	WROCLAW		1980	M30	77	00:13:51	00:27:44	00:42:06	00:56:46	01:10:46	01:10:57		162
255	250	RYŃSKA EWA	WROCLAW		1977	K30	36	00:14:06	00:28:13	00:42:29	00:56:50	01:11:03	01:11:08	93	
256	271	SOBOŃ PIOTR	WROCLAW	AUTO-SERWIS Piotr Soboń	1971	M40	28	00:13:55	00:27:33	00:41:53	00:56:05	01:10:50	01:11:17		163
257	89	HNIDA PAULINA	WROCLAW	AZS AWF Wrocław	1995	K20	38	00:13:51	00:27:15	00:40:49	00:57:38	01:11:06	01:11:22	94	
258	43	DARSKA KAROLINA	WROCLAW		1983	K30	37	00:13:44	00:27:48	00:42:09	00:56:59	01:11:58	01:12:12	95	
259	90	HUCALUK MONIKA	GAIKI		1975	K40	16	00:13:40	00:27:35	00:42:28	00:57:42	01:12:42	01:12:47	96	
260	314	WALENCZAK ANNA	KOMOROWICE		1974	K40	17	00:14:11	00:29:12	00:44:01	00:59:39	01:13:39	01:13:47	97	
261	147	LIS ALEKSANDRA	SNOWIDZA		1996	K16	5	00:13:37	00:27:55	00:42:50	00:58:26	01:13:52	01:14:09	98	
262	253	SAWCZUK KATARZNA	WYSOKA	BIEDRONECZKI	1980	K30	38	00:15:11	00:29:28	00:44:15	00:59:18	01:14:05	01:14:35	99	
263	115	KĘDZIA JULITA	SIECHNICE	mamy-biegamy	1979	K30	39	00:15:10	00:30:14	00:45:05	01:00:14	01:14:58	01:15:14	100	
264	320	WIŚNIEWSKA AGNIESZKA	SIECHNICE	mamy-biegamy	1982	K30	39	00:15:10	00:30:14	00:45:03	01:00:15	01:14:58	01:15:14	100	
265	48	DWORCZAK KAMIL	ZALESIE MAŁE		1991	M20	53	00:13:38	00:28:18	00:43:58	00:59:39	01:15:13	01:15:37	164	
266	243	RAMIAN MARCIN	ZALESIE WIELKIE		1991	M20	53	00:13:39	00:28:17	00:43:58	00:59:40	01:15:13	01:15:37	164	
267	144	LASOTA RAFAŁ	WROCLAW		1979	M30	78	00:13:01	00:29:09	00:45:47	01:00:35	01:15:57	01:15:58	166	
268	134	KOZŁOWSKA MAJA	WROCLAW		1980	K30	41	00:13:55	00:29:07	00:44:49	01:00:33	01:15:52	01:16:13	102	
269	79	GRABAREK JUSTYNA	WROCLAW	BIEDRONECZKI	1983	K30	41	00:15:10	00:30:21	00:46:20	01:01:33	01:15:41	01:16:13	102	
270	111	KALICIŃSKA MONIKA	WROCLAW	BIEDRONECZKI	1983	K30	43	00:15:10	00:30:21	00:46:20	01:01:33	01:15:42	01:16:14	104	
271	277	STAWARZ PAWEŁ	WROCLAW		1983	M30	79	00:15:54	00:31:09	00:46:23	01:01:36	01:15:47	01:16:15	167	
272	15	BOCZAR WALDEMAR	WROCLAW		1984	M30	80	00:14:37	00:29:44	00:45:17	01:01:04	01:16:16	01:16:41	168	
273	36	CISZECKA NATALIA	WROCLAW	BIEDRONECZKI	1984	K30	44	00:15:11	00:30:21	00:46:20	01:01:32	01:16:17	01:16:49	105	
274	124	KOŁAKOWSKA ANETA	WROCLAW	goFlow	1990	K20	39	00:14:24	00:29:56	00:45:27	01:01:26	01:16:57	01:17:00	106	
275	274	SOLATYCKI ADRIAN	WROCLAW		1984	M30	81	00:13:36	00:28:41	00:44:22	01:01:04	01:17:52	01:17:57	169	
276	44	DOBROWOLSKA KATARZYNA	WROCLAW		1986	K20	40	00:14:54	00:30:36	00:46:21	01:02:54	01:17:50	01:18:05	107	
277	123	KODŹ JOANNA	WROCLAW		1986	K20	40	00:14:55	00:30:37	00:46:21	01:02:54	01:17:50	01:18:05	107	
278	402	JANICKA ZUZANNA	WROCLAW		2004	K16	6	00:13:34	00:27:28	00:46:19	01:03:23	01:18:28	01:18:52	109	
279	97	JANICKA ANETA	WROCLAW	Pro-Run Wrocław	1976	K30	45	00:13:52	00:27:28	00:46:18	01:03:23	01:18:26	01:18:53	110	
280	83	GRYGORCEWICZ MARCIN	WROCLAW		1979	M30	82	00:15:12	00:31:46	00:48:49	01:05:21	01:22:55	01:22:57	170	
281	321	WIŚNIEWSKA MAŁGORZATA	WROCLAW		1988	K20	42	00:15:12	00:31:46	00:48:49	01:05:21	01:22:56	01:22:57	111	
282	150	LUBOWIECKA MAGDA	WROCLAW		1985	K30	46	00:15:09	00:32:07	00:49:34	01:06:24	01:23:31	01:24:01	112	
283	116	KICMAN EWA	SIEDLEC		1954	K50	2	00:17:38	00:35:00	00:52:49	01:11:06	01:27:28	01:28:03	113	
284	32	CHYBICKA ALICJA	WROCLAW		1951	K50	3	00:16:21	00:34:49	00:53:29	01:11:58	01:30:09	01:30:09	114	
285	322	WITCZAK MIKOŁAJ	BIELAWA		1935	M50	5	00:17:41	00:35:26	00:53:51	01:12:28	01:30:54	01:31:11	171	
	431	MARHALOK TOMASZ	NYSA		1993	M20		00:08:42	00:17:26	00:25:56	00:34:17				
	266	SKRZYPCZAK MAŁGORZATA	KOŚCIELNA WIEŚ/ KALISZ		1962	K50		00:10:22	00:21:17	00:32:20	00:42:57				
	219	PIRZECKI PAWEŁ	DĘBNO	Jamajka	1988	M20		00:12:10	00:23:35	00:35:11	00:47:16				
	9	BALZAREK WIKTOR	WROCLAW		1982	M30		00:13:16	00:25:25	00:37:37	00:48:42				
	433	TARKOWSKA ALICJA	WROCLAW		1988	K20		00:12:29	00:25:02	00:37:36	00:49:43				
	66	GŁĄB DARIA	PRUDNIK		1991	K20		00:13:41	00:26:44	00:39:34	00:51:09				
	16	BOGACZ MONIKA	PEŁCZYCE		1978	K30		00:12:37	00:25:54	00:39:26	00:53:18				
	117	KLEINERT MATEUSZ	WROCLAW		1991	M20		00:11:43	00:24:54	00:40:35	00:53:36				
	28	CHMURA AGNIESZKA	WROCLAW		1993	K20		00:14:07	00:28:03	00:41:57	00:54:10				

BIEG MIKOŁAJÓW  
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Dystans: 5 x 2,15km



Mce	Nr	Nazwisko Imię	Miejscowość	Team	Rok	Kat	Mce Kat	P1	P2	P3	P4	Czas netto	Wynik	K	M
	49	FABIN KRZYSZTOF	LEGNICA		1986	M20		00:14:08	00:28:03	00:41:57	00:54:54				
	14	BIELAT ANNA	LUBOCHNIA		1993	K20		00:14:07	00:28:02	00:41:57	00:54:55				
	113	KARAŚ SŁAWOMIR	WROCLAW		1987	M20		00:13:40	00:26:38	00:40:26	00:55:07				
	280	STELMACH MONIKA	SZKLARSKA PORĘBA	Szrenica	1983	K30		00:13:52	00:27:45	00:42:01	00:55:21				
	155	MACHELA MARCELINA	WROCLAW		1984	K30		00:14:36	00:28:41	00:42:27	00:55:44				
	201	OTOMAŃSKA MAGDALENA	WROCLAW		1984	K30		00:14:13	00:28:06	00:41:54	00:55:45				
	215	PETRYK-PODBIELSKA KATARZYNA	WROCLAW		1980	K30		00:13:26	00:27:44	00:42:04	00:55:56				
	225	POLEWSKA IZABELA	WROCLAW		1978	K30		00:13:48	00:28:02	00:42:31	00:56:52				
	430	PAWLAK ALENA	WROCLAW		1997	K16		00:12:03	00:25:56	00:41:33	00:57:49				
	183	NANASZKO - KŁAK KATARZYNA	WROCLAW		1982	K30		00:14:22	00:28:40	00:43:20	00:57:53				
	236	PYDZIŃSKA AGATA	WROCLAW		1981	K30		00:14:03	00:28:32	00:43:41	00:59:23				
	262	SIWEK KAMIŁA	BRZEG		1983	K30		00:13:52	00:28:33	00:45:47	01:00:16				
	421	PAROL-DUMIŃSKA ANNA	WROCLAW		1981	K30		00:14:08	00:28:03	00:43:15	01:00:36				
	193	OCZKOWSKA KATARZYNA	ŻELAZNO	cichy team	1986	K20		00:14:29	00:29:34	00:45:44	01:01:53				
	192	OCIESSA MARYJUSZ MARIO	WROCLAW	Old Pistoleros	1970	M40		00:17:55	00:35:58	00:49:09	01:02:09				
	307	TYSZKOWSKA ALEKSANDRA	CHRZĄSTAWA MAŁA		1992	K20		00:14:21	00:29:37	00:46:03	01:02:56				
	258	SIEROŃ ANNA	WROCLAW		1974	K40		00:14:04	00:30:30	00:47:47	01:04:54				
	24	BUJANOWSKA ANNA	WROCLAW		1974	K40		00:14:02	00:30:30	00:47:46	01:04:55				
	120	KLUK KATARZYNA	ŁOPUSZNO		1989	K20		00:13:24	00:40:26	00:55:03	01:08:14				
	8	BALUKIEWICZ MARTA	WROCLAW		1990	K20		00:13:24	00:40:26	00:55:03	01:08:15				
	339	ZIELIŃSKA ANNA	WROCLAW	goFlow	1992	K20		00:13:04	00:33:18	00:49:04	01:08:57				
	298	SZYMAŁA DARIUSZ	WROCLAW	goFlow	1994	M20		00:13:48	00:33:18	00:49:04	01:08:58				
	195	OLEJNIK BEATA	WROCLAW		1963	K50		00:14:04	00:29:10	00:45:15	01:09:59				
	345	ZMYŚLONA MARYŚKA	KIEŁCZÓWEK	SOLIŚCI!	1988	K20		00:17:36	00:35:34	00:52:56	01:10:15				
	18	BORKOWSKI MICHAŁ	WROCLAW		1991	M20		00:16:41	00:36:32	01:06:23	01:24:02				
	4	ANTKOWIAK ADRIAN	WROCLAW	O CO BIEGA	1986	M20		00:11:52	00:23:56	00:35:57					
	110	KACZOR SZYMON	PIOTRKÓW TRYBUNALSKI		1987	M20		00:12:42	00:25:04	00:37:28					
	330	WOŹNIAK PAWEŁ	WROCLAW	Doradcy24	1969	M40		00:12:22	00:25:28	00:38:43					
	30	CHUDEUSZ MAGDA	WROCLAW	Bez treningu	1983	K30		00:12:20	00:25:54	00:39:19					
	323	WIZIMIRSKA KLAUDIA	ŻAGAŃ		1990	K20		00:13:04	00:26:07	00:39:26					
	165	MAZUR MICHAŁ	WROCLAW	bez treningu	1981	M30		00:12:16	00:26:16	00:41:16					
	51	FELSMANN MARTYNA	OPOLE		1990	K20		00:13:57	00:28:50	00:44:04					
	109	KACPRZAK KATARZYNA	KIEŁCZÓW		1976	K30		00:16:00	00:31:36	00:47:16					
	282	STODÓŁKA WERONIKA	WROCLAW		1989	K20		00:18:12	00:32:56	00:48:58					
	412	AYESU NATALIA	WROCLAW		1997	K16		00:14:42	00:33:01	00:51:54					
	157	MAJEWSKA MARTA	WROCLAW	goFlow	1990	K20		00:16:40	00:36:32	00:56:18					
	188	NOWAKOWSKI MACIEJ	WROCLAW	goFlow	1993	M20		00:16:40	00:36:32	00:56:18					
	329	WOŹNIAK NATALIA	WROCLAW	Doradcy24	1999	K16		00:12:22	00:25:35						
	52	FILIPOWSKI DAMIAN	WROCLAW		1989	M20		00:14:00	00:26:08						
	94	IWANICKI TOMASZ	WROCLAW	Bez treningu	1985	M30		00:13:19	00:26:09						
	209	PAWLAK KATARZYNA	WROCLAW		1991	K20		00:12:25	00:26:11						
	233	PRYZTAWA PAWEŁ	WROCLAW		1987	M20		00:13:17	00:26:15						



**BIEG MIKOŁAJÓW**  
**WROCLAW 2015-12-06**  
**Dystans: 5 x 2,15km**



Mce	Nr	Nazwisko Imię	Miejscowość	Team	Rok	Kat	Mce Kat	P1	P2	P3	P4	Czas netto	Wynik	K	M
	17	BORKOWSKI MACIEJ	WROCLAW	CS Running Team	1981	M30		00:13:39	00:26:51						
	81	GROCHALSKA MILENA	WROCLAW	CS Running Team	1985	K30		00:13:39	00:26:52						
	80	GRANSORT JOANNA	WROCLAW	goFlow	1972	K40		00:13:37	00:27:22						
	305	TRACZ ANITA	WROCLAW	goFlow	1994	K20		00:13:07	00:27:28						
	290	SZMYD PATRYK	WOJNAROWICE		1994	M20		00:13:39	00:28:05						
	100	JAWORSKA ANNA	WROCLAW		1996	K16		00:13:39	00:28:06						
	295	SZUMNY MAREK	SIECHNICE		1985	M30		00:13:52	00:29:05						
	332	ZACHARSKA ANNA	WROCLAW	goFlow	1982	K30		00:14:53	00:29:57						
	227	PROCEL MAGDALENA	KOBIERZYCE		1983	K30		00:17:05	00:35:05						
	191	OCIESA ANNA	WROCLAW		1982	K30		00:17:55	00:35:58						
	434	BERNATEK PAWEŁ	TYNIEC MAŁY		1975	M40		00:38:01	01:01:28						
	275	SROKA MAREK	NOWA RUDA	Perła Team	1991	M20		00:10:07							
	276	STACHOWIAK MARTA	RAWICZ		1985	K30		00:12:43							
	425	DRAGAN MICHAŁ	WROCLAW		1984	M30		00:12:43							
	27	CHACHAJ-FILIPOWSKA MARTYNA	WROCLAW		1989	K20		00:13:37							
	265	SKRZYPCZAK BOŻENA	WROCLAW		1962	K50		00:13:42							
	187	NOWAK ŁUKASZ	WROCLAW	SOLIŚCI!	1990	M20		00:13:57							
	264	SKIBICKA EWA	WROCLAW		1986	K20		00:14:42							
	126	KONECKA ANGELA	WROCLAW		1993	K20		00:15:21							
	101	JAWORSKA JUSTYNA	WROCLAW		1991	K20		00:17:21							
	300	SZYMURA MATEUSZ	WROCLAW		1987	M20		00:18:12							
	159	MALICKA JOANNA ANNA	WROCLAW		1983	K30		00:18:18							